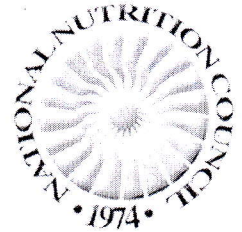Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL-CARAGA
Butuan City

RNC Resolution No.2

Series 2013

RESOLUTION TO ADOPT THE IMPLEMENTING GUIDELINES ON OPERATION TIMBANG *PLUS*

WHEREAS, growth is an increase in size as a result of a child's intake of food & indicates overall health and well-being;

WHEREAS, there are three major activities where growth assessment in children 0-71 months is done, namely: 1) National Nutrition Survey (NNS) of the Department of Science and Technology, 2) Growth Monitoring and Promotion (GMP), provided by health centers and 3) Operation Timbang *Plus* (OPT *Plus*) done every first quarter of the year in communities nationwide;

WHEREAS, OPT *Plus* helps generate timely, accurate and important nutrition information about children 0-71 months old in aid of local policy and planning formulation of and in support of Local Plan of Action for Nutrition;

WHEREAS, the implementing guidelines on OPT *Plus* was approved for nationwide implementation by National Nutrition Council Governing Board pursuant to NNC GB resolution No.2, Series 2012;

WHEREAS, the new guidelines include weight and height measurement in combination with a child's age, which allows a more comprehensive assessment of a child's nutritional status;

WHEREAS, the revised OPT *Plus* highlights the Child Growth Standards (CGS), which is used as the single international standard that represents the best physiological growth for all children from birth to five years of age and establish the breastfed infant as the normative model for growth and development;

NOW THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED to adopt the implementing guidelines on OPT *Plus*;

RESOLVED FURTHER, that NNC Caraga and DOH-CHD to lead in the conduct of orientation among local government functionaries on OPT Plus to ensure consistent adoption;

RESOLVED MORE FURTHER, the agencies Department of Health (DOH), Department of Social Welfare and Development (DSWD), Department of Interior and Local Government (DILG) to issue the region-wide order in support of this resolution;