



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
NATIONAL NUTRITION COUNCIL Region VI
Iloilo Provincial Library
Luna St., La Paz, Iloilo City



March 31, 2020

ADVISORY NO.1

TO: ALL PROVINCIAL/CITY/MUNICIPAL NUTRITION ACTION OFFICERS AND DISTRICT/CITY/MUNICIPAL NUTRITION PROGRAM COORDINATORS

SUBJECT: ADVISE LGUs TO INCLUDE FRUITS, VEGETABLES, EGGS, ROOT CROPS, FISH/ DRIED FISH IN THE FOOD PACKS

We are suggesting that the following food items, not just canned goods or noodles, be included in the food packs distributed by the LGUs to families/households during the Enhanced Community Quarantine:

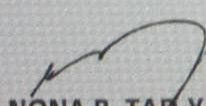
1. Fruits
2. Vegetables
3. Root Crops
4. Fish/Dried Fish

This is to ensure food and nutrition security during Enhanced Community Quarantine. This will also boost the immune system and resistance to infection of the family members especially the vulnerable groups in fighting against COVID-19.

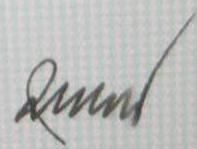
Please confer with your Local Chief Executive and Local Nutrition Committee especially the local DA personnel on the matter.

For your information, guidance and appropriate action, please.

Thank you and keep safe!


NONA B. TAB-Y

Regional Nutrition Program Coordinator


MARLYN W. CONVOCAR, MD, MPH, CESO III

Regional Director, DOH Region VI
Chair, Regional Nutrition Committee

"Batang Pinoy SANA TALL... Iwas stunting SAMA ALL!"

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