









REGION VII

# Rationale and Objectives

Ms. Hazel H. Manongas

President, Mandaue City BNS Association





## General Objectives

The regional congress aims to enable BNSs to improve the nutrition well-being of their communities thru application of core nutrition strategies identified in the Philippine Plan of Action for Nutrition 2023-2028.

## Specific Objectives







**1.** State the roles of BNS in the new PPAN.

**2.** Express ways to deliver nutrition interventions in an epidemic situation.

**3.** Review the elements of the Barangay Nutrition Action Plan

**4.** Illustrate a food secure barangay.

8. Discuss organizational concerns and updates regarding the Regional BNS Federation.

**7.** Recognize nominees for Regional Outstanding BNS.

**6.** Enumerate the pillars of maintaining a healthy lifestyle.

**5.** Discuss the phases in managing a barangay nutrition program.











**Session 1:** 

The Philippine Plan of Action for Nutrition 2023-2028 and the Role of BNS

Ms. Nasudi G. Soluta, RND

Nutrition Officer III

National Nutrition Council Region VI



# The Philippine Plan of Action for Nutrition 2023-2028 and the Role of the BNS

NASUDI G. SOLUTA, RND NO III, NNC 7



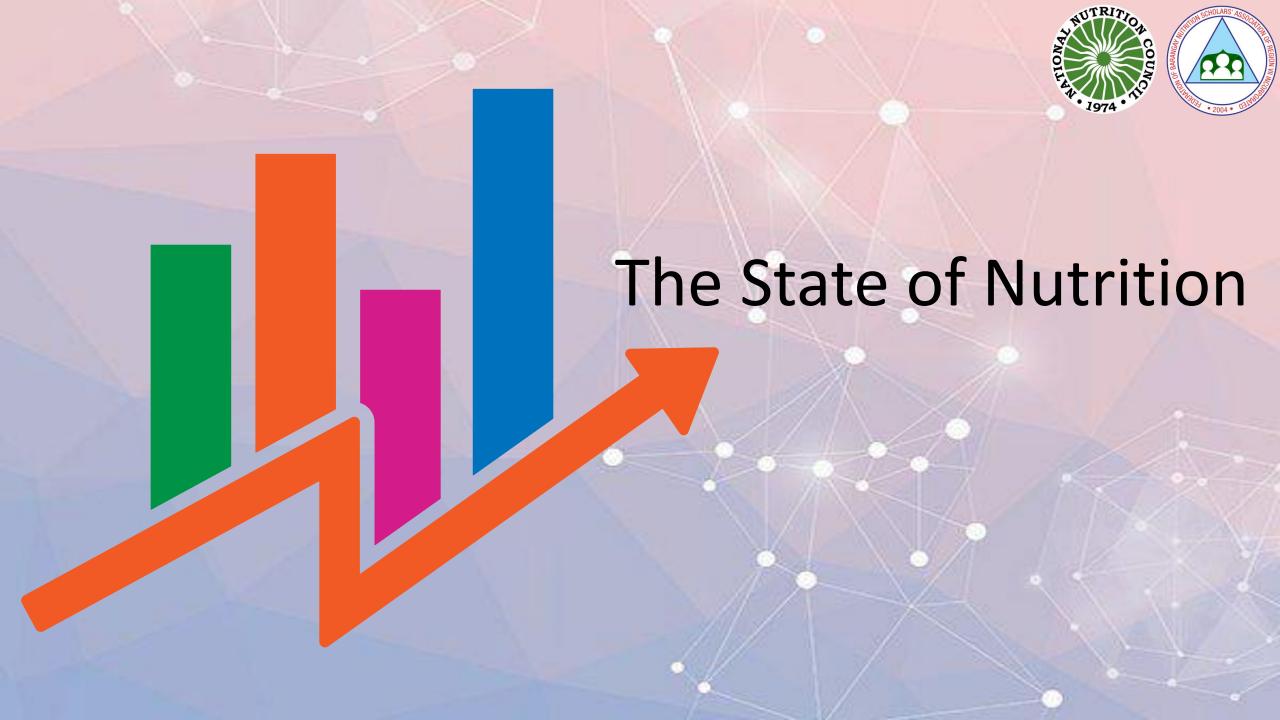
### Outline

## THE STATE OF NUTRITION

**GOALS AND TARGETS** 

STRATEGIES AND INTERVENTIONS

THE BNS AND PPAN IMPLEMENTATION









of malnutrition in the PHILIPPINES

In the Philippines,

3.4 million under 5 children are stunted.

685,000 under 5 are wasted

#### Causes of all forms of malnutrition:

- Poverty and inequality
- Social cultural factors
- Poor sanitation and hygiene
- Maternal nutrition



**Triple** Burden















In the Philippines

17% of children micronutrient

1.8 million children under 5 are micronutrient deficient





**02** Micronutrient deficiencies

**03** Overweight & Obesity

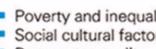


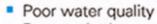
350,000 children under 5 are overweight or obese

3.3 million school children and adolescents are overweight

**SOURCE: UNICEF** 







- Poor diets

#### Philippine food security index score: 5.05/10





#### PHILIPPINES MOST FOOD INSECURE IN EAST AND SOUTHEAST ASIA

The Philippines placed 146th out of 171 countries in the Global Food Security Index Q2 2022 developed by consultancy agency Deep Knowledge Analytics. The index was constructed from 40 food security indicators divided into three main dimensions: food accessibility; crisis level; and food system and economy resilience. With an overall food security index score of 5.05 out of the possible 10, the Philippines ranked last among its peers in the East and Southeast Asia. Q2 2022 Food Security Index Overall Scores of East and Southeast Asia Countries 7.16 7.09 7.02 6.86 6.85 (Score ranges from 0 to 10, where 10 means most secure) 6.51 6.13 6.10 5.86 5.56 5.34 5.33 5.32 5.05 25 27 36 37 57 73 75 89 97 114 128 129 131 146 Bank (Out of 171) 24 5.43 7.92 7.50 7.56 7.34 7.92 6.57 6.29 5.94 6.13 5.11 5.71 5.35 4.51 5.51 Access to Food 1.60 1.98 2.53 2.68 2.14 2.74 3.04 2.94 2.61 2.43 2.90 2.09 3.99 4.14 2.49 Crisis Level Food System and 5.16 5.76 6.03 5.90 4.77 5.70 5.14 5.30 4.31 4.96 3.41 3.57 3.56 4.43 3.85 SINGAPORE S. KOREA **NDONESIA** MONGOLU CAMBODIA TIMOR-LESTE MYANKAR PHILIPPINES MALAYSIA

#### Top 10

Rank (Out of 171)	Country	Overall Score (Out of 10)
1	United States	7.90
2	Norway	7.89
3	Ireland	7.82
4	Netherlands	7.79
5	Canada	7.79
6	Germany	7.75
7	France	7.54
8	New Zealand	7.52
9	Poland	7.50
10	Finland	7.49

#### Bottom 10

Rank (Out of 171)	Country	Overall Score (Out of 10)
171	Somalia	2.97
170	Dem. Rep. of the Congo	3.75
169	Mozambique	3.76
168	Central African Republic	3.79
167	Afghanistan	3.79
166	Burkina Faso	4.05
165	Nigeria	4.11
164	South Sudan	4.15
163	Niger	4.24
162	Chad	4.28

#### NOT

 The index identifies countries at risk for humanitarian emergencies and disasters that could overwhelm current national response capacity and therefore lead to a need for international assistance. It covers three main dimensions:

Access to Food - measures ease of access to sufficient and nutritious food that meets people's dietary needs for a healthy and active life.

Crisis Level - assesses a country's exposure to the impacts of a changing climate, sociological or biological hazards. Food System and Economy Resilience - evaluates resources available that can alleviate the impact of global food crisis.

- According to the report, the global food system has been destabilized by the recent Russian invasion of Ukraine, and levels of hunger and existing acute food insecurity are expected to increase even further by the end of 2022.
- The report is based on data collected until July 1, 2022.

OURCE: DEEP KNOWLEDGE ANALYTICS' GLOBAL FOOD SECURITY 2022 BUSMESSWORLD RESEARCH: ABIGALI MARIE P, YRAOLA. BUSWESSWORLD GRAPHICS: BONG R. FORTIN





## STUNTING: A SILENT

## **PANDEMIC**



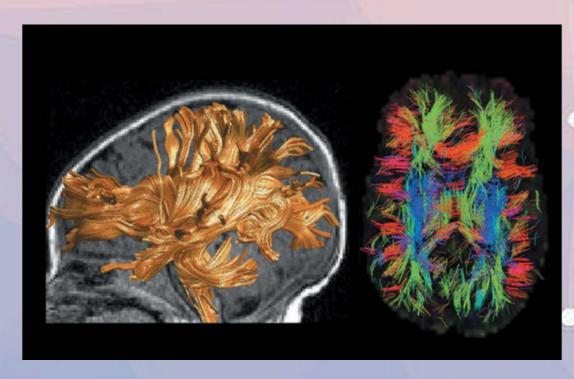
Stunting is the most serious of malnutrition

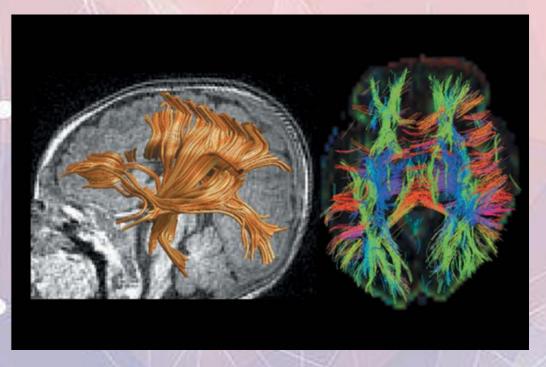
An irreversible outcome of inadequate nutrition and repeated bouts of infection in the First 1000 Days

1 in 3 Filipino children is stunted

#### Negative impact of stunting in the brain development







**HEALTHY GROWTH** 

STUNTED GROWTH

A stunted child has <u>poorly developed brain connections</u>
vs. to those of a healthy child

source: https://www

## CONSEQUENCES OF STUNTING



Reduced learning capacity





More prone to Non-Communicable Diseases (NCDs)

Lesser income by 20%





Loss in economic productivity

## **Central Visayas Nutrition Situation**

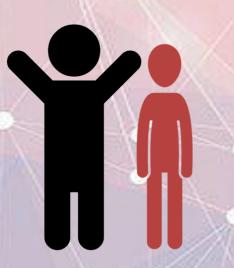






## Stunted (Pagkaputot)

**9.66%** or (72,179)



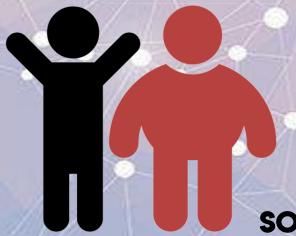
## Wasted (Niwang)

**2.4%** or (17,884)



## Underweight (Gaan)

**4.9%** or (30, 545)



## Overweight (Tambok)

**3.1%** or (23,441)

SOURCE: 2021 OPT PLUS RESULTS





Region: CENTRAL VISAYAS **OPERATION TIMBANG PLUS** 

#### UNDERWEIGHT AND SEVERE UNDERWEIGHT

PREVALENCE AND NUMBER OF AFFECTED CHILDREN UNDER FIVE, BY MUNICIPALITY/CITY

# of pages:

Rank*	Municipality/Component City	Province	Underweight + Severely Underweight (%)
1	OSLOB	CEBU	10.35%
2	SAN JOSE	NEGROS ORIENTAL	10.34%
3	MABINAY	NEGROS ORIENTAL	9.91%
4	CATMON	CEBU	9.60%
5	GUIHULNGAN	NEGROS ORIENTAL	9.58%
6	VALLEHERMOSO	NEGROS ORIENTAL	9.37%
7	CARMEN	CEBU	9.28%
8	ASTURIAS	CEBU	9.17%
9	SIBONGA	CEBU	8.96%
10	BIEN UNIDO	BOHOL	8.40%

#### **Stunted**







Region: CENTRAL VISAYAS

OPERATION TIMBANG PLUS

#### STUNTING AND SEVERE STUNTING

PREVALENCE AND NUMBER OF AFFECTED CHILDREN UNDER FIVE, BY MUNICIPALITY/CITY

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Rank*	Municipality/Component City	Province	Stunted + Severely Stunted (%)		
1	CATMON	CEBU	26.41%		
2	GINATILAN	CEBU	23.60%		
3	MABINAY	NEGROS ORIENTAL	22.50%		
4	SAN JOSE	NEGROS ORIENTAL	21.95%		
5	GUIHULNGAN	NEGROS ORIENTAL	21.84%		
6	VALLEHERMOSO	NEGROS ORIENTAL	21.33%		
7	ALCANTARA	CEBU	21.30%		
8	TABOGON	CEBU	21.25%		
9	RONDA	CEBU	21.18%		
10	SIBONGA	CEBU	20.95%		

#### Wasted



Region: CENTRAL VISAYAS

OPERATION TIMBANG PLUS

#### WASTING AND SEVERE WASTING

PREVALENCE AND NUMBER OF AFFECTED CHILDREN UNDER FIVE, BY MUNICIPALITY/CITY

# of pages:

Rank*	Municipality/Component City	Province	Wasted + Severely Wasted (%)
1	MABINAY	NEGROS ORIENTAL	7.02%
2	VALLEHERMOSO	NEGROS ORIENTAL	6.69%
3	TABOGON	CEBU	5.87%
4	ASTURIAS	CEBU	5.84%
5	STA FE	CEBU	5.82%
6	BARILI	CEBU	5.79%
7	BASAY	NEGROS ORIENTAL	5.73%
8	ALCANTARA	CEBU	5.70%
9	AYUNGON	NEGROS ORIENTAL	5.42%
10	ALCOY	CEBU	5.29%

#### **Overweight**







Region: CENTRAL VISAYAS

OPERATION TIMBANG PLUS

#### **Oveweight and Obese**

PREVALENCE AND NUMBER OF AFFECTED CHILDREN UNDER FIVE, BY MUNICIPALITY/CITY

# of pages:

					# or pages.
Ra	ank*	Municipality/Component City	Province	Overweight + Obese	(%)
	1	RONDA	CEBU		12.46%
	2	LOAY	BOHOL		9.37%
	3	CATMON	CEBU		8.95%
	4	ALCOY	CEBU		8.88%
	5	BACLAYON	BOHOL		7.61%
	6	ASTURIAS	CEBU		6.77%
	7	SANTANDER	CEBU		6.62%
	8	MINGLANILLA	CEBU		6.58%
	9	SAMBOAN	CEBU		6.51%
	10	CITY OF CARCAR	CEBU		5.99%

## Implications and Recommendations.

Direct efforts to address chronic malnutrition or stunting as it affects 72,179 children.

With the significant increase of overweight (from 2.7% to 3.1%), actions have to be put in place to arrest the situation.

Prioritize areas with high prevalence in almost all indicators: Catmon \*3, Mabinay \*3, Guihulngan City \*2, San Jose \*2

\*No of indicators







## Goals and Targets

#### AmBisyon Natin 2040 Strongly rooted, comfortable and secure life Sustainable Development Goals Goal/Impact



### **PPAN** 2023 - 2028 STRATEGIC FRAMEWORK

#### Philippine Development Plan 2023-2028

Foundation for inclusive growth, a high-trust society, and a globally competitive knowledge economy



#### Philippine Plan of Action for Nutrition 2023-2028

Quality of the human resource base of the country, equality in human development outcomes, and maternal and child nutrition



#### **Reduced All Forms of Malnutrition**

(Stunting, Wasting, Low Birth Weight in Infants, Overweight/Obesity, and Micronutrient Deficiencies Across Life Stages; Nutritionally-at-risk Pregnant Women)



#### Outputs

Outcomes

Nutrition-Specific Interventions for Immediate Causes

Nutrition-Sensitive Interventions for **Underlying Causes** 

Improved Caregiving and Improved Physical Increased consumption of Feeding Practices healthy diet Activity Philippine Infantand Food Integrated Micronutrient Dietary Young Children Emergencies Supplementation Supplementation Management of Fortification Acute Malnutrition

Food

Consumption

**Behaviors** 



Lifestyle

**Behaviors** 

Enabling Interventions

Food Social System Protection

(markets)

Food

**Environment** 

Fiscal/Trade Legislation **Policies** 

Education

Water,

Sanitation,

and Hygiene

Culture/ Employment/ Livelihood Norm

Improved Health

Status

Overweight and

Obesity

Management and

Prevention

Caring

Practice

National Government Agencies (NGAs), Local Government Units (LGUs) Regional Nutrition Council (RNCs)

**Food Supply** 

Chain

Non-Government Organizations (NGOs) and other Development Partners (Civil Society Alliance (CSAs), Academe, Business Group, Youth Network)

Nutrition

Promotion

Program for

**Behavior Change** 

Access to and

Utilization of

**Health Services** 





## GOALS

Achieving Ambisyon Natin 2040 by improving the quality of human resources n the country.

Reducing inequality in human development outcomes

Reducing child and maternal mortality

## **TARGETS**

Reduce Undernutrition Reduce Overnutrition Reduce Micronutrient Deficiencies Reduce Inadequate Infant and Young Child Feeding Practices

Reduce Food Insecurity

## Convergence of Actions for Nutrition



National
Government
Agencies

NUTRITION OUTCOMES

Local
Government
Units

Other
Development
Partners

National
Government
Agencies

NUTRITION OUTCOMES

Local
Government
Units

Other
Development
Partners

SINGLE AGENCY

**CONVERGENCE** 











 NUTRITION ACROSS THE LIFE COURSE WITH A FOCUS ON THE FIRST 1000 DAYS OF LIFE.

PROPOSED PPAN

**FRATEGIES ON NUTRITION** 

**NUTRITION FOR OLDER ADULTS** 

3. COMPLEMENTATION AND CONVERGENCE OF NUTRITION-SPECIFIC AND **NUTRITION-SENSITIVE PROGRAMS** 

4. STRENGTHENING OF THE GOVERNANCE STRUCTURES FOR NUTRITION.

5. CALIBRATING SUPPORT TO LGUS BASED ON NEED AND CAPACITY

6. REACHING AREAS WITH HIGH POVERTY INCIDENCE AND GIDA.

7. INCREASING ACCESS AND CONSUMPTION OF HEALTHY AND DIVERSIFIED DIETS.



## Basic Elements of the 2023-2025 Nutrition Action Plans





**NUTRITION SENSITIVE** 



**ENABLING MECHANISM** 

## **Nutrition Specific**



#### Management of Acute Malnutrition

#### First 1000 Days Program

- Infant and Young Child FeedingMicronutrient Supplementation

Dietary Supplementation Program

Overweight & Obesity Management and Prevention

Mandatory Food Fortification

Nutrition in Emergencies

Nutrition Promotion Program for Behavior Change









## FOOD SECURITY

WATER, SANITATION AND
HYGIENE
STRENGTHENING
FAMILIES

## **Enabling Mechanisms**

CAPACITY DEVELOPMENT

RESEARCH AND DEVELOPMENT

SURVEILLANCE, MONITORING AND EVALUATION

INFORMATION MANAGEMENT

**ACCOUNTABILITY INCENTIVE REGULATIONS** 

**LEGISLATION** 

POLICY AND RESEARCH AGENDA

PLANNING AND BUDGETING









Life Stage	Program	/Services
	Nutrition-specific	Nutrition-sensitive
Pregnant Women and Lactating Mothers	<ul> <li>Apparently healthy</li> <li>Micronutrient Supplementation (Iron Folic Acid, Vitamin A)</li> <li>Counseling</li> <li>In need of Treatment and management</li> <li>Dietary Supplementation</li> <li>Micronutrient Supplementation</li> </ul>	<ul> <li>Provision of pre-natal and post-natal care</li> <li>Maternal mental health</li> </ul>
Infant and Young Children (O-23 months)	<ul> <li>Apparently healthy</li> <li>Newborn screening</li> <li>Appropriate feeding (IYCF)</li> </ul> In need of Treatment and management <ul> <li>Appropriate feeding (IYCF)</li> <li>Micronutrient Supplementation (Vitamin A, iron)</li> <li>Management of Acute Malnutrition</li> <li>Dietary Supplementation (complementary feeding for children &gt;6 months old)</li> </ul>	<ul> <li>Routine immunization</li> <li>Provision of baby-friendly space Mother-Baby Friendly Hospital Initiatives (MBFHI)</li> <li>Early Child Development (developmental milestones)</li> </ul>



Life Stage	Program	1974 · · · · · · · · · · · · · · · · · · ·
	Nutrition-specific	Nutrition-sensitive
Preschool children (<5 year old)s	Apparently healthy - Appropriate feeding (IYCF)  In need of Treatment and management - Dietary Supplementation - Management of Acute Malnutrition	<ul> <li>Routine immunization</li> <li>Child Protection</li> <li>Early Child Development (CDCs, SPs, etc., developmental milestones)</li> <li>Classroom education</li> </ul>
School-aged children (5-10 years old)	Apparently healthy - Appropriate feeding/ balanced diet In need of Treatment and management - Dietary Supplementation - Management of Acute Malnutrition	<ul> <li>Child Protection</li> <li>Classroom education</li> </ul>



Life Stage	Program/Services		
	Nutrition-specific	Nutrition-sensitive	
Adolescents (> 10-19 years old)	Apparently healthy & In need of Treatment and management - Nutrition Counseling - Adolescent health and preconception nutrition	<ul> <li>Healthy and family planning services</li> <li>Classroom education and Alternative Learning Modules</li> <li>Adolescent programs (e.g., establishment of teen centers)</li> <li>Mental health programs</li> </ul>	
Adults (20–59 years old)	Apparently healthy - Nutrition counseling  In need of Treatment and management - Nutrition counseling - Nutrition support to CED (e.g., iron supplement to WRA, food assistance) - Disease prevention and management	<ul> <li>Livelihood</li> <li>Gender and Development</li> <li>Healthy and family planning services (WRA)</li> <li>social safety nets</li> <li>Alternative Learning Modules</li> </ul>	



Life Stage	Program/	Services
	Nutrition-specific	Nutrition-sensitive
Older Adults (60 years old and above)	Apparently healthy & In need of Treatment and management - Nutrition support for older adults - Nutrition counseling	<ul> <li>Socioeconomic programs for older adults</li> </ul>
All population groups (families individuals)	Apparently healthy & In need of Treatment and management  - Nutrition counseling/education  - Individual nutrition assessment  - Nutrition SBCC  - Physical activity  - Weight management  - Food Fortification  - Nutrition in emergencies	<ul> <li>Water, Sanitation and Hygiene (WASH)</li> <li>Agriculture and food security</li> <li>Mental health</li> </ul>







The BNS and PPAN Implementation

## **Nutrition Action Plans at Different Administrative Levels**

PHILIPPINE PLAN OF ACTION FOR NUTRITION (PPAN)

REGIONAL PLAN OF ACTION FOR NUTRITION (RPAN)

PROVINCIAL NUTRITION ACTION PLAN (PNAP)

CITY/MUNICIPAL NUTRITION ACTION PLAN (CNAP/MNAP)

BARANGAY NUTRITION ACTION PLAN (BNAP)









Planning

- Initiates and assists the BNC in the formulation of the BNAP
- Ensure prioritization of the programs in the BNAP

Coordination

- Initiate BNC meetings
- Coordinates BNC involvement in BNAP implementation

Advocacy

Promotes and advocates nutrition programs











• Ensures the implementation of planned programs, projects, and activities

Monitoring and Evaluation

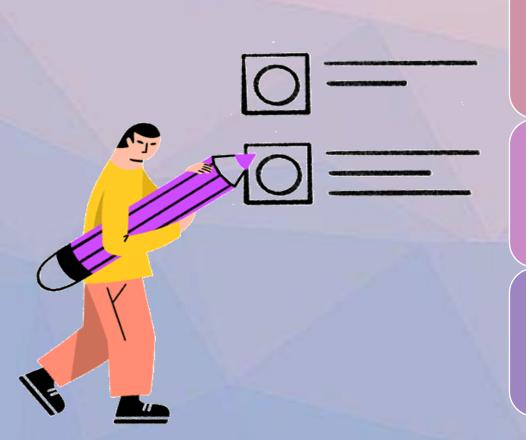
- Monitors nutritional status of the community
- Follow-up beneficiaries

Resource Mobilization/Generation

 Mobilizes and generates human and financial resources in coordination with the BNC







Ensure adoption of the PPAN 2023-2028 Strategies in the 2023-2025 BNAP

Coordinate and Mobilize Nutrition Committee for BNAP Implementation

Prepare documentation reports





# Daghang Salamat!



#### National Nutrition Council Region VII

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Email: region7@nnc.gov.ph

Facebook page: facebook.com/nncrvii





#### Ms. Juanita R. Hinay

President, Tagbilaran City BNS Association 2021 Regional Outstanding BNS

- Two-time Regional Outstanding Barangay
  Nutrition Scholar.
- Tagbilaran City BNS Association President since 2009.
- Served as Barangay Nutrition Scholar for 19 years.





#### **Session 2:**

# Delivery of nutrition interventions from pandemic to epidemic paradigm

#### Ms. Juanita R. Hinay

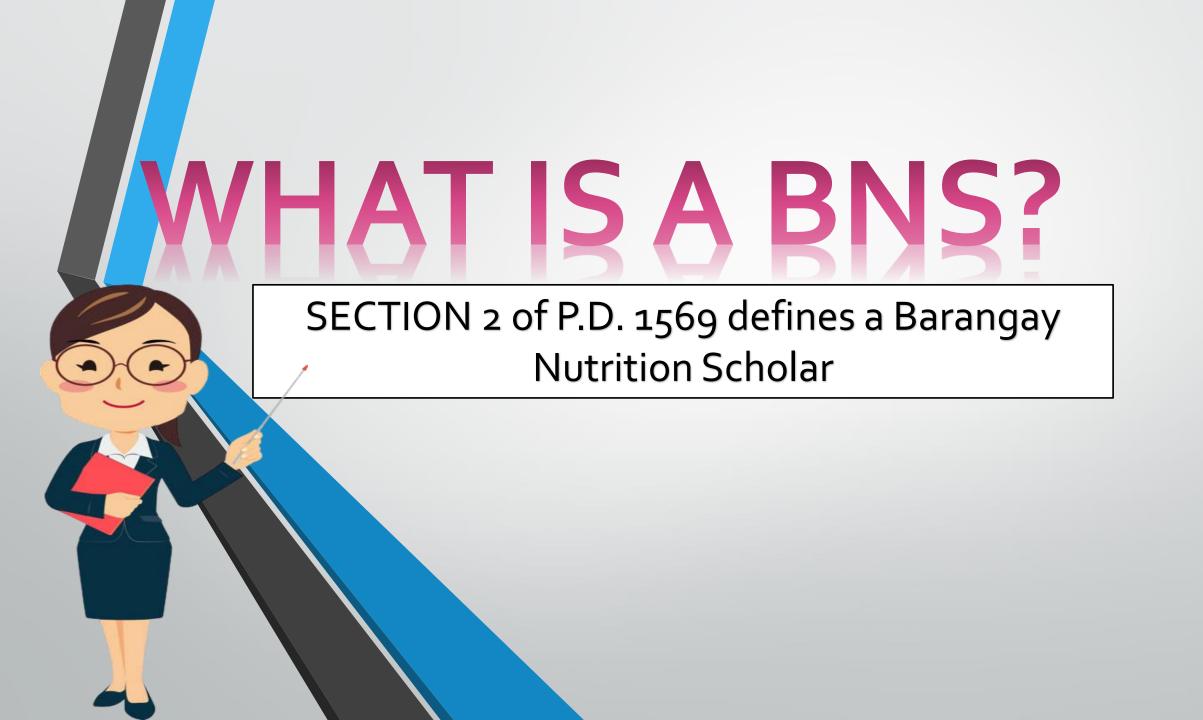
President, Tagbilaran City BNS Association2021 Regional Outstanding BNS



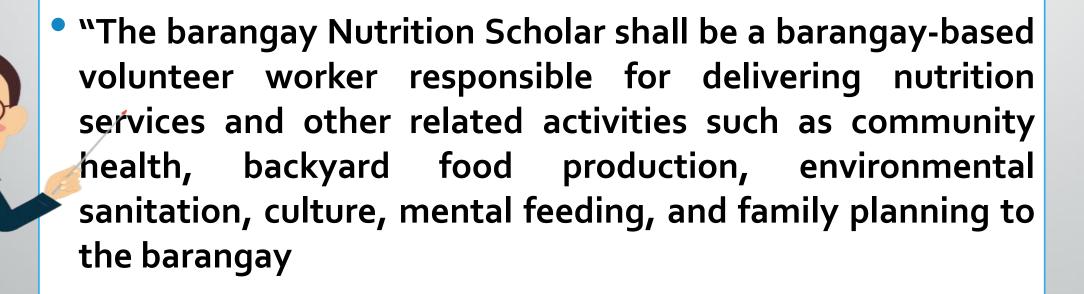
# RULES AND FUNCTION OF BNS INTHE COMMUNITY

PRESENTED BY: JUANITA HINAY

- PD No. 1569 known as "Strengthening The Barangay Nutrition Program By Providing A Barangay Nutrition Scholar In Every Barangay".
- Passed on June 11, 1978.
- Seeks to provide additional human resources for the implementation of programs, projects and activities.
- Requiring at least one BNS per barangay.
- Aimed to address malnutrition.



#### SECTION 2 of P.D. 1569 defines a Barangay Nutrition Scholar As follows:



# As a Volunteer

You deliver nutrition and related services to the community without salary. VOLUNTEER

# As a Scholar

You have to continuously upgrade your knowledge and skills in order to perform community nutrition work.

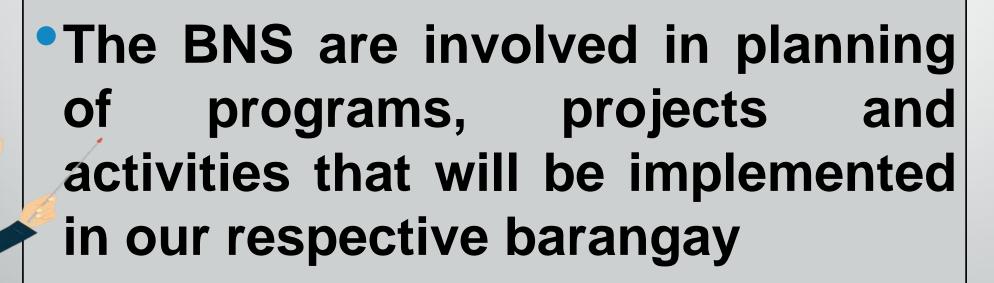
## ROLE OF BNS IN THE COMMUNITY





## PLANNING







Initiates and assist the BNC in the formulation of the barangay nutrition action plan



# PLANNING





### COORDINATION

- BNS are responsible for coordinating with the BNC and C/MNAO / BNAO
- Coordinates meeting of the BNC and submits minutes of the meeting
- \*Facilitates nutrition related meetings
- Coordinates implementation of nutrition activities
- Refers clients to appropriate service providers

# **BNC MEETING**



### ADVOCACY AND PROMOTION

As BNS, it is our responsibility to promotes and advocates nutrition program

- The BNS are the focal person in making sure that the planned activities are implemented
- Counsel mothers / father / caregivers of the children whose weight have decreased or whose children have not gained weight / height and also visit beneficiaries who fail to attend growth monitoring sessions.
- Counsel mother / fathers / caregivers to promote positive nutrition behaviors



•monitors weight and height of all children o-59 months old together with the barangay health workers, under the supervision of the midwife.





 Provides basic nutrition and health information and acts as focal person in the referral of clients to services and in the promotion and advocacy of optimal infant and young child feeding practices.





- Refers sick and underweight children to health center, clinics or hospitals through the midwife.
- Refers eligible targets t of feeding program.
- Distributes or sells food as part of income generating projects
- Distributes available vitamins / mineral supplements
- Conducts or assists in conducting systematic nutrition and health education classics to mothers, especially the pregnant and lactating women.









 Promotes the construction, proper and continued use of sanitary toilet, giving priority to household with preschool children.

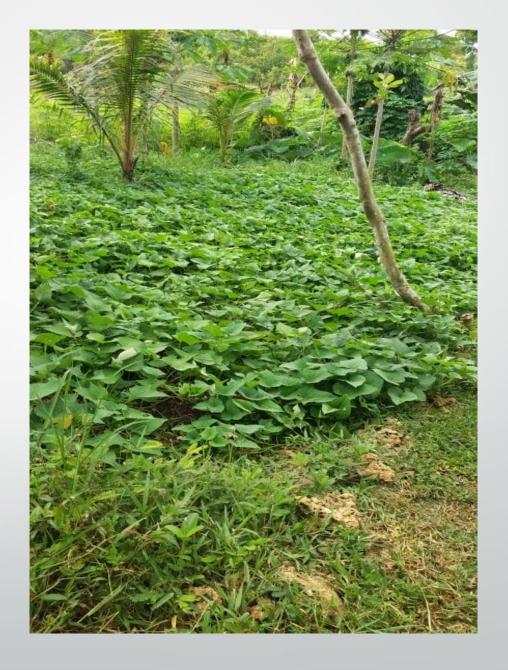
 Distributes available vegetable seeds and seedling to target families

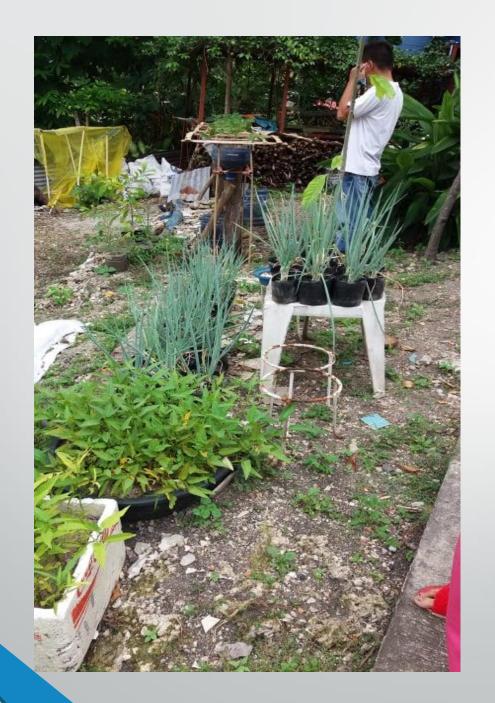






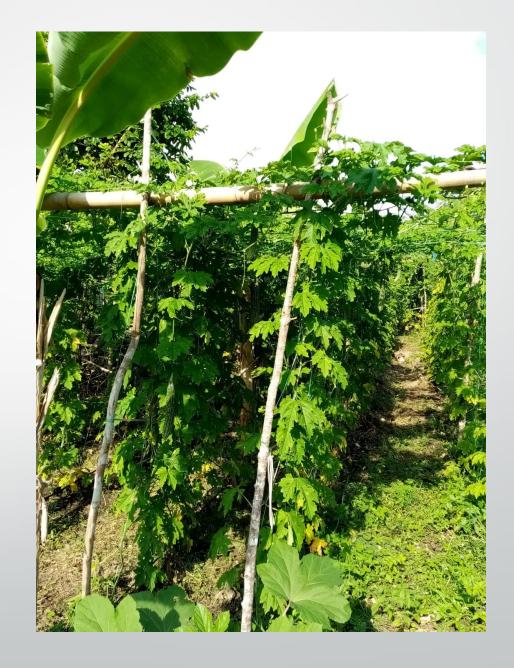




























# The BNS may also initiate the development and implementation of innovative project and activities





## MONITORING AND EVALUATION

 Part of your duty is to find out whether the planned activities were implemented.

 The objectives set were fulfilled and if the program goals and targets were met.

#### MONITORING AND EVALUATION

- Monitors nutritional status of pre school children
- Informs, monitors and conducts follow –up visits to mother / caregivers / parents of beneficiaries and resource persons to attend the nutrition activities

#### MONITORING AND EVALUATION

- Monitors and implements the revised rules and regulations of nutrition related national laws and policies ASIN Law, Food Fortification, Milk Code E.O.51 and R.A. 10028.
- Provides feedback updates to the BNC, CNAO, MNAO, and D/CNPC.

# RESOURCE MOBILIZATION / GENERATION

 Mobilizes and generates human and financial resources in coordination of the BNC

## DOCUMENTATION AND RECORD KEEPING

- Plans, activities, problem and solutions discussed in a meeting should be documented by written reports and photos.
- Prepares minutes or highlights of meeting dutifully and promptly prepares brief write ups and diaries and photos of important activities









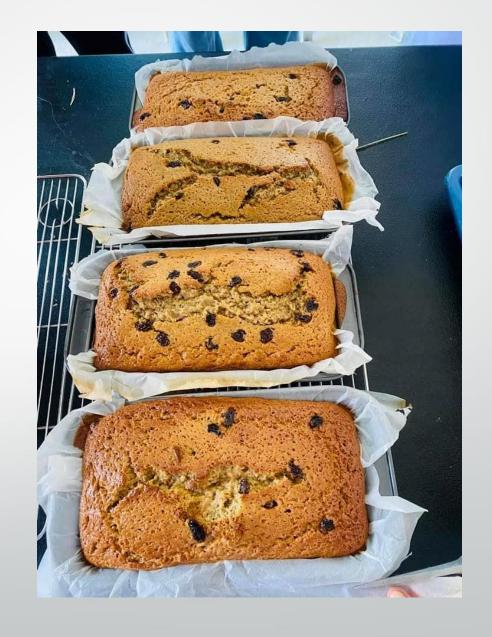




































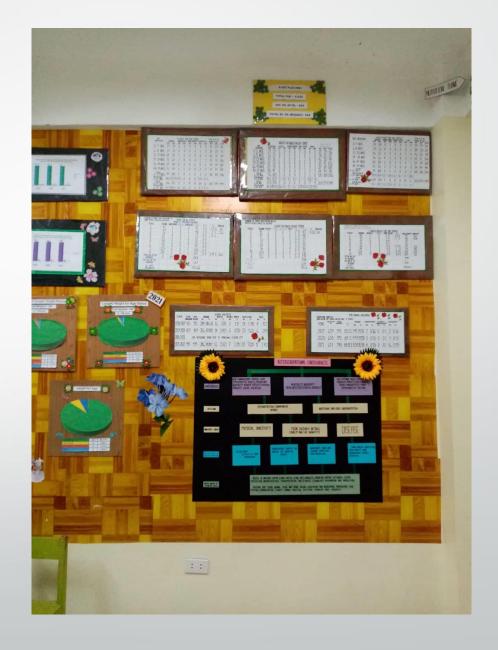


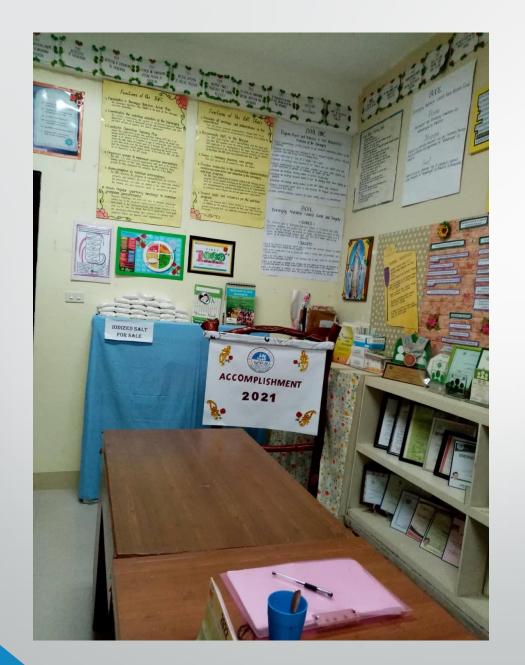




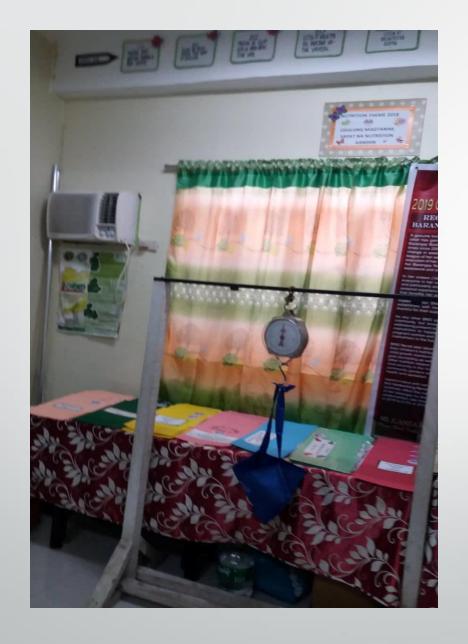














#### **BARANGAY NUTRITION SCHOLAR**

- Requires a strong commitment, good understanding and clear acknowledgement of a shared responsibility to address the alarming nutrition situation.
- As several factors are needed to be addressed, it also requires effective coordination across local government, including the health, agriculture, social welfare and development and education sector, in addition of the development partners and the country's private sector.

## **IN SUMMARY**

- •BNS should care for the malnourished, mobilized the community and linkage building activity.
- Today we learn thru listening, writing the updates, visioning the future and most importantly, let's enjoy this activity.













**Session 3:** 

Skill Enhancement of BNSs: Updates on the BNAP

Ms. Shaira Camille T. Labastida, RND

Nutrition Officer II
Cebu City Nutrition Committee



## Updates on the BNAP



#### **Outline**



**Barangay Nutrition Action Plans** 



2023-2025 BNAP Elements



BNS in Planning





## Barangay Nutrition Action Plans



## **Nutrition Action Plans at Different Administrative Levels**

Philippine Plan of Action for Nutrition (PPAN)

Regional Plan of Action for Nutrition (RPAN)

Provincial Nutrition Action Plan (PNAP)

City/Municipal Nutrition Action Plan (CNAP/MNAP)

Barangay Nutrition Action Plan (BNAP)





## **Barangay Nutrition Action Plans**

a mechanism to achieve nutrition goals

Should be considered in the formulation of the C/MNAP

Contributes to the city/municipal, provincial, regional and national nutrition targets



## Who Prepares the BNAP?

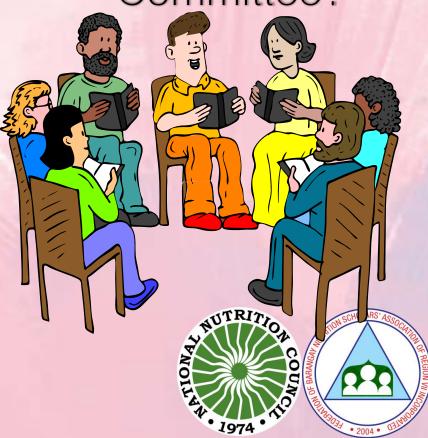
BNS alone?







Barangay Nutrition Committee?



## **Barangay Nutrition Committee**

## Tasked to

Plan Implement

Monitor

Evaluate,

Coordinate







#### **BNAP** and AIP



#### Annual Investment Program (AIP)

- Tool by which an LGU annually manages and financially supports its 3-10 years sectoral plan and its Local Development Investment Program (LDIP)
- BNCs must ensure that nutrition projects and activities are included in it to ensure budget for the program





# 2023-2025 BNAP Elements



# **Basic Elements of the 2023-2025**Nutrition Action Plans



**Nutrition Sensitive** 







#### **Nutrition Specific**

Management of Acute Malnutrition

#### First 1000 Days Program

- Infant and Young Child Feeding
- Micronutrient Supplementation

Dietary Supplementation Program

Overweight & Obesity Management and Prevention

Mandatory Food Fortification

Nutrition in Emergencies

Nutrition Promotion Program for Behavior Change





#### **Nutrition Sensitive**



Food Security

Livelihood Programs

Water, Sanitation and Hygiene

Strengthening Families



#### **Enabling Mechanisms**

Policy Development

Capacity Building

Resource Mobilization

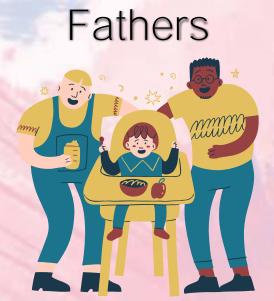


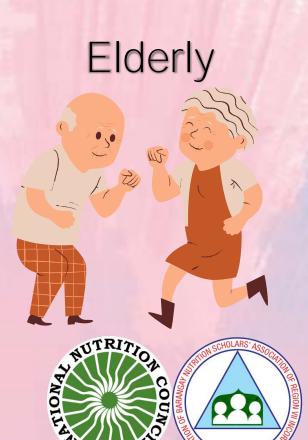


# Don't forget to also include programs, projects and activities targeting









Introduction to the Barangay

**BNC Vision and Mission** 

**BNC Organizational Plan** 

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme

Describe your Barangay



Introduction to the Barangay

**BNC Vision and Mission** 

BNC Organizational Plan

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme

Formulated by the Barangay Nutrition
Committee, aligned but not the same as the Barangay's Mission and Vision



Introduction to the Barangay

**BNC Vision and Mission** 

BNC Organizational Chart

To be updated regularly

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme



Introduction to the Barangay

**BNC Vision and Mission** 

**BNC Organizational Chart** 

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme

- Barangay Nutrition Profile
- Summary of OPT
- Spot Map
- Problem Tree



Introduction to the Barangay

**BNC Vision and Mission** 

**BNC Organizational Chart** 

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme

Three-Year Plan

 Annual Workplan to be added yearly



#### **Work and Financial Plan Format**

á	Program/Project/ Activity	Person/Sector in Charge	Target			Estimated	Source of
			Year 1	Year 2	Year 3	Fund Requirement	Funds

Prepared by the Barangay Nutrition Committee of \_\_\_\_\_\_ (Names and Signatures of Members)

Approved by Barangay Nutrition Chairperson:

Signature of Barangay Chair



Introduction to the Barangay

**BNC Vision and Mission** 

**BNC Organizational Chart** 

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme

 List down resource generation activities applicable to your LGU



Introduction to the Barangay

**BNC Vision and Mission** 

**BNC Organizational Chart** 

Nutrition Situation Analysis

Work and Financial Plan

Resource Mobilization Strategies

Monitoring and Evaluation Scheme

Schedule for M&E

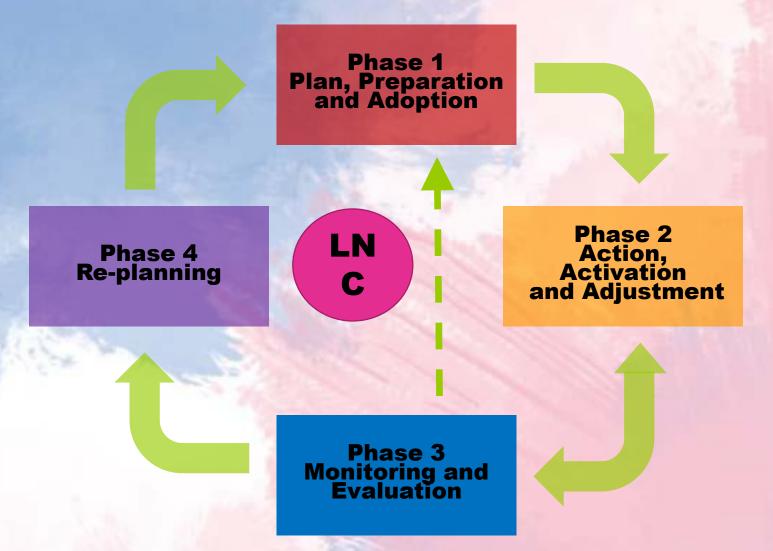
- Meetings
- Purok Evaluations
- ProgramImplementationReview



### **BNS in Planning**



#### **The Nutrition Program Management Cycle**





#### Your BNC needs YOU

Documents and records prepared by the BNSs are important for BNCs to:

- Assess the nutrition situation
- Know the causes of malnutrition
- Identify lessons learned
- Set SMART Objectives



#### Your BNC needs YOU



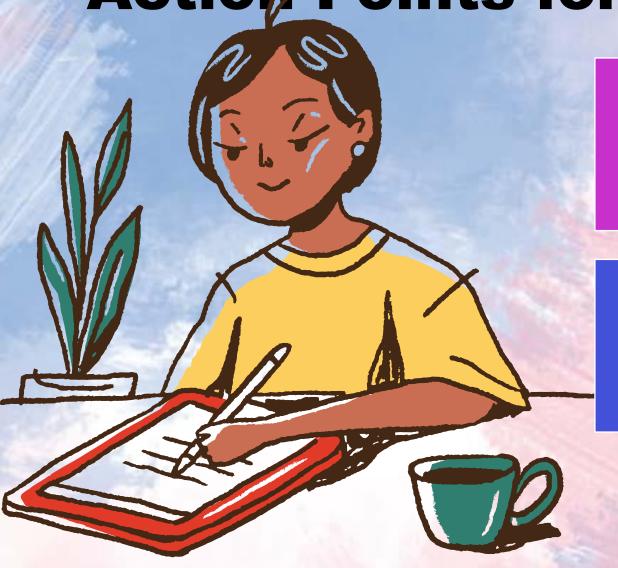
Assist in selecting and prioritizing programs to implement

Identify budgetary requirements for projects and activities

Conduct fund raising activities



#### **Action Points for BNSs**



Prepare nutrition situation

Coordinate with

the SB for

approval of the

BNAP

Coordinate and schedule for a BNC meeting and BNAP workshop

Ensure implementation of the BNAP



#### Daghang Salamat!



#### **National Nutrition Council Region VII**

DOH-CV CHD Cmpd., Osmeña Blvd., Cebu City

Telefax Nos; (032) 254-3263

Website: www.nnc.gov.ph

Email: region7@nnc.gov.ph

Facebook page: facebook.com/nncrvii







#### **Session 4:**

## Managing the Barangay Nutrition Program

Ms. Juvelyn A. Quiño

City Nutrition Scholar, Brgy. Budlaan, Cebu City





# Management of Nutrition Program in the Barangay Level

Barangay Budlaan, Cebu City

# Why Nutrition Program Management is important in the Barangay?

Nutrition Program Management is a process of:

► Knowing the potential or current problems and nutritional needs of the specific group.

Studies the measures on how to prevent malnutrition.

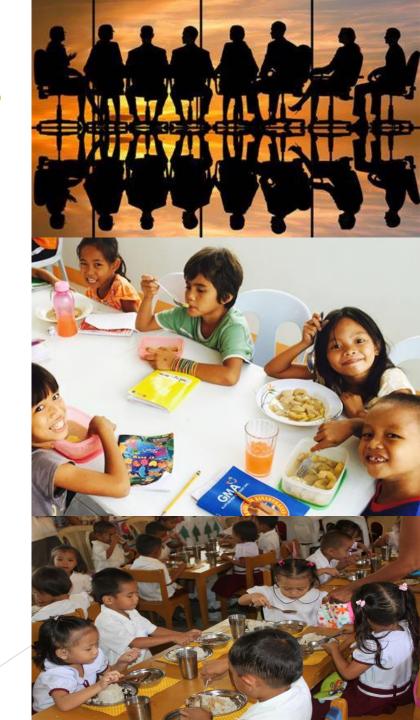


## Why Nutrition Program Management is important in the Barangay?

Nutrition Program Management is a process of:

Allocation of resources and voluntary implementation of nutrition interventions to address malnutrition.

Monitor and evaluate various nutrition programs.



# What are the roles of BNC in Nutrition Program Management?



- Study and analyze the nutritional status of the barangay.
- Create and allocate appropriate budget for BNAP.

Management of nutrition programs in the barangay.

# What are the roles of BNC in Nutrition Program Management?

Organizing or establishing support groups that will implement nutrition programs in the barangay.

Monitoring and evaluation of implemented nutrition programs.

Conducting regular meetings to ensure correct and effective implementation nutrition programs.



#### **BNC Meetings Conducted Quarterly**



#### **MELLPI MONITORING**







#### **ZONTA'S Women Quarterly Meeting**





#### **ZONTA's Livelihood Beneficiaries**







# ERPAT, Farmers and Cutflower's Livelihood Program





#### Nutrition Education to Parents and Caregivers







#### Mass Feeding







#### **Community Participation**







# THANK YOU!











**Session 5:** 

### Establishing a Food Secure Barangay

Dr. Gerry S. Avila

Division Chief – Field Operations

Department of Agriculture RFO 7

#### "Establishing a food secure Barangay"



#### "NNC Central Visayas Regional Conference

"BNS: Serbisyong pangnutrisyon, ipadayon sa bag-ong panahon"

Mandaue City Sports Complex, Mandaue City
November 3, 3022

Gerry S. Avila, PhD Field Operations Division

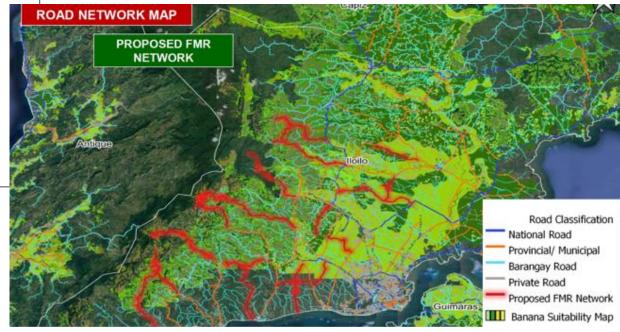
A food-secure Philippines

with prosperous farmers and fisherfolk

#### **Directions**

Food Security

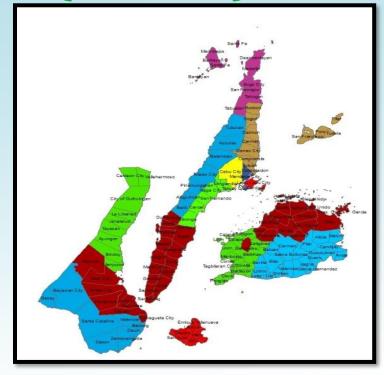
- Increase Productivity and Income (Increase local Production)
- Improve our commodity value chains
- Farm to Market Roads



#### Background: Profile of Central Visayas

- Total Land Area 1,499,940 Ha.
- Total Agricultural Land 665,446 Ha. (44.4%)
- Total Grass/Shrub Land 88,152 Ha.
- Total Woodland/Forest 80,881 Ha.
- Total Wetland Area 37,009 Ha.
- Miscellaneous Area 28,452 Ha.
- Poverty Incidence among Population:

27.6% (As of 2015)



#### **Sufficiency in major staples**

(in %, as of 2021)\*







**148** Pork



**217** Carabeef



**174** Chicken Eggs

and Poultry



**97** Beef



**205** Chevon



**82** Chicken

#### **Cereals**



**28** Rice



**21** Corn

Fruits and



**26** Ampalaya

**18** 



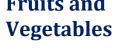
**35 Tomato** 



**171** Mango



**256** Cassava







**89** Cabbage



**160** Banana Saba



**26** Eggplant

\*Computed based on PSA data on population, per capita consumption and production





#### DA BANNER PROGRAMS



**RICE PROGRAM** 



CORN PROGRAM



HIGH VALUE CROPS DEVELOPMENT PROGRAM



LIVESTOCK & POULTRY PROGRAM









#### Rice Program















#### Corn/Cassava/Sorghum

Program
Production of food for humans and poultry and livestock











# High Value Crops Development Program

























#### **Livestock Program**













# ORGANIC AGRICULTURE PROGRAM

#### **Soil Amelioration!**















food-secure Philippines

with prosperous farmers and fisherfolk



#### Other Programs/Services

- Research and Development
- Agribusiness and Marketing Assistance
- Regulatory
- Integrated Laboratories (vaccine, rabies, soils and feeds)



#### **Major Challenges**

- Maintaining good nutrition
- Addressing (soaring) Inflation



- Get involved (info dissemination/Project Implementation)
  - City/Municipal Nurseries
  - Cebu has the Sugbusog Program (individual, household, Purok, etc)







- Entice community to engage in agriculture
  - Backyard (and containers)
  - School garden
  - Community Garden















- Farm Diversification
  - Cacao (coffee, pineapple) under coconut
  - Corn-legume intercropping
- Planting of rootcrops and other staples
- Planting of Herbs and Spices











- Inform our Local Chief Executive (with your plans)
- Work closely with the Municipal/City Agriculture Office
- Collaborate with the Various Organizations
  - Municipal Agriculture and Fishery Council
  - Farmers/Fishermen Association
  - 4-H Club in the area
- Technical assistance (and CapDev) and Provision of other farm inputs (and facilities)



#### Thanks a Bunch!!!

A food-secure Philippines with prosperous farmers and fisherfolk







# Business Meeting and General Assembly



### Highlights of the Previous General Assemblies

#### Ms. Evangeline M. Villarta

Vice-President, FeBaNuSA 7, Inc.
President, Cebu Province BNS Association





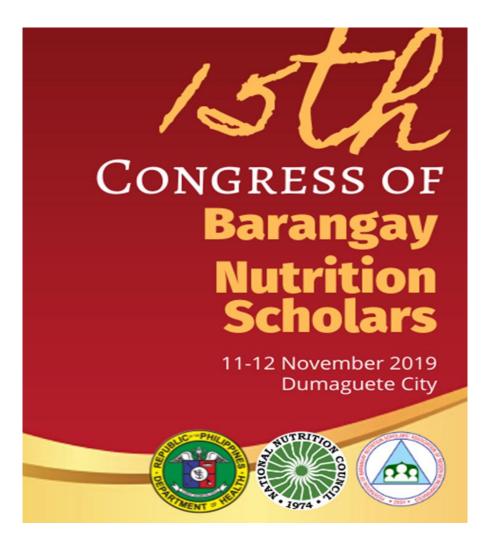


# Highlights of 15th and 17 BNS Regional Congress

#### **BNS Evangeline M. Villarte**

President, Cebu Province BNS Association Vice President, FeBaNuSA 7 Inc





Held at Negros Oriental Convention Center, Dumaguete City

The event was attended by

1,255 barangay delegates

coming from the different LGUs

in Central Visayas.



# Technical Updates





### Technical Updates

Kalusugan at Nutrisyon ng Mag-Nanay Act and the Role of BNS Ws.Julieta G. utor Nutritionist-Dietitian IV, DOH CV-CHD



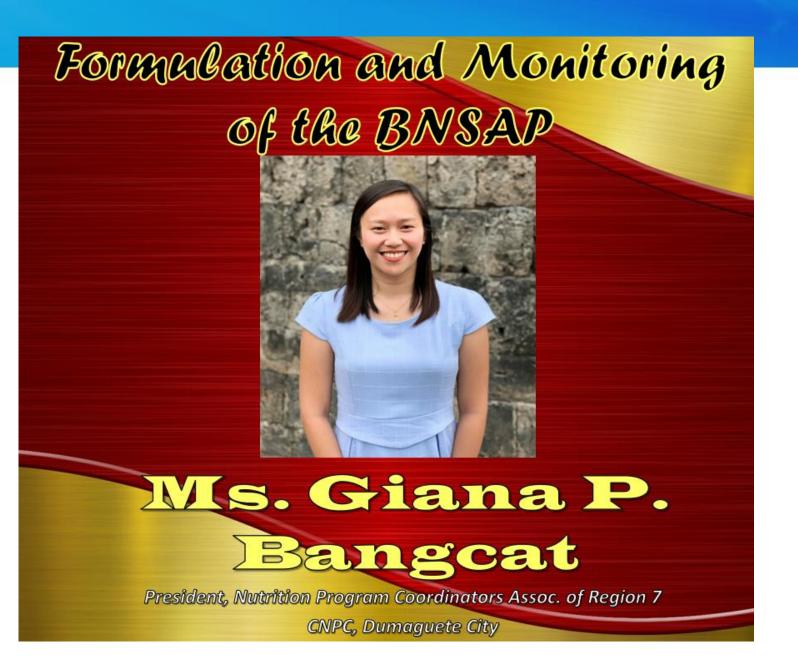
### Oath Taking FeBaNuSA 7, Inc. Officers (2020-2022)



Election and induction of new FeBaNuSA 7 Inc. Officers was held to serve the organization from C.Y. 2020 to 2022.



# Enhancing The Skills of BNS





# Enhancing The Skills of BNS

# Enhancing Communication Skills to Advocate for Good Nutrition Mr. Romulo G. Amarado Station Manager, DYSR-FM Dumaguete



# Enhancing The Skills of BNS

# Incorporating Healthy Lifestyle in the Workplace Dr. Michele Joan D. Kalbuena Associate Professor, Psychology Dept. Silliman University







In each session, open forum and intermission number were interfaced



Session 3: Rise and Shine BNS For Active Barangay Nutrition Committee





Session 4: FeBaNuSA 7, Inc. General Assembly

# President's Report BNS Evangeline M. Willarta



Session 4: FeBaNuSA 7, Inc. General Assembly





Session 4: FeBaNuSA 7, Inc. General Assembly

Presentation of FeBaNuSA 7 Inc. Resolution and Mission and Vision BNS Mary Ann F.







Recognition of Past Officers of FeBanusa 7, Inc.

Various other activities were done to honor and show the support for our very own Barangay Nutrition Scholars.



## Synthesis

- The Kalusugan at Nutrisyon ng Mag Nanay Act, the role of BNS, and technical discussions on investing in nutrition were among the highlights of the two-day congress. Other highlights included skill-building lectures on effective communication, incorporating a healthy lifestyle in the workplace, and creating and monitoring the Barangay Nutrition Scholar Action Plan.
- FeBaNuSA 7, Inc. Resolution 019-**01 entitled "Reiterating** DILG Memorandum Circular No. 2010-**147" was presented** and was unanimously approved by the atendees.
- Overall, the event was rated Outstanding with a percentage rating of 37.21.

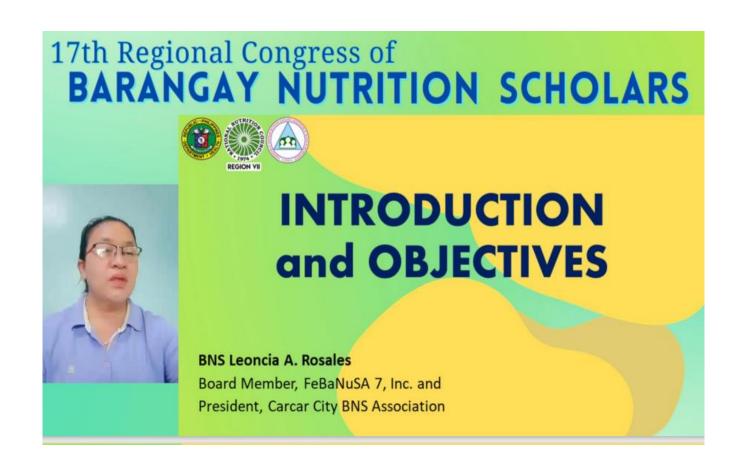




A total of 1,308 barangay delegates were present during the event



Introduction and Objectives





# Session 1: PIMAM Referral System



- Over 15 years in service under the Department of Health (DOH) CV CHD;
- Former Nutritionist-Dietitian IV of the DOH CV CHD; and
- Former active member of the Regional Nutrition
   Committee Technical Working Group.

MS. JULIETA G. TUTOR

Retired ND IV, DOH CV CHD





## Session 2: BNS Forms





Possible Legislative Agenda for BNS





Session 3: Computer Literacy





President's Report





Accomplishments







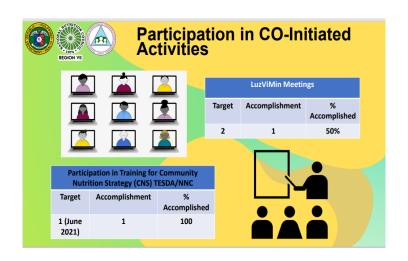
#### Accomplishments

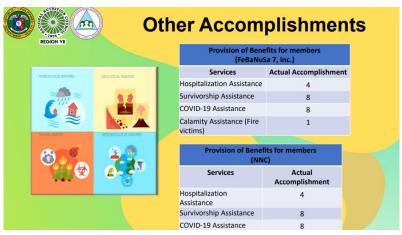
















Treasusrer's Report







## Thank you!











## FeBanusa 7, Inc., PRIESIDENTIS RIEPORT

#### MR. LOPITO B. PATRIMONIO

03 – 04 November 2022 18<sup>th</sup> Regional Congress of BNSs





#### OUTLINE

- FeBaNuSa 7, Inc.
  Accomplishments 2022
- Provincial and City BNS
  Association Activities
  for 2022













# FEBANUSA 7, INC. ACCOMPLISHMENTS 2022







PROGRAMS/ PROJECTS/	OBJECTIVES	Annual Target	1st Quarter		2nd Quarter		3rd Quarter		4th Quarter	
<b>ACTIVITIES</b>			(Janu	ary -	(Ap	ril –	(July-		(Oct-	
			Mar	ch)	Ju	ne)	Se	ep)	De	ec)
			Т	Α	Т	Α	Т	Α	Т	Α
1. BNS Meetings:										
a. Provision technical	To discuss	Bohol – 4	1	1	1	1	1	1	1	
support for Provincial BNS	strategic issues,	Cebu – 4	1	1	1	1	1	1	1	
meetings	problems and	Negros –2	1	1	1		1		1	
	concerns for	Siquijor – 2	1	1					1	
	action from the									
	Association									
b. BNS Regional Pres. Meetings	To discuss strategic issues, problems and concerns for action from the Federation	4	1	1	1	1	1	1	1	
c. Special Meetings (BNS congress prep meeting)	Final preparation of BNS Congress	1							1	1



#### MEETINGS

#### Provincial Meetings:

- Bohol 3/4
- Cebu 3/4
- Negros Oriental ½
- Siquijor ½





Regional Meetings:

Quarterly: 3/4

Special: 1/1

**Bohol Province BNS Association Meeting** 









PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Quarter		2nd Quarter		3rd Quarter		4th Quarter	
			(Janu Mar	-		ril – ne)	_	ıly- ep)	(Od De	
			Т	Α	Т	Α	Т	Α	Т	Α
2. Special Event for Advocacy	To launch aggressive advocacy initiatives to increase multi-sectors support									
a. Regional BNS Congress	To provide updates for BNSs on current health & nutrition issues, to convene BNSs into a general assembly to discuss concerns of the regional federation and to strengthen the camaraderie between and among BNSs	1							1	1



Cebu Province 8th BNS Summit



Virtual meeting of Bohol Bohol BNS Association in celebration for

the 18th Provincial BNS Summit





PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Quarter			uarter		uarter	4th Qu	
			(Janu Mar	-		ril – ne)	-	uly- ep)	(O	
			Т	Α	Т	Α	Т	Α	Т	Α
b. Provincial BNS Congress	To strengthen the linkages and	Bohol – March 28	1	1						1
J	collaboration among BNSs	Cebu – September 16, 2022					1	1		
		Neg. Or - December 08	300 A3	O.A.		A PARTY	e iii	ed i	1	0
Europe Senting Control of the Contro	RNC	Siquijor – Nov. 18			To page 1	ero.			1	0
			1 Mar CANDIAN		- 34 74 50 8	107 107	A STATE OF THE STA			









PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Quarter (January -		2nd Quarter (April –		3rd Quarter (July-		4th Qu	
			Mar	•	` '	ne)	•	ep)	(Od De	
			Т	Α	Т	Α	Т	Α	Т	Α
3. Training and Seminar	To capacitate BNSs with knowledge that they can use to implement and sustain nutrition program in their respective LGUs	1	1	1	1	1	1	1	1 REG	ON VII
a. Nutrition in Emergencies	To mobilize BNSs and continue to implement nutrition program during emergencies	1	1			NNC 7 Garrov	Lucy Arellano	2 CANAGO EN AGO Margie R. Cañas	GOOD NOT THE POWER FIRST 100 HEALTHIER,	NNC.GOV.PH  NNCRVII  UTRITION IS  UTRITION I
5. BNS and other Nutrition Related Data Base	To provide useful information that can serve as guide in the formulation of programs, polices to improve nutrition situation	1	1	1				A 7, Inc. tual Me		T CHILDREN.









PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Quarter		2nd Quarter		3rd Quarter		4th Quarter		
ACTIVITIES			(January - March)		, ,		` '		<u> </u>	(Od De	
			Т	Α	Т	Α	Т	Α	Т	Α	
a. BNS Master List per Chapter	Updated master list	1	1	1							
b. Directory of BNS Federation Officers regionwide	Updated directory of BNS Officers	1	1	1							
6. Program Implementation Review, Team Building and Christmas Party	To foster the spirit of camaraderie and identify strength and weaknesses for a better work efficiency and effectiveness	1							1		
7. Special Projects 2022 NM Project (Tiktok Challenge)		1					1	1			









PROGRAMS/
PROJECTS/
<b>ACTIVITIES</b>

OBJECTIVES	Annual Target	1st Qu	uarter	2nd Q	uarter	3rd Q	uarter	4t Qua	
		(January - March)		(April – June)		(July- Sep)		(Od De	
		Т	Α	Т	Α	Т	Α	Т	Α

#### 8. Administrative and Financial Management

A. Provision of Benefits for members (FeBaNuSa 7, Inc.)										
•	BNSs Active members of the Federation	20	5	3	5	1	5	0	5	1
	BNSs Active members of the Federation	2		0		2		1		5
	BNSs Active members of the Federation	5	2	1	1	0	1	0	1	0
* * * * * * * * * * * * * * * * * * * *	BNSs Active members of the Federation	20	5	335	5	0	5	0	5	0









PROGRAMS/
PROJECTS/
<b>ACTIVITIES</b>

PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Qı	1st Quarter 2		2nd Quarter		3rd Quarter		:h rter
ACTIVITIES			(Janu Mar	•	` '	ril – ne)	•	aly-	(Oc De	
			Т	Α	Т	А	Т	Α	Т	Α
(LuzViMin)										
- Death Assistance @ <del>P</del> 1,000.00	BNSs Active members of the Federation	As requested								
<b>National Nutrition Co</b>	uncil									
- Hospitalization Assistance @ 5,000.00	BNSs Active members of the Federation	As requested		1		1		0		0
- Death Assistance @20,000.00	BNSs Active members of the Federation	As requested		3						



- Monthly Honorariumof BNS

Coordinator @5,000/month





3

3



PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Quarter		2nd Quarter		3rd Quarter		4th Quarter		
ACTIVITIES			•	(January - March)				` '		(O	
			Т	Α	Т	Α	Т	Α	Т	Α	
8. Administrative and	Financial Managemer	nt (continua	ition)								
B. Provision of Honorariu	m and others:										
- Quarterly Honorarium of (FeBaNuSA 7, President) @500/quarter		4	1	0	1	0	1	0	1	0	
- Quarterly Honorarium (FeBaNuSA 7, Inc. Secretary) @500/quarter		4	1	0	1	0	1	0	1	0	
- Cellphone Load (pres., treasurer & secretary) @600	During BNS Congress	1							1	1	

3

12







PROGRAMS/
PROJECTS/
<b>ACTIVITIES</b>

Return

PROGRAMS/ PROJECTS/ ACTIVITIES	OBJECTIVES	Annual Target	1st Quarter		2nd Quarter		3rd Quarter		4th Quarter	
			(January - March)		(April – June)		(July- Sep)		(Oct- Dec)	
			Т	Α	Т	Α	Т	Α	Т	Α
8. Administrative and Financial Management (continuation)										
B. Provision of Honorarium and others:										
- SEC & BIR Reneweal @ 2,500.00 per year	Annual Registration of FeBaNuSA 7, Inc.	1							1	1
- Office supplies	Journal, Ballpen and Log Book									
- Filling Income Tax		1			1	1				

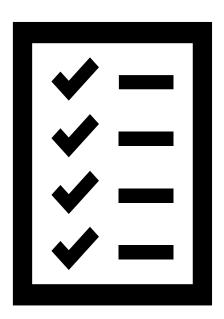


#### **SUMMARY**

- The following targeted activities have been completed
  - BNS special meeting in preparation of the congress
  - Provincial congress in Bohol and Cebu
  - BNS database update
  - 2022 NM Project
  - Provision of Benefits
    - Hospitalization: 5
    - Death Assistance: 8
    - Fire Victims: 1
    - Other Calamities: 335



- Regional and Provincial meetings
- Provincial congress in Negros Oriental and Siquijor
- Program Implementation Review









## PROVINCIAL AND CITY BNS ASSOCIATION ACTIVITIES FOR 2022

## BNS IN ACTION GIVING OF FRESHMILK AND HEIGHT TAKING OF 0-59 MOS. OLD— TALISAY CITY







#### BNS IN ACTION

- \* HOME VISITATION OF PREGNANT MOTHER BAYAWAN CITY
- \* GIVIN OF VITAMINS TO PREGNANT WOMEN BOHOL PROVINCE
- \* FEEDING ACTIVITY OF UNDERWEIGHT CHILD TANJAY CITY







### \*MONTHLY MONETORING OF WEIGHT (0-23 MOS. OLD) DUMAGUETE CITY \*BNS EVALUATION LGU BAIS CITY





## OPIRATION TIMBANG AND HEIGTH TAKING LGU TANJAY CITY





#### HOUSE TO HOUSE COVID VACCINATION (LAPU-LAPU CITY)





## Thank you!













## Treasurer's Report

Ms. Lucia C. Arellano

Treasurer, FeBaNuSA 7, Inc.





# 2022 TREASURER'S REPORT

### Ms. Lucia C. Arellano

18<sup>th</sup> Regional Congress of BNSs 03 - 04 November 2022

## ORGANIZATIONAL EXPENSES (DEC. 2021-OCT. 2022)

Item	Amount in Php
4 <sup>th</sup> Quarter Oct-Dec 2021 Expenses	
November 05, 2021	
Regional Congress of BNSs (Virtual)	
Honorarium of NNC 7 Technical and	
Secretariat	9,000.00
Honorarium of Speakers	2,000.00
Honorarium of Emcee	2,000.00
Plaque of Keynote	2,195.00
Honorarium of BNS Coordinator	
month of October to December '21	15,000.00

## ORGANIZATIONAL EXPENSES (DEC. 2021-OCT. 2022)

Item	Amount in Php
4 <sup>th</sup> Quarter Oct – Dec 2021 Expenses (cont'd)	
· · · · · · · · · · · · · · · · · · ·	42.000.00
Cash Award Nutri Jingle	12,000.00
Honorarium Intermission Number	1,000.00
Tip Hotel Utility	200.00
Honorarium Judges of Nutri Jingle	1,500.00
Intermission number	1,000.00
	Php45,895.00

#### ORGANIZATIONAL EXPENSES (JAN. 2022-MARCH 2022) 1<sup>ST</sup> QUARTER

ltem	Amount in Php
Honorarium of BNS Coordinator for	
the month of Jan- March 2022	15,000.00
BIR and SEC Renewal	1,336.00
Meals for Meetings	995.00
	Php17,331.00
Subtotal	

### ORGANIZATIONAL EXPENSE (APRIL 2022-JUNE 2022)

ltem	Amount in Php
Monthly Honorarium of BNS Coordinator	
month of April – June 2022	15,000.00
Accountant's Fee	10,000.00
Bookkeeper's Fee	1,000.00
Official Receipt	8,000.00
Total Expense	Php34,000.00

#### ORGANIZATIONAL EXPENSES (JULY 2022-SEPT. 2022) 3<sup>RD</sup> QUARTER

ltem	<b>Amount in Php</b>
Monthly Honorarium of BNS Coordinator	
month of July - September 2022	15,000.00
	Dhn15 000 00
	Php15,000.00
Subtotal	

### ORGANIZATIONAL EXPENSES NOVEMBER 2022)

ltem	<b>Amount in Php</b>
Monthly honorarium BNS Coordinator	
for the month of October 2022	5,000.00
Cash Advance for 2022 18th Regional	
Congress of BNSs	Php125,000.00
Subtotal	Php130,000.00

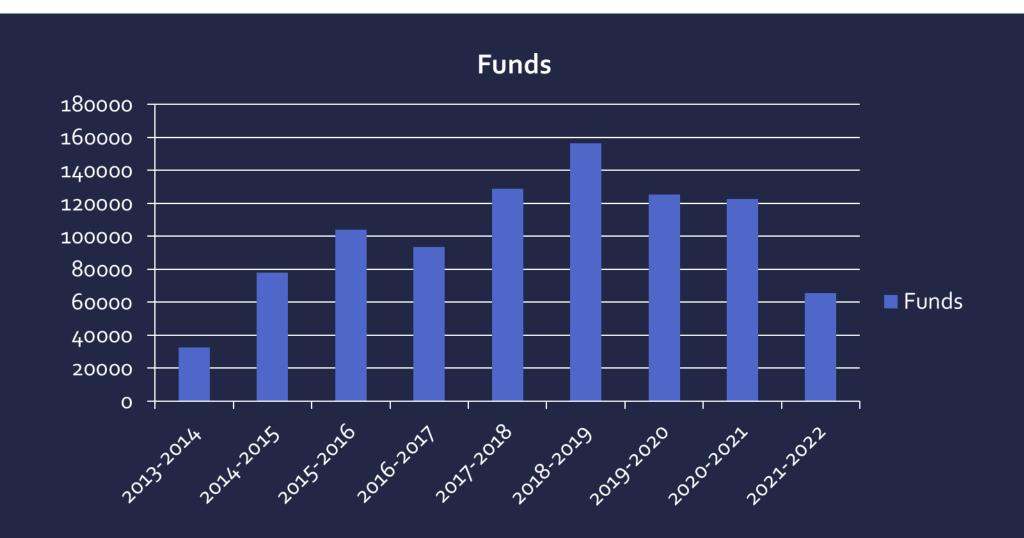
### ORGANIZATIONAL EXPENSES (DEC. 2019-NOV. 2020)

Item	Amount in Php
SUMMARY	
4 <sup>™</sup> Quarter 2021	42,895.00
1st Quarter 2022	17,331.00
2 <sup>nd</sup> Quarter 2022	34,000.00
3 <sup>rd</sup> Quarter 2022	15,000.00
4 <sup>th</sup> Quarter 2022 (November)	130,000.00
Total Expenses	Php242,226.00

### ORGANIZATIONAL EXPENSES (DECEMBER 2021-NOVEMBER 2022)

ltem	Amount in Php
Total Cash in Bank	925,484.66
Less: Total Organizational Expenses	(240,226.00)
Total Cash in Bank	Php683,258.66

#### **FUNDS FROM MEMBERSHIP FEES**

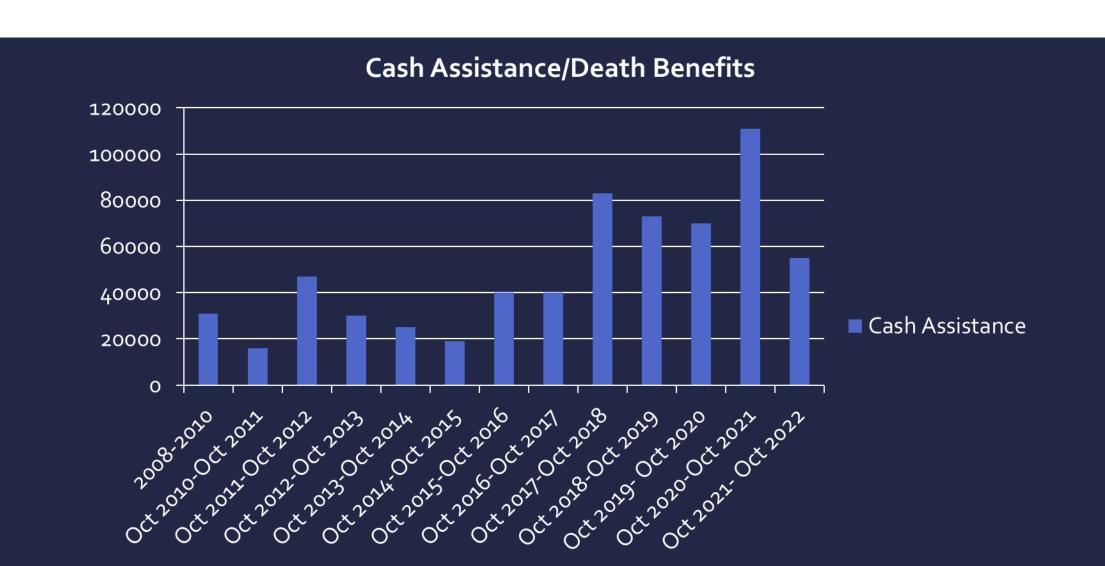


#### **FUNDS FROM MEMBERSHIP FEES**

ltem	Amount in Php
Annual dues 2021-2022	65,500.00
Subtotal of Cash Available from	
Membership Fee for the year ended 31	
December 2021	<u>487,300.00</u>
Total Cash	Php552,800.00

Item	Amount in Php
October 2021 – October 2022	55,000.00
Cash Assistance "Typhoon Odette"	167,000.00
Sub total of Medical Assistance and	
Survivorship	Php222,000.00

Item	Amount in Php
Funds from Membership fee	552,800.00
Total Disbursement	222,000.00
Total Membership fee	Php330,800.00



### MEDICAL ASSISTANCE/DEATH BENEFIT DISBURSED

ltem	Amount in Php
October 2019 – October 2020	
Hospitalization 5@ 2,000.00	10,000.00
Survivorship 8 @5,000.00	5,000.00
Joy Perez- Mandaue City	5,000.00
Filipina Espinosa - Daanbantayan	5,000.00
Eugenia Demano – Duero, Bohol	5,000.00
Esmeralda Tubu – Talibon, Bohol	5,000.00
Fedilina Alacida – Ubay, Bphpl	5,000.00
Mary Ann Mayorga – Samboan, Cebu	
	5,000.00

Item	Amount in Php
Fire Incident	
Linda Tecson – San Antonio, Cebu City	5,000.00 <b>Php55,000.00</b>
Cash assistance "Typhoon Odette"	167,000.00
Total	Php222,000.00

### **SUMMARY**

ltem	Amount in Php
Operational Fund	685,258.66
Membership Fund	330,800.00
Total Cash Available as of 06 November 2022	Php1,016,056.66

#### FOR MORE INFO, WRITE OR CALL

#### FeBaNuSA 7, Inc. c/o National Nutrition Council Region VII

DOH-CHD 7 Cmpd., Osmeña Blvd., Cebu City

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# Daghang Salamat!