



Republika ng Pilipinas  
KAGAWARAN NG KALUSUGAN  
PAMBANSANG SANGGUNIAN SA NUTRISYON XII  
(NATIONAL NUTRITION COUNCIL XII)  
1<sup>st</sup> Door, 2<sup>nd</sup> Floor, Ong Building, Corner Aquino-Osmeña Streets,  
Barangay Zone II, City of Koronadal 9506



**“Malnutrisyon patuloy na labanan,  
First 1000 days tutukan!”**  
**Guidelines for 2021 Online Search for the Best Gulayan sa Bakuran**

### Background

Gardening has always been flaunted as a relaxing recreational activity that can provide great personal rewards. With the extended implementation of various quarantine protocols and work-from-home and homeschool scheme is applied; gardening can be a positive family-inclusive activity to embrace.

Backyard gardening is seen as one of the solutions to address the lack of available source of food, the primary cause of malnutrition. Produces from the garden can be used for complementary food essential for growing children aged 6-23mos. old. Vegetable gardening promotes self-sufficiency which is an intelligent response to the pandemic situation. Gardeners can produce enough fruit and vegetables all year round, making food available and accessible for the family at-all times thus promoting food security.

This initiative is also in line with the Plant, Plant Plant or Ahon Lahat, Pagkaing Sapat (ALPAS) Laban sa Covid-19 Program of Duterte Administration and NNC’s advocacy on food security and nutrition.

### Mechanics and Criteria

1. The search for the online Best Household Backyard Garden is open to all residents of Region 12.
2. Interested participants must accomplish the attached entry form and email us at [nncro12@gmail.com](mailto:nncro12@gmail.com) on/or before July 23, 2021.
3. Official entries shall be posted on NNC Official Facebook Page “*National Nutrition Council Region XII Official*”
4. The Regional Online Evaluation shall start from August 26, 2021
5. The entries which attained the highest average ratings will be proclaimed as winners. The winners will be notified by phone or email and will be announced in NNC XII Official facebook page. Winners shall receive the following after thorough verification.

*1<sup>st</sup> place – 4,000*

*2<sup>nd</sup> place – 3,000*

*3<sup>rd</sup> place – 2,000*

6. The criteria for judging are as follows:

Kinds of vegetable grown	25%
Vegetable Grown (food groups)	15%
Garden Management	20%
Video Documentation of Vegetable Gardening	30%
Facebook likes	10%

2021 Best Kitchen Garden Guidelines  
Evaluation Tool

Name of Participant \_\_\_\_\_ Date: \_\_\_\_\_

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|--|----------|
| 1.) Most number of vegetable kinds   | 25%      |
| a. More than 25 kinds  | 25 _____ |
| b. 20-25 kinds   | 20 _____ |
| c. 15-19 kinds   | 15 _____ |
| d. below 15 kinds  | 10 _____ |
| 2.) Vegetable grown  | 15%      |
| a. Go (root crops)   | 5 _____  |
| b. Grow (legumes/beans)  | 5 _____  |
| c. Glow (fruit/leafy vegetables)   | 5 _____  |
| 3.) Garden Management  | 20%      |
| a. Garden Landscaping  | 10 _____ |
| b. Labelling   | 5 _____  |
| c. Use of organic fertilizers  | 5 _____  |
| 4.) Video Documentation of Vegetable Gardening   | 30%      |
| - Must show all vegetables grown   |          |
| - Must show action photos/videos of gardening activities                                       |          |
| - Must show photos/videos to support criteria no. 1-3  |          |
| - Video must be 3-5mins only   |          |
| - Video Quality  |          |
| 5) Facebook likes  | 10%      |
| - Likes will only be valid if the likers were able to like the NNC XII Official Facebook Page. |          |

**TOTAL** **100%**

# Entry Form

Name of Participant/s or  
Agency:

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Address:

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Email address:

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Contact number/s:

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Submit your entry form at [nncro12@gmail.com](mailto:nncro12@gmail.com) on or before July 23, 2021