

2022 NUTRITION MONTH CELEBRATION

Essay Writing Contest

“Sa new normal na nutrisyon, bahagi ako ng solusyon”

Contest Mechanics

1. The contest is open to all employees from member agencies and organizations of the Regional Nutrition Committee (RNC) in NCR. Only three (3) participants from partner agencies and organizations are allowed to join the contest.
2. Interested participants should do the following to be eligible to join the contest:
 - a. Like the NNC-NCR Facebook page
 - b. Like and share the SMC post of this contest
 - c. Tag five (5) of their friends by commenting on the comment box
3. Official entries must be submitted on or before **15 July 2022 (Friday), not later than 3:00 pm through email at ncr@nnc.gov.ph** with the subject: “EssayContest_Surname_Agency/Organization”.
4. Contestants should submit an original essay on the contest theme, *“Sa new normal na nutrisyon, bahagi ako ng solusyon”*, explaining how they can be part of the solution in improving nutrition resilience and help create better new normal through good nutrition.
5. The essay should meet the following:
 - a. written in English or Filipino
 - b. Follow the format: Font size - 12, font – Arial, line spacing – 1.5
 - c. Must be submitted both in pdf and word format
 - d. Must have a minimum of 1,000 words and a maximum of 2,000 words
 - e. Essay must not be uploaded on any social media platform
 - f. Plagiarized entries will be disqualified
6. Contestants should submit their entry with an accomplished Official Entry Form with a photocopy of the contestant’s company ID.
7. In the body of the email, include the following information:
 - a. Title of the Essay
 - b. Name and designation of the writer
 - c. Name of agency
 - d. Facebook name and contact number
8. The judging of entries will be on July 21, 2022. A panel of three (3) judges shall determine the winners. Judging shall be based on the following contest criteria:

Content (substance and relevance to the theme)	35%
Organization (unity and clarity of thought)	25%
Grammar and Punctuation	25%
Form and Style (neatness, originality and creativity)	<u>15%</u>
TOTAL	100%

9. There will be three (3) contest winners who will each receive a certificate and cash award:
- | | |
|--------------|-----------|
| First place | Php 7,000 |
| Second place | Php 5,000 |
| Third place | Php 3,000 |
10. All entries shall become the property of NNC-NCR. The contestants will allow NNC-NCR to use the essay for promotional purposes provided that the author/writer is acknowledged.
11. Winning entries will be featured on the NNC-NCR Facebook page. Winners will be invited to attend the online Regional Nutrition Month Culminating Activity on 29 July 2022 to receive their cash prizes and certificates. All contestants will each receive a certificate of participation.