



Results of 2023 Operation Timbang Plus



2023 MIMAROPA NUTRITION SITUATION



2023 Regional Summary

399,780

Estimated number of 0–59 months preschoolers

271,792

Actual number of preschoolers weighed
(**51,903** are indigenous preschool children)

80%

2023 e-OPT+ Coverage (2022 Coverage: 72.9%)



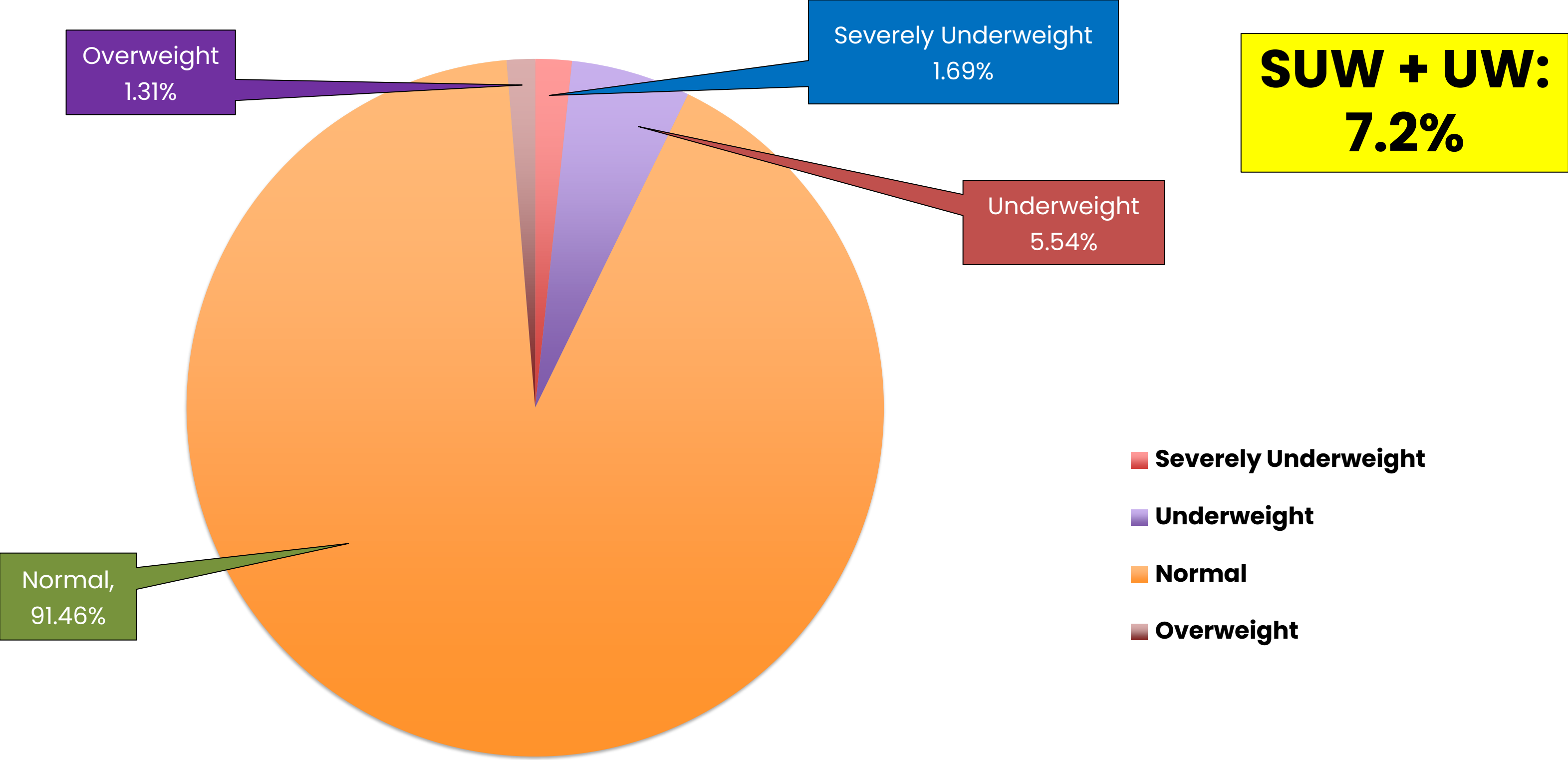
2023 Regional Summary

PROVINCE/CITY	ESTIMATED NO. OF CHILDREN 0-59 MONTHS OLD	ACTUAL NO. OF WEIGHED 0-59 MONTHS OLD	E-OPT PLUS COVERAGE	
			2022	2023
Marinduque	20, 791	15, 679	61.0%	65.9% ↑
Occidental Mindoro	54, 573	50, 921	81.4%	85.5% ↑
Oriental Mindoro	94, 393	68,783	66.1%	72.9% ↑
Palawan	133,713	88, 810	80.3%	88.44% ↑
Romblon	28, 310	23, 145	64.1%	81.8% ↑
Puerto Princesa City	28, 542	24, 454	73.7%	85.7% ↑

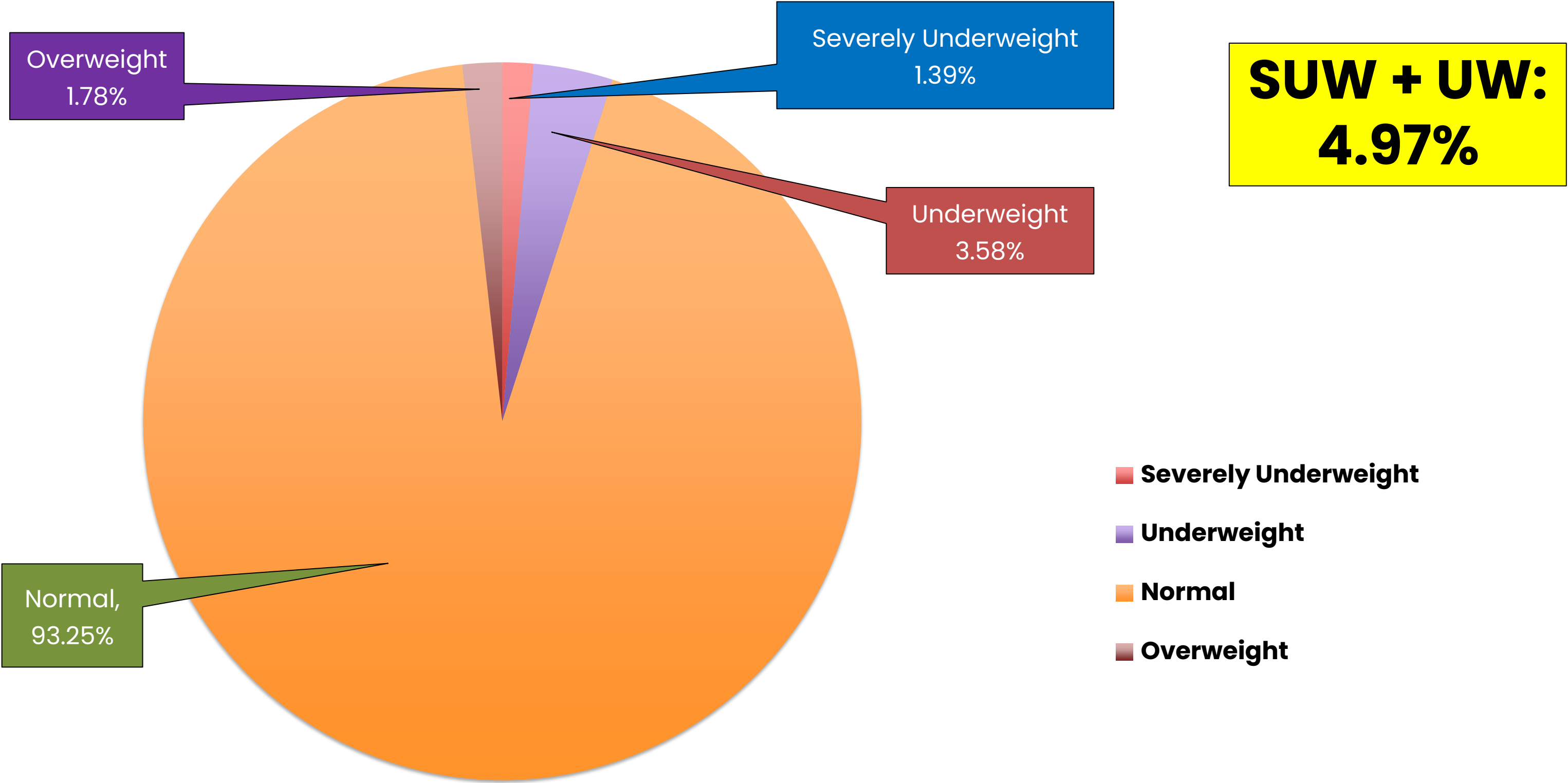
Weight-for-Age



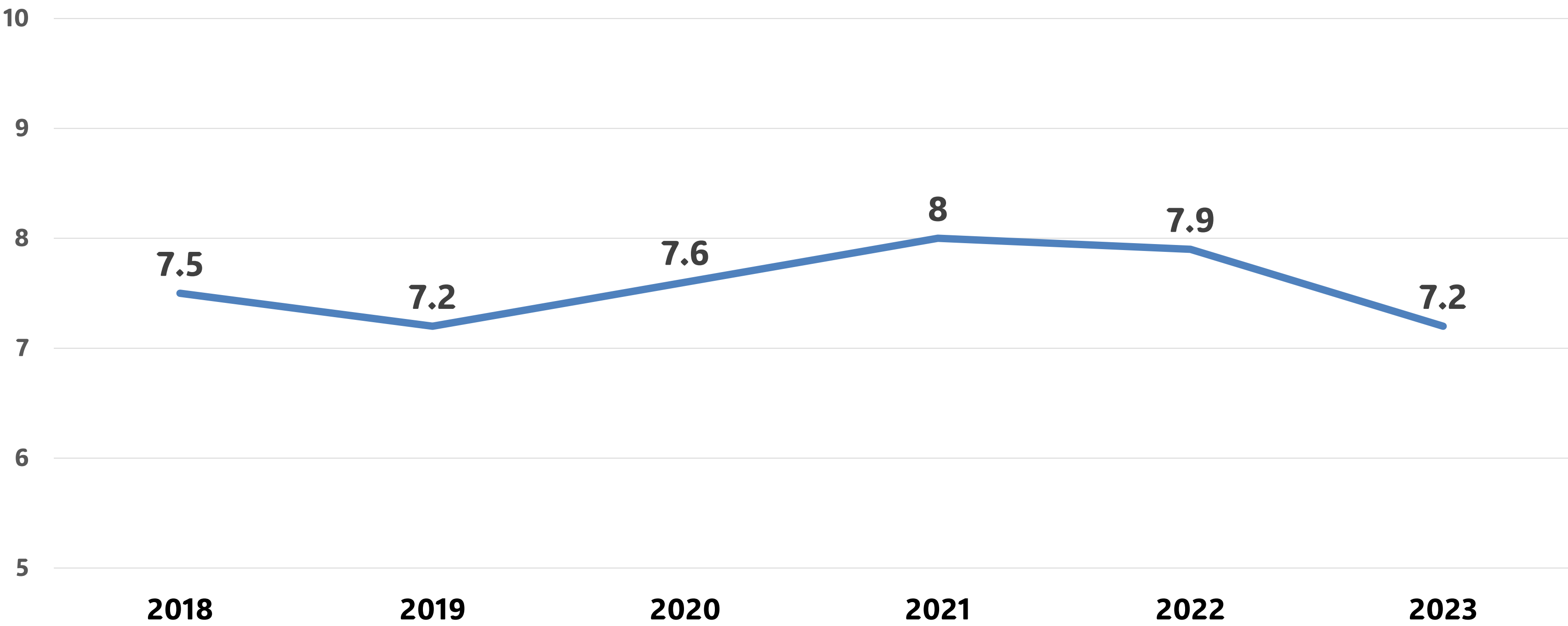
Weight-for-Age among 0 to 59 months old children



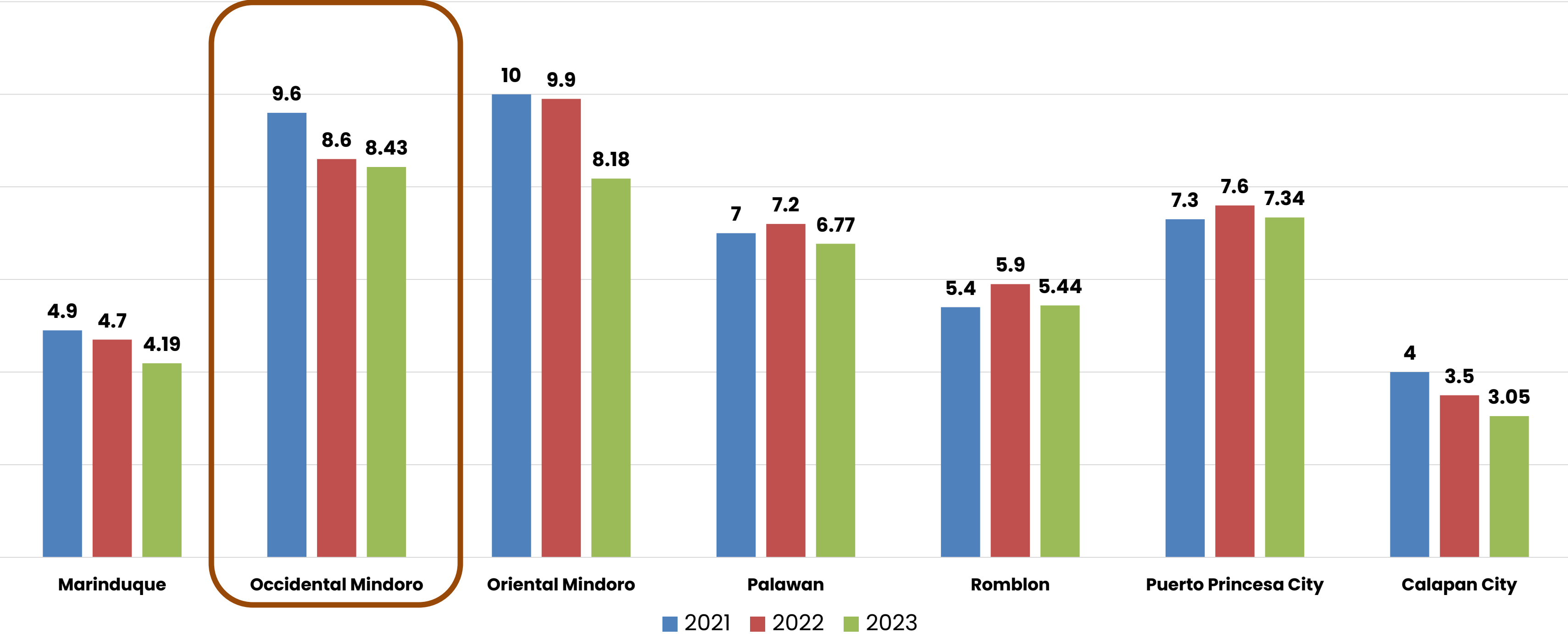
Weight-for-Age among 0 to 23 months old children



Prevalence Rate of **Underweight and Severely Underweight** among 0 to 59 months old children (2018-2023)



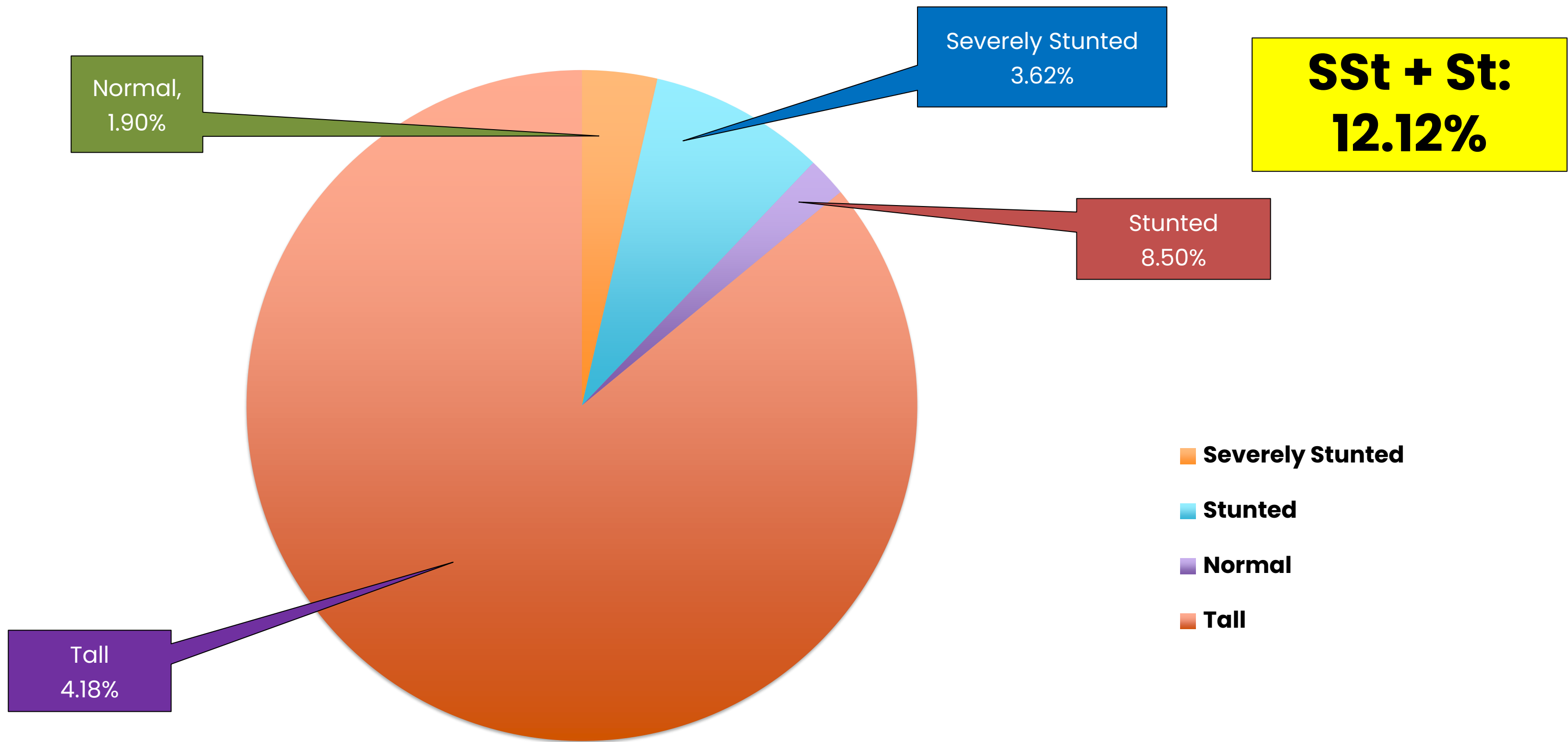
Prevalence Rate of **Underweight and Severely Underweight** among 0 to 59 months old children (2021-2023) by Province/City



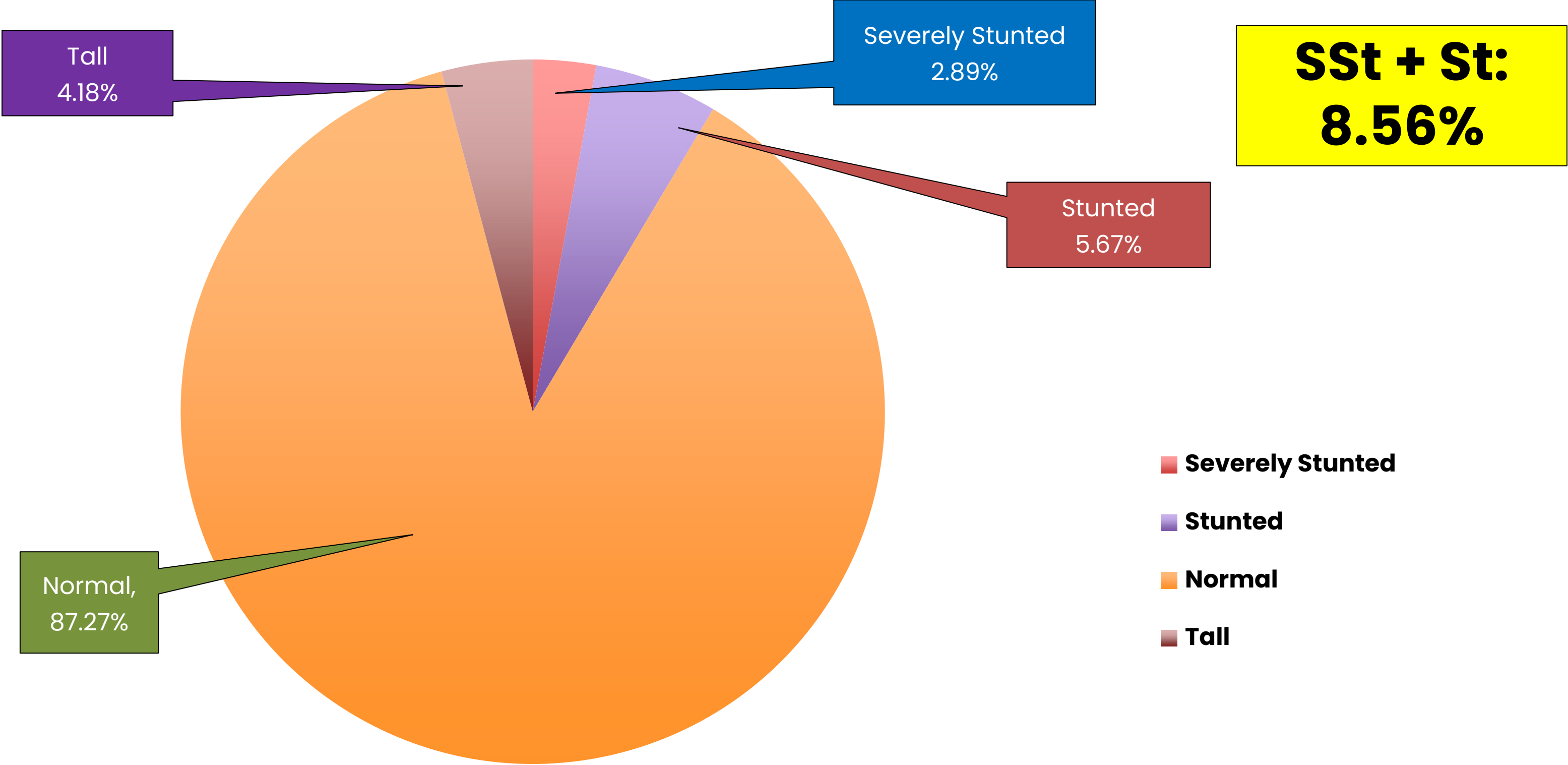
Length/Height-for-Age



Length/Height-for-Age among 0 to 59 months old children

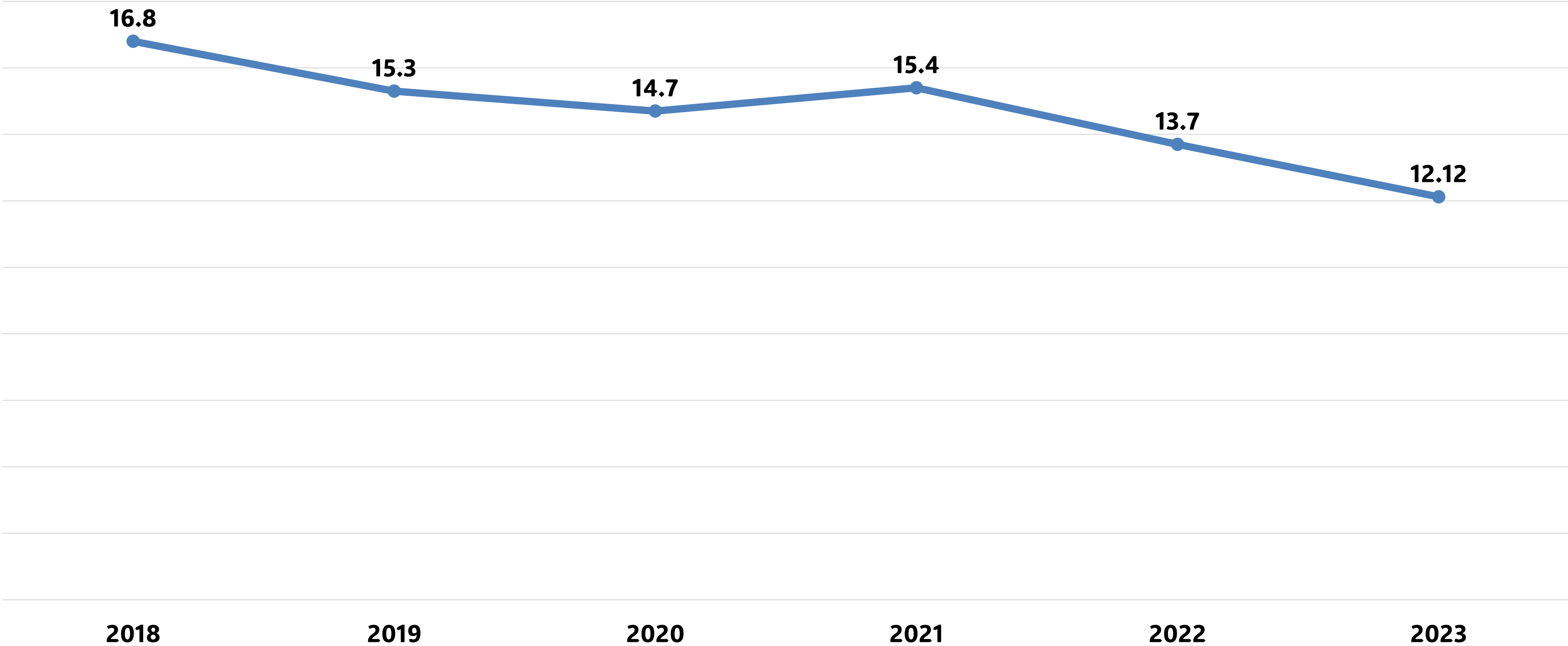


Length/Height-for-Age among 0 to 23 months old children



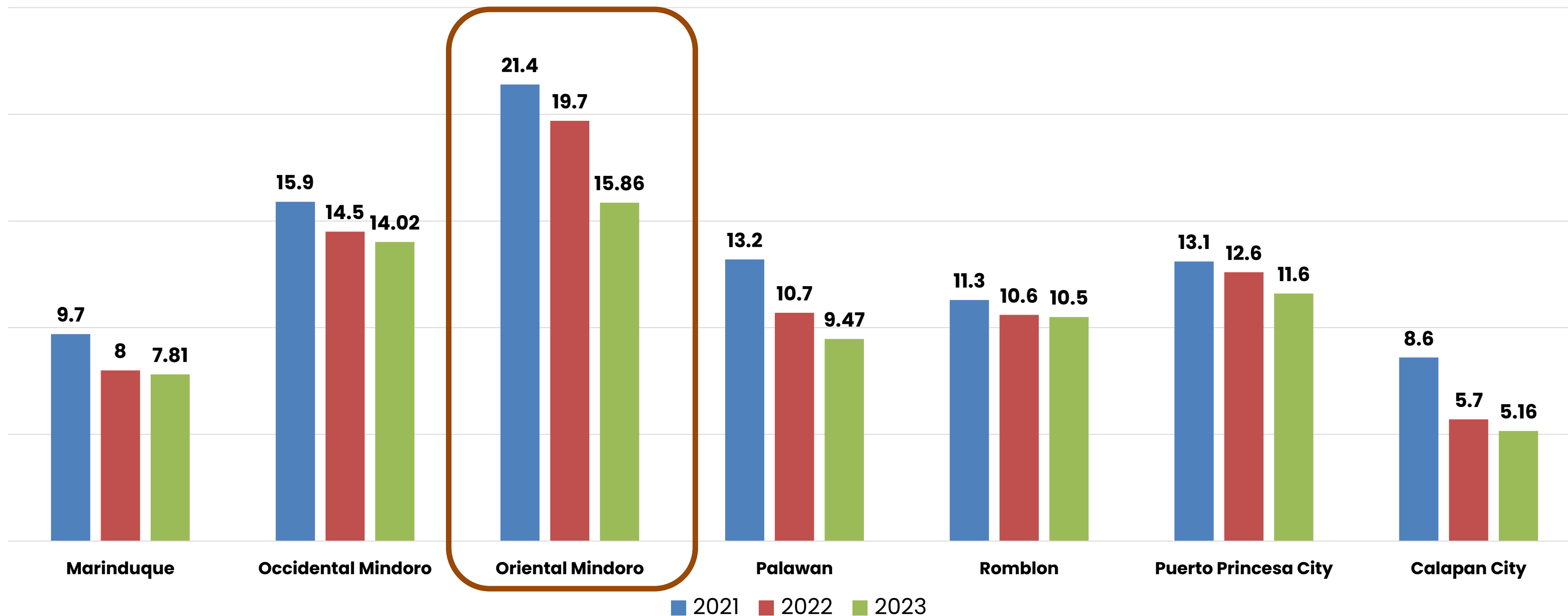


Prevalence Rate of **Stunted and Severely Stunted** among 0 to 59 months old children (2018–2023)





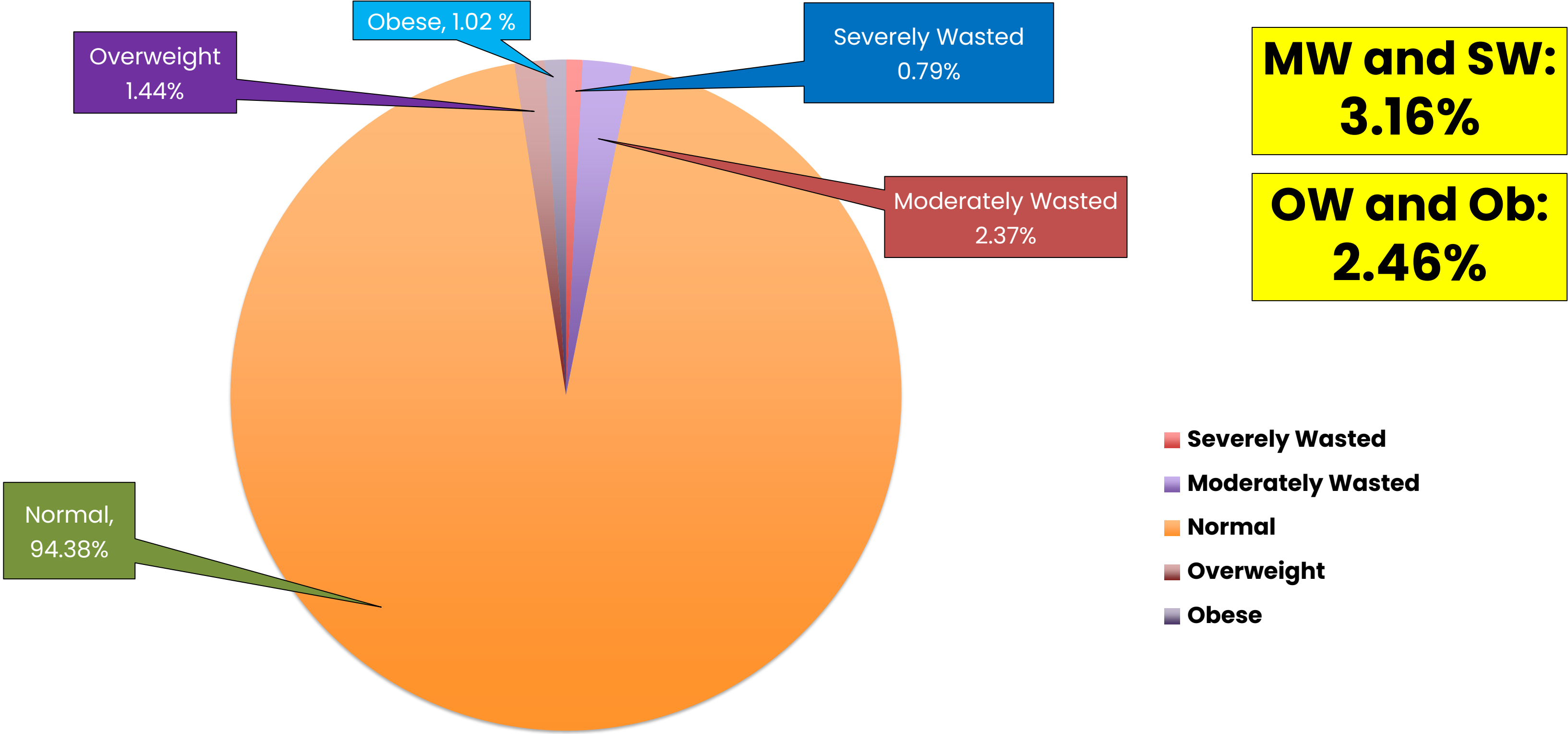
Prevalence Rate of **Stunted and Severely Stunted** among 0 to 59 months old children (2021-2023) by Province/City



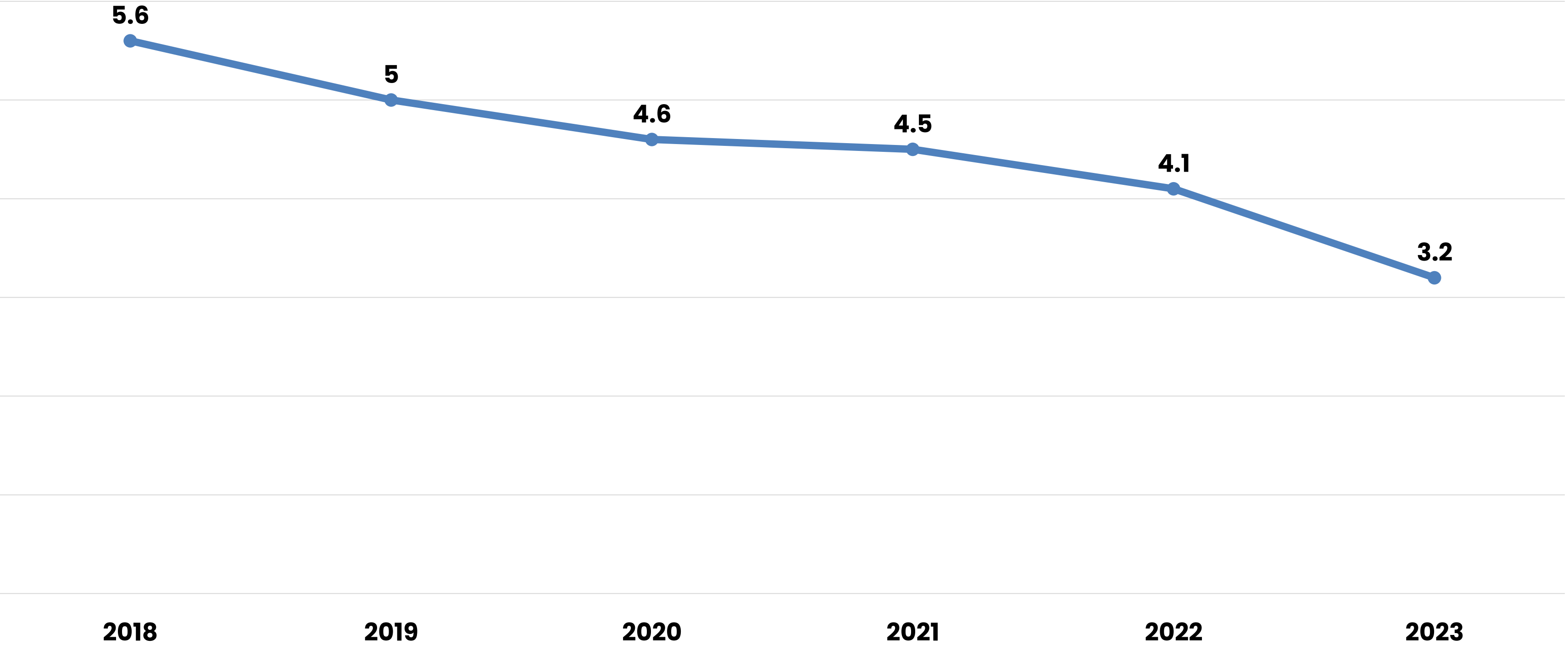
Weight-for-Length/Height



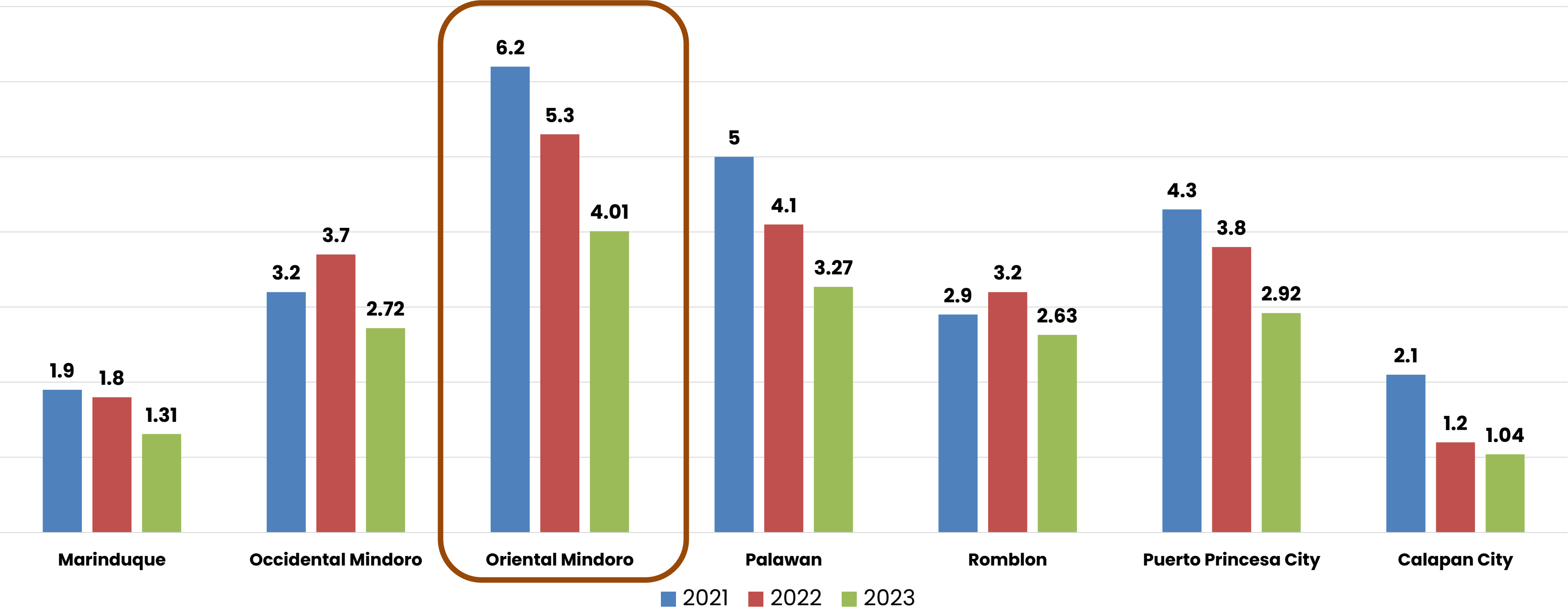
Weight-for-Length/Height among 0 to 59 months old children



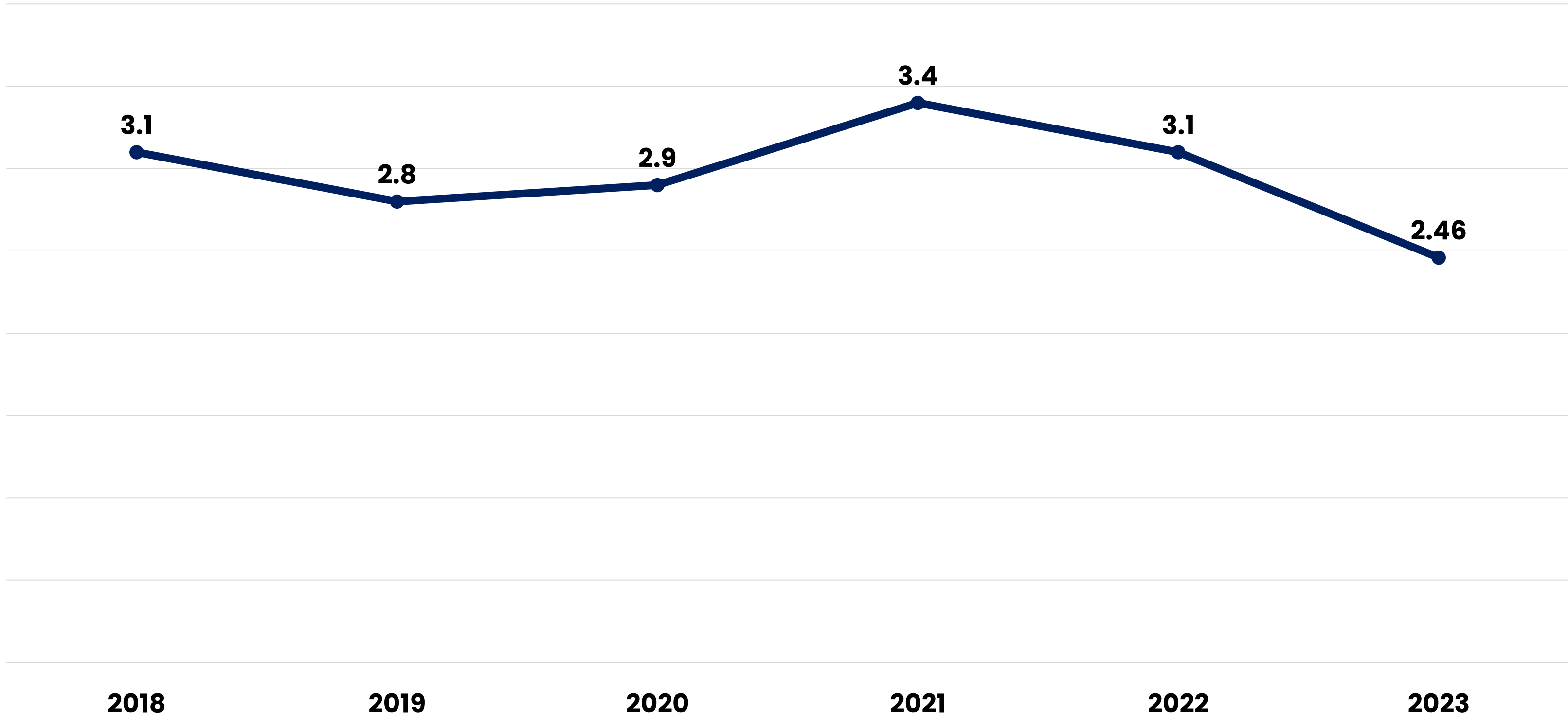
Prevalence Rate of **Moderately Wasted and Severely Wasted** among 0 to 59 months old children (2018–2022)



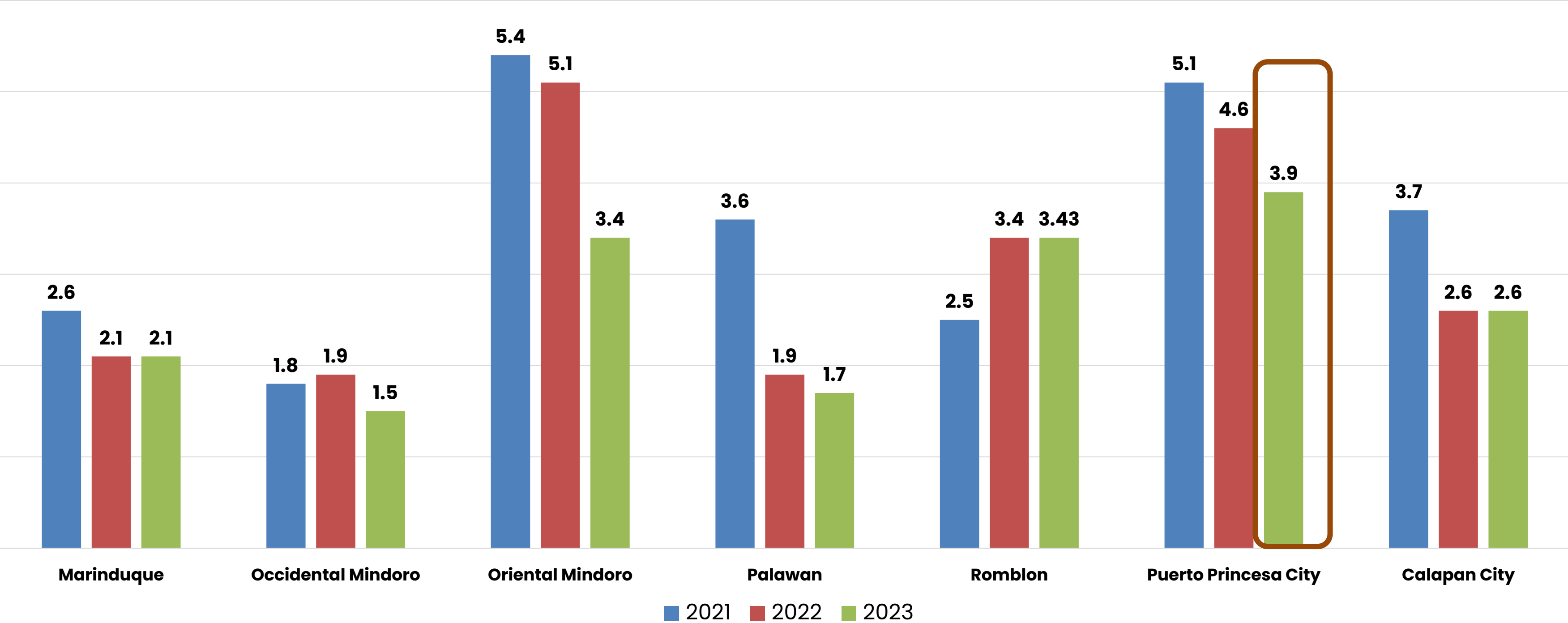
Prevalence Rate of **Moderately Wasted and Severely Wasted** among 0 to 59 months old children (2021-2023) by Province/City



Prevalence Rate of **Overweight and Obesity** among 0 to 59 months old children (2018–2023)



Prevalence Rate of **Overweight and Obesity** among 0 to 59 months old children (2021-2023) by Province/City

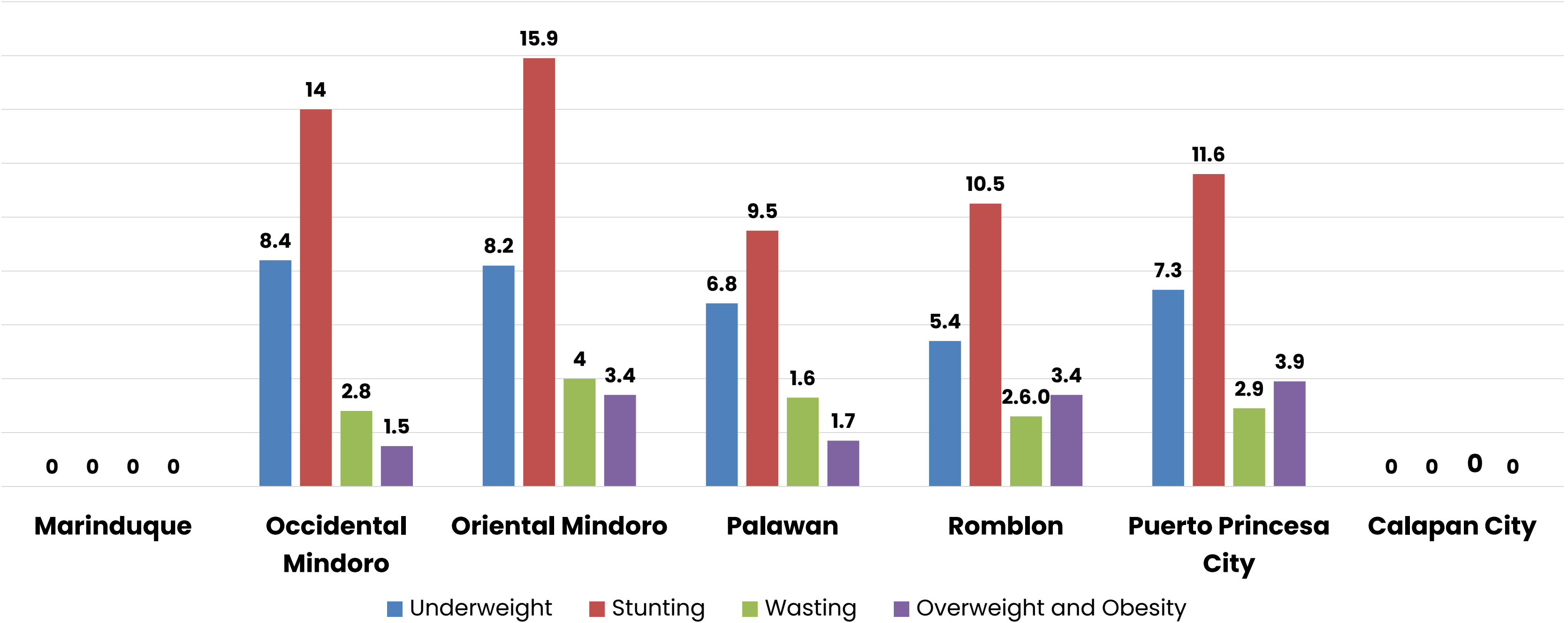


Nutritional Status of Indigenous Peoples (IPs)

Regional Summary: Indigenous Peoples (IPs)

PROVINCE/CITY	NO. OF 0–59 MONTHS OLD INDIGENOUS PEOPLES (IPs) MEASURED
Marinduque	0
Occidental Mindoro	7,696
Oriental Mindoro	5,456
Palawan	35,039
Romblon	3,373
Puerto Princesa City	339

Prevalence Rate of Malnutrition among Indigenous Peoples (IPs) by Province/City



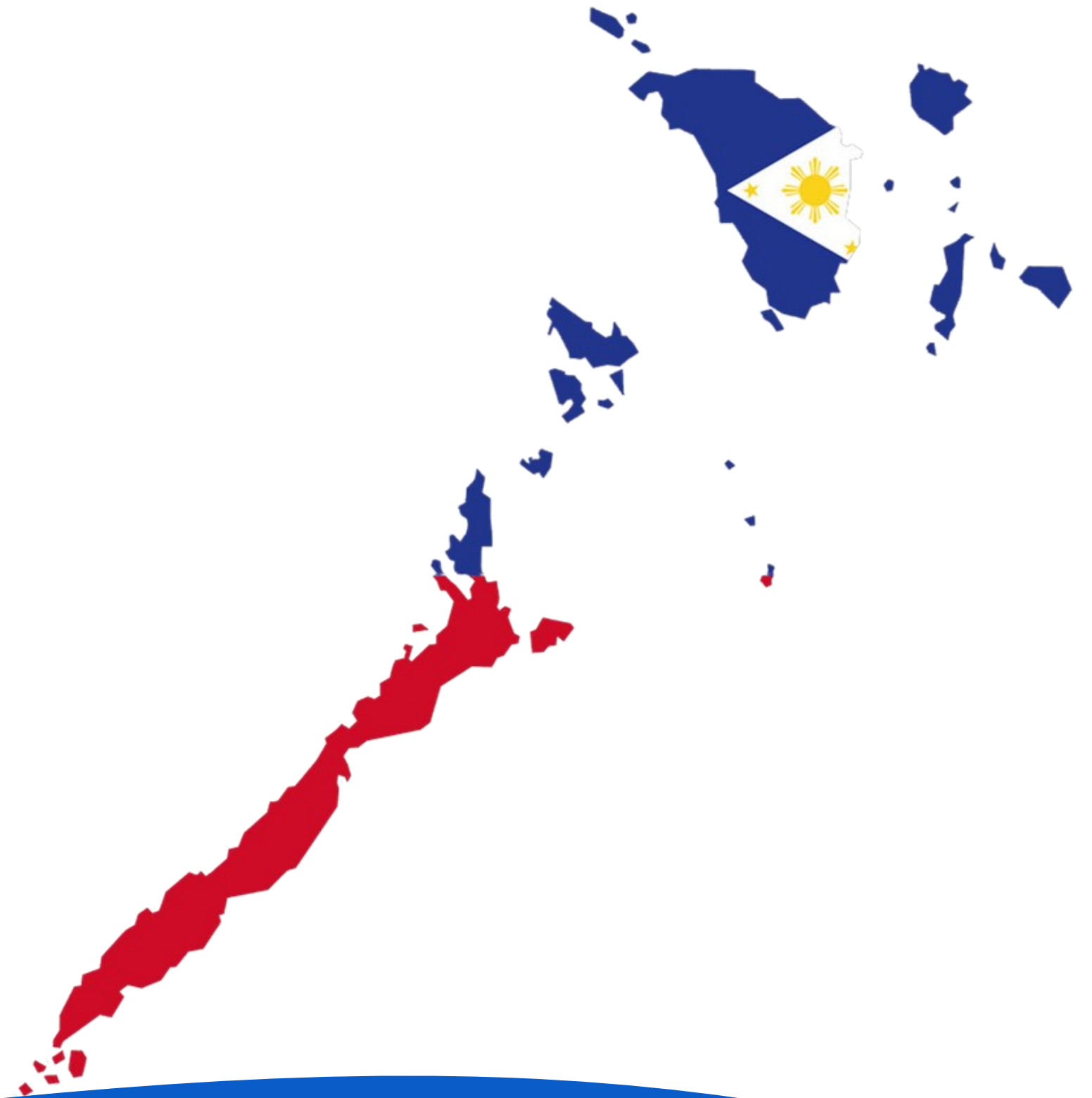


Ranking of Municipalities at the **Provincial Level**





Ranking of Municipalities at the **Provincial Level: MARINDUQUE**



Top 10 Municipalities with Highest Prevalence of Underweight among 0–59 months old children in Marinduque Province

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN	PREVALENCE (%)
1	Buenavista, Marinduque	59.56%	110	6.51%
2	Torrijos, Marinduque	62.90%	120	5.57%
3	Boac, Marinduque	65.42%	181	4.90%
4	Santa Cruz, Marinduque	68.04%	165	4.72%
5	Gasán, Marinduque	69.95%	48	1.96%
6	Mogpog, Marinduque	67.71%	33	1.50%

Top 10 Municipalities with Highest Prevalence of Stunting among 0–59 months old children in Marinduque Province

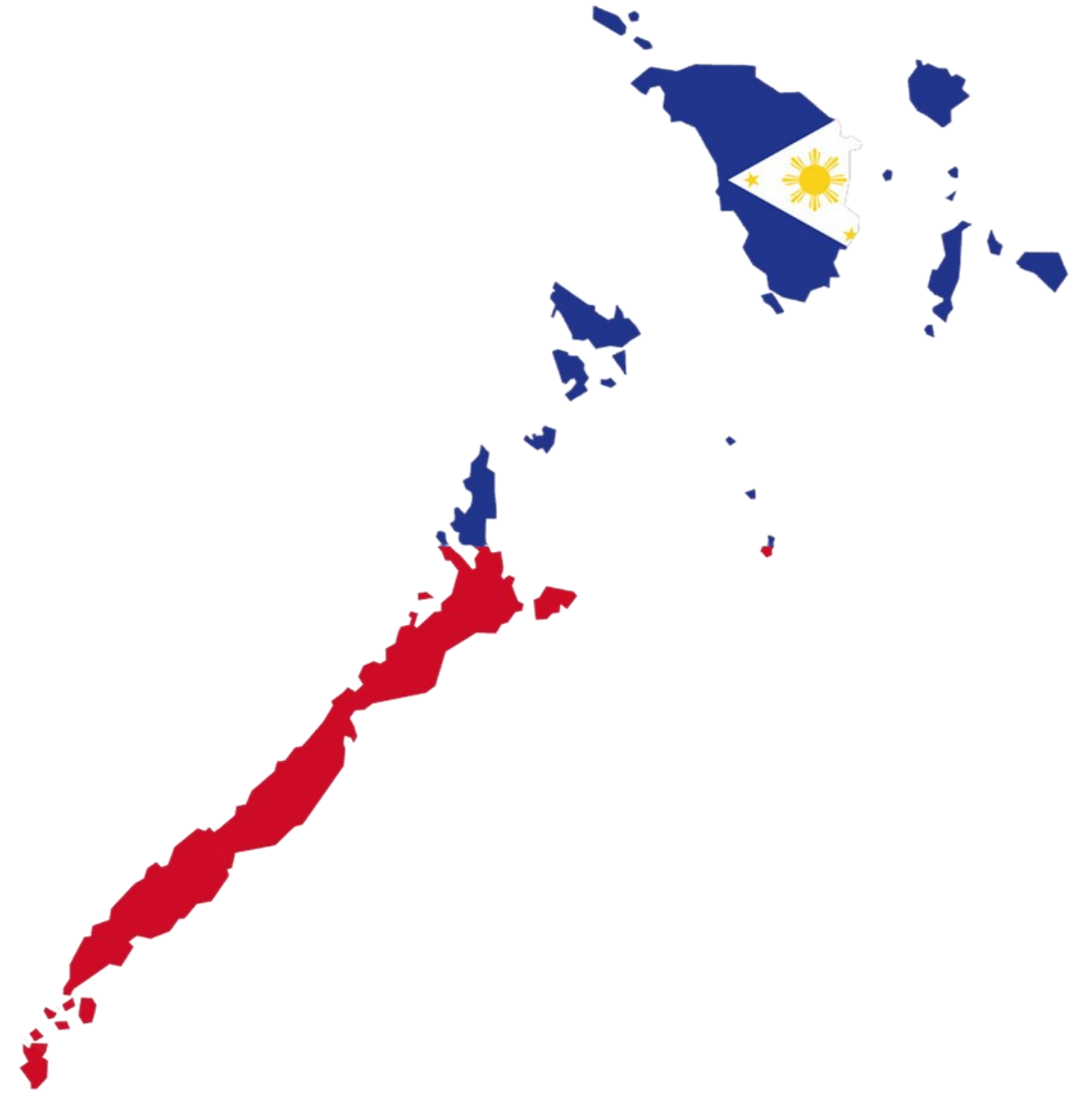
RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Buenavista, Marinduque	59.56%	233	13.80%
2	Boac, Marinduque	65.42%	383	10.36%
3	Torrijos, Marinduque	62.90%	209	9.71%
4	Santa Cruz, Marinduque	68.04%	297	8.50%
5	Mogpog, Marinduque	67.71%	67	3.05%
6	Gasán, Marinduque	69.95%	36	1.47%

Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in **Marinduque Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Buenavista, Marinduque	59.56%	58	3.43%
2	Torrijos, Marinduque	62.90%	40	1.86%
3	Boac, Marinduque	65.42%	54	1.46%
4	Santa Cruz, Marinduque	68.04%	43	1.23%
5	Gasán, Marinduque	69.95%	6	0.25%
6	Mogpog, Marinduque	67.71%	5	0.23%



Ranking of Municipalities at the **Provincial Level: ROMBLON**





Top 10 Municipalities with Highest Prevalence of **Underweight** among 0-59 months old children in **Romblon Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN	PREVALENCE (%)
1	Ferrol, Romblon	67.51%	69	12.92%
2	San Jose, Romblon	74.78%	111	12.91%
3	Santa Fe, Romblon	74.89%	156	11.40%
4	Santa Maria, Romblon	96.73%	71	8.90%
5	Magdiwang, Romblon	76.87%	96	8.07%
6	Looc, Romblon	92.51%	133	7.33%
7	San Andres, Romblon	93.82%	106	7.12%
8	Alcantara, Romblon	78.73%	77	6.16%
9	Banton, Romblon	71.04%	13	5.00%
10	Concepcion, Romblon	68.46%	8	4.85%



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0-59 months old children in **Romblon Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Santa Fe, Romblon	74.89%	309	22.57%
2	San Jose, Romblon	74.78%	177	20.58%
3	Ferrol, Romblon	67.51%	105	19.66%
4	Calatrava, Romblon	76.54%	132	15.87%
5	Cajidiocan, Romblon	80.90%	283	15.58%
6	Santa Maria, Romblon	96.73%	124	15.54%
7	Looc, Romblon	92.51%	255	14.05%
8	Corcuera, Romblon	80.06%	67	12.36%
9	San Andres, Romblon	93.82%	174	11.69%
10	Alcantara, Romblon	78.73%	143	11.43%

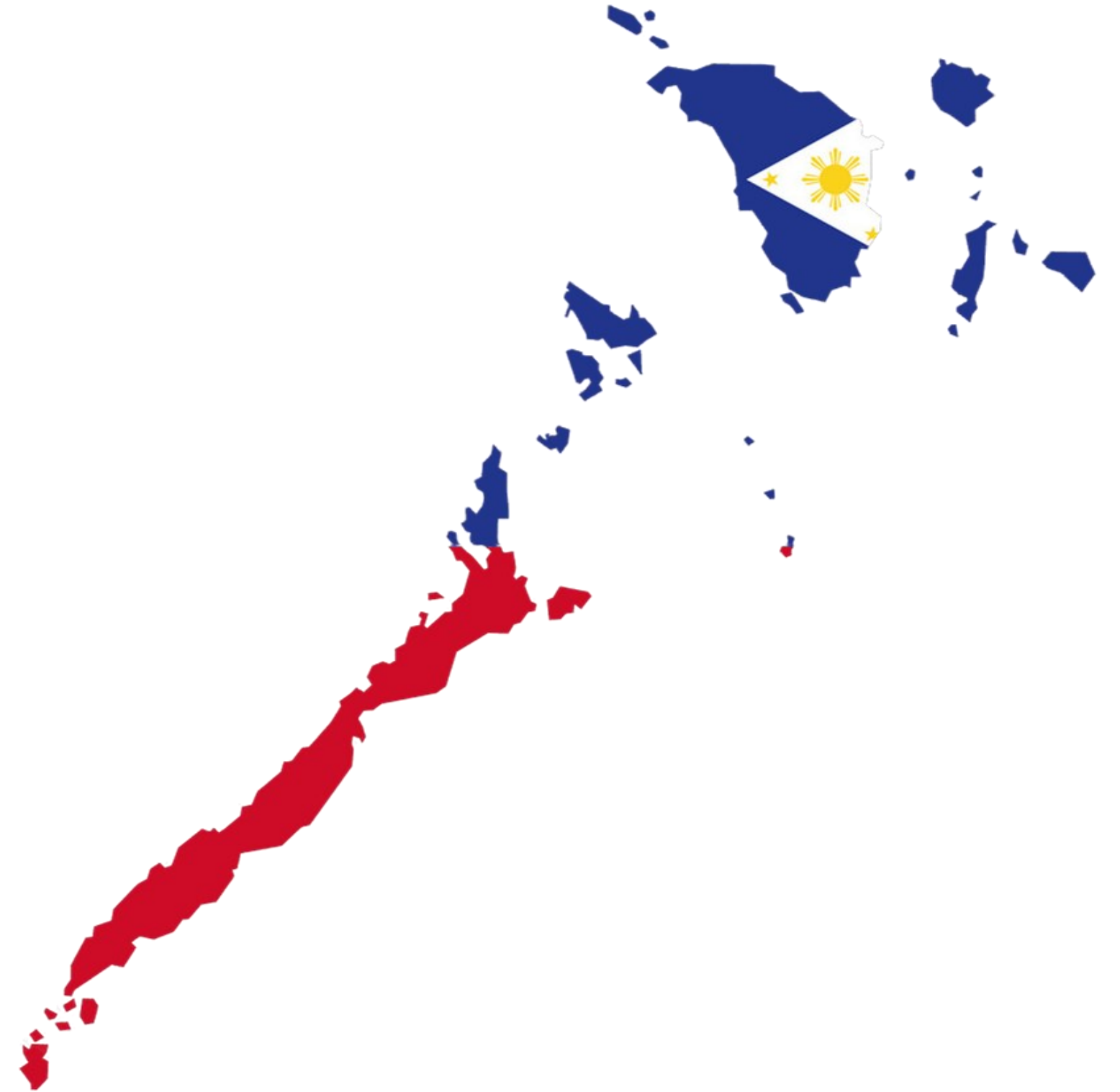


Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in **Romblon Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Ferrol, Romblon	67.51%	42	7.87%
2	Corcuera, Romblon	80.06%	35	6.46%
3	Santa Fe, Romblon	74.89%	80	5.84%
4	San Jose, Romblon	74.78%	48	5.58%
5	Looc, Romblon	92.51%	86	4.74%
6	Magdiwang, Romblon	76.87%	52	4.37%
7	Cajidiocan, Romblon	80.90%	72	3.96%
8	Alcantara, Romblon	78.73%	43	3.44%
9	Santa Maria, Romblon	96.73%	25	3.13%
10	Calatrava, Romblon	76.54%	24	2.88%



Ranking of Municipalities at the **Provincial Level: PALAWAN**





Top 10 Municipalities with Highest Prevalence of **Underweight** among 0-59 months old children in **Palawan Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN	PREVALENCE (%)
1	Rizal, Palawan	75.88%	836	14.67%
2	Busuanga, Palawan	75.69%	229	9.99%
3	Linapacan, Palawan	76.23%	129	8.96%
4	Quezon, Palawan	95.32%	631	8.71%
5	Bataraza, Palawan	87.30%	818	8.70%
6	Cagayancillo, Palawan	69.31%	33	8.40%
7	Aborlan, Palawan	70.82%	280	8.38%
8	Cuyo, Palawan	77.54%	126	7.98%
9	Balabac, Palawan	60.96%	279	7.56%
10	Taytay, Palawan	77.32%	524	7.51%



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0-59 months old children in **Palawan Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Cagayancillo, Palawan	69.31%	111	28.24%
2	Linapacan, Palawan	76.23%	279	19.38%
3	Rizal, Palawan	75.88%	1035	18.17%
4	Busuanga, Palawan	75.69%	383	16.71%
5	Cuyo, Palawan	77.54%	246	15.59%
6	Quezon, Palawan	95.32%	879	12.13%
7	Aborlan, Palawan	82.31%	393	11.77%
8	Dumaran, Palawan	89.02%	252	11.39%
9	Bataraza, Palawan	87.30%	1008	10.72%
10	Culion, Palawan	76.70%	177	9.57%

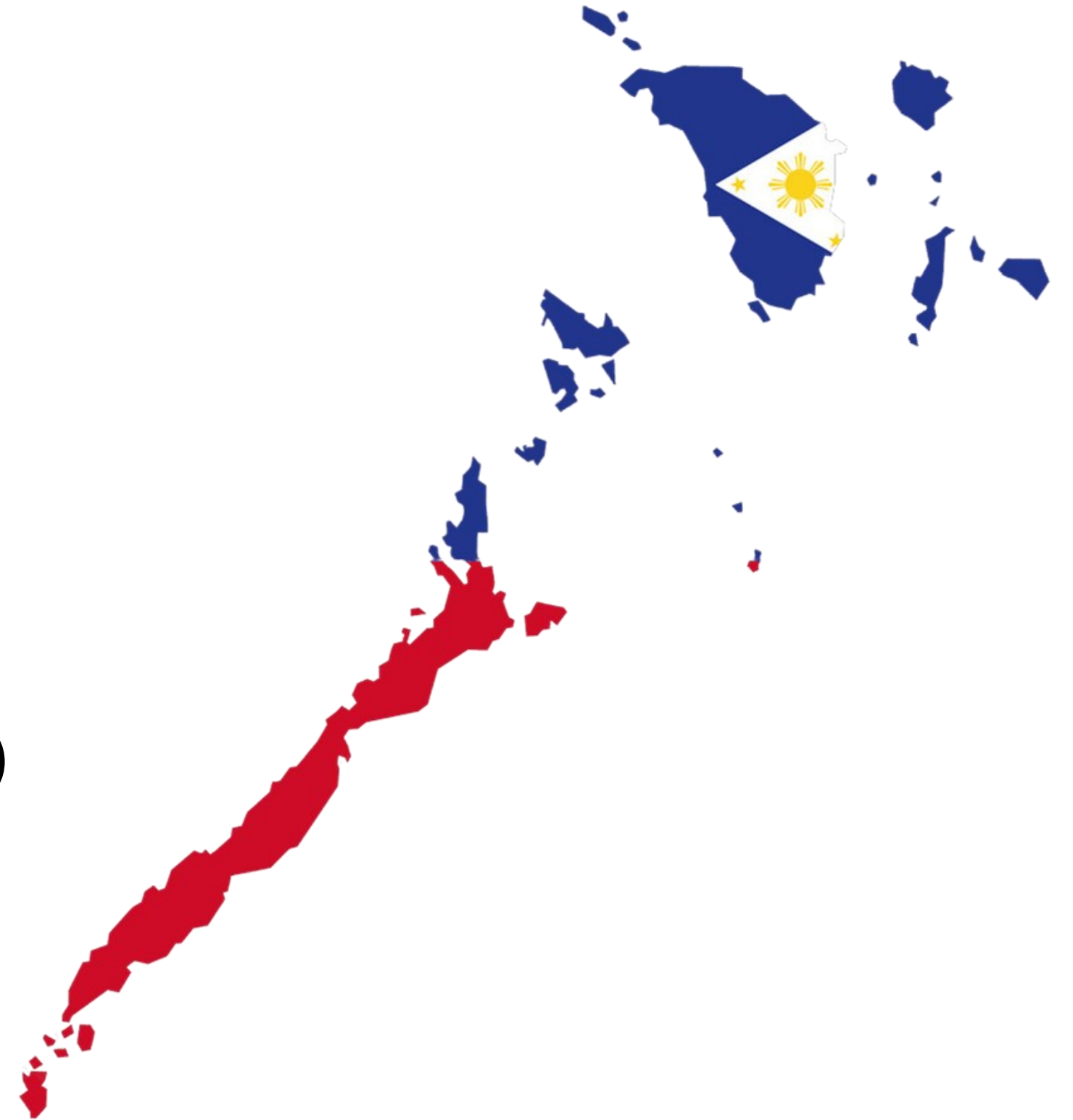


Top 10 Municipalities with Highest Prevalence of **Wasting** among 0-59 months old children in **Palawan Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Rizal, Palawan	75.88%	380	6.67%
2	Sofronio Española, Palawan	103.30%	222	5.55%
3	Balabac, Palawan	60.96%	197	5.34%
4	Busuanga, Palawan	75.69%	114	4.97%
5	Cuyo, Palawan	77.54%	78	4.94%
6	Quezon, Palawan	95.32%	345	4.76%
7	Araceli, Palawan	82.09%	41	3.62%
8	Bataraza, Palawan	87.30%	336	3.57%
9	Culion, Palawan	76.70%	66	3.57%
10	Dumaran, Palawan	89.02%	75	3.39%



**Ranking of Municipalities
at the **Provincial Level:**
OCCIDENTAL MINDORO**





Top 10 Municipalities with Highest Prevalence of **Underweight** among 0–59 months old children in **Occidental Mindoro Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN	PREVALENCE (%)
1	Abra de Ilog, Occidental Mindoro	88.65%	1091	27.29%
2	Paluan, Occidental Mindoro	86.19%	432	19.94%
3	Rizal, Occidental Mindoro	76.20%	398	11.11%
4	Magsaysay, Occidental Mindoro	75.87%	342	9.00%
5	Lubang, Occidental Mindoro	76.97%	76	7.13%
6	Mamburao, Occidental Mindoro	83.92%	286	6.70%
7	Santa Cruz, Occidental Mindoro	82.47%	263	6.44%
8	San Jose, Occidental Mindoro	87.89%	850	5.72%
9	Calintaan, Occidental Mindoro	92.46%	139	4.63%
10	Sablayan, Occidental Mindoro	91.47 %	407	4.22%
11	Looc, Occidental Mindoro	63.27%	13	2.80%



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0–59 months old children in **Occidental Mindoro Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Abra de Ilog, Occidental Mindoro	88.65%	1760	44.02%
2	Paluan, Occidental Mindoro	86.19%	677	31.26%
3	Rizal, Occidental Mindoro	76.20%	640	17.87%
4	Mamburao, Occidental Mindoro	83.92%	598	14.01%
5	Magsaysay, Occidental Mindoro	75.87%	530	13.95%
6	Santa Cruz, Occidental Mindoro	82.47%	507	12.42%
7	Lubang, Occidental Mindoro	76.97%	132	12.38%
8	Calintaan, Occidental Mindoro	92.46%	303	10.09%
9	Looc, Occidental Mindoro	63.27%	43	9.25%
10	San Jose, Occidental Mindoro	87.89%	1350	9.09%
11	Sablayan, Occidental Mindoro	91.47 %	600	6.22%

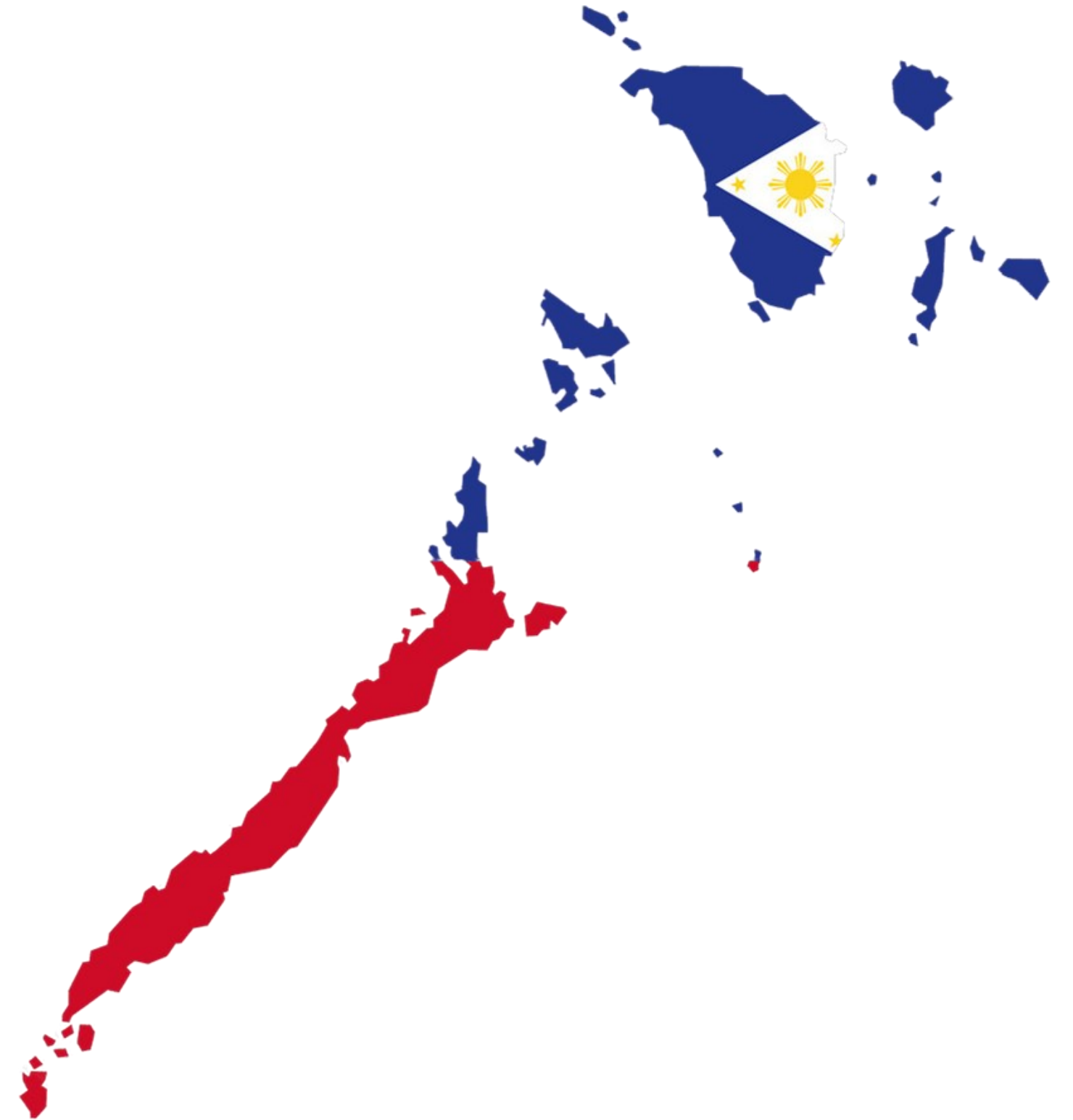


Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in **Occidental Mindoro Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Rizal, Occidental Mindoro	76.20%	192	5.36%
2	Paluan, Occidental Mindoro	86.19%	101	4.66%
3	Abra de Ilog, Occidental Mindoro	88.65%	130	3.25%
4	San Jose, Occidental Mindoro	87.89%	473	3.18%
5	Lubang, Occidental Mindoro	76.97%	28	2.63%
6	Magsaysay, Occidental Mindoro	75.87%	82	2.16%
7	Santa Cruz, Occidental Mindoro	82.47%	80	1.96%
8	Sablayan, Occidental Mindoro	91.47 %	181	1.88%
9	Mamburao, Occidental Mindoro	83.92%	77	1.80%
10	Calintaan, Occidental Mindoro	92.46%	37	1.23%
11	Looc, Occidental Mindoro	63.27%	2	0.43%



Ranking of Municipalities at the **Provincial Level: ORIENTAL MINDORO**





Top 10 Municipalities with Highest Prevalence of Underweight among 0-59 months old children in Oriental Mindoro Province

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Baco, Oriental Mindoro	81.59%	676	20.87
2	Bulalacao, Oriental Mindoro	75.90%	796	18.53%
3	San Teodoro, Oriental Mindoro	72.67%	235	15.65%
4	Bansud, Oriental Mindoro	60.66%	407	14.19%
5	Mansalay, Oriental Mindoro	60.81%	563	12.54%
6	Pinamalayan, Oriental Mindoro	70.76%	679	11.16%
7	Gloria, Oriental Mindoro	70.03%	319	8.80%
8	Bongabong, Oriental Mindoro	64.19%	483	8.51%
9	Naujan, Oriental Mindoro	65.00%	461	6.45%
10	Pola, Oriental Mindoro	75.24%	138	5.68%

Top 10 Municipalities with Highest Prevalence of **Stunting** among 0–59 months old children in **Oriental Mindoro Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Bulalacao, Oriental Mindoro	75.90%	1551	36.1%
2	Baco, Oriental Mindoro	81.59%	1099	33.93%
3	San Teodoro, Oriental Mindoro	72.67%	465	30.96%
4	Bansud, Oriental Mindoro	60.66%	877	30.57%
5	Gloria, Oriental Mindoro	70.03%	798	22.01%
6	Bongabong, Oriental Mindoro	64.19%	1221	21.51%
7	Pinamalayan, Oriental Mindoro	70.76%	1237	20.34%
8	Mansalay, Oriental Mindoro	60.81%	886	19.74%
9	Naujan, Oriental Mindoro	65.00%	760	10.64%
10	Puerto Galera, Oriental Mindoro	72.44%	312	9.87%



Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in **Oriental Mindoro Province**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Bulalacao, Oriental Mindoro	75.90%	410	9.55%
2	Mansalay, Oriental Mindoro	60.81%	381	8.49%
3	Bansud, Oriental Mindoro	60.66%	241	8.40%
4	Baco, Oriental Mindoro	81.59%	248	7.66%
5	Pinamalayan, Oriental Mindoro	70.76%	372	6.12%
6	San Teodoro, Oriental Mindoro	72.67%	69	4.59%
7	Gloria, Oriental Mindoro	70.03%	150	4.14%
8	Bongabong, Oriental Mindoro	64.19%	210	3.70%
9	Victoria, Oriental Mindoro	80.16%	156	3.65%
10	Pola, Oriental Mindoro	75.24%	61	2.51%



Ranking of Municipalities at the **Regional Level**



Top 10 Municipalities with Highest Prevalence of **Underweight** among 0–59 months old children in **MIMAROPA Region**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN	PREVALENCE (%)
1	Abra de Ilog, Occidental Mindoro	88.65%	1091	27.29%
2	Baco, Oriental Mindoro	81.59%	676	20.87%
3	Paluan, Occidental Mindoro	86.19%	432	19.94%
4	Bulalacao, Oriental Mindoro	75.90%	796	18.53%
5	San Teodoro, Oriental Mindoro	72.67%	235	15.65%
6	Rizal, Palawan	75.88%	836	14.67%
7	Bansud, Oriental Mindoro	60.66%	407	14.19%
8	Ferrol, Romblon	67.51%	69	12.92%
9	San Jose, Romblon	74.78%	111	12.91%
10	Mansalay, Oriental Mindoro	60.81%	563	12.54%



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0-59 months old children in **MIMAROPA Region**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Abra de Ilog, Occidental Mindoro	88.65%	1760	44.02%
2	Bulalacao, Oriental Mindoro	75.90%	1551	36.11%
3	Baco, Oriental Mindoro	81.59%	1099	33.93%
4	Paluan, Occidental Mindoro	86.19%	677	31.26%
5	San Teodoro, Oriental Mindoro	72.67%	465	30.96%
6	Bansud, Oriental Mindoro	60.66%	877	30.57%
7	Cagayancillo, Palawan	69.31%	111	28.24%
8	Sante Fe, Romblon	74.89%	309	22.57%
9	Gloria, Oriental Mindoro	70.03%	798	22.01%
10	Bongabong, Oriental Mindoro	64.19%	1221	21.51%



Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in **MIMAROPA Region**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN	PREVALENCE (%)
1	Bulalacao, Oriental Mindoro	75.90%	410	9.55%
2	Mansalay, Oriental Mindoro	60.81%	381	8.49%
3	Bansud, Oriental Mindoro	60.66%	241	8.40%
4	Ferrol, Romblon	67.51%	42	7.87%
5	Baco, Oriental Mindoro	81.59%	248	7.66%
6	Rizal, Palawan	75.88%	380	6.67%
7	Corcuera, Romblon	80.06%	35	6.46%
8	Pinamalayan, Oriental Mindoro	70.76%	372	6.12%
9	Santa Fe, Romblon	74.89%	80	5.84%
10	San Jose, Romblon	74.78%	48	5.58%

Top 10 Municipalities with Highest Prevalence of **Overweight and Obesity** among 0–59 months old children in **MIMAROPA Region**

RANK	MUNICIPALITY	COVERAGE (%)	TOTAL NUMBER OF OVERWEIGHT AND OBESE PRESCHOOL CHILDREN	PREVALENCE (%)
1	Cagayancillo, Palawan	69.31%	32	8.14%
2	Bansud, Oriental Mindoro	60.66%	202	7.04%
3	Cajidiocan, Romblon	80.90%	114	6.27%
4	Cuyo, Palawan	77.54%	89	5.64%
5	Ferrol, Romblon	67.51%	30	5.62%
6	Gloria, Oriental Mindoro	70.03%	196	5.41%
7	Baco, Oriental Mindoro	81.59%	161	4.97%
8	Santa Fe, Romblon	77.98%	121	4.89%
9	Bulalacao, Oriental	75.90%	206	4.80%
10	Pinamalayan, Oriental Mindoro	70.76%	279	4.59%



Ranking of Municipalities at the **National Level**



Top 10 Municipalities with Highest Prevalence of Underweight among 0–59 months old children in the Philippines

RANK	REGION	MUNICIPALITY	PREVALENCE (%)
1	MIMAROPA (4B)	Abra De Ilog, Occidental Mindoro	27.29%
2	BARMM	Sapa-Sapa, Tawi-Tawi	22.70%
3	BARMM	Sitangkai, Tawi-Tawi	21.64%
4	MIMAROPA (4B)	Baco, Oriental Mindoro	20.87%
5	Region 8	Gandara, Samar	20.13%
6	CALABARZON (4A)	Jomalig, Quezon	20.13%
7	Region 9	Sirawai, Zamboanga Del Norte	20.02%
8	MIMAROPA (4B)	Paluan, Occidental Mindoro	19.94%
9	Region 3	Lupao, Nueva Ecija	18.71%
10	MIMAROPA (4B)	Bulalacao, Oriental Mindoro	18.53%



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0–59 months old children in the **Philippines**

RANK	REGION	MUNICIPALITY	PREVALENCE (%)
1	MIMAROPA (4B)	Abra De Ilog, Occidental Mindoro	44.02%
2	Region 8	Gandara, Samar	36.82%
3	Region 8	Maslog, Eastern Samar	36.31%
4	MIMAROPA (4B)	Bulalacao, Oriental Mindoro	36.11%
5	MIMAROPA (4B)	Baco, Oriental Mindoro	33.93%
6	Region 5	Batuan, Masbate	33.23%
7	CALABARZON (4A)	Patnanungan, Quezon	32.69%
8	Region 13	Gigaquit, Surigao Del Norte	32.13%
9	BARMM	Tabuan-Lasa, Basilan	31.73%
10	MIMAROPA (4B)	Paluan, Occidental Mindoro	31.26%



Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in the **Philippines**

RANK	REGION	MUNICIPALITY	PREVALENCE (%)
1	BARMM	Sitangkai, Tawi-Tawi	33.10%
2	BARMM	Mapun, Tawi-Tawi	13.98%
3	Region 3	Lupao, Nueva Ecija	12.59%
4	BARMM	Sapa-Sapa, Tawi-Tawi	12.34%
5	Region 9	Tabina, Zamboanga del Sur	12.00%
6	Region 10	Calamba, Misamis Occidental	11.58%
7	Region 5	Mandaon, Masbate	11.25%
8	Region 11	Sarangani, Davao Occidental	9.77%
9	Region 3	Porac, Pampanga	9.75%
10	MIMAROPA (4B)	Bulalacao, Oriental Mindoro	9.55%



Summary of 2023 MIMAROPA e-OPT Plus Results

- 2023 Regional Malnutrition Prevalence Rates were as follows:
 - *7.2% for Underweight*
 - *12.1% for Stunting, and*
 - *3.2% for Wasting.*
- Overall, **39,134** under-five children were affected by undernutrition while **7,527** under-five children for overnutrition.
- Occidental Mindoro ranked first with the highest prevalence rates of *underweight*.
- Oriental Mindoro ranked first with the highest prevalence rates of *stunting and wasting*.
- *Puerto Princesa ranked first with the highest prevalence rate of overweight and obesity.*



Summary of 2023 MIMAROPA e-OPT Plus Results

- For IPs, Occidental Mindoro ranked first with the highest prevalence rates of underweight
- Oriental Mindoro ranked first with the highest prevalence rates of stunting and wasting.
- *Puerto Princesa ranked first with the highest prevalence rates of overweight and obesity.*
- *Abra De Ilog and ranked first with the highest prevalence rates of underweight and stunting regionwide and nationwide.*
- *Bulalacao, Oriental Mindoro ranked first with the highest prevalence rates of wasting regionwide.*
- *Cagayancillo, Palawan ranked first with the highest prevalence rates of overweight and obesity.*



Call to Action: Local Government Units

**Increase
e-OPT Plus
coverage by
at least 80%**



**Generate more meaningful data
for nutrition program planning
and intervention at the local level**

**Assess the effectiveness of local
nutrition programs implemented**

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