



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
NATIONAL NUTRITION COUNCIL
MIMAROPA REGION
6th Floor Avire Tower, P. Tuazon cor. Lakandula Street,
Project 4, 1109 Quezon City



EXCERPTS FROM THE MINUTES OF THE 1st REGIONAL NUTRITION COMMITTEE AND
TECHNICAL WORKING GROUP JOINT MEETING, S. 2023 HELD ON 16 FEBRUARY 2023
IN MADISON 101 HOTEL + TOWER, QUEZON CITY.

Regional Nutrition Committee (RNC) Resolution No. 1, s. 2023

**ENJOINING ALL LOCAL GOVERNMENT UNITS (LGUS) IN MIMAROPA REGION
TO PROVIDE PRESCRIBED ANTHROPOMETRIC MEASUREMENT TOOLS
FOR USE IN THE OPERATION TIMBANG (OPT) PLUS AND CAPACITATE THE
BARANGAY NUTRITION SCHOLARS (BNS) INCLUDING THE MEMBERS OF THE
OPERATION TIMBANG PLUS TEAM**

WHEREAS, the National Nutrition Council Governing Board (NNC GB) issued Resolution No. 2, series of 2012: *Approving the Revised Implementing Guidelines on Operation Timbang Plus* and Resolution No. 3, series of 2012: *Approving the Guidelines on the Fabrication, Verification, and Maintenance of Height Boards*;

WHEREAS, the Operation Timbang (OPT) Plus is the annual weighing and height measurement of all preschoolers 0-59 months old or under five years old in a community to identify and locate the malnourished children. It is intended to generate data for nutritional assessment, planning, management and evaluation of local nutrition programs and in identifying who will be given priority interventions in the community.

WHEREAS, the local government units in the Philippines conduct Operation Timbang (OPT) Plus at the start of the year through collection of weight, length, height, and Mid-upper Arm Circumference (MUAC) measurements of all 0 to 59 months old children in the barangays administered either in the health facility, weighing post, barangay hall, day care center, house-to-house, or any conducive areas;

WHEREAS, the OPT Plus results are used to assess the nutritional status of 0 to 59 months children in the barangay; locate families with children who are underweight, wasted, stunted, overweight, and obese; determine the priority areas and individuals for program planning; serve as basis for the preparation and evaluation of local nutrition action plan; and monitor the nutrition trend and assess the effects of nutrition interventions implemented;

WHEREAS, to ensure the accuracy of weight, length, height, and MUAC collected, these shall be measured by a trained OPT Plus team headed by the Rural Health Midwife (RHM), assisted by the Barangay Nutrition Scholars (BNSs) and Barangay Health Workers (BHWs), and with members including but not be limited to the Committee Chair on Health and Nutrition, Sangguniang Kabataan (SK) Officials, Day Care Worker, and Teacher-in-Charge;

WHEREAS, MIMAROPA Region is challenged with the high prevalence rate of stunting at 13.7%, considered as medium public health significance and underweight at 7.9% corresponding to the 2022 eOPT Plus Results;

WHEREAS, stunting is indicated by a height-for-age more than two standard deviations (>2 SD) below the WHO Child Growth Standards (CGS) median or too short for the child's age, and is characterized as the most common form of malnutrition with irreversible effects as a consequence of

chronic undernutrition and repeated infection during the most critical periods of growth and development in the first 1000 days of life;

WHEREAS, Barangay Nutrition Scholars, the barangay-based volunteer workers responsible for monitoring the malnourished children and assistant head of the OPT Plus team, shall be regularly upskilled through standardization trainings, and refresher courses and orientations;

WHEREAS, to ensure the quality of collected data, anthropometric measurement tools such as salter weighing scale and wooden height/length board should be calibrated every three years and verified annually;

WHEREAS, the LGUs are urged to prioritize the allocation of local funds for the programs, projects, and activities (PPAs) to ameliorate the conduct of OPT Plus and overall nutrition situation in MIMAROPA Region in regard of the Supreme Court Ruling on Mandanas-Garcia Case which creates greater amount of resources available to LGUs.

NOW, THEREFORE, ON A MOTION DULY SECONDED, BE IT

RESOLVED, AS IT IS HEREBY RESOLVED, That the Regional Nutrition Committee (RNC) of MIMAROPA in a meeting duly assembled enjoins all local government units (LGUs) in MIMAROPA to:

- a. Provide the recommended weight and height measuring tools for use during the Operation Timbang Plus, which shall be calibrated every three (3) years and verified every year to ensure the recording of precise anthropometric measurements;
- b. Conduct capacity building activities to the OPT Plus team members, including the Barangay Nutrition Scholars, to ensure proper measurements and guarantee the accuracy of the OPT Plus Results;
- c. Provide information and communications technology (ICT) equipment such as fully functional laptops or desktop computers to barangays for encoding of results in the electronic OPT Tool released by NNC; and
- d. Provide mentoring and supportive supervision visits to problematic barangays through the local nutrition office;

RESOLVED FURTHER, That RNC MIMAROPA encourages all LGUs to use relevant components of the OPT Plus in the three-year local nutrition action plan (LNAP) integrated in the local plans such as the Annual Investment Program (AIP), Local Development Investment Program (LDIP), and Comprehensive Development Plan (CDP);

RESOLVED FURTHER, That the LGUs include the eOPT Plus results in their respective local nutrition action plans for program planning and address nutrition problems;

RESOLVED FURTHER, That the LGUs adopt the resolution and pass appropriate policy instrument such as executive orders and/or Sanggunian resolutions or ordinances in support to the policy through appropriate coordination and funding;

RESOLVED FINALLY, That the NNC MIMAROPA, being the RNC secretariat, shall:

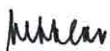
1. Furnish all local government units in the region a copy of this resolution;
2. Review and validate the consolidated eOPT Plus Results submitted by the provinces and cities;
3. Provide technical support such as standardization trainings, and refresher courses and orientations to the OPT Plus Team upon request;

4. Conduct inventory of weight and height measuring tools used by the LGUs to determine compliance to set standards;
5. Report the annual eOPT Plus Results to the RNC and LGUs and coordinate with areas with high malnutrition prevalence rate; and
6. Monitor compliance of LGUs to this resolution.

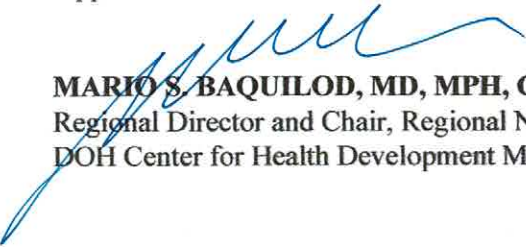
UNANIMOUSLY APPROVED.

Done this 16th day of February 2023 in the year of our Lord two thousand and twenty-three in Madison
101 Hotel + Tower, Quezon City.

Certified Correct by:


MA. EILEEN B. BLANCO, RND, MPA
RNC MIMAROPA Secretary and
Regional Nutrition Program Coordinator
NNC MIMAROPA

Approved:


MARIO S. BAQUILOD, MD, MPH, CESO IV
Regional Director and Chair, Regional Nutrition Committee
DOH Center for Health Development MIMAROPA

3/1/23