



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
NATIONAL NUTRITION COUNCIL
MIMAROPA REGION
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Project 4, 1109 Quezon City



EXCERPTS FROM THE MINUTES OF THE JOINT REGIONAL NUTRITION COMMITTEE AND REGIONAL NUTRITION CLUSTER MEETING, HELD ON 9 OCTOBER 2023 AT THE GREAT EASTERN HOTEL, QUEZON AVENUE, QUEZON CITY .

Regional Nutrition Committee (RNC) Resolution No. 2, s. 2023

RNC RESOLUTION NO. 2, S. 2023: ENJOINING ALL LOCAL GOVERNMENT UNITS IN MIMAROPA TO ADOPT THE DIETARY SUPPLEMENTATION PROGRAM – TUTOK KAINAN FOR PREGNANT WOMEN AND 6-23 MONTHS OLD CHILDREN AND APPROPRIATE FUNDS THEREOF

WHEREAS, the Philippine Plan of Action for Nutrition (PPAN), the country's framework to address wasting, stunting, micronutrient deficiencies and overweight and obesity in the Philippines, identifies the National Dietary Supplementation Program as one of the eight nutrition-specific programs that aims to improve the nutrition status of the most vulnerable groups of the population;

WHEREAS, stunting is indicated by a height-for-age more than two standard deviations (>2 SD) below the WHO Child Growth Standards (CGS) median or too short for the child's age, and is characterized as the most common form of malnutrition with irreversible effects as a consequence of chronic undernutrition and repeated infection during the most critical periods of growth and development in the first 1000 days of life;

WHEREAS, the trend in stunting is associated with poor maternal nutritional status as well as poor infant and young child feeding practices and often results in delayed mental development, poor school performance and reduced intellectual capacity which in turn affects economic productivity;

WHEREAS, based on the 2015 Updating of the Nutritional Status of Filipino Children and Other Population Groups conducted by the DOST-Food and Nutrition Research Institute, 40.9% of children 0-5 years old are stunted which is considered as very high public health significance based on WHO prevalence cut-off values and 35.1% of pregnant women are nutritionally-at-risk in MIMAROPA region which is both higher than the national prevalence cut-offs;

WHEREAS, based on the 2023 eOPT plus results in MIMAROPA region, among 0-59 months children, 7.2% are underweight, 3.2% are wasted and 12.1% are stunted which is considered as medium public health significance based on WHO prevalence cut-off values;

WHEREAS, based on the 2023 eOPT plus results in MIMAROPA region, among 0-23 months children, 5.0% are underweight, 3.4% are wasted and 8.6% are stunted;

WHEREAS, this situation presents the urgent need for interventions to improve maternal nutritional status and complementary feeding practices;

WHEREAS, the National Nutrition Council (NNC) conceptualized the Dietary Supplementation in the First 1000 Days initiative to help in the reduction of child stunting and wasting. This program is dubbed as “Tutok Kainan” to underscore the need to closely monitor the nutrition of the target beneficiary during the crucial period of the first 1000 days;

WHEREAS, the National Nutrition Council (NNC) through its Memorandum No. 2020-013 s. 2020 entitled Early Childhood Care and Development in the First 1000 Days (ECCD F1K) Program issued the Tutok Kainan (TK) Dietary Supplementation Guidelines which aims to contribute to the prevention of stunting among children 0-23 months old by improving the quality and quantity of food and nutrient intakes and utilization of related ECCD F1KD services among nutritionally-at-risk pregnant women and children 6-23 months old;

WHEREAS, the Tutok Kainan seeks to provide supplemental food to pregnant women for 90 calendar days and complementary food for children 6-23 months old for 180 calendar days giving priority to those who are nutritionally at-risk or undernourished;

WHEREAS, the Tutok Kainan also aims to implement, monitor, and evaluate an integrated nutrition program that helps ensure delivery of complementary early childhood care and development services in the first 1000 days as provided in Republic Act 11148 or the Kalusugan at Nutrisyon ng Mag-Nanay Act;

WHEREAS, the Tutok Kainan also supports the Enhanced Partnership Against Hunger and Poverty, one of the banner programs of Inter-Agency Task Force Zero Hunger created under Executive Order 101 by tapping local farmers, fisherfolks and cooperatives as a direct supplier of their own local farm produce;

NOW, THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, the Regional Nutrition Committee (RNC) of MIMAROPA in a meeting duly assembled, enjoins all local government units (LGUs) in MIMAROPA to Adopt the Dietary Supplementation Program – Tutok Kainan for Pregnant Women and 6-23 months old children and appropriate funds thereof;

RESOLVED FURTHER, for local government units to:

1. Issue an Executive Order/Ordinance/Resolution for the institutionalization and provision of funds for the implementation of the DSP;
2. Include dietary supplementation program for women and children 6-23 months old in their local nutrition action plan (LNAP);
3. Integrate LNAP in the local development plan investment program (LDIP) at the city/municipality and barangays; and
4. Conduct regular monitoring of the DSP.

RESOLVED FURTHER, for the NNC MIMAROPA Regional Office being the Secretariat to:


1. Coordinate and monitor the implementation of this resolution;
2. Report the status of implementation to the RNC;

3. Furnish all local government units in the region a copy of this resolution;
4. Provide technical support such as capability buildings, refresher courses and orientations to implementers upon request;
5. Review the effectiveness of implementation of this resolution ; and
6. Monitor compliance of LGUs to this resolution.

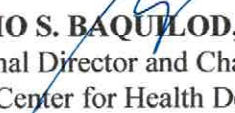
RESOLVED FURTHER, that the LGUs to adopt the resolution and pass appropriate policy instrument such as Executive Orders, SB Resolution or SB Ordinances in support to the policy through appropriate coordination and funding;

APPROVED UNANIMOUSLY AND ADOPTED, this 9th of October 2023 during the Regional Nutrition Committee and Nutrition Cluster Joint Meeting held at Great Eastern Hotel, Quezon Avenue, Quezon City.

Certified Correct by:


MA. EILEEN B. BLANCO, RND, MPA
RNC MIMAROPA Secretary and
Regional Nutrition Program Coordinator
NNC MIMAROPA

Approved:


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