



Republic of the Philippines
Department of Health
OFFICE OF THE SECRETARY

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ADVISORY

**FOR: CENTER FOR HEALTH DEVELOPMENT- CALABARZON AND
SELECTED CHIEFS OF MEDICAL CENTERS AND HOSPITALS**

SUBJECT: Guidelines for the extended use of Ready-to-Use Supplementary Food (RUSF) and Ready-to-Use Therapeutic Food (RUTF) in Evacuation Centers and Displaced Communities relative to the eruption of the Taal Volcano in the Province of Batangas

A. Guidelines on the Extended Use of RUSF for Children

1. Priority targets for provision of RUSF are underfive children with moderate acute malnutrition in the evacuation centers and displaced communities.
2. If there are still sufficient supplies, its use may be extended to the following target groups:
 - a. Older children (6-18) years old with moderate acute malnutrition
 - b. Underfive children who are underweight
 - c. Older children (6-18) who are underweight
 - d. All underfive who are at-risk for food insecurity
3. RUSF may be given at one (1) sachet per day for at least 90 days.

B. Guidelines on the Extended Use of RUSF for Pregnant and Lactating Women

1. Priority targets for provision of RUSF are nutritionally-at-risk pregnant, chronically energy deficient lactating women and adolescent pregnant and lactating women, irrespective of their nutritional status in the evacuation centers and displaced communities.
2. If there are still sufficient supplies, its use may be extended to **ALL** pregnant and lactating women except those who are already obese and with other medical conditions.
3. RUSF may be given at one (1) sachet per day for at least 90 days.

C. Guidelines on the Extended Use of RUTF

1. Priority targets for provision of RUTF are underfive children with severe acute malnutrition in the evacuation centers and displaced communities.
2. If there are still sufficient supplies, its use may be extended to the following target groups:
 - a. Older children (6-18) years old with severe acute malnutrition
 - b. Elderly with severe or moderate acute malnutrition
 - c. DO NOT GIVE TO PREGNANT WOMEN
3. RUTF may be given at one (1) sachet per day for at least 90 days.

Please disseminate to all concerned for reference and guidance.

Thank you.


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