



# 2018

## NATIONAL NUTRITION AWARDING CEREMONY

Philippine International Convention Center  
31 July 2018



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## Message from THE PRESIDENT OF THE REPUBLIC OF THE PHILIPPINES

With more than 7,100 islands to cover and imposing social, cultural and geographic barriers to overcome, the task of implementing an effective national nutrition program for all Filipinos has been a truly challenging endeavor. It is for this reason that the national government relies on the efforts of our partners in the local and barangay levels to ensure that our people get the proper nourishment that they need.

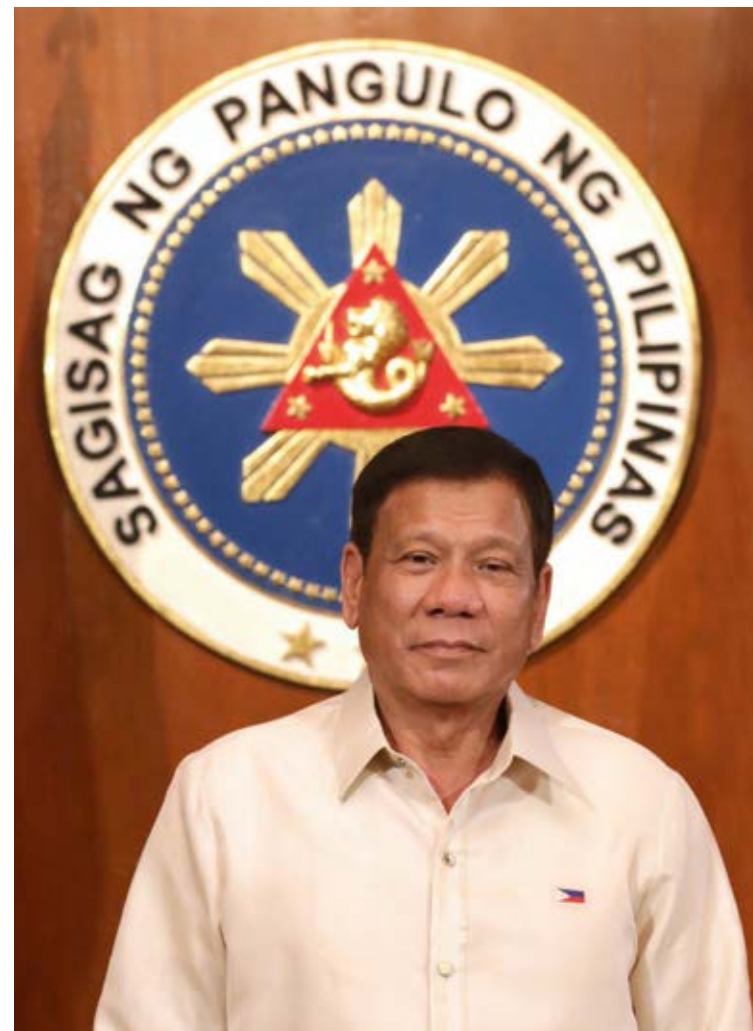
I am therefore one with the **National Nutrition Council Governing Board**, the **Department of Health** and our international and local development partners in congratulating the awardees of the **2018 National Nutrition Awarding Ceremony**. This occasion recognizes the dedication, determination and persistence of our outstanding local government units and Barangay Nutrition Scholars who implement effective and efficient nutrition programs for their constituencies, particularly for our infants and young children.

Their efforts to improve the nutrition situation in their localities are truly remarkable and inspiring. It is my hope that their example will inspire other local units in our country to double their efforts so that they may also improve the health and well-being of their communities. With more partners to pursuit, I am certain that our dream of a strong, healthy and robust Philippines will become a reality.

Again, congratulations and I wish everyone the best in their endeavors.



**PRES. RODRIGO ROA DUTERTE**



## Message from **THE VICE PRESIDENT OF THE REPUBLIC OF THE PHILIPPINES**

Greetings of peace and solidarity to the National Nutrition Council (NNC) as you come together for the 2018 National Nutrition Awarding Ceremony to recognize outstanding local government units and Barangay Nutrition Scholars with effective nutrition programs.

Nutrition is significant in our fight against poverty. Our efforts in the Office of Vice President have since been directed towards ensuring that we are able to address nutritional needs of beneficiaries we encounter. While our efforts continue, the needs remain to grow.

We are fortunate to have the National Nutrition Council as a partner in our efforts towards our shared vision of inclusive growth.

We hope that as you come together for this wonderful celebration, you will be more inspired to continue initiatives that reach out our fellow Filipinos, most especially those in the margins.

To all the awardees, congratulations and may your example inspire others to follow in your footsteps of service.

Mabuhay kayong lahat!



A handwritten signature in black ink, appearing to read 'Leni Robredo'.

**VICE PRES. LENI ROBREDO**

## Message from THE DEPARTMENT OF HEALTH

My warmest greetings to the awardees, distinguished guests and friends.

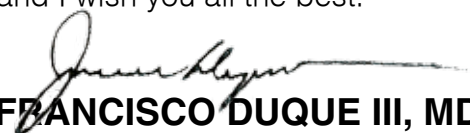
Allow me to express our gratitude for all the attendees in this important annual National Nutrition Awarding Ceremony. It is to me, a renewal of commitment, reuniting with outstanding and distinguished local governments, and exceptional Barangay Nutrition Scholars who serve with *sipag* and *malasakit* and mobilizing all toward the Philippine Health Agenda vision of “All Filipinos as among the healthiest in the Southeast Asia by 2022”.

All our sustainable innovations toward improved nutrition, both at the national and subnational levels highlight the fact that all of us have important contributions toward the quality delivery of health and nutrition services. Each of us plays important roles in reaching every child and mother and father, with nutritionally uplifting services. With these actions, we jointly achieve the goals of the Philippine Plan of Action for Nutrition 2017-2022 of reduced levels of child stunting and wasting, micronutrient deficiencies to levels below public health significance; reduced overweight and obesity among adolescents and adults; and, prevent any increase in overweight among children. Doing so, we improve the nutrition situation of the country as a contribution to the achievement of AmBisyon 2040, through the improved quality of human resource base, with reduced inequality in human and development outcomes and reduced child and maternal mortality.

Thus, whatever good you have achieved in the last years for our today's children and whatever you will commit for our today's unborn, shall in the coming years, be our future's stronghold.

I therefore encourage everyone to proclaim good nutrition for all. At NNC, we say “so PPAN, Panalo ang Bayan!”

Congratulations to the awardees and I wish you all the best.

  
**FRANCISCO DUQUE III, MD**  
Secretary of Department of Health



## Message from THE DEPARTMENT OF AGRICULTURE

On behalf of the Department of Agriculture, I convey my warmest greetings and congratulations to the National Nutrition Council and the outstanding LGUs and Barangay Nutrition Scholars being recognized in this 2018 National Nutrition Awarding Ceremony.

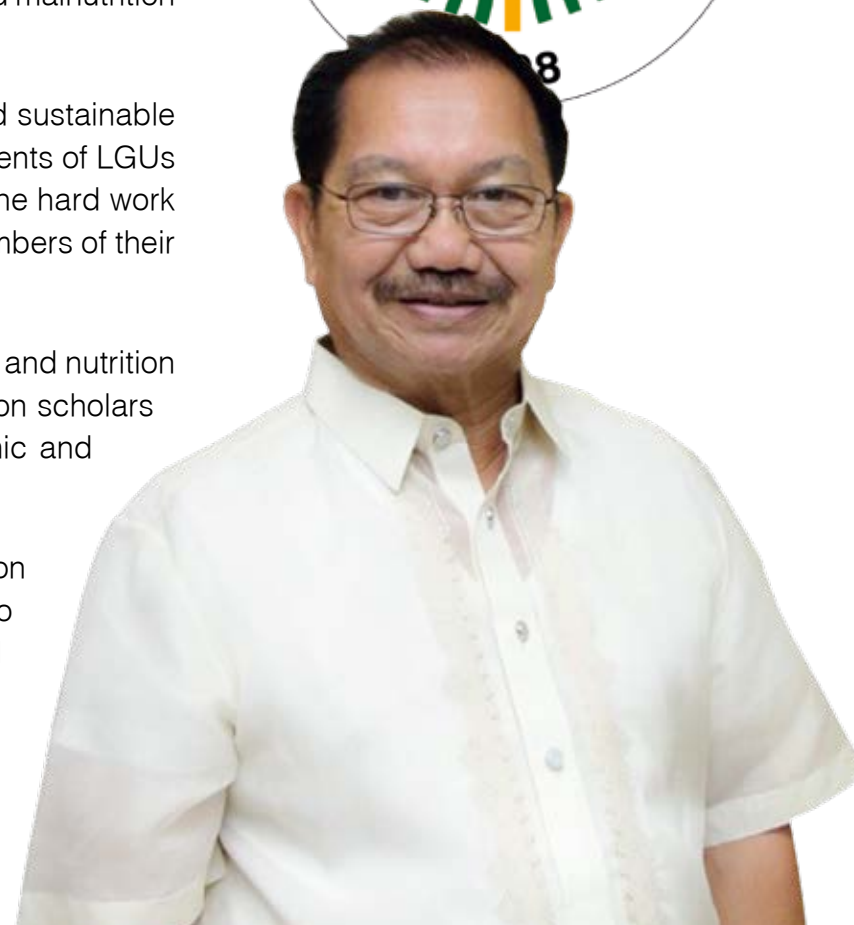
Realizing that nutrition goes beyond the bounds of production and straddles a much wider territory including health, education, social welfare and trade, the Department of Agriculture upholds the objectives of the NNC and our outstanding local government units to nourish and nurture the Filipino workforce and populace by ensuring comprehensive, multi-disciplinary and cross-sectoral approaches to the eradication of food insecurity, poverty, hunger and malnutrition at the national and community levels.

Through these awards, the NNC underscores the need for such holistic and sustainable approaches in nutrition by recognizing the outstanding innovations and achievements of LGUs in improving the nutrition, health and quality of life of their constituents as well as the hard work and sacrifice of barangay scholars in providing nutrition and healthcare to the members of their communities.

Indeed, the road to the holistic, sustainable and inclusive growth of the food and nutrition sector will not be an easy one. But with exemplary local governments and nutrition scholars like you, the agriculture-nutrition-health partnership will always be strong, dynamic and able to hurdle all the challenges.

Once more, congratulations to the NNC and our winning LGUs and nutrition workers. May your achievements inspire other members of your communities to embark and excel in promoting safe, healthy and sustainable food production and nutrition for our people.

  
**EMMANUEL F. PIÑOL**  
Secretary of Department of Agriculture



## Message from THE DEPARTMENT OF THE INTERIOR AND LOCAL GOVERNMENT

My congratulations to the local government units (LGUs) and Barangay Nutrition Scholars (BNSs) who are recipients of the 2018 National Nutrition Awards on July 31, 2018 at the PICC in Pasay City.

Let me also extend my felicitations to the National Nutrition Council (NCC) for spearheading the said awarding ceremony. You have set the benchmark for promoting a healthier Philippines through your innovative and efficient advocacy programs and initiatives.

Indeed, mounting this ceremony is indicative of your dedication in advocating the benefits of proper nutrition across all stages in life. This year's theme "Ugaling magtanim, Sapat na nutrisyon aanihin," further highlights the need for sustainable green farming and living through healthy food options that promote nutritional wellness for every Filipino.

The Department of the Interior and Local Government (DILG), being the Vice Chair of NNC, will continue to encourage all the LGUs in the country to advocate nutrition awareness and implement nutrition initiatives down to the grassroots level by formulating and implementing comprehensive plans and programs.

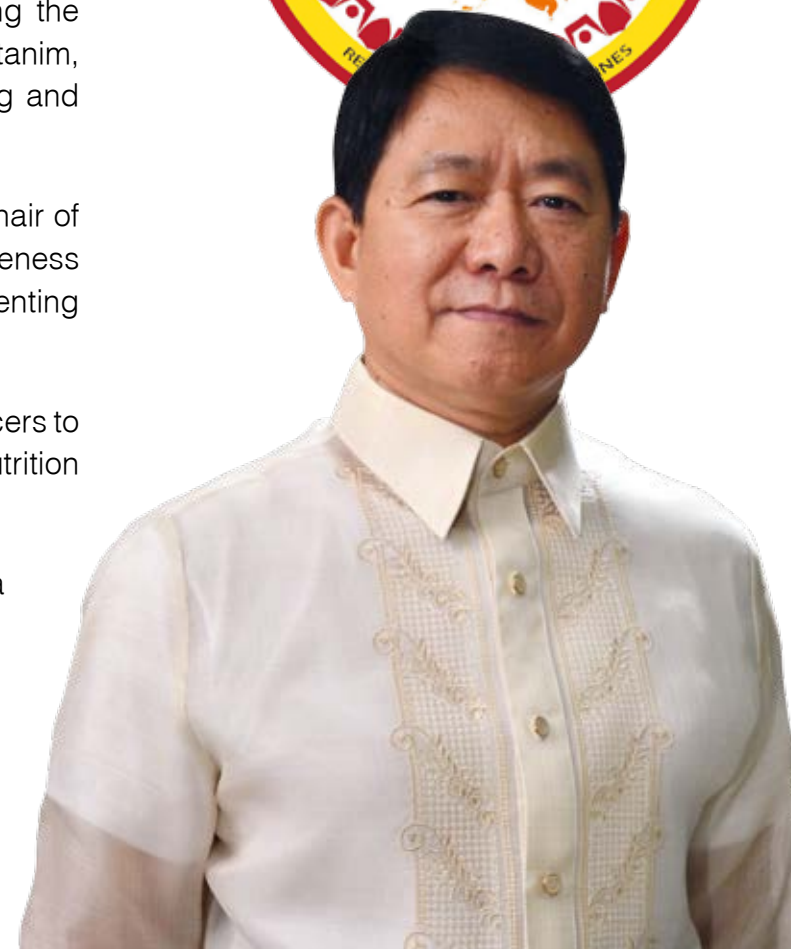
We commit to actively enjoin all LGUs through their respective nutrition action officers to proactively support the government's initiatives to win the fight against hunger and malnutrition and attain nutritional sufficiency which exempts no one.

I hope that this Nutrition Awards will continuously inspire Filipinos to embrace a healthy lifestyle through proper nutrition for the transformation and development of our country.

Again, congratulations to all!



**EDUARDO M. AÑO**  
OIC Secretary of Department of the Interior  
and Local Government



## Message from **THE FOOD AND NUTRITION RESEARCH INSTITUTE-DOST**

My heartfelt greetings to the participants, guests and awardees of the 2018 National Nutrition Awarding Ceremony organized by the National Nutrition Council of the Department of Health.

In the last 44 years, the National Nutrition Council has been instrumental in coordinating various programs and projects in nutrition among the government agencies, research institutions, local government units and private sectors involved in food, nutrition and health promotion.

From the vantage point of a chairman of the NNC Technical Committee, I cannot help but admire how the Council grew and expanded since its establishment in 1974. We have witnessed significant and collective advances on food, nutrition and health situation in our respective organizations.

I commend the NNC in its effort to reach out to all sectors of society. I also commend all the local government units and barangay nutrition scholars who have painstakingly withstood the test of time in implementing nutrition programs in their localities. FNRI's working relationship with the NNC will remain steadfast with the latter as the generator of R&D and S&T results while the former as the user and propagator of these results towards program development and implementation.

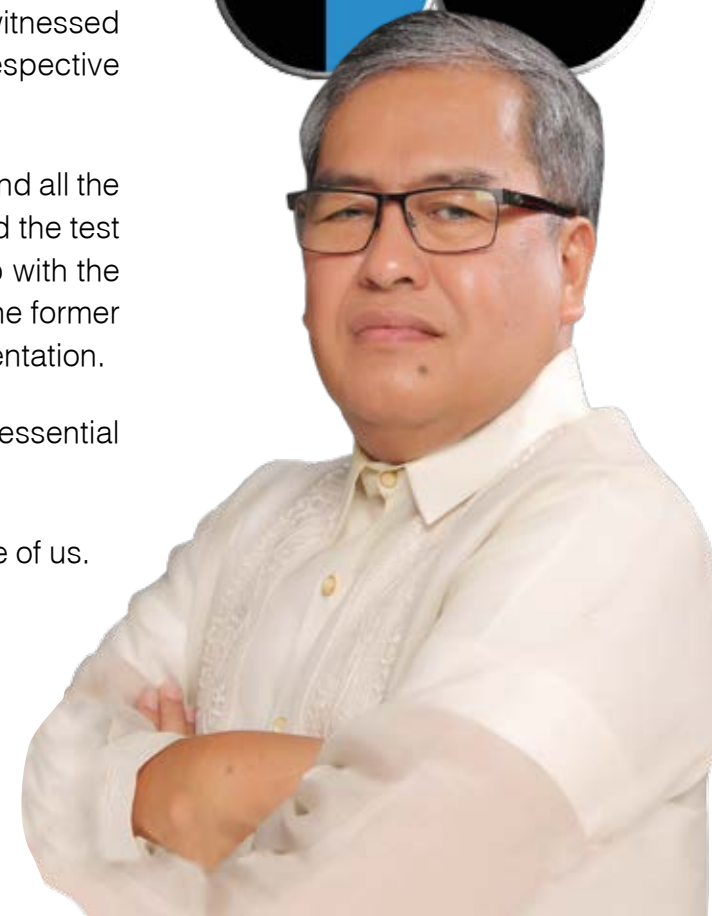
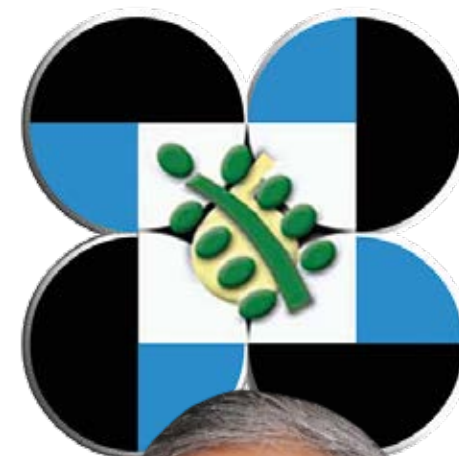
The Institute will continue to provide critical data to serve as basis in crafting essential policies to help reduce malnutrition, alleviate poverty and help boost productivity.

I wish the Awarding Ceremony will be fruitful and engaging for each and every one of us.

God bless and mabuhay!



**DR. MARIO V. CAPANZANA**  
Director of Food and Nutrition Research Institute



## Message from THE NATIONAL NUTRITION COUNCIL

My warmest felicitations to all of you, nutrition champions, partners and fellow advocates to the 2018 National Nutrition Awarding Ceremony.

Today, as we celebrate the achievements of our outstanding local government units and Barangay Nutrition Scholars (BNSs), let us take this opportunity to learn and be inspired, be engaged, be imaginative and ambitious on what we can collectively accomplish with our increasing number of nutrition champions. I say, truly we can! We can reach the targets of the Philippine Plan of Action, (PPAN) 2017-2022 through the PPAN's strategic focus on stronger LGU mobilization, focus on the 36 provinces with the highest stunting rates and focus on the first 1000 days of life as the window of opportunity for ensuring good nutrition from childhood to adulthood.

We can inspire many other LGUs by recognizing the current crop of LGU champions through this annual ceremony. And as a new reference for LGUs desiring to know the elements for jump-starting their journey to nutrition "championhood", the National Nutrition Council has produced the first volume of the Compendium on Actions for Nutrition (CAN) a coffee table book. The compendium contains the story of 11 local government units initially, and their awakening and ascent to nutrition excellence. These stories and the stories of our new set of winners this year should be able to provide our ka-nutrisyon, inspiration on how to continually innovative and be effective in producing positive nutrition outcomes envisioned by our national nutrition strategy for all Filipinos.

The uneven progress in nutrition improvement across regions and provinces and the rapidly changing nutrition landscape demand continued leadership and stronger partnerships. By scaling up, we will be able to increase coverage of PPAN interventions, by as many partners as possible bringing in their meaningful contributions. If we can pool the contribution of families, communities, governments and organizations, around the PPAN targeted results, we can achieve the PPAN outcomes of reduced levels of child stunting and wasting, micronutrient deficiencies to levels below public health significance; reduced overweight and obesity among adolescents and adults; and, prevent any increase in overweight among our young children.

While challenges emerge and threaten to stay, NNC and its partners particularly LGU should continue to be vigilant in addressing and mitigating the impact of these challenges on nutrition. We therefore express our deep appreciation to our local chief executives – provincial governors, city and municipal mayors, punong barangay and our Barangay Nutrition Scholars (BNSs) - for their unstinting dedication and commitment to improve the nutritional well-being of their respective communities despite odds.

Again, with much respect and honor, I congratulate this year's awardees. May you continue to work tirelessly, not only for the glory of recognition, but for the improved well-being of the Filipino people. This, more than anything else, is what makes you Nutrition Champions!

Mabuhay po tayong lahat!

  
**MARIA-BERNARDITA T. FLORES, CESO II**  
Assistant Secretary of Health and Executive Director IV



# PROGRAM OF ACTIVITIES (2018 NNC AWARDING CEREMONY)

31 July 2018 • 1:30 PM • Reception Hall, Philippine International Convention Center

## 11:30 AM Lunch

1:30 PM **Entrance of Colors** Marine Security and Escort Group

**National Anthem** Paul John L. Garcia  
Executive Assistant, NNC

**Ecumenical Prayer**

**Welcome Message** Maria-Bernardita T. Flores, CESO II  
Assistant Secretary of Health and  
Executive Director IV, NNC

## **Launch of 2018 Compendium of Actions on Nutrition Coffee Table Book**

Audio Visual Presentation

Unveiling of the CAN Coffee Table book & Presentation to the 11  
Featured LGUs

**Secretary of Health Francisco T. Duque III, MD, MSc**

*To be assisted by:*

- Undersecretary of the Interior and Local Government  
Austere A. Panadero
- Ms. Loretta MacKinnon  
Project Director, Technical Assistance for Nutrition (TAN)  
Nutrition International, Canada
- A/Sec. Maria-Bernardita T. Flores, CESO II

**Message Undersecretary of the Interior and Local Government**  
**Austere A. Panadero**  
**Ms. Loretta MacKinnon**

## **Intermission**

## **Presentation of Awards**

### **• CROWN Award**

**Undersecretary of the Interior and Local Government**  
**Austere A. Panadero**

*To be assisted by:*

- A/Sec. Maria-Bernardita T. Flores, CESO II

### **• CROWN Maintenance Award**

**Undersecretary of Agriculture Atty. Bai Ranibai Dilangalen**

*To be assisted by:*

- Undersecretary of the Interior and Local Government Austere A. Panadero
- Undersecretary of Agriculture Atty. Bai Ranibai Dilangalen
- A/Sec. Maria-Bernardita T. Flores, CESO II

## **Response**

### **• Nutrition Honor Award**

**Secretary of Health Francisco T. Duque III**

*To be assisted by:*

- Undersecretary of the Interior and Local Government Austere A. Panadero
- Undersecretary of Agriculture Atty. Bai Ranibai Dilangalen
- A/Sec. Maria-Bernardita T. Flores, CESO II

## **Response**

### **• Nutrition Honor Award**

**Governor Carlos M. Padilla**  
**Nueva Vizcaya**

## **Intermission**

### **• Presentation of Awards National Outstanding Barangay Nutrition Scholar Award**

**Secretary of Health Francisco T. Duque III**

*To be assisted by:*

- Undersecretary of the Interior and Local Government Austere A. Panadero
- Undersecretary of Agriculture Atty. Bai Ranibai Dilangalen
- A/Sec. Maria-Bernardita T. Flores, CESO II

## **Response**

## **Introduction of Guest of Honor and Keynote Speaker**

**A/Sec. Maria-Bernardita T. Flores, CESO II**

## **Keynote Address**

**Francisco T. Duque III**

Secretary of Health and Chair, NNC Governing Board

## **Photo opportunity**

**Ms. Marinela "Pinky" M. Aseron**  
**Master of Ceremony**

2018 National Nutrition Awarding Ceremony | 9

# THE NATIONAL NUTRITION EVALUATION

The evaluation of local nutrition action plans and programs is undertaken annually by an inter-agency evaluation team during the first quarter. The evaluation intends to a) assess the efficiency of local nutrition program implementation, as indicated by the outreach of activities undertaken relative to the local nutrition action plan, funds expended as well as the management and support given by local executives and other implementing agencies; b) measure changes in weight status of preschool and school children during the evaluation year and the immediate past two years; c) determine the extent to which nutrition is integrated into local development plans and programs; and d) advocate for the continuing support for local nutrition programs.

A municipality, city or province rated outstanding in the region is conferred the Green Banner Award in the initial year of the evaluation. If adjudged as the outstanding implementer of nutrition program in the region for three (3) consecutive years, the municipality, city or province is nominated by the Regional Nutrition Evaluation Team (RNET) to receive the “Consistent Regional Outstanding Winner in Nutrition” (CROWN) award. The outstanding municipality in the region should come from among the first ranking municipalities in the provinces of the region.

The CROWN municipality, city or province will then be evaluated by the inter-agency National Nutrition Evaluation Team (NET) for a period of three (3) years. Should the local government unit meet the standards set by the National Nutrition Council for the first and second year CROWN maintenance award, this LGU will be declared winner of the “Nutrition Honor Award” (NHA), the highest recognition award of NNC on the third year. An LGU which fails to qualify for the maintenance award will again vie for outstanding province, city or municipality in the region.

The National Outstanding Barangay Nutrition Scholar is selected and evaluated by the national inter-agency evaluation team from the top 50% plus one Regional Outstanding Barangay Nutrition Scholars (ROBNS) in the country. The evaluation assesses the knowledge and skills of the BNS through a) written examination on basic nutrition, nutrition program, and identification of nutritional status of children, b) interview, c) document review, and d) validation weighing of children. The national evaluation team deliberates on the ratings of the ROBNSs and ranks the ROBNSs for submission to the NNC Technical Committee. The Technical Committee declares the BNS with the highest score among the identified ROBNSs as the National Outstanding BNS for the year. The decision of the Technical Committee is final.

# AWARDEES FOR 2017

## NUTRITION HONOR AWARD

II	Ivana, Batanes
II	Nueva Viscaya Province
CAR	Alfonso Lista, Ifugao
CALABARZON	Sta Rosa City, Laguna
XII	Malungon, Sarangani

## SECOND YEAR CROWN MAINTENANCE

II	Ilagan City, Isabela
CAR	Baguio City
NCR	Taguig City
VII	Pamplona, Negros Oriental
IX	Zamboanga Sibugay
X	Gingoog City
XII	South Cotabato

## FIRST YEAR CROWN MAINTENANCE

CALABARZON	Kalayaan, Laguna
MIMAROPA	Roxas, Oriental Mindoro
X	Manolo Fortich, Bukidnon
XI	Tagum City
CARAGA	Bayugan City
CARAGA	San Francisco, Agusan del Sur

## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION (CROWN)

I	Santa, Ilocos Sur
I	Vigan City
II	Sta. Fe, Nueva Vizcaya
III	Talavera, Nueva Ecija
III	Mabalacat, Pampanga
CAR	Tublay, Benguet
CALABARZON	Quezon Province
CALABARZON	Biñan City, Laguna
VIII	Caibiran, Biliran
IX	Alicia, Zamboanga Sibugay
X	Misamis Occidental
XII	Polomolok, South Cotabato

## Description of Awards

# NUTRITION HONOR AWARD

The design of the trophy for the Nutrition Honor Award is inspired by the symbolic flame pattern of the CROWN trophy. The three pieces of colored flames, embedded at the back of a clear beveled glass, symbolize the burning desire and unending commitment of the local government unit toward nutrition improvement. The base represents the strong foundation that the Nutrition Honor Awardee has developed during the last six (6) consecutive years of maintaining the Green Banner and CROWN Awards, while the body that contains the text and the flames, presented in beveled cuts, symbolizes the pruning and refinement which the LGU underwent and experienced to reach the height of excellence.

The Nutrition Honor Award (NHA) is presented to CROWN awardees that have consistently shown outstanding performance in efforts for nutrition improvement. These awardees were monitored by an interagency regional nutrition evaluation team from 2012-2014 and by an interagency national nutrition evaluation team from 2015-2017.

To date, 60 local government units have been conferred the Nutrition Honor Award. This year's awardees will receive a cash prize of P 1,000,000 and this NHA trophy.



## Description of Awards

# CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION (CROWN) AWARD

The trophy's design symbolizes the local nutrition committee's burning desire for excellence in its quest for nutrition improvement. The flames represent the three consecutive years the municipality, city or province became the regional outstanding winner in nutrition. The gradual increase in color shade and height of the flame indicate the continuous and intensified efforts to improve the nutrition situation through effective management of local nutrition programs.

The CROWN award is presented to a municipality, city or province that has been adjudged by the interagency regional nutrition evaluation team as outstanding in the region in the implementation of its nutrition action plan for three consecutive years.

To date, 185 local government units have been conferred the CROWN award. For this year, the CROWN awardees will receive a cash prize of P 500,000 and this CROWN trophy.





## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION SANTA, ILOCOS SUR

*Improved and Innovative Services for Santa's CROWN*



Santa is a 4th economic class municipality consisting of 26 barangays. It is one of the coastal towns in the province of Ilocos Sur, with fishing as one of the main sources of livelihood and known for its ipon, a half centimeter-long fish caught from Banaoang River. Ipon is the town's prized fish that is depicted in its town seal. Santa's economy hinges on local cottage industries and in producing blacksmith products, which are made up of wrought iron or steel, bent and cut to form gates, grilles, railings, light fixtures, tools, and buneng or bolo knife.

SANTA SMILES (Sustainable Municipality where Individuals live in a Livable Environment and Society) is the municipality's battle cry, the driving force behind its mission to nurture individuals into strong, productive, participative and cooperative citizens that will contribute to making Santa a better place to live in.



Through the leadership of Mayor Jesus B. Bueno Jr., as the chair of the Municipal Nutrition Committee, Santa takes pride in its responsiveness to the needs of its constituents, efforts towards progress, and introduction of capacities for community development. These are reflected in the awards received by Santa such as the Seal of Good Local Governance (2015-2017), top performing Basic Emergency Obstetric and Neonatal Care (BEmONC) facility, and best implementer of school-based immunization. Santa also takes effort in ensuring maternal nutrition by having a certified Mother and Child Friendly Health Facility.

SANTA CARES is an innovative program of the municipality which aims to provide quality health program such as provision of hospitalization assistance voucher and PhilHealth's point of care strategy. These vouchers and guarantee letters are issued by the local government to indigent beneficiaries entitling them to up to P 5,000 worth of medical expenses. Medicine vouchers are also given to indigent patients to avail of medicines in partner pharmacies for medicines not readily available at the Rural Health Unit.

The Municipal Health and Nutrition Plan is integrated in the local development plan. This ensures funding allocation and sustainability of programs. Santa has allocated 15% of its total annual budget to health, nutrition, and environmental sanitation to cover all health services and programs offered by the RHU. These include maintenance and sustainability of the birthing facility, Rural Health Unit and 26 barangay health stations; comprehensive maternal and child health and nutrition care; expanded immunization program; micronutrient supplementation; awareness on healthy lifestyle or prevention and control of non-communicable diseases; provision of potable water supply and sanitary toilets, among others.

The municipality of Santa also formulated a three-year nutrition work plan (2018-2020) through the Municipal Nutrition Committee. The plan includes specific directions and targets on nutrition to address malnutrition in the municipality. Programs include promotion and support to infant and young child feeding, promotion of school and community gardening, promotion on the use of iodized salt and Sangkap Pinoy Seal, nutrition education

classes such as Pabasa sa Nutrisyon, and one-on-one nutrition counseling at the RHU or barangay health stations during prenatal check ups and immunization day.

A monthly Family Development Session among 4Ps-CCT beneficiaries is also undertaken with emphasis on proper breastfeeding, child rearing, child safety, and food preparation. Breastfeeding Support Groups were organized in all barangays to encourage new mothers to exclusively breastfeed for 6 months and to continue breastfeeding until the child is 2 years old or older with appropriate complementary feeding at six months. A breastfeeding room as well as nutrition corners in RHUs and in all barangay health and nutrition stations were also established.

The welfare of nutrition implementers was also given importance by the local government. The barangay nutrition scholars (BNS) and barangay health workers (BHWs) receive a monthly honorarium both from the municipal and barangay levels on time. The local government also finance attendance of BNSs and BHWs to trainings, seminars, and conventions to enhance their skills and knowledge on nutrition and program management.

Through the collaborative efforts of the municipal and barangay nutrition committees and the Santanians in the implementation of nutrition interventions, the prevalence in stunting among preschool children decreased from 5.4% in 2015 to 4.9% in 2017.

Making Santa healthier through improved and innovative health and nutrition services is a goal that needs to be sustained to achieve the dream of totally eradicating malnutrition. While Santa has already proven its worth by garnering the most coveted CROWN, Santa will not stop its efforts to make the whole community healthy, and productive for the welfare of its people and for maintaining Santa's CROWN!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION VIGAN CITY, ILOCOS SUR

### *A Historic City in the North Making Milestones on Nutrition*



Vigan City, the capital city of Ilocos Sur province, recognized as a UNESCO World Heritage Site and one of the New 7 Wonder Cities of the World, has truly preserved its unique architecture that fuses Philippine and Oriental building designs and construction, with colonial European architecture. But more than the unique townscape and rich culture, Vigan City is also lauded for the great value it puts on the health and nutrition of Bigueños.

Each year, the city of Vigan continues to innovate and improve its interventions to meet the health and nutrition needs of the Bigueños. To appropriately address the current realities on nutrition, the city government ensures that proper assessment and thorough planning on nutrition are being conducted.

Participatory governance remains an essential practice of the city in strengthening its health and nutrition system. The City Nutrition Committee serves as the advisory committee for nutrition concerns. Chaired by Mayor Juan Carlo S. Medina, the CNC is composed of relevant government, non-government and peoples' organizations, which include the Association of Barangay Health Workers, Federation of Barangay Nutrition Scholars, Caritas Nueva Segovia, Rotary Club of Vigan, Philippine Red Cross – Ilocos Sur Chapter, and the Association of the Punong Barangay among others. All of them sustained their contribution to the crafting of the City Nutrition Action Plan to reduce malnutrition in the city.



The birth of the Child FIRST Project (CHILD's FOUNDATION - Invest, Raise and SusTain) is a response to address stunting in the city. It has three components: 1) Women Health Drive which highlights 'An Egg a Day' 120-day supplementary feeding for pregnant teenage and underweight women, 2) Children Health Drive which aims to provide ways to nurture the Bigueño children through diagnostic medical mission, nutritional assessment and health and nutrition education for school children and underweight preschool children; and 3) Teen-age Health Drive which aims to prepare the adolescents physically and emotionally before adulthood through lectures and other interactive activities that provide knowledge on adolescent health and life skills necessary for their development.

Further, the city launched the Buntis Appreciation Day, a one-day activity which provides venue for pregnant women to appreciate their pregnancy as they relax and learn. The activity includes lecture on the First 1000 Days ni Baby, free haircut, free foot and back massage, free urinalysis, and free snacks. In 2017, kits containing various paraphernalia needed for pregnancy and delivery were provided to about 800 pregnant women. To ensure safe delivery, the city government established the Maternity Lying-in and Newborn Care Clinic which provides 24-hour service and newborn screening. In 2017, 100% of all babies were delivered in the health facility attended by skilled professionals. Moreover, 1,372 or 92.08% of the children were fully immunized based on target population, and maternal mortality rate was kept low at 1 in 100 live births in 2017.

**Intensified Breastfeeding Promotion.** This activity, supported by Resolution No. 41 Series of 2008, declares August 7 as a day for mass breastfeeding in the entire city. In support to this resolution, the city also implements the "no bottle feeding" policy in all health stations. Business establishments are required to set up breastfeeding corner in their areas as stated in City Ordinance No. 17 Series of 2016. Collectively, these promotional activities resulted to 80.13% exclusive breastfeeding rate in 2017.

**Addressing undernutrition.** A main activity to address undernutrition is dietary supplementation conducted among different groups such as teenage mothers, underweight preschool children, day care center children, as well as school children who were wasted and severely wasted. In 2017, about 69 underweight and 21 wasted

preschool children, 60 pregnant women and 98 high school students were given supplementary food for a period of 120 days. The Rotary Club of Vigan, BNS Association and the Department of Education were among the partners of the city in the implementation of this program.

**Ensuring household food security.** The city provides seeds, seedlings and planting materials as well as garden implements to families of malnourished children to promote establishment of home food gardens. In 2017, 91 families with underweight preschool children and 317 families with wasted school children were able to establish their home food gardens.

**Nutrition information and education campaign materials** on 10 Kumainments, overweight and obesity prevention and management, Pinggang Pinoy, personal hygiene and sanitation such as handwashing, the First 1000 Days strategy to reduce as well as prevent stunting, and other interventions were developed and distributed during important events. The TVIGAN, the City Government's broadcasting station disseminates health and nutrition-related issues and projects in one of its regular shows, "Check-Up". Further, the city has been very active with its Nutri-Pop Caravan, an activity facilitated by peer educators on health and nutrition, where lectures on 10 Kumainments, Pinggang Pinoy, overweight and obesity, handwashing, fertility awareness, HIV-AIDS and others are being conducted among elementary and high school students.

With the collaborative efforts and convergence of the community, the City Nutrition Committee of Vigan has made milestones along health and nutrition. These contributed to the improvement of the nutritional status of its marker population, the preschool children. Significant decrease in malnutrition was observed in the city with stunting decreasing from 16.6% in 2015 to 8.0% in 2017; wasting from 1.6% in 2015 to 0.6% in 2017. Reduction in overweight and obesity prevalence among preschool children was also observed from 1.8% in 2015 to 1.1% in 2017.

All these results attest to the great efforts that the city had put into achieving a healthy and well-nourished citizenry. The city is well on its way to achieving the ultimate milestone of an empowered Bigueños, consistently working together in making Vigan a habitable, historic city of choice!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION STA. FE, NUEVA VIZCAYA

*Unity and Collaboration for Improved Nutrition*



The Municipality of Sta. Fe, located in the southern part of Nueva Vizcaya, has a total population of 17,092 and a land area of 39,981 hectares. This is where the well-known Balete Pass (Dalton pass) National Park, known as the gateway to Cagayan Valley, is located.

The first woman Mayor, Ms. Liwayway DC. Caramat, is also the chairman of the Municipal Nutrition Committee whose overall responsibility is to . Together with the efforts of Municipal Nutrition Action Officer Judy Flores and its supportive members, malnutrition problems are continuously being addressed through the implementation of projects that focus on the eradication of malnutrition. There are also support groups such as civic organizations and private agencies that provide aid and assistance in the fight against malnutrition. One of these is LICAR Incorporation, a private charitable organization, that pledged to give monthly financial contribution amounting to Php 10,000 solely intended for nutrition programs.

The double burden of malnutrition is regarded as the co-existence of undernutrition along with overweight and obesity. In the municipality, it is very common among pre-school and school children. Double effort is being exerted conducted to address undernutrition among school children, that is why aside from the DepEd's school feeding program, the MNC, through resource generation, funded the "Busog, Lusog, Talino" Program, a 120 day feeding program provided to underweight and wasted pre-school and school children. In 2017, a total of 63 children were rehabilitated under this program. Mothers of these children, after being trained on food preparation techniques and health education, act as the workforce during the feeding program by purchasing, preparing and cooking the food. Along with the feeding program, vitamin supplements are also given to these underweight learners. On the other hand, overweight and obesity among the same age group is being addressed by the "Batang Chubby I-Sabo Dam mo Yan" program and the Biggest Loser Competition. Sabo Dam, located in Barangay Baracbac, is a recreational area where the children conduct all sorts of physical activities to help in the children's weight reduction.

Adherence to the food fortification and ASIN law is strictly monitored in markets, food establishments, schools, barangays and households. The Municipal Bantay Asin Task Force of Santa Fe headed by Orlando Pichay, observes and monitors the entry of salt and ensures that the iodine content of all salt shippers meet the normal requirement as mandated by the law. Violators are also being apprehended and penalized accordingly.

To manifest support to the First 1000 Days Program, the MNC of Santa Fe, conducts the Buntis Party where all pregnant women are

given a Buntis Kit containing some supplies along with some health tips and information necessary during pregnancy, delivery and caring of the baby. Birthing clinics are intensified which offer and provide free 24-hour service. In 2017, these birthing clinics were able to serve a total of 387 pregnant women. At the same time, while they are pregnant, they are encouraged to save for their future baby through the "Alkansya ni Nanay and Healthy Lifestyle Bumbong" Program. The program encourages the mother to practice this saving habit for their children and provide that sense of security and self-esteem in order to build confidence in the caring of their children.

Pabasa sa Nutrisyon, a nutrition education program, is an informal discussion on health and nutrition topics. Mothers and even fathers in the community are encouraged to join the program to provide them information on proper nutrition practices and healthy lifestyle. In 2017, a total of 241 graduated from Pabasa sa Nutrisyon.

The municipality implemented income generating projects in support to nutrition. The T-Shirt for a Cause Project sells shirts with design that displays and features the beautiful spots found in the community. The various sizes and colors of t-shirts are made available for sale to the public. Another is the annual Nutri-Bingo which generates income through the selling of tickets while promoting good nutrition in the community. In 2017, these income-generating activities were able to raise funds for nutrition amounting to approximately P50,000.

To ensure better livelihood for poor families, farm to market roads have been constructed in five barangays, promoting ease of transport for their farm products. Livelihood assistance was also provided to the people of the community, in particular among women or mothers, BHWs, BNS and 4Ps families. Scholarship grants to elementary, high school and college students were also provided to children from poor families.

The united efforts of the Municipal Nutrition Committee of Sta. Fe resulted to the decline in the prevalence of malnutrition among preschool children in the municipality with underweight prevalence sliding from 0.5% in 2015 to 0.3% in 2017. The same trend was observed among school children with prevalence of wasting decreasing from 1.7% in 2015 to 0.6% in 2017.

The Sta. Fe Municipal Nutrition Committee and their partners are showing no signs of stopping anytime soon. With the kind of teamwork and determination they have shown, without a doubt, Sta. Fe deserves the CROWN. Sulong Sta. Fe!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION TALAVERA, NUEVA ECIJA

*Focusing on the well-being of the youth for a healthy and well-nourished future*



Amidst vast agricultural lands and natural and artificial bodies of water, the municipality of Talavera in the province of Nueva Ecija is a 1st economic class municipality, with 53 barangays, that is home to around 125,000 residents. With 92% of its total land area suitable for cultivation, the agricultural development in Talavera is continuously growing. The municipality is abundant with irrigation systems, quarry for construction materials, agricultural crops such as rice, watermelon, onion, tomato, and ampalaya as well as livestock and dairy products.

Aiming for an “ecologically sustained municipality, propelled by a vibrant economy led by dynamic and effective leaders towards a resilient, responsive and self-reliant citizenry”, the municipality of Talavera, led by Municipal Nutrition Committee Chair and Mayor Nerivi S. Martinez, concentrates on the realization of a strong and stable youth population to which the country’s governance can be entrusted, by ensuring the nutritional well-being of its constituents.

In addressing the improvement of the growth and well-being of all children in the communities, the municipal nutrition committee centered its nutrition programs on nutrition education for mothers and on food production in homes and communities. One of these programs is Pabasa sa Nutrisyon, where mothers in Talavera engage in reading sessions, discussion, sharing of personal experiences, games, and role playing with regard to child care and nutrition, food preparation and how to ensure proper nutrition in their homes. Cooking demonstrations were also done in Pabasa sa Nutrisyon classes featuring nutritious recipes. 200 mothers participated in Pabasa in 2017. In addition, the Talavera nutrition committee oriented pregnant and lactating women on the importance of exclusive breastfeeding and how to properly breastfeed their babies. To date, a total of 3,172 mothers were already counselled on proper breastfeeding.

The municipality excels in food production, particularly by establishing food gardens in their homes, schools, and communities. The Gulayan Project (Barangay, Bakuran, Paaralan) harnesses the friendly competitive spirit among residents, schools and communities in the search for best gardens. On its third year, a total of 7,650 home food gardens, 41 school food gardens, and

50 community food gardens have been established. In 2017, Barangay Bulac was awarded first place in the Gulayan Project, followed by Barangay Cabubulaunan and Barangay San Pascual.

To help in sustaining the Gulayan Project, garden tools such as shovels, rakes, and hoes as well as seeds, seedlings and planting materials are distributed in selected barangays through the Integrated Community Food Production (ICFP) project. 17 out of 53 barangays received the food gardening supplies, together with materials to be used for raising small native animals.

By continuously addressing the urgency of nutrition through nutrition education and food production, the prevalence of underweight and severely underweight preschool children declined from 1.4% in 2015 to 1.2% in 2017. Likewise, stunting among preschool children had a huge decrease, from 6.3% in 2016 to 3.6% in 2017. Moreover, the nutritional status of school children has steadily improved, with wasting at 4.5% in 2015 to 2.2% in 2017. Overweight and obesity among school children has also declined, from 1.0% in 2015 to 0.7 in 2017.

The Talavera Municipal Nutrition Committee undoubtedly gives premium to the long-term impact of nutrition towards its overall development. The municipality of Talavera, beyond question, deserves the CROWN Award!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION MABALACAT, PAMPANGA

*Working in Synergy Ensures Access to Quality Nutrition Services*



Mabalacat is a newly converted city in the Province of Pampanga. It officially became a city on July 21, 2012 upon enactment of Republic Act 10164 otherwise known as “An Act Converting the Municipality of Mabalacat in the Province of Pampanga into a Component City”. With this achievement, the city government of Mabalacat is very eager to “continue developing and strengthening the capabilities of the city, and envisions to produce healthy, disciplined, empowered and vigilant citizenry, living in a scenic, ecologically balanced, and resilient environment and with an inclusive economy under a transparent, accountable and responsive local leadership and governance”. The City Nutrition Committee (CNC), together with other departments of the local government are committed to turn this vision into reality. Headed by Mayor Crisostomo C. Garbo, the CNC aims to implement first-class nutrition programs that uphold the development and well-being of every Mabalaqueño.

The supplementary feeding program, which started in August 2017 and ended in March 2018, benefited a total of 28,999 preschool and school children. This program covered not only the wasted and severely wasted children but all the children studying in public schools of Mabalacat City. Mayor Garbo himself led the feeding program with the help of the different department heads, unit heads, rural health physicians, rural health midwives, barangay nutrition scholars, barangay health workers, barangay officials, and city nutrition action officer and staff.

For micronutrient supplementation, a total of 3,297 or 97.4% infants 6-11 months old and 26,325 preschool children were given vitamin A supplements in 2017. In the same year, 4,388 school children and 3,208 pregnant and lactating women were provided with iron with folic acid supplements.

The City considers the conduct of hemoglobin and hematocrit determination among the underweight and severely underweight preschoolers as one of its good practices. These tests are being done quarterly to identify and assess the severity of anemia among preschoolers. The tests are complemented with lecture on anemia to inform parents on its causes and precautions, and provision of ferrous sulfate among preschool children. About 1.5 million pesos was allocated for this activity for the past two (2) years.

All 75 families with underweight preschool children and 175 families with wasted school children benefited from livelihood skills trainings such as making of dishwashing liquid, food preservation, corn husk handicrafts production, and mushroom production. The assistance aimed at providing additional source of income to enable families to buy and consume more nutritionally adequate food.

Mabalacat City recognizes Barangay Nutrition Scholars as nutrition heroes because of the huge effort and time they devote to serve the people. This is the reason why in 2017, the City Nutrition Committee of Mabalacat invested on training all the Barangay Nutrition Scholars on the Basic Course for BNSs which covered topics on proper conduct of Operation Timbang Plus, formulation of the Barangay Nutrition Action Plan and the BNS action plan, Infant and Young Child Feeding, among others. To further enhance the effectivity and efficiency of workers, the CNC plans to provide continuing education to the BNSs.

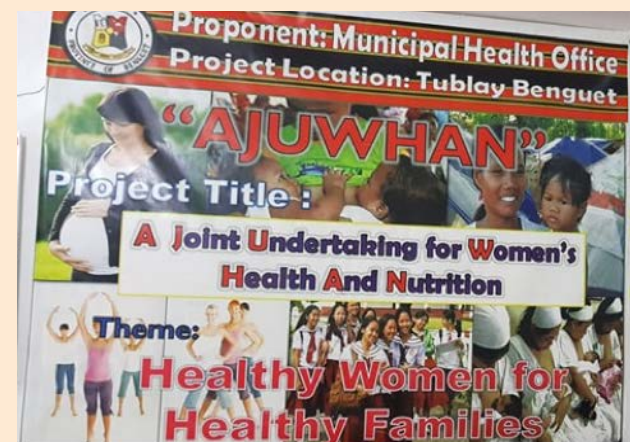
A big factor to the success of the Mabalacat City's nutrition program is the presence of supportive leaders and competent nutrition workers. The city nutrition committee members work in synergy to make all the activities productive and fruitful. This strategy resulted to the reduction in the prevalence of underweight and severely underweight preschool children from 2.6% in 2015 to 2.4% in 2017. There was also a considerable decline in the prevalence rate of combined wasted and severely wasted school children from 9.6% in 2015 to 2.5% in 2017.

Committed to the vision of a lifetime of good health among Malabaqueños, and the noteworthy achievements in nutrition, the City of Mabalacat definitely deserves the CROWN Award, as they continue to uphold quality nutrition program through synergy!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION TUBLAY, BENGUET

*Where leadership in nutrition shines through*



Dubbed as the “Athens of Benguet”, the municipality of Tublay is home to many of the political leaders who prominently figured in Benguet province and Baguio City. In 1899, before its township, one of its prominent sons, Juan Ora Cariño, was appointed as the first Governor of Benguet under the short-lived First Philippine Republic. Shortly after, his brother, Mateo Cariño was elected as the first popular representative to the Chief Executive of the American Insular Government upon its establishment in 1901. It was in the post-Commonwealth period that the municipality continued to provide political leaders who became mayors of other towns, provincial board members and congressional district representative for Benguet and Baguio City.

Over the years, the tradition of leadership in the municipality has evolved, extending from the political arena to the broader field of public service. This is well documented with the awards and recognition received by Tublay from various sectors. In 2017 alone, the municipality received national, regional and local awards in disaster preparedness, child protection, local health system, cooperative development and, nutrition. Living up to this tradition, the Municipal Nutrition Committee, led by Mayor Armando I. Lauro, formulated the framework for the municipal nutrition program to ensure that it adequately responds to the needs of the constituents.

Tublay SHINES. An output of the planning workshop of the municipal and barangay nutrition committee back in 2007 was the localization of the Philippine Plan of Action for Nutrition and came up with the framework for the municipal nutrition program, the overall goal of which is to combat malnutrition and improve quality of life of its constituents. Tublay SHINES stands for: Safe environment and disaster preparedness; Health and social services; Income generation and livelihood initiatives; Nutritious food intake and breastfeeding; Education focused on nutrition advocacy, promotion of healthy lifestyle and gender equality; Stable food supply and hunger mitigation

Project AJUWHAN. Short for A Joint Undertaking for Women’s Health and Nutrition, the project aims to improve the health and nutritional status of the family by improving the health and nutrition of the mother. Since its launch in 2013, health services to women especially to pregnant mothers were scaled up. The

project scaled up prenatal, post-natal services and facility-based deliveries such as pregnancy tracking, prenatal check-up, buntis class, buntis exercise, micronutrient supplementation, Infant and Young Child Feeding, supplemental feeding for anemic and sickly mothers, family planning services, counseling as well as livelihood assistance. In 2017, 463 pregnant women received prenatal services, 457 received post-natal services.

Special Projects. In 2017, through Municipal Nutrition Committee Resolutions No. 3, No. 4 and No. 5 adopted three special projects namely: 1) Strengthened nutrition information and education campaign through measurement of knowledge gained, attitudes and practices; 2) Health and Nutrition Profiling of household target participants in development-related trainings and seminars conducted in the municipality; and, 3) Comparing academic achievement among stunted school children in the municipalities. Not barangays? Results of the special projects provided data for further prioritization of targets in programs and projects, and targets for repeat teaching in nutrition education activities using different strategies of learning.

The localization of the nutrition program, scaling up of activities and continuing initiative to generate evidence for more efficient implementation certainly contributed to the reduction of the prevalence of stunting and wasting among preschool children from 8.0% in 2016 to 4.9% in 2017, and 0.2% in 2016 to 0.04% in 2017 respectively.

From the past to present, the municipality of Tublay never waned in its tradition of leadership. And it intends to continue doing so as it takes every step to ensure its victory over malnutrition and ultimately, improve the lives of its citizenry. Shine on Tublay!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION QUEZON PROVINCE

*Investing in nutrition for a healthier and better future*



Quezon, a province in Region IV-A or CALABARZON, was named after the second President of the Philippines, Manuel L. Quezon. The province consists of 39 municipalities and 2 urbanized cities, Lucena City and Tayabas City. The province has a large area for coconut plantations and has several coconut processing plants that makes the province one of the leading producers of coconut products in the country. Surrounded by a long coastline and bays, fishing is also a major source of livelihood of Quezonians.



Through the leadership of Governor David C. Suarez and Representative Anna Villaraza-Suarez, a Provincial Nutrition Task Force was created in 2014 to address the high malnutrition rate in the province. Statistics showed that the prevalence of underweight and severely underweight in preschool children 0-71 months was 11.4%, the only province in CALABARZON with a double-digit malnutrition rate in 2014. The Provincial Nutrition Task Force identified and addressed the key gaps in the nutrition policy environment, namely: 1) lack of comprehensive provincial nutrition programs; 2) inadequate health and nutrition practitioners; and 3) non-standardized equipment for assessing height and weight of children.



Upon recommendation of the Task Force, the Provincial Nutrition Action Office (PNAO) and the Quezon's First 1000 Days (Q1K) program were established to lead the implementation of health and

nutrition programs in Quezon Province. Re-activation of Municipal Nutrition Committees across the province was also done to ensure efficient and effective implementation of the programs.

Moreover, the Association of Quezon Nutrition Action Officers (AQNAO) and Quezon Federation of Barangay Nutrition Scholars (QFBNS) were established to optimize the impact to nutrition of these programs. A Provincial Monitoring and Evaluation Unit was also created through the District Nutrition Program Coordinators to provide supportive supervision to all cities, municipalities, and barangays in the province. In order to get reliable data on nutritional status of the province, the provincial nutrition office provided wooden height boards and hanging weighing scales to all barangays in the province.

Quezon's First 1000 Days of Life (Q1K) Program. The first of its kind in the Philippines, the program aims to secure the health of pregnant women and infants 0-23 months old through delivery of a package of intervention which includes: 1) health care and sanitation, where pregnant mothers are provided with Modified Maternal, Newborn, Child Health and Nutrition package consisting of laboratory works and ultrasound, newborn screening tests, immunization for the newborn, lectures on proper hygiene and sanitation, and provision of booklets including a guide to healthy pregnancy called "Mama Book" and an Early Childhood Care and Development checklist called "Baby Book"; 2) food and nutrition, where micronutrient powder is given to children aged 6-12 months, and Momsie, a ready-to-use supplementary food (RUSF), is distributed to children aged 12-24 months for 120 days. Pregnant women are also given vitamin A and iron with folic acid supplements. Moreover, exclusive breastfeeding was intensified through nutrition education classes that cover proper maternal, newborn and childcare. The Barangay Nutrition Scholars are also capacitated on Infant and Young Child Feeding. All Q1K beneficiaries are required to establish home gardens to be used for their own consumption; and lastly, 3) social care, where parent effectiveness sessions are conducted among parents. Topics include home management, prevention of child abuse, child development, keeping positive children's behavior, and health, among others.

Nutri-Combo Program. The program aims to reduce the prevalence of undernutrition in the province through provision of complementary and supplementary food, creation of sustainable livelihood programs and backyard gardening. Under this program, identified underweight and severely underweight 6-23 months old children are provided with micronutrient powder for a minimum of 120 days. Center-based feeding using VitaMeal which contains rice and lentils, and provision of two nutripan, a malunggay-spiked bread, are done daily for 120 days for identified underweight 24-71-month-old children. Furthermore, in partnership with the World Health Organization, underweight children aged 6-59 months are given Plumpy Sup, a Lipid-based Nutrient Supplement Large Quantity (LNS-SQ) to improve their nutritional status. Households with undernourished children are also provided with fruit and vegetable seeds/seedlings while parents are trained on income generating projects such as food carts and product development such as bread, tea, juice and soap making to increase household income and food security.

As a form of incentives, the provincial government established a recognition system to award the best nutrition program implementers through Gawad Parangal sa Nutrisyon held during the annual Provincial BNS Convention. This acknowledges the efforts of the local nutrition and health workers in reducing the prevalence of malnutrition in their respective barangays.

Through these holistic interventions, the prevalence of stunting in preschool children decreased significantly from 27.6% in 2015 to 21.8% in 2017, while underweight among preschool children posted a decline from 10.8% in 2015 to 8.8% in 2017.

Indeed, good governance coupled with investments in nutrition, particularly in the First 1000 days of the child's life, are pushing the province closer to winning the fight against hunger and malnutrition. Truly, the future of nutrition is brighter and better for the province of Quezon!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION BIÑAN CITY, LAGUNA

*Relentless and Unparalleled Efforts Paving the Way to Nutrition Success*







## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION CAIBIRAN, BILIRAN

*Teamwork and Good Governance Towards Good Nutrition*



The municipality of Caibiran is a 5th economic class municipality in the province of Biliran in Eastern Visayas. Belonging to one of the country's smallest provinces, Caibiran with its 17 barangays is becoming an emerging municipality, with its rich agriculture and booming tourism industries.

The Municipal Nutrition Committee of Caibiran, chaired by Mayor Eulalio G. Maderazo, believes that the ultimate goal is to reduce the prevalence of malnutrition and promote better health for all Caibiranons. In pursuit of this goal, the committee together with the barangay nutrition committees (BNCs) started by including nutrition and health programs in the municipal comprehensive and barangay development plans.

Various collaborations have been pursued through linkages of many public and private organizations. The Sangguniang Bayan as the local legislative body showed its support through enactment of resolutions and ordinances, issuing five (5) nutrition sensitive ordinances in 2017. Nutrition programs were further strengthened through the inclusion of nutrition specific and nutrition sensitive activities and projects in the Comprehensive Land Use Plan (CLUP) and the annual investment program. Private partners such as the United Caibiran Association in Metro Manila (UCAMM), Bohol Brothers, Barangay Palenque Community, Caibiran National High School, and Caibiranhon Concerned Citizens Group were among the more active partners of the nutrition committee in the implementation of nutrition projects such as supplementary feeding programs.

Activities such as Sabay-sabay Pasuso, Gandang Buntis, Talentadong Tatay, Well Baby Contest, and Nutri-Parade Kangga are among the activities that the municipality conducts to promote good nutrition. Every October, the municipality also joins in the celebration of the Global Handwashing Day as part of its health and wellness advocacies.

To improve the people's knowledge and practice on health and nutrition, health and nutrition education classes such as the Pabasa sa Nutrisyon, Parent Effectiveness Service (PES), and Family Development Sessions (FDS) were conducted in different barangays. In addition, nutrition is integrated into the curriculum of primary and secondary schools with the help of teachers and school nurses. Trainings in the management of severe acute malnutrition (SAM), entrepreneurial development, and disaster preparedness were also conducted among municipal and barangay nutrition committee members and among families with underweight children.

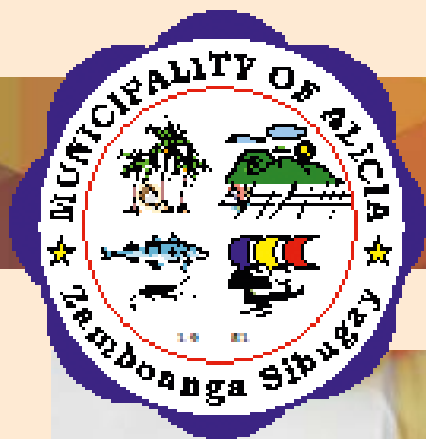
Reducing the prevalence of malnutrition in young children is a major priority in Caibiran. Barangay Nutrition Scholars (BNSs) are the frontliners in this campaign as they continue to work full-time on nutrition-related activities. They assist in the promotion of Infant and Young Child Feeding (IYCF) practices and continually monitor the nutritional status of the children in their respective barangays. They are instrumental in the successful conduct of emergency feeding programs, distribution of relief goods and hygiene kits during emergencies, in particular, during the Tropical Storm Urduja. In 2017, a total of 22 BNSs were trained and deployed in all of the municipality's 17 Barangays.

In order to address food insecurity in the city, especially at the household level, Caibiran practices alternative and sustainable solutions to address inadequate income and resources. The municipality has integrated the establishment of community vegetable gardens, maximizing small spaces through the A-riser strategy. The A-riser gardening utilizes organic fertilizer that includes Fish Amino Acid (FAA) which helps in significantly increasing yield in vegetables. Over 2,580 households were able to establish their own vegetable gardens using this strategy in 2017. To provide opportunities for additional income, livelihood skills training on baking/pastry making were conducted among women's organizations while livestock and fingerlings were distributed among households with malnourished children. In 2017, a total of 597 households with malnourished preschool and school children were provided with food production inputs.

The Piso Mo Dagdag Timbang Ko initiated by the Department of Education (DepEd) serves as a form of a resource generation activity for nutrition activities among school children. The said strategy was able to raise a total of P38,500 in 2017 that was used to subsidize feeding of underweight children.

With all the collective and sustained efforts of different stakeholders implementing a package of nutrition interventions, the municipality is successfully reducing the prevalence of underweight among preschool children from 9.9% in 2015 to 5.2% in 2017.

Caibiran deserves to be recognized as one of Eastern Visayas' emerging nutrition champions and is getting ready to take nutrition to higher levels!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION ALICIA, ZAMBOANGA SIBUGAY

*Taking the pro-active stance towards a malnutrition-free constituency*



Named after Doña Alicia Jimenez Syquia-Quirino, wife of President Elpidio Quirino by virtue of Executive Order 268 issued in 1951, the municipality of Alicia prides itself with clear waters and pristine beaches. The 3rd economic class municipality is blessed with rich marine resources such as lapu-lapu, milkfish, salmon, tanigue, mantis and shellfish like lobster, shrimps and crabs. Primarily an agricultural economy, its major products are agar-agar, rice and coconut.

Pro-active and responsive best describes the Municipal Nutrition Committee of Alicia. Led by Mayor Yashier Musa, the MNC adapted nutrition and related programs and projects based on the nutrition needs and situation of specific population groups.

Mothers' Absolute Advocacy for Malnutrition (MAAM) - Free municipality. Recognizing the problem of malnutrition among school children, the Municipal Nutrition Committee packaged existing interventions specific for parents of underweight school children, women of reproductive age, pregnant, lactating mothers, and adolescent youth. Components of MAAM include: 1) discussion of backyard gardening and small animal raising during nutrition education classes for parents with malnourished school children; 2) health and nutrition counseling for women of reproductive age and adolescent youth; 3) training on Pabasa sa Nutrisyon and Infant and Young Child Feeding (IYCF) practices for women of reproductive age, pregnant and lactating women; and 4) discussion of nutrition topics and sharing on IYCF during Family Development Sessions (FDS) for 4Ps beneficiaries.

Hakbang para sa Kalusugan at Pangkabuhayan. Launched in 2017, the program focuses on the nutrition education of pregnant mothers to ensure their and their infant's health and wellness during and after delivery. The program consists of ten modules on several topics such as causes and consequence of malnutrition, Infant and Young Child Feeding, nutrition in the life cycle, family planning, family enrichment, nutrition-in-emergencies and Nutritional Guidelines for Filipinos. Participants who completed the sessions and sustained their normal weights were provided skills training and capital assistance as incentive. In 2017, 30 mothers received skills training and starter kits for successfully completing the sessions and maintaining normal weight.

Serbisyo sa Barangay na May Oras Pangpamilya (SB na MayOr Pa!). To sustain existing nutrition and related programs, the Municipal Nutrition Committee developed this strategy for the line agencies to monitor and at the same time provide services to the barangays. Members of the Municipal Nutrition Committees were tasked to monitor existing programs such as Supplementary Feeding in the 44 day care centers and maintenance of communal gardens by parent leaders and household members. They were also tasked to provide services and assistance to the communities such as bi-annual medical outreach, distribution of vegetable seeds and planting materials, distribution of ceramic toilet bowls to Pantawid Pamilya Pilipino Program members with malnourished children as measured by the social worker.

Senior Citizens Congress. The Senior Citizens Federated Association conducted the Senior Citizens Congress to contribute to the advocacy for good nutrition not only among their peers but also for good nutrition of the children in the municipality. The Senior Citizens Congress aimed to capacitate the active elderly in advocating good nutrition including counselling of mothers with the older persons acting as caretakers of their grandchildren. The Congress was participated by all the 27 barangays of Alicia.

The combination of new and existing strategies employed by the municipality of Alicia led to the continuous reduction in the prevalence of underweight, stunting and wasting among preschool children from 1.8% in 2015 to 1.4% in 2017, 9.8% in 2015 to 4.6% in 2017 and 2.3% in 2015 to 0.8% in 2017, respectively.

With the pro-active and responsive stance taken by the municipality to address malnutrition, Alicia should not go any other way but towards a healthy and malnutrition-free constituency. Carry on Alicia!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION PROVINCE OF MISAMIS OCCIDENTAL

*Intensifying Nutrition Actions for Well-Nourished Misamisnons*



Located in the northern region of Mindanao, Misamis Occidental is considered one of Mindanao's best agri-fishery-industrial hub. Although agriculture by resource, the province of Misamis Occidental continues to be the center of commerce, health, transportation, and education in Mindanao. Once Northern Mindanao's center of influence in the mid-18th century, it continues to regain prominence in today's generation.

The Provincial Nutrition Committee (PNC), headed by Governor Herminia M. Ramiro, is geared to be vanguards against malnutrition. It has set its goal of being a healthier and better province and strongly believes that proper implementation of nutrition-specific and nutrition-sensitive interventions as well as strong political will impact significantly towards the achievement of this goal.

Nutrition projects and activities were carefully laid out and integrated in the Provincial Development Plan and Provincial Development & Physical Framework Plan (PDPFP), while developing strategies for its implementation. One of these strategies is the creation of the interagency Provincial Nutrition Lobby Team (PNLT), whose task is to formulate, monitor and evaluate the progress of the nutrition program in the entire province. The PNLT also advocates for strong implementation and prioritization of nutrition programs in the municipalities of Misamis Occidental.

Misamis Occidental recognizes the need for better knowledge and practices in attaining proper nutrition. To address this, quad media in the form of television, radio, print and the internet was used to increase the level of awareness on good nutrition among the Misamisnons. A local station, SNK Misamisnon (Saktong Nutrition sa Katawhang Misamisnon) regularly airs in local radio stations selected nutrition plugs and other materials provided by the National Nutrition Council. The province was also the first to heed the call to create a Provincial Bantay Asin Task Force (PBATF) to monitor iodized salt utilization of all households in order to curb iodine deficiency disorders in the province.

To reduce the level of food insecurity and malnutrition, the province implemented projects on food and vegetable gardening, particularly in schools. To date, seventy (70) schools maintain their own vegetable gardens. As additional support, the Philippine National Police (PNP) maintains its own Gulayan in every police

station to provide the vegetables needed for the supplementary feeding for preschool children outside the Day Care Centers.

Intensifying its support to the ECCD-First 1000 Days program, the province set up lactation rooms in the Provincial Capitol and provided manna packs as dietary supplements to nutritionally-at-risk pregnant and lactating mothers. In 2017, the province was able to provide manna packs to 696 nutritionally-at-risk mothers.

Along promotion of healthy lifestyle as preventive measure to overweight and obesity, an ordinance institutionalizing the physical exercise and wellness program for all capitol employees in the province of Misamis Occidental was issued. Hataw/Zumba sa Kapitolyo and Biggest Loser contest, are among the wellness activities that are being held regularly for provincial employees. Meanwhile, a mini gym is currently being constructed as a facility to support individuals trying to reduce or manage overweight and obesity.

The convergence of efforts of all stakeholders has made a positive influence towards the reduction of malnutrition. A significant decrease in the prevalence rate of underweight and severely underweight preschool children from 10.3% in 2013 to 4.6% in 2017; wasted and severely wasted from 5.3% in 2015 to 3.1% in 2017; stunted and severely stunted from 20.7% in 2015 to 11.4% in 2017 were noted. For school children, a significant reduction of wasted and severely wasted pupils was noted from 12.5% (SY 2015-2016) to 10.2% (SY 2017-2018).

The province eventually accomplished the remarkable feat of delisting Misamis Occidental as one of the nutritionally-depressed provinces. With that, the province deserves to celebrate and be recognized with a new CROWN!



## CONSISTENT REGIONAL OUTSTANDING WINNER IN NUTRITION POLOMOLOK, SOUTH COTABATO

*Cultivating Knowledge and Empowerment for a Nutritionally Progressive Polomolok*



Acclaimed as the most competitive municipality in Mindanao, Polomok, South Cotabato is a first-class municipality that serves as home to more than 150,000 residents. It is composed of 4 urban barangays and 19 rural barangays, with more than 15,000 hectares of rich and productive agricultural land. Due to the establishment of the largest pineapple company in Polomolok, pineapple is the most grown crop in the municipality, covering 12,000 hectares of agricultural land and providing jobs to about 6,000 residents. This contributed greatly to its rank as the 21st in the largest income earning municipality in the country and is continuously succeeding in the implementation of its revenue generation program.

With the vision of a “committed and empowered stakeholders ensuring a nutritionally improved well-being of every constituent for a progressive Polomolok,” the Municipal Nutrition Committee (MNC), led by Mayor Honey Lumayag Matti, aims to reduce the prevalence of malnutrition among pre-school children, as well as among primary, and secondary school children. Toward this, the Infant and Young Child Feeding (IYCF) Program was implemented in all the 23 barangays to increase the rate of exclusive breastfeeding. Partnerships and linkages were established among different sectors for program sustainability and empowerment of Polomolok by the end of 2022.

To achieve these goals, the MNC established innovative programs that incorporate nutrition education with collaboration and partnership of different stakeholders. One of these is the Simple Talk Educates People Program (STEPP), a year-round activity implemented by the MNC where gatherings are conducted in every barangay to promote healthy lifestyle among the residents, as well as educate them on weight management and the risks posed by non-communicable diseases. Topics such as blood pressure monitoring and importance of medicines are also discussed while misconceptions on health and nutrition are also addressed during the conduct of STEPP.

Nutrition education is also incorporated in the Inay Buhay Nakasalalay Project where pregnant and lactating women in Polomolok are gathered to educate them on proper nutrition in the first 1000 days and to inform them regarding services they can avail from the municipality. During these assemblies, topics including exclusive breastfeeding in the first six months of life, complementary feeding, proper sanitation, home food and nutrition security, and government policies and laws covering the first 1000 days are discussed. Year 2017 marks the 3rd year of Inay Buhay Nakasalalay Project, with a total

of 2,198 mothers oriented to date. In addition, nutrition information, education, and communication (IEC) collateral materials are posted in barangay halls, health station, and other public places.

Meanwhile, partnerships and linkages of different sectors and stakeholders are also highlighted in the Positive Approach for Life's Advancement and Development (PALAD) Program where proposals on livelihood, skills training, and other projects are presented to non-government organizations (NGOs) and other stakeholders for financial support. The target beneficiaries of the PALAD Program are 403 parents of at risk-children in Polomolok.

In addition to these programs, another innovative approach to nutrition was the establishment of the Polomolok Nutripan Bakeshoppe. Operated by the MNC, the Polomolok Nutripan Bakeshoppe produces affordable breads filled with fruits and/or vegetables that are distributed to schools in the municipality. A bakery outlet is also available for walk-in customers and tourists who want to taste the Nutripan delicacies. In 2017, a P300,000 income was generated from the Polomolok Nutripan Bakeshoppe, and was utilized by the MNC as funding for nutrition and nutrition-related projects.

Nationwide nutrition activities such as Operation Timbang Plus, Pabasa sa Nutrisyon, Gulayan sa Paaralan, and feeding programs are still continuously implemented in the municipality. Feeding programs for at-risk public elementary and secondary school students are also carried out.

Implementing nutrition education programs, primarily targeting parents of nutritionally-at-risk children, as well as regular execution of nationwide nutrition programs, proved to be effective for the municipality of Polomolok. This is shown by the decline in the prevalence of wasted and severely wasted pre-school children, from 2.05% in 2015 to 1.48% in 2017. The prevalence of overweight and obese pre-school children has also decreased from 1.75% in 2015 to 1.24% in 2017.

Progressive empowerment of residents through nutrition education and provision of livelihood and skills-training opportunities largely contributed to Polomolok's success in addressing malnutrition in the municipality. Clearly, Polomolok knows what it takes to become a nutritionally progressive community and is more than ready for what is to come as they accept their CROWN. Padayon Polomolok!



## 1<sup>ST</sup> YEAR CROWN MAINTENANCE AWARD KALAYAAN, LAGUNA

***Strong multi-sectoral involvement towards nutrition improvement***



The municipality of Kalayaan is a 3rd economic class municipality in the province of Laguna consisting of hilly and flat terrain. It is composed of three barangays: Longos, San Antonio and San Juan. The economy of Kalayaan is anchored on agriculture, and cassava is one of its valued products. In fact, the municipality annually holds the Kamoteng Kahoy Festival showcasing countless ways of preparing the popular root crop staple in the area. Kalayaan is also known for its hydroelectric power plant, the Kalayaan Pumped Storage Power Plant, which is the first of its kind in Southeast Asia and the only pumped storage facility in the country.

The municipal nutrition committee, led by Mayor Leni M. Adao, is guided by the vision of a well-developed agricultural and environment-friendly community of peaceful, God-loving, healthy, and united citizenry. This vision is being concretized through Mayor Adao's flagship agenda called

the 4K Priority Program - Kabuhayan, Kalusugan, Karunungan, at Kalikasan. This program aims to promote progress of the municipality and ensure that each resident enjoys a satisfactory quality of life through the development of a well-balanced physical environment where economic, social and cultural activities are freely and fully pursued.

Under the Kabuhayan component, various groups are provided with livelihood skills training to empower them and improve their income. Some of the trainings conducted include courses on processing of soy beans, cassava and knife fish as well as the production of honey and abaca. Dishwashing liquid-making is the most popular and most preferred across different groups that includes special children, mothers of undernourished children and senior citizens, who either sell the products at their homes or through local stores.

Nutrition is very much highlighted under the Kalusugan component, which includes activities emphasizing the first 1000 days. Breastfeeding Patrol Support Groups were established in each barangay, consisting of midwives, Barangay Nutrition Scholars and mothers. This support group is committed to give their full support to promote not just exclusive breastfeeding, but proper Infant and Young Child Feeding practices. The support group conducts activities such as Promote Good Nutrition, Pabasa sa Nutrisyon, malunggay planting, and malunggay capsulation and distribution. A Buntis Congress is also conducted by the group, which includes free blood typing and dental consultations, among others. A seminar, primarily discussing the importance of prenatal visits, breastfeeding, newborn screening and immunization is also conducted as part of the congress.

Part of promoting healthy lifestyle, Zumba is a popular activity among different age groups to help them maintain healthy weight. This is regularly attended by members of the Samahang Bagong Kababaihan ng Kalayaan, Laguna Inc. (SBKKL Inc.), senior citizens and municipal employees. In elementary schools, this activity is also conducted as Zumbagets.

The Karunungan component aims to increase knowledge and awareness on various aspects, including nutrition. Promote Good Nutrition classes are held every first week of the month with pregnant and lactating mothers and mothers of malnourished

children as beneficiaries. Film showings on Wastong Nutrisyon at day care centers are also conducted. Farmers also gain from this component of the 4K program through trainings on rice pest and diseases; corn program (training course on GAP corn); cacao, pineapple and banana production; and farmers information and technology services.

Conserving the environment or Kalikasan is valued by the municipality. Greening projects such as Luntiang Bahay Kubo and Luntiang Halamang Gamot serve dual functions in maintaining a green environment and ensuring good health among the community by providing food and alternative medicine. The container gardening program contributes to improved and sustained food security especially among 4Ps beneficiaries by encouraging them to set up home food gardens.

Private companies, individuals and non-government organizations are involved in improving the lives of the citizens of Kalayaan. Donations in cash and in kind are used in capacity building and feeding programs or donated to targeted beneficiaries. CBK Power Company Limited (CBKPCL), which manages the hydroelectric power plant of Kalayaan, is a member of the municipal nutrition committee (MNC) and regularly attends meetings. CBKPCL in collaboration with the MNC started the Manna Pack rice feeding program, a supplementary feeding program using fortified rice that started from April until November 2017. The SBKKL Inc. is non-government organization that provides assistance to the women of Kalayaan through various trainings. One of their activities is the capsulation of malunggay to enable women to generate additional income for the family.

The strictly-implemented 4K priority program coupled with multi-sectoral involvement proved to be effective in improving the nutritional status of vulnerable groups in Kalayaan. The prevalence of underweight preschool children showed a steady decline from 2.1% in 2015 to 1.3% in 2017. Likewise, the prevalence of wasting among preschool children also declined from 5.9% in 2015 to 4.7% in 2017.

Strong involvement and commitment of the members of the MNC and various stakeholders showed favorable nutritional outcomes for the municipality, truly deserving of the 1st Year CROWN Maintenance Award---one step closer to the highest nutrition award!



## 1<sup>ST</sup> YEAR CROWN MAINTENANCE AWARD ROXAS, ORIENTAL MINDORO

*Food security and healthy environment leads to good nutrition*



The municipality of Roxas with a land area of 8,526 hectares, is the smallest municipality of the province of Oriental Mindoro. A 2nd economic class coastal municipality, Roxas is composed of 20 barangays classified as urban, urbanizing, rural and coastal. The primary source of income of the residents is farming and fishing. The municipality is also home to the Mangyans in the province. Progress started in 2003, when the Strong Republic Nautical Highway (SRNH) was opened as a transit port for foreign and domestic tourists bound for Boracay thus earning for Roxas the moniker “Gateway to Boracay”.

The chairperson of the Municipal Nutrition Committee (MNC), Mayor Violeta Dimapilis and members envision a “nutritionally sound municipality where Roxaseños are well nurtured, in good health, smart, socially and economically productive with high sense of self-esteem and self-respect.” To attain this vision, the MNC focuses on ensuring food security and sustained healthy and safe environment.

**Food security.** The MNC initiated the implementation of the Gulayan sa Daan project. In this project, 4,029 beneficiaries of the Pantawid Pamilya Pilipino Program (4Ps) plant vegetables along the road or pathway assigned to them. With this scheme, barangay constituents have access to vegetables all year round. Aside from the home gardens, the 28 public schools and 48 day care centers of the municipality have functional Gulayan sa Paaralan, where the produce are used for school feeding of identified malnourished children. Moreover, 317 families of underweight and severely underweight preschool children and 807 families of wasted and severely wasted school children were provided with fingerlings. To ensure sufficient food production, particularly in the 5 identified depressed barangays, the MNC assisted in the construction of the irrigation system to provide year-round water supply for irrigation of crops.

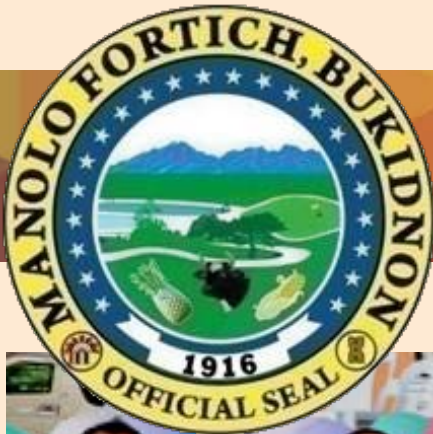
**Healthy and Safe Environment.** The MNC believes that the nutritional well-being of their constituents is better addressed if there is a balanced, healthy and safe environment. As of 2017, 93.9% (11,149) households have access to sanitary toilet and 90.4% (10,811) households have access to Level 1 water source. The Salin Tubig Program initiated by DILG and DPWH has expanded from Barangay San Vicente to two more barangays (Barangays San Mariano and Happy Valley) thus giving access to Level III

safe water to 1,072 households in these barangays. In addition to safe water, the MNC strengthened its campaign on personal hygiene and sanitation among students in day care centers and elementary schools through teaching of proper handwashing. The local waste management program was also strengthened through the strict implementation of recycling and waste segregation at home, and twice a month garbage collection.

The resolutions passed by the Sangguniang Bayan of Roxas were supportive of nutrition. These include conservation of marine life, construction of farm-to-market roads and irrigation canal, establishment of breastfeeding corners in public and private facilities and institutions. These resolutions will provide the enabling environment for the implementation of the Municipal Nutrition Committee’s strategies to ensure food and nutrition security for the people of Roxas.

Positive results are being noted in view of the municipality’s sustained efforts toward improving nutrition. Over the period 2015-2017, the prevalence of underweight and severely underweight preschool children decreased from 4.4 % to 3.2%, stunted and severely stunted from 23.7% to 8.3%, and wasted and severely wasted from 23.6% to 8.3%.

Truly, with all these accomplishments and improvement in the nutrition landscape, it comes as no surprise that Roxas’ future will be bright and progressive.



## 1<sup>ST</sup> YEAR CROWN MAINTENANCE AWARD MANOLO FORTICH, BUKIDNON

*Empowering the Community toward a Malnutrition-Free Municipality*



Formerly known as “Maluko”, Manolo Fortich is a first economic class municipality located in the northern part of the province of Bukidnon. It is bounded in the north by Cagayan de Oro City and the municipality of Malitbog. In the east by the municipality of Sumilao, in the west by the municipalities of Libona and Baungon and in the south by the rugged ranges of Mount Kitanglad. Today, with its total land area spanning 506.64 square kilometres, Manolo Fortich is known as “Northern Mindanao’s Fruit Basket” and the home to the first pineapple plantation in the Far East. These may explain why Manolo Fortich ranks fourth in the most populated, yet the most competitive municipality in the province of Bukidnon in 2014, and 20th in Northern Mindanao in 2016.

With rising economy, due to tourism, and population, Manolo Fortich remains steadfast in its commitment of putting premium in the nutritional wellbeing of its people, as demonstrated by the various nutrition-sensitive initiatives of the Municipal Nutrition Committee (MNC) headed by Mayor Clive D. Quino. Since 2007, the 15 Special Projects were implemented in Manolo Fortich to serve different purposes towards achievement of one goal—poverty alleviation. A number of the 15 projects were designed by the MNC to be more nutrition-sensitive to provide positive impact on nutrition:

Real Quality Public Service (RQPS). Since its institutionalization, the “Respond Quickly Rescue Team” delivers nutrition-sensitive services such as medical consultation, dental check-up, tooth extraction, as well as free medicines and supplemental feeding for the malnourished in selected barangays every Friday. The activity aims to make these services accessible especially to malnourished children and their families while encouraging people to be more participative in community building.

Revitalized Quest Towards Total Community Development (RQTTCD). The project encourages participation of the different sectors of the local government of Manolo Fortich, by organizing additional sectors in the barangays such as women’s organization, farmers’ sector, and volunteers, in particular, the barangay health workers and barangay nutrition scholars, among others. Activities include livelihood and skills training such as slipper-making, cocoa and coffee blending, to augment the income of poor families while empowering the different sectors, creating a sense of community where all contributions, big or small, matters.

Utan sa Tugkaran and Organic Farming. To promote backyard food gardening in homes and barangay zones, these activities provide

immediate source of healthy and nutritious food for the community as well as additional source of livelihood for poor families. The MNC also monitors and evaluates the set up of facilities of these vegetable gardens and conducts annual awarding ceremony for the Aktibong Sona and Aktibong Barangay, to motivate all households and barangays. In 2017, a total of 17,840 household vegetable gardens and 193 zonal vegetable gardens were established.

Hataw Manolo Fortich. This is a project that covers various sports activities to address the emerging problem of overweight and obesity in the municipality. It aims to promote good nutrition and healthy lifestyle for the community. Along with sports activities such as basketball, volleyball and boxing, the MNC also established regular hataw exercise schedules in the zones and the various departments of the local government unit to highlight the importance of physical fitness among children, as well as adults.

Inspired by the 15 Special Projects’ potential in effectively soliciting community support and participation in the success of the local nutrition program, the municipality developed two additional projects— 1) Community Leadership and Youth Volunteers Empowerment or CLYVE and; 2) Community Driven Quality Livelihood Initiative and Volunteerism Enhancement or CDQ LIVE—which aim to involve the community from different age groups, and become the driving force in uplifting the nutrition, health and overall well-being of its people.

The collaborative endeavor of the peoples of Manolo Fortich, and the Municipal Nutrition Committee has led to the improvement of the nutrition situation in the municipality, as shown by the decrease in prevalence of malnutrition among preschool children from 2015 to 2017, specifically on underweight and severely underweight from 1.0% to 0.7%. Stunting and wasting among the same age group also decreased from 14.1% to 10.4% and 4.2% to 4.0%, respectively. On the other hand, prevalence of wasted and severely wasted school children also decreased from 10.0% to 7.2%. Prevalence of overweight and obesity among school children also decreased from 1.9% to 1.1%.

With the sustained implementation and continuous improvement of existing initiatives, the goal of eradicating malnutrition in Manolo Fortich is within reach. It is with pride, greater determination and commitment that the Municipal Nutrition Committee shall continue to work hard, as they relish their well-deserved recognition for successfully maintaining their CROWN!



## 1<sup>ST</sup> YEAR CROWN MAINTENANCE AWARD TAGUM CITY, DAVAO DEL NORTE

*Fast rising towards Nutritional Well-being*



Tagum City is the capital of the province of Davao del Norte and is known as the most densely populated component city in Mindanao. The city is composed of 23 urban and rural barangays with a population of around 250,000. The strategic location of the city between the provinces of Davao del Norte and Compostela Valley, and Metro Davao has turned a predominantly agricultural area to a fast-rising and dynamic city. Being at the crossroads, the city has continued to attract migrant workers, and future permanent residents. The city is known as City of Festivals which further attracts people and significantly improves the tourism economy of the city. Thus, the 2017 Cities and Municipalities Competitiveness Index (CMCI) ranked Tagum as 3rd in the Overall Competitive Component Cities in the Philippines, 2nd in Infrastructure and 4th in Resiliency and 17th on Economic Dynamism.

Guided by its vision of “a highly urbanized city, moving towards industrialization and agriculture modernization, providing globally competitive trade and services in a disaster-resilient environment, with empowered citizenry, enjoying a better quality of life in a livable society through good governance under the guidance of the Divine Providence,” and mission -- “Tagum is committed to pursue sustainable and inclusive growth and development through highly competitive industries and accessible services and opportunities under good governance for better quality of life”, the City Nutrition Committee led by Mayor Allan Rellon believes that underlying any sustainable development is a strong human capital resource. And towards this end, the committee understands that investing in nutrition is essential to ensure availability and access to food and nutrition services..

“Nutrition starts in the soil”, a Tagum City Agriculture official once said. With this, the current banner program of the city is the Tagumpay Gulayan program inspired by the Green Revolution program in the '70s. Mayor Rellon envisions that the Tagumpay Gulayan program will change the lives of his constituents. The program was adopted in all the 23 barangays down to the purok level. The program converts all idle lands or plots into vegetable plots. At present, the residents are starting to earn approximately P1,500 per month from the garden produce. All 96 day care centers of the city have vegetable gardens. The backyard food gardens make use of recycled containers such as old tires, foil packs, used sando bags and other materials. The parish churches also maintain vegetable

plots for the parishioners' consumption. An important component of the Tagumpay Gulayan program is the continuing education of 2,464 farmers, teachers and principals from Tagum schools, and the conduct of workshops for the 1,550 Gulayan sa Pamayanan Coordinators. Aside from the vegetables, the City Agriculture Office also developed component on marine production. Bangus fry were dispersed to 3 fishpond owners in Bgy. Bingcungan, while tilapia and hito fingerlings were dispersed to fishpond owners in barangays Pagsabangan (a nutritionally depressed barangay), New Balamban and Pandapan.

**Economy.** Families with malnourished children were trained and introduced to swine and goat fattening, vending vegetables or sari-sari store. 705 residents undertook skills training and short courses at TESDA on meat processing, caregiving, massage and electrical. At the City Public Employment Office (CPEO), a directory of skilled workers per barangay was generated as basis for job referral. Financing was provided by lending institutions that provide minimal or zero interest. One of these loan institutions is the Go Micro wherein the loan borrowed by an individual is interest free with a starting loan of P5,000.00 and payable in 10 months.

**Health and Nutrition.** In 2017, barangay nutrition scholars (BNSs) conducted Pabasa sa Nutrisyon among 162 mothers and caregivers. The BNSs, together with the NDP nurses, also attended nutrition education and maternal health classes for pregnant women. Pregnant women are closely monitored by health and nutrition workers such as BNSs to ensure that they comply with the policy of delivery at a health facility attended by a trained health professional to reduce maternal mortality. Once the mothers have given birth, the BNSs conduct house to house visit to guide and assist mothers and encourage them to exclusively breastfeed their child.

This early, a reduction in the prevalence of underweight, stunting and wasting among preschool children was already noted from 2015 to 2017 – for underweight from 2.5% to 2.2%, for stunting from 11.1% to 5.5%, and for wasting from 2.6% to 1.6%.

And as the name of the city implies, TAGUM is TAGUMPAY and is on the road to achieving its goal of ZERO MALNUTRITION in the near future.



## 1<sup>ST</sup> YEAR CROWN MAINTENANCE AWARD BAYUGAN CITY, AGUSAN DEL SUR

*Investing in nutrition is a sound and wise investment*



Bayugan is a Manobo term meaning pathway. Bayugan City is a 5th economic class city and the growth center of the province of Agusan del Sur. It is composed of 43 barangays from the interior highlands and lowland. The city is home to five (5) indigenous tribes, the Manobo, Higaonon, Banwaon, Lamayo or Mandaya and Talaandig. It is more popularly known as the cut flower capital of the province with its cool climate especially in the highlands. The city is the major producer of rice and vegetables not only in the province but even in the neighboring provinces.

Bayugan City is also flourishing in the nutrition landscape under the City Nutrition Committee chaired by Mayor Kim Lope Asis. Mayor Asis believes in empowering and investing in human resources and involving them in the decision-making process. The multi-sectoral composition of the nutrition committee is an indication that the problem of malnutrition is multi-dimensional and its solution would require actions from several fronts too including the private sector, peoples' organizations and security forces.

To ensure availability and accessibility of health and nutrition-related health services, all 43 barangays have a fulltime midwife and a public health nurse deployed by DOH. Assisting the health personnel in the barangays are the barangay health workers (BHWs) and barangay nutrition scholars (BNSs). The City Health Office provides free medicines in barangay health stations to augment the supply from DOH. In some highland barangays, over-the-counter medicines are regulated and closely monitored by the city health office and can only be dispensed with the prescription from the CHO. All 43 barangays have nutrition offices where the BNS post nutrition posters and collateral information, education and communication materials. The office is also used to secure the data and records of the BNS such as barangay nutrition action plan, BNS action plan, barangay profile, family profile, problem tree of malnutrition, spot map and wall chart, among others. Measuring equipment like salter-type weighing scales and height boards are available in the barangays. Nutrition education classes and supplementary feeding activities are organized and held in the barangay health stations. The tandem of BNS and BHWs closely monitor all pregnant and lactating women through house to house visit. During the home visits, the BNS and BHW guide and assist the lactating women on proper breastfeeding techniques, if needed and on complementary feeding of infants beginning at six months while continuing breastfeeding.

The City Health Office implemented a local family planning project called Tuk-tok Planadong Pamilya, where about 1004 married couples were encouraged to avail and practice proper child spacing. Aside from the married couples, the health office started addressing the rising teenage pregnancy through advocacy campaigns. In 2017, the pilot sex education advocacy campaign was conducted in Berseba National High School. This activity was followed by the Adolescent Health Summit held in Bernabe National High School. The CNC has institutionalized the annual Buntis Congress in the city with an estimated 896 pregnant women in attendance. The city has adopted the establishment of breastfeeding corners in all government, school and some public establishments.

Side by side with advocacy and provision of health services is the nutrition committee's thrust on ensuring food security for all its residents. All 43 barangays have functional vegetable gardens, maintained as individual family food gardens such as that of 4Ps beneficiaries. The City Agriculture Office provides "Pinakbet mix" vegetable seeds to barangays and schools. About 500 families with underweight preschool children received vegetable seeds provided by the agriculture office. The produce from the Gulayan sa Paaralan are also used in the feeding program of the school. The City Agriculture Office also dispersed 31 head of swine, 84 goat, 10 head of carabao and 34 head of cattle to farmers and families with malnourished children. The aim of the project is to augment the family's food supply and to provide additional income.

Believing that investing in social intervention programs now is investing for the city's future, Mayor Asis was able to convince the Sangguniang Panlungsod to pass a resolution allotting P20 million pesos to ensure availability and accessibility of the city's vulnerable population groups to better social services.

The impact of the investments of combined social and nutrition-sensitive services is reflected in the downward prevalence rate of underweight, stunting and wasting from 2015 to 2017 among preschool children. Prevalence rate of underweight went down from 6.2% to 4.7%, stunting from 12.9% to 10.0%, and wasting from 3.4% to 2.5%.

With clear goals in sight, Bayugan City will prove that investing in nutrition is the right step to achieving sustained improvement in the people's quality of life.



## 1<sup>ST</sup> YEAR CROWN MAINTENANCE AWARD SAN FRANCISCO, AGUSAN DEL SUR

*Accountability and transparency towards zero malnutrition*



Among the indigenous peoples in the Philippines, the Manobo were the first settlers in the municipality of San Francisco. The municipality also housed the gigantic “toog” tree of Alegria, the most sacred tribal tree and the Irosin stone crafts of the indigenous peoples for hundreds of years. Today, San Francisco is a 1st economic class municipality with a total land area of 39,253 hectares and a population of 75,368 (2016 CBMS). There are 16,597 households 5,547 (33.4%) of which are considered poor. The main source of income of the residents is agriculture, followed by trade and commerce. In 2013, the National Competitiveness Council (NCC) awarded the municipality “Most Competitive Municipality in the Philippines” besting 163 first class municipalities in the country. .

The vision of San Francisco is a commercial and educational center of Agusan del Sur with God-loving, healthy and disaster-resilient community living in a safe and sustained natural environment with a strong local economy under a well-planned infrastructure governed by a dynamic and transparent leadership.” And its mission is of “delivering effective, efficient and quality services to the constituents and optimize utilization of its natural resources with consideration to ecological effects.” These vision and mission statements crafted by the Municipal Nutrition Committee chaired by Mayor Jenny de Asis guided their journey to reduce malnutrition among their constituents.

**Strategies.** To ensure that the municipality can respond to impending food insecurity and emerging nutritional problems, the MNC adopted the Early Warning System on Food and Nutrition Security (EWS-FNS). The EWS Core group and the BNS focal persons in the five (5) sentinel barangays collect quarterly secondary and primary data based on identified food and nutrition indicators. For the last four (4) years, the results generated from the system are used for program planning and implementation of potential interventions led by the Municipal Planning and Development Office (MPDO) and other key municipal units.

In Barangays Pisaana and Dos, the Barangay Nutrition Committees (BNCs) initiated a more comprehensive analysis of their nutrition situation. The BNCs correlated the existing barangay family profile, health and nutrition statistics (i.e. mortality, morbidity, immunization coverage, environment situation), economic data (i.e. occupation, source of income, existing industry in the barangay), and educational attainment of parents as supporting information explaining the situation. This led to identification of more relevant and practical interventions to mitigate impending food insecurity among poorer households in these barangays.

The Sangguniang Bayan supported the initiatives of the Municipal Nutrition Committee through passage of nutrition and related resolutions such as adoption of the Techno Gabay Farmers Information Technology Institute Center, implementation of the Integrated Clinic Information System, availability of the LGU ambulance to transport patients from the Hubang Birthing Clinic in times of emergencies, supplemental feeding for underweight children, livelihood program from DSWD-CARAGA and a partnership agreement to strengthen service delivery (SDN) of family planning and the maternal, neonatal and child health and nutrition program, to name a few.

**Environment sanitation and safety.** 14,422 (86.9%) of San Francisco’s population have access to potable water while 15,750 (94.89%) has access to sanitary toilet facilities. The municipality continues to strengthen its solid waste management system by installing Material Recovery Facilities (MR) in schools aside from those in barangays and strict enforcement of waste segregation. In far-flung barangays, waste segregation together with composting of biodegradable materials are practiced.

**Food security.** All 33 schools and 5 day care centers have functional food gardens and Gulayan sa Paaralan project in partnership with the Municipal Agriculture Office for the initial supply of vegetable seeds, seedlings and other planting materials. The 4Ps beneficiaries are also provided with plots for home food gardens.

**Health and Nutrition Advocacy.** The Project Jen is an activity that focuses on personal hygiene, feeding and conduct of nutrition and health education classes. The activity is conducted in the 27 barangays at least twice a year. Around 311 mothers and caregivers participated in the 27 batches of Pabasa sa Nutrisyon conducted by the nutrition office. Around 1000 families were involved in the vegetable production care and management training. The medical services and some of the feeding and livelihood programs are sponsored by the municipality’s partners from the private sector such as Timberland Lodge 69, Rotary Club and the Guardian Brotherhood, Inc.

The MNC and the private partners investment in nutrition-oriented programs have influenced the lives of San Franz constituents. Its impact is shown in the decreasing prevalence from 2015 to 2017 of underweight from 3.2% to 1.7%, stunting from 17.5% to 8.1%, wasting from 4.5% to 2.2%, and overweight and obese from 5.1% to 1.9%, respectively.

Truly, investing in nutrition augurs well for achieving a population of San Francisco that is productive, resilient and nutritionally-healthy.



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD ILAGAN CITY, ISABELA

*Home of the Golden Corn: Illuminating prosperity for a well-nourished City*



The City of Ilagan is a sprawling city where urban development and provincial charm converge. Dubbed as the fourth largest in the country, the city of Ilagan is the country's corn capital. This plays a vital contributing role to the province of Isabela which is the rice and corn granary of Luzon. As the provincial capital, the city of Ilagan is the ultimate gateway to Isabela province's best offerings – agricultural supremacy, cultural treasures, and vigorous trade and commercial life.

Through the leadership of Mayor Evelyn C. Diaz as chairperson of the City Nutrition Committee (CNC), the city recognized the importance of good nutrition to sustainable growth and development. The CNC therefore put in place multisectoral initiatives to battle malnutrition through its 10-point strategy.

First in its 10-point agenda is its focus on food security. The establishment of Gulayan sa Barangay and Gulayan sa Paaralan is continuously encouraged. The city agriculture office provides vegetable seeds and seedlings, propagates fruit trees, and disperses livestock particularly to nutritionally-at-risk families. In 2017, the city distributed seeds and seedlings to around 350 identified malnourished preschool children and school children, while maintaining vegetable gardens in all its 50 schools, as well as 12 community gardens.

Guided by the tenet "Begin with the end in mind", the CNC champions the 2nd agenda, focusing on prevention of malnutrition. The annual conduct of Buntis Congress in clusters of barangays improves the access of around 2,402 pregnant women to services on safe motherhood such as vitamin supplements, immunization, prenatal check-up with free routine laboratory tests including Hepa B and syphilis screening. Dental care, free haircut, slippers, baby clothes, and lectures on maternal health and nutrition are also given during the said congress.

The third of the 10 point agenda deals with effective and efficient delivery of essential services. To ensure this, a pair consisting of one barangay nutrition scholar (BNS) and one midwife assigned as barangay nutrition action officer (BNAO) is deployed in each of the 91 barangays with 301 barangay health workers (BHWs) supporting the delivery of essential services. To further motivate the BNSs and BHWs and improve service delivery, the city government included them among the recipients of PhilHealth capitation/reimbursements, in addition to their regular allowance provided by the city and their respective barangays.

The city instituted innovative programs in its fourth strategy. The "Assist in Nourishing a Kid" or ANAK program is a community-based feeding that provides hot meals for 4,373 undernourished children for five days a week for a period of 120 days, that served dishes using locally produced complementary food known as "Gourmix" made of milled rice,

corn, adlai, soybean, malunggay, ginger, turmeric, salt, complemented with chicken and egg. In addition, the "Under 5 Nutrition Caravan" and "Dulog at Dinig Outreach Program" are among the activities that ensure accessibility to quality nutrition services in far flung barangays.

As part of the 10-point agenda, the fifth strategy focuses on monitoring. Nutrition posts are set up in all barangays equipped with steel rule, bar scale/salter weighing scales for accurate monthly monitoring of the children's progress. The sixth strategy highlights the importance of physical activity in ensuring good health. In addition to the establishment of play areas in all its 91 barangays, the CNC actively promotes zumba and zumba chikiteens sessions in schools with the help of the Sining na Gagabay sa Kabataang Ilagueno or SINAG scholars, where school children do morning exercises guided by routine videos.

Further, the CNC underscores the importance of proper hygiene, personal hygiene, sanitation and clean environment through the 7th and 8th strategies. The city government provides free handwashing facilities and kits to all ages, distributed 4,533 units of water-sealed toilet bowls including materials for its installation in all the 91 Barangays.

The local government devised the 9th strategy of its 10-point agenda to improve the income of farmers and fisherfolk, through the distribution of 300,000 fingerlings and provision of 350 motorized boats and fishing gears to fisherfolk. Techno demo farms were established to help farmers increase their yield. They also partnered with the Technical Education and Skills Development Authority (TESDA) for a free six-month vocational skills training program attended by 450 farmers.

As part of the CNC's integrated system for evaluation, Gandang Ilagan Program (GIP) was formulated as the 10th and final strategy. Results of the evaluation are used for the annual recognition of the Outstanding Model Barangay. In 2017, Barangay Alinguigan 2nd won as the GIP Outstanding Model Barangay.

These efforts of the CNC and various sectors resulted to a significant improvement in the city's nutrition situation. The prevalence of underweight among preschool children decreased from 2.6% in 2015 to 1.9% in 2017; stunting from 11.4% in 2015 to 5.5% in 2017; and wasting from 2.3% in 2015 to 1.3 % in 2017.

The City of Ilagan beckons its visitors with rich culture, natural sceneries, and sustainable development. But the charm that truly radiates come from the healthy and well-nourished Ilagueños, who undoubtedly, have a lot to offer. Certainly, the City of Ilagan boasts of monumental attractions not only of its places but of its healthy and well-nourished people.



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD BAGUIO CITY

*Bringing Wellness to Greater Heights through Quality Nutrition Services*



A mountain resort city in Northern Luzon called the “City of Pines” and particularly popular in summer due to its cool weather, Baguio City continues to attract local and foreign tourist for its folk arts and crafts as well as its popular bargaining trade activities. A melting pot of different peoples and cultures in the Cordillera Administrative Region that lures numerous investments and business opportunities to the city.

Amidst the cold weather, diverse population and a center for education, trade and commerce, Baguio City continues to have that warm heart for public service and a burning desire for a healthy and nutritionally secure city through the strong, dedicated and committed leadership of Mayor Mauricio G. Domogan. With members of the City Nutrition Committee composed of 22 agencies and organizations, the city continues to implement its various nutrition projects supported by city ordinances passed in 2017. It is further strengthened with the presence of a City Nutrition Office with 14 full time nutrition staff as Nutrition Coordinators, supervising 253 nutrition volunteers composed of the barangay nutrition scholars (BNSs) and barangay nutrition action officers (BNAOs), as well as providing technical assistance to barangay nutrition committees in the spirit of family, teamwork and fun.

Support from the city and barangay governments for nutrition program implementation paved the way for Baguio City to institutionalize the yearly conduct of nutrition action planning and performance implementation reviews. Substantial funding allocated by the city government in the amount of P150 million, supplemented by the private sector contributed to the continued implementation of programs and projects under Baguio City’s Plan of Action on Nutrition (PPAN).

One City with One Mind for Nutrition. The awareness and knowledge of the nutrition interventions and the roles and responsibilities of the members of different nutrition sub-committees from the city to the barangay levels speaks of their being one to address the problem of malnutrition. The city was able to sustain its linkage and collaboration with non-government organizations and other local partners, such as the Lions Club, Soroptimist, Berkley, BENECO, Philippine Dental Association, and others. Over the years, these socio-civic and professional organizations have been transformed into dynamic and active members of the Baguio City Nutrition Committee.

Nutrition Advocacy. The nutrition committee produced Duyan ng Pagmamahal, a musical video to promote the activities under the PPAN featuring the different programs and services provided by the city’s nutrition workers with love, compassion and commitment. Kalusugan hangad mo, Hangad ko rin, a health and nutrition fair with a fiesta mood that featured eight services/activities namely: 1) Display of herbal and mosquito repellant plants; 2) Selling of fresh fruits and vegetables smoothies; 3) Nutritional assessment; 4) Adolescent Diet Counseling and Information and Education; 5) Drink and Guess Fruit Contest; 6) Handwashing Activity; 7) Livelihood Product Showcase; and 8) Cooking Demonstration. These activities aim to promote good nutrition in a more fun and engaging manner.

Sustained Local Salt Iodization Program. Mechanisms are put in place to strictly monitor the entry of non-iodized salt into the city. These include the presence of the barangay salt monitoring task force and the availability of a salt iodization machine obtained by the city through the DOST-UNICEF Project. The machine is being used to re-iodize salt that are found to have low levels of iodine.

Continuing Recognition System. The dedication and untiring efforts of the nutrition workers and partners were not left unnoticed by Baguio City for they were recognized in an awarding activity, Panagdayaw, Panagyaman ti Serbisyo Local which means to give recognition and give thanks to their services.

The efficient implementation of the various programs and projects of the Baguio City PPAN resulted to reduction in the prevalence of underweight and severely underweight preschool children from 1.5 % in 2015 to 0.9% in 2017, and of stunted and severely stunted preschool children from 6.4% in 2015 to 3.3% in 2017, and of wasted and severely wasted under-five children from 1.9% in 2015 to 0.6% in 2017.

With innovation and creativity as key drivers for a more sustainable and inclusive urban development, along with a supportive local chief executive and functional local nutrition committees, Baguio City will not rest on its laurels and will continue to perform at its best with quality nutrition service, bringing Baguio City to greater heights!



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD TAGUIG CITY

*Probinsyudad Nutrition Service at its Finest*



Taguig City, a relatively young city, has been instrumental in promoting the economic viability of the country. It has come a long way from its history from a farming and fishing settlement between the ancient kingdoms of Tondo, occupied by farmers and fisherfolk more than 400 years ago, now as one of the largest and most important highly urbanized cities in the country. Along this incredible progress, the city wants to remain true to its roots – a highly productive and progressive agricultural community.

The city believes that their its mission of providing quality of life to its people will truly be accomplished by inspiring and empowering its citizens to dream, develop their potentials and lead meaningful lives. To allow this, the city trusts that along maintaining peace and order and creating wealth, providing quality nutrition services will empower its people to greater productivity. Thus, the City

Nutrition Committee (CNC), led by chairperson Mayor Maria Laarni L. Cayetano, initiated strategies to promote the efficient and effective implementation of nutrition and related programs.

Taguig City Integrated Urban Farm for Food and Nutrition Security. Sitting on a 2,500-square meter land beside Lakeshore Hall in Barangay Lower Bicutan, is a farm overlooking Laguna Lake integrating different kinds of urban farming setups—from gardens that showcase vertical farming that save space, to wooden rack and pole gardens; from fishpond to a greenhouse where salad greens are cultivated. The strategy promotes and inspires residents to practice home food gardening production as a means to ensure food security and good nutrition for their families. Consistent with this strategy is the city's effort to educate its constituents on proper urban gardening. A bamboo classroom is available in the farm for lectures, seminars and trainings on urban farming and gardening. The City Agriculture Office provides technical assistance in farming and distribution of vegetable seeds, seedlings and planting materials, for free. In 2017, 60 families with underweight preschool children and 83 families with wasted school children were provided seeds and vegetable seedlings, while 30 school and 26 community food gardens were established and maintained within the city in the same year.

Evidence-based assessment for efficient nutrition programming. One of the city's unique mechanisms to ensure evidence-based planning is the system of determining the causes of malnutrition in the city by gathering actual profile of families that were identified to have malnourished children. Unlike the standard family profile forms used by different local governments which provide limited information on the nutrition situation at the household level, the CNC of Taguig uses a standard questionnaire that covers numerous indicators affecting malnutrition, such as socio-economic, feeding practices, health, food security, among others. The BNSs conduct the interview using these questionnaires to gather all this valuable information. The survey results then become the basis for the formulation of the causal model for malnutrition or problem tree, greatly contributing to an evidence-based nutrition situation analysis. The problem tree now serves as the CNC's basis for identifying interventions, strategies and overall planning of the City's nutrition program. This strategy aims to make the city's analysis of its nutrition situation much more extensive, to effectively and efficiently address all forms of malnutrition in the city.

Investing in Health Services for improved productivity. In the city's effort of making health services accessible to its constituents, the city established three Super Health Centers open 24/7 to provide free medical services. On top of its function as a regular health center, the Super Health Centers offer lying-in services as well as services for minor and simple emergencies with its own mini-ambulance. In addition, the city government has embarked on a door-to-door delivery of health services that delivers a week's worth of medicines to needy residents with various medical conditions. Moreover, the city's Doctor-On-Call (DOC) program responds 24/7 to medical emergencies right at the doorsteps of the city residents. The DOC Team is comprised of a medical doctor with expertise on emergency medical service, a registered nurse who is also trained as an emergency medical technician, an aide and an ambulance driver.

Nurturing the gift of First 1000 Days. The city of Taguig continues to implement many of its nutrition specific programs that targets pregnant and lactating women and infants. In addition to the city's free prenatal services that served 11,220 pregnant women in 2017, the state-of-the-art human milk bank continues to provide optimum nourishment of infants in the Neonatal Intensive Care Unit (NICU) and other infants in need of breastmilk. The city's regular milk-letting activity continues to augment the supply of breastmilk in the human milk bank, with a total of 268.1 liters of breastmilk collected in 2017, 188.6 liters of which were shared to 205 infants in the same year.

The city of Taguig is now reaping the reward of the CNC's unwavering commitment to uplift the quality of life of its people through quality nutrition services. From 2016 to 2017, the prevalence of various forms of malnutrition among preschool children declined to almost zero among underweight; stunting from 2.6% to 1.3%; wasting from 2.0% to 0.7%; and overweight and obesity from 3.0% to 0.8%.

At the core of the city of Taguig's industrialization and progress is the heart for the well-being of its people. Empowerment through quality nutrition service remained in the city's arsenal in ensuring genuine productivity amongst Taguigeños. More than maintaining their CROWN, it is all these that makes the people of Taguig proudly say, I Love Taguig!



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD PAMPLONA, NEGROS ORIENTAL

*Third income class municipality, First class nutrition services*



A 3rd economic class municipality in the province of Negros Oriental, Pamplona is located 38 kilometers northwest of the province capital, Dumaguete City. Originally called "Tampa", named after a big shady tree located at the heart of the town. There are two versions of how the municipality got its name; first, after the name of a town in Spain called Pamplona, and the second, named after the first Spanish Curate assigned in the area, Fr. Santiago Pamplona.

Increased economic activity boosted nutrition investment. Agriculture continues to be the main economic activity in Pamplona as it played an important role in the

development of the town. The main crops raised in the municipality are sugar, coconut and banana. Coconut occupies an area of 3,676 hectares followed by sugarcane and corn fields. With the rising economic activity, the municipality led by Mayor Janice Vallega-Degamo as chair of the Municipal Nutrition Committee increased its investment in nutrition to P8.7 million in 2017 from P6.5 million in 2016..

Health infrastructure and human resource drive efficient service delivery. Pamplona established 14 Bahay Alanakan or birthing homes to provide quality health service to the municipality's constituents with 1,003 safe deliveries from 2006 to 2017. More than a decade of providing a DOH-certified birthing facility, the Bahay Alanakan is served by competent professionals and health and nutrition workers.

Building nutrition infrastructure, advocating for change. Pamplona's infrastructure project BANAT or Breastfeeding Advocacy for Newborns and Children Two years old and Beyond consists of construction of three breastfeeding rooms in the municipality's plaza, public market and municipal hall. The breastfeeding rooms comply with the basic requirements such as electrical connection and water supply, wash towel and proper ventilation. The breastfeeding rooms are also equipped with information and education materials on exclusive breastfeeding. The Municipal Nutrition Action Officer's hand-sewn Sinina sa Pagpatutuy or nursing cover is also an added fixture to the breastfeeding rooms, encouraging every breastfeeding mother to breastfeed anytime, anywhere!

Scaling-up data driven interventions for nutrition. Pamplona's source of bioavailable iron is limited due to low animal production in the municipality. Hence, the Municipal Health Office scaled-up its hemoglobin determination targeting pregnant women by having them tested during the first and third semester of their pregnancy. This strategy improves identification of iron-deficient pregnant women and led to a more efficient intervention. Identified anemic pregnant women were given double or triple dose of iron supplements plus folic acid depending on the result of

the hemoglobin count. Early detection of iron deficiency anemia is vital in saving both the mother and child from possible miscarriage, maternal mortality or low birthweight newborn. The accurate results of the second hemoglobin determination during their third trimester of pregnancy helps in the decision of the municipal health officers for a tertiary hospital referral for a safe maternal delivery. This intervention is instrumental in the zero maternal mortality in the municipality for the past recent years.

Community mobilization for nutrition specific programs. Pamplona's municipality-initiated supplementary food MORIPACK or Mongo and Rice Pack production is an innovative project to support malnourished preschool children of the town. Mongo beans and rice donated by vendors and the community in the barangays are sun-dried, ground, processed and packed per 100 grams with milk and distributed free to identified malnourished children. In 2017, 10 malnourished preschool children were rehabilitated to normal status after he 120-day feeding.

Good governance translates to good nutrition. Key lessons from Pamplona such as increased economic productivity, increased budget for nutrition, scaling-up of interventions, efficient health and nutrition service delivery, building nutrition infrastructure and community participation are worth emulating to achieve improved implementation of nutrition programs. From 52 underweight and severely underweight preschool children in 2015 to 21 in 2017,

Pamplona's good governance is demonstrating that a 3rd economic class municipality can deliver first class nutrition service for its constituents. Pamplona's journey is an inspiration to municipalities giving attention to promotion of good nutrition. The municipal leadership together with the arduous work of the multisectoral nutrition committee when continued, will surely lead to another crowning glory for the Pamplona!



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD ZAMBOANGA SIBUGAY PROVINCE

*The youngest and already among the brightest - in Nutrition*



Zamboanga Sibugay, one among of the youngest created provinces in the country, is strategically situated in the Zamboanga Peninsula Region in Mindanao. With its vast agricultural land covering 3,149. sq. km.; coastline spanning 766 kilometers; mountain valleys, numerous hot springs and water falls, the province is well-endowed with primary production materials such as forestry, fishery, mineral and agriculture products. Consequentially, livelihood relies heavily in the areas of semi-processed rubber, rice and corn milling, wood and rattan furniture making, food processing such as dried fish and squid, and home-made food processing. Livestock and poultry production is predominantly small-scale, backyard operations, while coal and precious metal mining in large and small scale are likewise present in some areas of the province.

The Provincial Nutrition Committee led by Provincial Governor Atty. Wilter Yap Palma, needed to formulate a development plan that would utilize and protect all these bountiful resources to achieve their mission of uplifting the quality of lives of Sibugaynons. Prioritizing and investing in nutrition initiatives and delivering quality nutrition services to all its 16 municipalities and 389 barangays became the PNC's overall strategy in fulfilling this mission.

Promoting good nutrition through visibility and community participation. The colorful and creative, three-dimensional infographic on nutrition created by barangay nutrition scholars (BNSs) and barangay health workers (BHWs) continues to adorn every health and nutrition office while ensuring visibility and awareness among Sibugaynons down to the barangay level. This awareness in the community was a significant tool in encouraging caregivers to further educate themselves on nutrition through the Nutrition School On the Air (NSOA), a 30 minute a day radio program for 20 days, bringing correct and relevant information on nutrition to listeners. Enrollees in this program who registered through SMS will have to monitor this radio program during designated timeslot. At the end of the lecture/discussion is a question from the topic discussed for enrollees to answer via text or SMS to the NNC School On-Air Coordinator. In 2017, 49 mothers and caregivers from the province successfully completed all 20 sessions and graduated from the course. This initiative provides enrollees with useful information and knowledge on nutrition, which they can easily adopt in their respective households and promote in their respective neighborhood.

Shifting focus from curative to preventive measures. Recognizing the value of measures that will prevent the deterioration of the nutrition situation, municipalities of the province are gradually shifting their focus towards pregnant mothers and preschool children that are identified to have borderline nutritional status. The "HPG Orders to watch Municipality of Alicia's Borderline" is a 120 day supplementary feeding program among 2-4 years old preschool children outside Day Care Centers that are identified to have borderline nutritional status through the Supervised Neighborhood Play. On the other hand, "Dapat Apat" for prenatal care is a strategy of the municipality of R.T. Lim that aims to ensure good maternal health, wherein pregnant women are given coupons that entitle them to 1,000 pesos worth of groceries upon completion of 4 pre-natal visits and facility-based delivery. In 2017, a total of 665 pregnant women in the municipality benefitted from this strategy.

Nutrition supplementation and food fortification initiatives continue to be part of the PNC's key strategies in ensuring good nutrition for all. The Nutri-Pan sa Paaralan at Pamayanan, continues to operate and expand within the province, supplying iron-fortified breads to various consumers in the province, particularly the children of poor families. The funds generated from these initiatives were used as a revolving fund for further expansion of the production and for implementation of other nutrition activities. Meanwhile, the municipality of Tungawan, under the project "BiMo Para sa Batang Bibo" has sustained its production of more than 20,000 packs of "BiMo Curls" or rice-mongo curls per semester for use in various feeding programs of the province.

Investing in inclusive healthcare. In an unprecedented attempt to provide free and quality medical service to its constituents, the provincial government implemented the No Balance Billing Policy in all public hospitals in the province through PhilHealth. Poor families who are not enrolled in PhilHealth if admitted in the provincial hospital, will automatically be enrolled to PhilHealth's Point of Care system and can avail of the No Balance Billing. In 2017, a total of Php175.8 million was allotted by the provincial government for Philhealth enrollment of its patients, particularly for the indigents, poor and nutritionally-at-risk families.

With the unwavering support, leadership and commitment of the provincial government and diligent implementation of unique nutrition interventions, the Provincial Nutrition Committee was able to achieve reduction in the prevalence of underweight among preschool children from 6.9% in 2015 to 6.6% in 2017; and stunting among preschool children from 14.0 % in 2015 to 12.5% in 2017.

The province of Zamboanga Sibugay, while relatively young, showed remarkable maturity in ensuring the nutritional well-being of its people. Unafraid to adopt and transform reliable strategies, they are making every step uniquely their own and quietly paving their way among the best and the brightest in nutrition!



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD GINGOOG CITY, MISAMIS OCCIDENTAL

*Worthy to be CROWNed the second-time around*



The first-born City of Misamis Oriental province, Gingoog, derived its name from the Manobo word “Hingoog” which means “good luck” or “good fortune”. Blessed with vast agricultural lands, commercial businesses, banks and other financial institutions, the City did not fail to prioritize nutrition. Gingoog’s Mayor Marie L. Guingona as Chair of the City Nutrition Committee (CNC) stamped nutrition in the city’s eight-point priority agenda to improve the quality of the lives of its people.

Consistent and sustained actions on nutrition. The city continued and maintained its robust nutrition programs such as the Garden of Go, Grow and Glow (G4) Food, a project to promote not only the consumption of vegetables and fruits among households, but also to ensure household food and nutrition security, so that food is always available to the family. The promote good nutrition campaign through Pabasa sa Nutrisyon provided information on healthy lifestyle and infant and young child feeding practices to 5,950 pregnant and lactating mothers from 2016 to 2017. The search for “Buntis Star”, a beauty pageant-like contest for pregnant mothers, was also continued to serve as venue for building awareness on the importance of maternal health and nutrition. Human resource development on nutrition was sustained with the Feeding Health Team composed of city health personnel, barangay officials, purok leaders, barangay health workers and the 150 barangay nutrition scholars, that regularly monitor the performance of all the 79 barangays in the implementation of their nutrition and related programs down to purok levels. Livelihood assistance augmented the income of nutritionally-at-risk families and empowered women of indigenous peoples group of Higaonons as producers of native bags, lei, cassava chips, cacao tablea, among other products in the city’s One Town One Product (OTOP) center.

Nutrition a good investment. Continuing its good practice on budget allocation for nutrition, the city re-issued a resolution strengthening the delivery of nutrition services in the barangays by mandating barangays to appropriate 5 percent of the annual barangay budget to nutrition. On another front, the city through its Sangguniang Panlungsod approved a budget of Php104,915,341 million for nutrition, which translates to 15% of the total city budget excluding infrastructure fund in 2017. The city leadership believes that allocating more for social services, such as nutrition, is a worthwhile investment in that preventive measures are always more cost-effective than curative actions.

Advancing nutrition through evidence-based solutions. With the increasing population and in-migration, communicable diseases have become a threat to the city. The CNC, in its continuous commitment to know the causes of malnutrition, led to the correlation of tuberculosis (TB) as co-morbidity of malnutrition in the community. This prompted the CNC to strengthen its tuberculosis control program and to include TB detection as a protocol among children who were identified to be malnourished. The City further enhanced its TB control program by acquiring Gene Xpert - a more advanced and more specific and sensitive TB detection tool as a replacement for the traditional and less sensitive sputum testing. The city-acquired advance technology gave way to the rapid case finding and immediate intervention. In addition, the CNC also conducted education campaign on TB Control, to create awareness among children and adults alike. The city organized the “TB Kiddie Patroller”, a group of selected school children who are trained and educated on TB prevention and serves as the city’s young advocates for TB prevention, benefiting 986 adults and nutritionally at-risk children.

The city’s continuous investment in nutrition resulted to a decrease in the prevalence of underweight and severely underweight among preschool children from 4.0% in 2015 to 3.1% in 2017 while wasting declined from 2.0% in 2016 to 1.5% in 2017.

Gingoog as the “City of Good Luck” does not just rely on luck to realize their goals of maintaining and sustaining its gains on nutrition. The city, through its executive and legislative leadership ensured that investments were appropriated to nutrition down to the barangay level, human resource strengthened, and program planning improved through evidence-based decisions. Looking forward, Gingoog, with its nutrition human resource, as hardworking and dedicated as they are, have proven that they are ready to move up to the next level and therefore worthy of being CROWNed for the second time around!



## 2<sup>ND</sup> YEAR CROWN MAINTENANCE AWARD PROVINCE OF SOUTH COTABATO

*Inclusiveness and sensitivity, the keys to good governance in nutrition*



Home to a mix of Hiligaynon, Cebuano, Ilonggo, Ilocano, Chavacano and Maguindanaoan-speaking constituents and indigenous peoples such as B'laan and T'boli, the province of South Cotabato is a melting pot of diverse heritage and rich culture as seen in the arts, crafts, agricultural produce and delicacies of the province.

Diversity in the province is both a distinction and a challenge. Distinction, because it is through diversity that a culture is enriched and further developed. Diversity is likewise a challenge for the province in its undertakings as these should benefit its constituents equitably. This is true most especially in the 32 barangays classified as Geographically Isolated and Disadvantaged Areas (GIDA) which are located in 5 municipalities of the province. Recognizing this challenge, the provincial government of South Cotabato committed to ensure that its programs and projects are inclusive and sensitive. Guided by this commitment, the Provincial Nutrition Committee of South Cotabato, led by Governor Daisy P. Avance-Fuentes took steps to ensure that the provincial nutrition program reaches all South Cotabateños especially those in GIDAs.

Nutrition Convergence Program. Sustaining this program is one of the key dimensions of the Poverty Reduction Convergence Program. It aims to address the nutrition problems most especially in GIDAs. In partnership with the Barangay Affairs Unit of the provincial government. The nutrition convergence program was integrated with the provincial outreach which brings the services of the provincial government to the barangays once a month. These include supplementary feeding, food packs distribution, medical services, seeds distribution, animal services, birth registration, family planning and other services. The activity is highlighted by "hinun anon" or meeting with the governor where constituents are granted audience with Governor to air out their concerns. The outreach is conducted in partnership with the 27th Infantry Battalion and NGOs such as Save the Children, Hapag-asa, International Care Ministries, among others.

Nutrition Information Dissemination through print and radio. The Provincial Nutrition Committee through the Provincial Information Office regularly contributes articles relevant to nutrition in the Informant, a monthly publication of the provincial government containing news, feature articles and information bits. The Informant is distributed to local government offices, schools and barangays. Nutrition-related

articles include features on nutrition programs and projects, nutrition information and winning recipes during the annual Nutrition Month celebration. Some articles featured include the Poverty Reduction Convergence Program and the Health and Wellness Program for Government Employees.

Apart from the monthly publication, the Provincial Nutrition Committee also disseminates nutrition information over the radio station through radio programs Tingog sa Provincial Health Office, Family Planning Program, Ikaw kag Ang Imo Nutrisyon. Regularly aired over NNC's Nutriskwela Community Radio Station DXKR Radyo Katribu, nutrition messages are more efficiently disseminated across the communities through these programs.

Health and Wellness Program for Government Employees. Apart from its constituents, it is also important for the province to care for the health and wellness of its employees at the Provincial Capitol. Since 2014, provincial government employees are provided with annual physical examination and laboratory tests as part of its Health and Wellness Program. But in 2017, the province took a step further by implementing a weight management program for interested government employees whose body mass index (BMI) are classified as Grade 1 and Grade 2 Obese. Participants enrolled in the program were provided counseling and monitored on a weekly basis for weight loss. The province also conducted physical activities such as Zumba and circuit training thrice a week for the participants. The group and the individual with the highest weight loss are awarded with a cash prize at the end of the weight management period.

These nutrition initiatives along with the rest of the social and economic services provided by the provinces decreased the prevalence of wasting and overweight among children under five, from 3.2% in 2016 to 2.6% in 2017 and from 1.8% in 2016 to 1.4% in 2017, respectively.

Amidst the many challenges, South Cotabato's commitment to inclusiveness and sensitivity stands firm as it continues its pursuit to good governance in nutrition and maintenance of the CROWN!



## NUTRITION HONOR AWARD PROVINCE OF NUEVA VIZCAYA

*Holistic approach for Scaling up Nutrition*



Nueva Vizcaya is a 2nd economic class province that lies within the heart of Northern Luzon, embraced by three majestic mountain ranges (identify these ranges). Having a strong agricultural industry with major crops such as rice, corn, vegetables and fruits, Nueva Vizcaya is tagged as the “Salad bowl of Cagayan Valley - Region II.” It is home to approximately 421,000 Novo Vizcayanos occupying its 15 municipalities, among them are more than a dozen groups of indigenous peoples.

The Provincial Nutrition Committee Chair, Governor Carlos M. Padilla, envisions the province of Nueva Vizcaya as a watershed haven where spiritually, socially, politically, culturally and economically empowered people live in peace

and prosperity within resilient communities and environments. The current administration upholds its 13-point agenda called PRAYERS N FAITH, which stands for Protecting the environment, Reforming the provincial government, Agriculture, Youth and sports, Education and skills, Rural development, Social services, Networking for development of Farm to market roads, Arts and culture, Indigenous peoples, Tourism, Health and housing services. This governance framework, which started during the administration of former Governor Ruth R. Padilla, is pivotal in addressing malnutrition that is holistic in nature as nutrition is incorporated in this 13-point agenda. Guided by this strategy, and with a dynamic and strong leadership at provincial, municipal and barangay levels together with the dedication and commitment of Barangay Nutrition Scholars resulted to strong support to nutrition through legislation, budget, and assistance to the community by various sectors and groups.

**Family-based Nutrition Advocacy.** The provincial government has numerous new and noteworthy programs linked to nutrition. Two programs in particular encourage positive behavior among members of the community by incentivizing model families or individuals. The search for Idol kong Pamilya is a means of recognizing low-income families that, despite their low economic status, are able to uphold dignity and maintain the health of the family. In order to be selected, the members of the family should have no vices such as smoking and drinking, no history of domestic violence, and no delinquent debt. Parent/s should earn income for the family and all children of school age should be attending school. The family should be able to maintain house cleanliness, orderliness and sanitation, has a source of potable water, and should be actively participating in barangay or community programs. Winners are given cash prize as incentive. The search for Idol kong Entrepreneur, also a poverty alleviation program of the province, is an offshoot of Idol kong Pamilya. Apart from recognizing the best practices of a model entrepreneur, this program serves as a means of evaluating the effects of LGU funds for livelihood projects previously given to the poor sector in the province. It also aims to promote self-sufficiency and resiliency among Novo Vizcayanos.

**School-based Nutrition Promotion.** In response to the number of overweight and obese school children and in recognition of the detrimental effects of overnutrition that can be carried into adulthood,

the province launched Project Hula hoops. This is funded from proceeds of Takbulilit, a fun-run for school children. A total of 144 hula-hoops were distributed among schools with high incidence of overweight and obese children. In this activity, school children are encouraged to be more active while parents are encouraged to support the healthy lifestyle initiatives of their children.

The local government has adopted ordinances regulating the sale of empty calorie foods and sugar-sweetened beverages in public and private school canteens and food vendors near school premises. In line with this thrust, the Nueva Vizcaya Barangay Nutrition Scholars Federation came up with a project to produce nutritious snacks called the Nueva Vizcaya Nutri-snack. These chips are healthier alternatives to the commercially-available chips since these are made from locally-grown produce such as banana, carrot, saluyot, malunggay, squash, taro, sweet potatoes, mongo, and rice. BNSs manufacture and sell these products at the Provincial Livelihood Center. These chips are also sold at school canteens and fall under the yellow category of DepEd Order No. 13, s. 2017.

Other initiatives include: 1) procurement by local nutrition committees of iron with folic acid supplements for grades 7 to 12 female students as a means to augment supplies from national government and 2) Pulot Plastic Basura, a regular monthly, province-wide activity encouraging Novo Vizcayanos to pick up trash and maintain cleanliness.

The efforts of the Provincial Nutrition Committee in fighting malnutrition proved successful as reflected in the decline in prevalence of underweight and wasted preschool children from 3.3% to 2.5% and from 2.7% to 1.4% respectively for the period 2015 to 2017. Likewise, said efforts resulted in the decline in prevalence of wasted school children from 4.9% to 3.3% for the same period.

A holistic approach to address malnutrition through PRAYERS N FAITH truly scaled up nutrition in Nueva Vizcaya is so many ways that the glory and recognition as one of the Nutrition Honor Awardees comes 2nd only to the most important reward – healthy and well-nourished Novo Vizcayanos!



## NUTRITION HONOR AWARD IVANA, BATANES

*A calming sanctuary of food-secure and malnutrition-free citizenry*



If you dare to research a group of friendly and well-nourished natives of Batanes, come up to the municipality of Ivana. Ivana is a 6th economic class municipality that is home to 1,367 residents in four barangays. It is considered as one of the smallest municipalities in the Philippines based on land area, but like any other areas in the country, its hidden treasures lie in its people.

The municipality takes pride in having zero malnutrition cases as the Municipal Nutrition Committee led by Mayor Leonardo V. Hostallero believes that investing in nutrition is truly part of good governance. Focusing primarily on food security and nutrition, the committee ensures that its programs provide means for the people to have available and accessible food in their homes and prevent malnutrition.

This leads the community to collectively strengthen their home, school, and community food production program. Every household, school, and barangay maintains its own vegetable garden supported by the municipal nutrition committee through regular distribution of vegetable and fruit seeds, seedlings and planting materials. The produce from these gardens are used mainly for the families' consumption, while excess is sold to an agri-fair organized by the municipal government every Sunday.

To ensure efficient production and transport of produce, the municipal government built mini dams and farm to market roads. To further augment the income of poor nutritionally at-risk families, the municipal agriculture office distributes starter kits for poultry and swine production and fishing gears for livelihood. In 2017, 6 nutritionally-at-risk households were given livestock and poultry for their additional livelihood, while a total of 25 nutritionally-at-risk families of fisherfolk were given fishing gears.

To address micronutrient deficiencies, the local government pioneered the SISID (Seaweed at Isda Sagot sa Iodine Deficiency) Project to promote sustainable livelihood and maintain zero prevalence of Iodine Deficiency Disorders in their municipality. Managed by the Infant and Young Child Feeding – Breastfeeding Support Group (IYCF-BSG) members, the processed seaweed chips is now a mainstay pasalubong in the entire province of Batanes. The members are being assisted by the provincial nutrition staff in securing a certificate of product registration from the Food and Drug Administration.

The municipal nutrition committee puts premium in maternal, infant, and child health and nutrition through the Katuwang Niyo Kami Program. Ivana organized a functional and federated IYCF-Breastfeeding Support Group in its four barangays that are now registered with the Department of Labor and Employment. In 2017, four (4) more mother volunteers joined Ivana's BSG called "breastfeeding angels". These are organized women serving as on-call human milk banks and peer counsellors. This effort has resulted to 100% breastfeeding rate in the municipality in 2017.

Moreover, the nutrition committee initiated a program called Bills ng Buntis Libre (BBL) that provides free laboratory tests for pregnant women with complete prenatal services through a memorandum of agreement (MOA) between the rural health unit (RHU) of Ivana and the Batanes General Hospital.

To promote healthy lifestyle and physical activity to combat non-communicable diseases, the nutrition committee initiated the no smoking campaign in the barangays through the bandillo – a "town crier" or someone who roams around an area to spread news, in this case the harmful effects of smoking. Another highlight of this program is the sustained activity to address overweight and obesity through the conduct of LGUlympics every Friday where senior citizens and youth walk for a cause, Zumba is organized every Wednesday for government employees and community folks, while there is a counterpart activity called "Zumbata" for elementary school pupils.

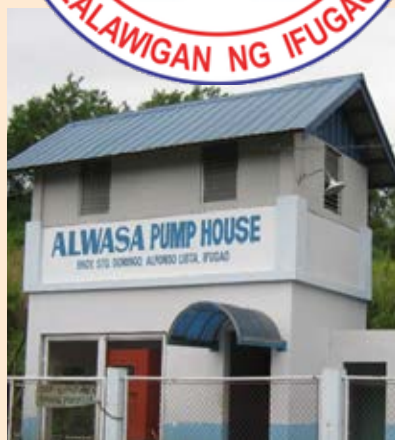
These efforts have paved the way for the municipality of Ivana to achieve its target of zero prevalence of underweight pre-school children for the past 3 consecutive years, and zero stunting prevalence in 2017.

The municipality of Ivana has already achieved something that most local governments are still aspiring for. Indeed, the peace, quiet and stunning beauty of the municipality's natural surroundings mirrors the nutrition committee's determination and success in ensuring food security and adequate nutrition for its people – awe-inspiring!



## NUTRITION HONOR AWARD ALFONSO LISTA, IFUGAO

*Achieving Nutrition Gains through Nutrition-Specific and Sensitive Programs*



The municipality of Alfonso Lista, known as the Corn Granary of the Cordilleras, is found in the easternmost part of the Ifugao province. It was formerly called Mun-o-o-pag by the people of the municipality of Mayoyao meaning “bubbles” for having plenty of bubbles in its river. It was also called Putiak, from which its original name “Potia” was derived. Potia means the cracking sound of a plant or flower opening its pods which used to abound in the area. Potia was officially named Alfonso Lista in 1988 in honor of its first mayor.

Alfonso Lista is a 3rd economic class municipality consisting of 20 barangays. The municipality is an agriculture area 60% of which is devoted to corn production. Freshwater fishing or aquaculture is another major industry which includes tilapia culture through floating net cages in the Magat River.

The Municipal Nutrition Committee, locally known as Saluad Salun-at Council meaning “protection of health”, is headed by Mayor Glenn D. Prudenciano, who strives to improve the quality of life of Alfonso Listans through good local governance. The local government prioritized addressing malnutrition by increasing its budget for nutrition and health programs by 34.8% from 2016 to 2017. This investment by the local government catalyzed the implementation of existing nutrition-specific and nutrition-sensitive programs such as supplementary feeding to 87 wasted and severely wasted school children and 1,080 children enrolled in Child Development Centers; Malnutrition Reduction Program where 41 households with malnourished children were visited and counseled by a task force organized for the purpose; Insentibo para sa Kalusugan Mo where a sack of rice and Php 500 worth of groceries were given annually to families to improve nutritional status of selected malnourished children; Bitamina Para ti Salun-at Program where wasted and severely wasted school children and underweight and severely underweight pre-school children are given 2 bottles of multi-vitamins per month for six months; and Watwat a Binnigat where schools do stretching and other exercises especially for the identified 64 overweight and 14 obese school children.

Alfonso Lista took notice of the importance of environmental sanitation in improving health and nutritional status. The local government constructed a Material Recovery Facility (MRF) that serves as pick-up points for garbage and waste collection. The policy on “No Segregation, No Collection” is strictly implemented. Segregated wastes from the public market are collected daily

and brought to the Municipal Agriculture Office where these are converted to organic fertilizer using a bio-shredder. Organic fertilizers produced are sold at Php 5/kg. On the other hand, collected recyclable materials are sold to mobile junkshop buyers. Collected clean plastics, wrappers, and cellophanes are processed using plastic shredders and are mixed with aggregates to form bricks. The local government uses the bricks for landscaping and beautification purposes.

An engineered sanitary land fill was also constructed and inaugurated in August 2017 to rehabilitate the existing open dumpsite. All residuals and garbage collected are brought to the Temporary Residuals Containment Area (TRCA) inside the sanitary land fill. When the TRCA is full after two to three months, wastes are hauled to Cell 1 and are scattered and compacted evenly with a combination of loose soil and clay. The cell has a lifespan of 10 years. There is also a Memorandum of Agreement with Aguinaldo, Ifugao and Paracelis, Mountain Province to dispose their residual wastes to the land fill for an annual fee of Php 30,000.

Alfonso Lista also improved its access to safe water supply through construction of the Alfonso Lista Water and Sanitation Authority (ALWASA) support structures. Pipe-laying and construction of booster pump were done to supply potable water to 2,290 households in 14 barangays.

Through these nutrition-sensitive investments, strategies, as well as the efforts of the Saluad Salun-at Council, the local government LGU has steadily reduced its malnutrition rates. The stunting prevalence among preschoolers decreased almost by half from 2.6% in 2015 to 1.4% in 2017. Overweight prevalence among preschool children also showed improvement with reduction from 0.3% in 2015 to 0.1% in 2017.

Indeed, the long journey towards zero malnutrition in the municipality of Alfonso Lista required diligence, tremendous effort and commitment of the local government and the Saluad Salun-at Council. Having achieved substantial improvements in the nutrition situation, this is one municipality that truly deserves to be among the country's Nutrition Champions. As Nutrition Honor Awardee, surely, Alfonso Lista's vision of a healthy, well-nourished, and progressive community is well within its reach.



## NUTRITION HONOR AWARD STA. ROSA, LAGUNA

*Angat sa Nutrisyon, Dangal ng Santa Rosa*



Santa Rosa City, only 40 kilometers south of Manila is one of the progressive cities in the South and is considered the hub for business, commerce, industry and leisure in the entire CALABARZON. The impressive transformation from the once agriculture-dependent municipality started in the 1980s with the opening of the South Luzon Expressway. In 13 years, the city has evolved from its 4th economic class beginnings to its present 1st economic class status. The transformation of Santa Rosa City comes with the challenges of industrialization. Thus, the vision of a world class, smart and green city.

Beyond the fast-paced development, the city government through the City Nutrition Committee chaired by Mayor Danilo Ramon S. Fernandez continues to ensure access to quality health, nutrition and nutrition-related services through the City Nutrition Action Plan formulated and budgeted by the city government. The plan contains both nutrition specific as well as nutrition-sensitive interventions and is integrated into the city development plan and investment program.

The city has two City Health Offices namely: CHO I and CHO II – both providing the same services not only to its constituents from the 9 barangays assigned to each unit but also catering to patients coming from towns adjacent to Santa Rosa. The city also has its own Santa Rosa Community Medical Center which started as a 25-bed facility in 1995 and has expanded to its current 150-bed capacity. The construction of the extension of the medical center is fully-funded by the city government. At the barangay level, the local government taps local doctors to provide volunteer services three days a week with a modest honorarium. The barangay has allotted an office space for the doctors to serve as their “clinic” during their consultation schedule.

In support to the Mother-Baby Friendly Workplace campaign of the national government and in compliance to RA 10028, the Nutrition Committee’s strong advocacy resulted to the setting up of breastfeeding stations in 26 establishments, four (4) of which are already DOH-certified. These DOH-certified establishments are Enchanted Kingdom, Antonina Industrial Corporation, SM Santa Rosa and S&R Nuvali. The City Nutrition Committee also established breastfeeding stations within the Santa Rosa City Hall, CHO I and the Aplaya Elementary School. In addition, all barangays have set up breastfeeding rooms in the barangay health stations or in

barangay nutrition offices promoting the practice of breastfeeding in the city any time, anywhere.

Cognizant of the inherent effect of industrialization on the health of its constituents, the city government strives to keep the air quality of the city within safe levels and its environment clean. In partnership with DENR, the city monitors ambient air through its Ambient Air Quality Monitoring Station. The weekly Basuranihan; Bayan Ko, Linis Ko and establishment of the material recovery facility (MRF) in all 18 barangays keep the garbage of the city at a minimum through waste segregation at source and recycling. The charcoal briquette-making technology makes use of coconut husks and water hyacinth and produces no smoke. Recyclables obtained from the MRFs are re-used in the city’s Urban Agriculture Demo Park. All these efforts result in Santa Rosa having clean land, clean air and green land.

Capacity building is undertaken by the Santa Rosa City Nutrition Committee to improve service delivery and increase program coverage. All 33 barangay nutrition scholars (BNSs) of the city were provided laptops and trained on basic computer application programs. Thus, reports on the results of OPT Plus and growth monitoring activities are computerized contributing to data accuracy and correctness. Transistor radios were distributed to barangays to encourage participation in the Nutrition School on the Air (NSOA). The City Nutrition Committee also provided financial support to the BNS Cooperative as its partner in the conduct of training.

The city government has been recognized for its outstanding performance in various areas and by different sectors including governance, peace and order, health, social services, disaster preparedness, environment and agriculture.

This has contributed to the continuous reduction in the prevalence of stunted preschool children from 3.42% to 2.71% and in the prevalence of wasted preschool children from 1.12 to 1.03 from 2016-2017.

Thus, the Nutrition Honor Award is another feather in the cap of the city of Santa Rosa, ang dangal ng Laguna!



## NUTRITION HONOR AWARD MALUNGON, SARANGANI

*Governance, Convergence and Unity for Good Nutrition*



A first economic class municipality in the province of Sarangani, the municipality of Malungon is home to the B'laan and Tagakaulo tribes. Malungon is the landlocked corridor to the provinces of Davao and South Cotabato with 60% of its land area declared ancestral domain.. Its hilly and mountainous terrain comprises 40% of the municipality's land area and produces the municipality's major high value agriculture crops.

Guided with the tenet "Walk fast, you walk alone; Walk together, you'll go farther", the Malungon Municipal Nutrition Committee led by its Mayor Maria Theresa D. Constantino with her able MNAO Roselyn Constantino continue to implement the nutrition program by integrating tradition with modern principles of governance; through convergence of initiatives from all sectors present in the municipality; and ensuring transparency and accountability in all their dealings.

A lawyer by profession, Mayor Tessa Constantino focused on good governance by scaling up interventions from service delivery to sustainable mechanisms. These include issuance

of 134 resolutions, 9 ordinances, and 34 executive orders to support the efficient implementation of programs and projects. To sustain the soft services initiated by former Mayor Reynaldo Constantino, the current municipal nutrition committee invested in maintaining physical infrastructures in the barangay to support health and nutrition services. All 31 barangays have their respective barangay health stations, barangay nutrition centers, BNS offices, and feeding centers. There are seven (7) birthing homes distributed in the seven (7) districts of Malungon with assigned satellite health centers which contributed to the increasing facility-based delivery and zero (0) maternal mortality. Support to the maternal, newborn and child health and nutrition services is sustained through the provision of transportation as barangay counterpart.

The Lingap (local ingenuity to alleviate poverty) sa Barangay service caravan formerly conducted every week in every barangay has been adjusted to every two weeks to allow the heavy equipment from the Municipal Engineering Office to do its work. The caravan was also expanded to cover 22 from 16 services to include free legal assistance, dental services and provision of free eyeglasses. The MNC also coordinated with the PDEA to hold information campaign against drug abuse for Grades 5 to 6 schoolchildren and with the Malungon Disaster Risk Reduction Management Committee to conduct emergency drills.

The Malungon MNC continues to maintain the Nutri-Care Center (Gumne Gumifat Dad Nga) as temporary home to malnourished children undergoing rehabilitation. The MNC also continues to maintain the Bahay Kalinga for children with special needs and persons with disabilities. The RFC Kamalig, originally envisioned to showcase the unique features of an IP tribe in each of the 31 barangays, is now used as temporary home to pregnant women waiting to give birth and to outpatients recovering from simple procedures.

The Malungon Market Vendors' Association (MMVA), also a member of the Malungon MNC, built and maintains the Breastfeeding Room in the Integrated Transport Terminal of Malungon located near the market. The airconditioned facility has its own restroom, source of water, refrigerator, comfortable seats and printed IEC materials on breastfeeding is for the use of lactating women. Other members of the MNC from the private sector such as MMVA, Bethesda Ministries International, GUGMA Inc., and International Care Ministry Foundation,

Inc. are encouraged to participate closely with the local government and the MNC because of the transparent implementation of the nutrition program.

The RFC Demo Farm has expanded to the MTDC (Magtanum Ta ug Daghang Calan-on) Community Garden, a 5-hectare land serving as an integrated demo farm for the 31 barangays. The farm with its vegetable plots, inland fishing and vermi-culture area is self-sustaining as proceeds from the sale of produce and vermicast are used to maintain the farm.

The 31 barangays also sustained KAPITAN strategies (feeding, nutrition information and education campaign) to encourage ownership of nutrition activities by barangay executives and participation of households and communities. Barangay initiatives like the ECCD on Horse removed distance as a limiting factor for young children to participate in day care center sessions. Three (3) day care workers assigned in far flung areas rented horses to bring children to day care centers.

Community-based projects initiated by international development partners such as Save the Children, UNICEF and the World Bank are continued by the MNC. These projects that include water, sanitation and hygiene; food production and community-led total sanitation, are implemented in far-flung barangays such as Datal Bila.

All these converging efforts of the Malungon Nutrition Committee to fight malnutrition proved to be effective, amidst the challenge of reducing the proportion of wasted, overweight and obese children. This is reflected in the continuous decline in the prevalence of underweight and severely underweight preschool children from 1.2% in 2015 to 0.7% in 2017; and of stunting and wasting from 8.4% and 1.7% in 2015 to 4.9% and 0.4% in 2017, respectively.

The Malungon Nutrition Committee held on to the vision of good nutrition for Malungon. The ground work has been cultivated by former Mayor Reynaldo F. Constantino and nurtured with convergence, unity, and cooperation. Every effort has paid off and in the words of Mayor Tessa Constantino, good nutrition is good governance. And good governance is rewarded with the Nutrition Honor Award!

# VISION-MISSION STATEMENT

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## Vision Statement

NNC is the authority in ensuring the nutritional well-being of all Filipinos, recognized locally and globally, and led by a team of competent and committed public servant.

## Mission Statement

To orchestrate efforts of government, private sector, international organizations and other stakeholders at all levels, in addressing hunger and malnutrition of Filipinos through:

- Policy and program formulation and coordination
- Capacity development
- Promotion of good nutrition
- Nutrition surveillance
- Resource generation and mobilization
- Advocacy
- Partnership and alliance building

## Core Values

### INTEGRITY

We conduct our work and relate with our various stakeholders and partners with deep sense of honesty and openness

### ZEAL

We serve with enthusiasm and dedication characterized by versatility and dynamism, discipline and strict adherence to work ethics

### EXCELLENCE

We provide high quality and timely service characterized by a unified, innovative and competent performance

### SENSITIVITY

We respond to the needs of our employees and various publics with love and respect and recognize the valuable contribution of each member of the organization

### TRANSPARENCY

We conduct our business with openness and truthfulness with strict adherence to existing laws, rules, regulations of government and the principles of good governance

## Quality Policy

The NNC, as the highest policy-making body on nutrition, is committed to ensure improved access to quality nutrition and related interventions through formulation and coordination of policies and programs with excellence, and transparency.

We shall endeavor to continually improve the quality management system to satisfy the needs and expectations of our clients with strict adherence to existing laws, rules and regulations

## ISO Certification and Recognition



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Information and  
Education Division



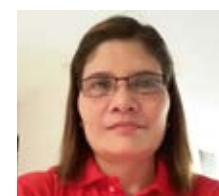
**Kristine T. Vitasa**  
NNC, Nutrition  
Information and  
Education Division



**Jomarie L. Tongol**  
NNC, Nutrition  
Information and  
Education Division



**Esther Marie Bernabe**  
NNC, Administrative  
Division



**Ma. Celerina Ampe**  
NNC, Financial and  
Management Division

# CHAIRPERSONS, REGIONAL NUTRITION EVALUATION TEAM

Region	Name	Office
I	Ms. Rosemarie Villanueva	Department of Agriculture
II	Ms. Delia de Guzman	Department of Social Welfare and Development
CAR	Ms. Candice S. Willy	Department of Health
III	Ms. Margarita S. Natividad	Department of Health
CALABARZON	Ms. Gualberta C. Florendo	Rural Improvement Clubs of the Philippines, Inc.
MIMAROPA	Mr. Mark Angelo Lorenzo	Department of Social Welfare and Development
NCR	Ms. Lucia Broño	Philippine Information Agency
V	Ms. Cristina Florendo	Department of Social Welfare and Development
VI	Ms. Rosalie Salcedo	Department of Public Works and Highways
VII	Ms. Melinda D. Canares	Department of Social Welfare and Development
VIII	Ms. Felicita R. Borata	Department of Health
IX	Ms. Greta Martinez	Department of Social Welfare and Development
X	Dr. Arlita Amapola B. Minguez	Commission on Higher Education
XI	Ms. Ursula Pague	Department of the Interior and Local Government
XII	Ms. Marilyn Guerra	Department of Social Welfare and Development
CARAGA	Ms. Melinda Lagua	Department of the Interior and Local Government
ARMM	For organization	

# REGIONAL NUTRITIONAL COMMITTEE CHAIRS

Region	Name	Designation / Office
I	Dr. Valerio Hesus V. Lopez	CHD Regional Director, Region I
II	Dr. Rio L. Magpantay	CHD Regional Director, Region II
CAR	Dr. Lakshmi I. Legaspi	CHD Regional Director, CAR
III	Dr. Cesar C. Cassion	CHD Regional Director, Region III
CALABARZON	Dr. Eduardo Janairo	CHD Regional Director, CALABARZON
MIMAROPA	Dr. Mario Baquilod	CHD Regional Director, MIMAROPA
NCR	Dr. Corazon Flores	CHD Regional Director, NCR
V	Dr. Napoleon L. Arevalo	OIC-CHD Regional Director, Region V
VI	Dr. Marlyn W. Convocar	CHD Regional Director, Region VI
VII	Dr. Jaine Bernadas	CHD Regional Director, Region VII
VIII	Dr. Minerva P. Molon	CHD Regional Director, Region VIII
IX	Dr. Emilia P. Monicimpo	CHD Regional Director, Region IX
X	Dr. Nimfa B. Torrizo	CHD Regional Director, Region X
XI	Dr. Annabelle Yumang	CHD Regional Director, Region XI
XII	Dr. Aristudes C. Tan	CHD Regional Director, Region XII
CARAGA	Dr. Jose Llacuna, Jr	CHD Regional Director, CARAGA

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**Azucena M. Dayanghirang**  
Co-chairperson

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Member, Regional Office Representative

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Member, RO Alternate Representative

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Member

**Jovita B. Raval**  
Member

**Chona M. Fernandez**  
Member

**Rosanna S. Quillope**  
Member

**Reginaldo T. Guillen**  
Member, NNCEA President

**Hygeia Ceres Catalina B. Gawe**  
Overall Coordinator

## PROGRAM COMMITTEE

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Chairperson

**Marilou R. Enteria**  
Vice-chairperson

Members

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**Armando P. Manglicmot**

**Ma. Queenie Rose G. Amosco**

**Abigail A. Pabro**

**Kristine T. Vitasa**

**Daniel G. Salunga**

**Leah M. Felismino**

**Nicko B. Aganan**

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Vice-chairperson

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**Rea S. Bagagunio**

**Mariles H. Buban**

**Maria Cecilia Rosario V. Sta. Ana**

**Ma. Jesulita B. Guiang**

**Wilma D. Cruz**

**Marie Joy L. Ferrer**

**Josephine T. Santos**

**Chriza N. Lanip**

**Rachel B. Mangao**

**Racquilyn O. Rubia**

**Jessa M. Masaril**

# NNAC WORKING COMMITTEES

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**Esther Marie F. Bernabe**  
Vice-chairperson

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**Michelle M. Mina**

**Rubelyn M. Fuentes**

**Imelda M. Catapang**

**Maybelle T. Aspeli**

**Francis Paul L. Marvida**

**Nicko B. Aganan**

**Arnel T. Dimaano**

**Arnel R. Ruda**

**Mario G. Tolentino**

**Ferdinand Mario Nones**

**John Ronald M. Bustos**

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**Maria Camille Louise C. Chen**  
Vice-chairperson

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**Jasmine Anne DF. Tandingan**

**Dianne Kristine P. Cornejo**

**Jana Marie L. Culla**

**Lalaine M. Carlos**

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**Jaira Denisse Pedraja**

**Katherine DC. Villanueva**

**Dana Kriselli DC. Muñoz**

**Edzell M. Arcinue**

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**Carlo Angelo M. Castro**

**Jezreel L. Deapera**

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**Vilma G. Quiambao**  
Vice-chairperson

Members

**Ma. Leslie Angelie M. Carreon**

**Mirasol B. Carbon**

**Marivic G. Rosales**

**Annalee T. Prevendido**

**Ma. Celerina S. Ampe**

**Luchie L. Llano**

# NNAC WORKING COMMITTEES

## SOUVENIR PROGRAM AND EXHIBIT COMMITTEE

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Editor-in-Chief

**Hygeia Ceres Catalina B. Gawe**  
Associate Editor

**Alona E. Teo**  
Chairperson

**Ira Dominique H. Guerrero**  
Vice-chairperson

Members

**Ellen Ruth F. Abella**

**Maria Cynthia B. Vengco**

**Jasmine Anne DF. Tandingan**

**Daniel G. Salunga**

**Racelline Faye D. Calangi**

**Jesel R. Bagos**

**Kristine T. Vitasa**

**Paul John L. Garcia**

**April Jasmine May C. Ducusin**

**Dana Kriselli DC. Muñoz**

## MEDIA RELATIONS COMMITTEE

**John Paul L. Garcia**  
Chairperson

**Daniel G. Salunga**  
Vice-chairperson

Members

**Armando P. Manglicmot**

**Ira Dominique H. Guerrero**

**Katherine DC. Villanueva**

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**Racelline Faye D. Calangi**  
Chairperson

**Mary Jennifer E. Zabala**  
Vice-Chairperson

Members

**Leah M. Felismino**

**April Jasmine May C.**

**DucusinJesel R. Bagos**

**Maria Cynthia B. Vengco**

**Francis Paul L. Marvida**

**Fema H. Abiog**

# NUTRITION HONOR AWARDEES

Year Performance Evaluated	Region	Area	Year Award Received
1997	II	Solana, Cagayan	1998
	III	Cabanatuan City	
	NCR	Makati	
	V	Naga City	
1998	CAR	Kapangan, Benguet	1999
	CARAGA	Butuan City	
1999	V	Irosin, Sorsogon	2000
2000	II	Echague, Isabela	2001
	CALABARZON	Los Baños, Laguna	
		Trece Martirez City	
	VII	Calape, Bohol	
2001	I	San Gabriel, La Union	2002
	CALABARZON	Laguna Province	
		Pateros	
	VII	Aklan Province	
		Danao City	
	X	Don Carlos, Bukidnon	
	XII	Koronadal City	
2002	I	La Union Province	2003
	II	Isabela Province	
	CAR	Kiangan, Ifugao	
	III	Sta. Maria, Bulacan	
	NCR	Las Piñas City	

Year Performance Evaluated	Region	Area	Year Award Received
2003	III	Dupax del Sur, Nueva Vizcaya	2004
	CALABARZON	Tagaytay City	
	VI	Kalibo, Aklan	
	VII	Talibon, Bohol	
2004	X	Malaybalay City	2005
		Quezon, Bukidnon	
		Bukidnon Province	
2005	II	Tuguegarao City	2006
2006	III	Pulilan, Bulacan	2007
	CALABARZON	Cabuyao, Laguna	
	VII	Inabanga, Bohol	
2007	II	Aritao, Nueva Vizcaya	2008
	CALABARZON	Calamba City	
	X	Libona, Bukidnon	
2008	II	Cagayan Province	2009
	VI	Talisay City	
	IX	Buug, Zamboanga Sibugay	
	XI	Nabunturan, Compostela Valley	
2009	III	Plaridel, Bulacan	2010

# NUTRITION HONOR AWARDEES

Year Performance Evaluated	Region	Area	Year Award Received
2010	VIII	Limasawa, Southern Leyte	2011
	X	Kadingilan, Bukidnon	
2011	II	Batanes Province	2012
		Santiago City	
	IX	Kabasalan, Zamboanga Sibugay	
2012	VII	Tubigon, Bohol	2013
	X	Ozamiz City	
2013	II	Lal-lo, Cagayan	2014
	CAR	Ifugao Province	
	VIII	Maasin City	
2014	II	Quirino Province	2015
2015	II	Cauayan City	2016
	NCR	Mandaluyong City	
	X	Valencia City	
No Awardees			2017

*\*The Nutrition Honor Award (NHA) is given to CROWN awardees that have consistently shown outstanding performance in efforts for nutrition improvement for 3 consecutive years*

# CROWN AWARDEES

Year Evaluated	Region	Area	Year Received
1994	II	Solana, Cagayan	1995
		Cagayan Province	
	CAR	Baguio City	
	III	Bulacan Province	
		Cabanatuan City	
	NCR	Makati City	
	V	Naga City	
	X	Bukidnon Province	
1995	CAR	Kapangan, Benguet	1996
		Benguet Province	
	IV	Marinduque Province	
	NCR	Caloocan City	
	VII	Dumaguete City	
	VIII	Ormoc City	
	IX	Zamboanga City	
	X	Quezon, Bukidnon	
	CARAGA	Butuan City	
1996	V	Irosin, Sorsogon	1997
	IX	Katipunan, Zamboanga del Norte	
		Zamboanga del Norte	
	CARAGA	San Francisco, Agusan del Sur	

Year Evaluated	Region	Area	Year Received
1997	II	Echague, Isabela	1998
	III	San Jose City	
		Nueva Ecija Province	
	IV	Trece Martires City	
		Los Baños, Laguna	
	VI	Malinao, Aklan	
		Bago City	
	VII	Calape, Bohol	
		Negros Oriental Province	
	XII	Cotabato Province	
		South Cotabato Province	
1998	I	San Gabriel, La Union	1999
	CALABARZON	Laguna Province	
	V	Aklan Province	
	VII	Danao City	
	X	Don Carlos, Bukidnon	
	XI	Koronadal, South Cotabato	
	NCR	Pateros	

# CROWN AWARDEES

Year Evaluated	Region	Area	Year Received
1999	I	La Union Province	2000
	II	Isabela Province	
	CAR	Kiangan, Ifugao	
	III	Sta. Maria, Bulacan	
	V	Legazpi City	
	NCR	Las Piñas City	
2000	II	Dupax del Sur, N. Vizcaya	2001
	CAR	Baguio City	
	CALABARZON	Tagaytay City	
	VI	Kalibo, Aklan	
	VII	Talibon, Bohol	
		Bohol province	
2001	V	Sorsogon Province	2002
		Sta. Magdalena, Sorsogon	
	VI	Negros Occidental Province	
	X	Bukidnon Province	
		Quezon, Bukidnon	
		Malaybalay City	

Year Evaluated	Region	Area	Year Received
2002	I	Pozzorubio, Pangasinan	2003
	II	Tuguegarao City	
		Nueva Vizcaya Province	
	NCR	Manila City	
	MIMAROPA	Romblon Province	
	VI	La Carlota City	
	VII	Tagbilaran City	
	VIII	Leyte Province	
		Hindang, Leyte	
		Tacloban City	
	XI	Davao del Norte Province	
		Sto. Tomas, Davao del Norte	
	CARAGA	Bunawan, Agusan del Sur	

# CROWN AWARDEES

Year Evaluated	Region	Area	Year Received
2003	III	Bulacan Province	2004
		Pulilan, Bulacan	
	NCR	San Juan	
	CALABARZON	Cabuyao, Laguna	
	V	Sorsogon City	
	VI	Calatrava, Negros Occidental	
	VII	Inabanga, Bohol	
	XI	Panabo City	
	XII	South Cotabato Province	
		Banga, South Cotabato	
		Kidapawan City	
2004	II	Aritao, Nueva Vizcaya	2005
	CAR	Ifugao Province	
	CALABARZON	Calamba City	
	V	Uson, Masbate	
		Catanduanes Province	
	VII	Negros Oriental Province	
	IX	Dipolog City	
	X	Libona, Bukidnon	
		Ozamiz City	
	CARAGA	Bislig City	

Year Evaluated	Region	Area	Year Received
2005	I	Supiden, La Union	2006
	II	Cagayan Province	
	CALABARZON	Quezon Province	
	IV-B	Marinduque Province	
		Boac, Marinduque	
	VI	Talisay City	
	VII	Mandaue City	
	VIII	Maasin City	
	IX	Buug, Zamboanga Sibugay	
		Zamboanga Sibugay	
	XI	Compostela Valley	
		Nabunturan, Compostela Valley	
2006	CAR	Asipulo, Ifugao	2007
	NCR	Pasig City	
	III	Plaridel, Bulacan	
	CALABARZON	Atimonan, Quezon	
	VI	Nabas, Aklan	
	XI	Davao City	
	CARAGA	Nasipit, Agusan del Norte	

# CROWN AWARDEES

Year Evaluated	Region	Area	Year Received
2007	II	Mahatao, Batanes	2008
	VIII	Limasawa, Southern Leyte	
		Southern Leyte	
	X	Kadingilan, Bukidnon	
		Misamis Oriental	
	XII	Malungon, Sarangani	
2008	I	Ilocos Sur Province	2009
	II	Batanes Province	
		Santiago City	
	III	Gapan City	
	MIMAROPA	Roxas, Oriental Mindoro	
	V	Gubat, Sorsogon	
	VI	Guimaras Province	
		Bacolod City	
	VII	Bohol Province	
		Lapu-lapu City	
	IX	Pagadian City	
		Kabasalan, Zamboanga Sibugay	
	XI	Davao del Norte Province	
	XI	Pantukan, Compostela Valley	

Year Evaluated	Region	Area	Year Received
2009	III	Bulacan Province	2010
	CALABARZON	Sta. Rosa City	
		Pagsanjan, Laguna	
	NCR	Taguig City	
	VI	Numancia, Aklan	
	VII	Tubigon, Bohol	
	X	Ozamiz City	
	XII	South Cotabato Province	
2010	CAR	Ifugao Province	2011
	II	Lal-Lo, Cagayan	
	VIII	Maasin City	
	IX	Zamboanga Sibugay	
	X	Opol, Misamis Oriental	
	XI	Tagum City	
	XII	Kidapawan City	
2011	I	Vigan City	2012
	II	Quirino Province	
	III	Tarlac City	
	VII	Toledo City	
	IX	Polanco, Zamboanga del Norte	
		Zamboanga City	

# CROWN AWARDEES

Year Evaluated	Region	Area	Year Received
2012	II	Cauayan City	2013
	III	Paombong, Bulacan	
	MIMAROPA	Mogpog, Marinduque	
	V	Gubat, Sorsogon	
	NCR	Mandaluyong City	
	VI	Jordan, Guimaras	
	VII	Jagna, Bohol	
	X	Misamis Oriental	
		Valencia City	
	XI	Davao del Norte	
		New Corella, Davao del Norte	
	CARAGA	Bislig City	
2013	I	Bangui, Ilocos Norte	2014
	V	Iriga City	
	X	Maramag, Bukidnon	
	XI	Island Garden City of Samal	
2014	II	Ivana, Batanes	2015
		Nueva Vizcaya Province	
	CAR	Alfonso Lista, Ifugao	
	CALABARZON	Sta. Rosa City	
	IX	Piñan, Zamboanga del Norte	
	XII	Malungon, Sarangani	
	CARAGA	Agusan del Sur Province	

Year Evaluated	Region	Area	Year Received
2015	II	Iligan City	2016
	CAR	Baguio City	
		Benguet Province	
	III	Bulacan Province	
	NCR	Taguig City	
	VI	Numancia, Aklan	
	VII	Pamplona, Negros Oriental	
	IX	Zamboanga City	
		Zamboanga Sibugay Province	
	X	Gingoog City	
	XII	South Cotabato Province	
2016	CALABARZON	Kalayaan, Laguna	2017
	MIMAROPA	Roxas, Oriental Mindoro	
	VI	La Carlota City, Negros Occidental	
	X	Manolo Fortich, Bukidnon	
	XI	Tagum City, Davao del Norte	
	CARAGA	San Francisco, Agusan del Sur	
		Bayugan City, Agusan del Sur	

*\*CROWN award is given to a municipality, city or province that has been adjudged by the interagency regional nutrition evaluation team as outstanding in the region for three (3) consecutive years.*



## 2018 National Nutrition Awarding Ceremony

31 July 2018 • Philippine International Convention Center

### EVENT EVALUATION

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Thank you for taking the time to participate in this evaluation. Please check the column that best describes your assessment of the various elements of the event. Your comments and suggestions will help us improve the organization and conduct of our future events.

Aspect	Rating				Remarks
	1 Excellent	2 Very Good	3 Good	4 Poor	
1. Invitation					
2. Registration					
3. Reception/ Ushering					
4. Achievement of event objective					
5. Program content					
6. Awarding Proper					
7. Souvenir Program					
8. Exhibit					
9. Token					
10. Keynote Speaker					
11. Venue					
12. Food					
13.Length of the event					
14. Entertainment					
15. Overall management of event					



## 2018 National Nutrition Awarding Ceremony

31 July 2018 • Philippine International Convention Center

### EVENT EVALUATION

A. What I learned from attending this event:

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B. Benefits I gained from attending this event:

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C. My complaints and suggestions are:

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D. Other comments:

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Thank you!

# 2018 National Nutrition Awarding Ceremony

31 July 2018 • Philippine International Convention Center

## Notes: