



2019 OPT PLUS

REGIONAL DATA

UNDERWEIGHT

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – WEIGHT FOR AGE

Province	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	Overweight %	UW & SUW %	No. of UW &SUW	Rank
Zamboanga del Sur	90,801	68,943	75.9	84.1	1.1	6.7	4629	1
Zamboanga del Norte	89,047	80,326	90.2	90.2	0.7	5.9	4768	2
Zamboanga Sibugay	71,977	61,260	85.1	93.8	0.8	5.4	3306	3

Regional Prevalence Rate UW & SUW

2018 : 5.2

2019 : 4.9

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – WEIGHT FOR AGE

City	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	Overweight %	UW & SUW %	No. of UW &SUW	Rank
Isabela	13,432	11,964	89.1	92.2	1.2	6.1	734	1
Pagadian	30,841	9,616	31.2	95.5	1.2	3.3	319	2
Zamboanga	96,415	90,660	94.0	96.7	0.6	2.7	2438	3
Dapitan	9,194	9,001	97.9	97.5	0.6	1.9	172	4
Dipolog	14,587	14,874	102.0	99.5	0.1	0.4	63	5

Regional Prevalence Rate UW & SUW

2018 : 5.2

2019 : 4.9

STUNTED

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – HEIGHT FOR AGE

Province	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	Tall %	ST & SST %	No. of ST & SST	Rank
Zamboanga del Sur	90,801	68,943	75.9	76.6	2.3	12.6	8676	1
Zamboanga del Norte	89,047	80,326	90.2	84.7	1.5	10.6	8482	2
Zamboanga Sibugay	71,977	61,260	85.1	88.7	2.4	8.9	5477	3

Regional Prevalence Rate ST & SST

2018 : 9.5

2019 : 8.4

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – HEIGHT FOR AGE

City	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	Tall %	ST & SST %	No. of ST & SST	Rank
Isabela	13,432	11,964	89.1	88.0	2.3	9.6	1150	1
Pagadian	30,841	9,616	31.2	88.2	3.6	7.6	728	2
Dapitan	9,194	9,001	97.9	93.0	2.5	4.5	402	3
Zamboanga	96,415	90,660	94.0	94.0	2.1	3.5	3216	4
Dipolog	14,587	14,874	102.0	96.6	2.9	0.5	81	5

Regional Prevalence Rate ST & SST

2018 : 9.5

2019 : 8.4

WASTED

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – WEIGHT FOR LENGTH/HEIGHT

Province	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	Overweight & Obese %	W & SW %	No. of W &SW	Rank
Zamboanga del Norte	89,047	80,326	90.2	90.1	2.2	4.4	3525	1
Zamboanga del Sur	90,801	68,943	75.9	84.5	2.2	4.2	2904	2
Zamboanga Sibugay	71,977	61,260	85.1	94.5	1.5	4.0	2438	3

Regional Prevalence Rate W & SW

2018 : 4.1

2019 : 3.5

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – WEIGHT FOR LENGTH/HEIGHT

City	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	Overweight & Obese %	W & SW %	No. of W &SW	Rank
Pagadian	30,841	9,616	31.2	90.9	4.1	5.0	482	1
Isabela	13,432	11,964	89.1	93.3	2.8	3.8	460	2
Dapitan	9,194	9,001	97.9	95.8	1.6	2.6	235	3
Zamboanga	96,415	90,660	97.0	97.0	0.8	1.8	1,627	4
Dipolog	14,587	14,874	99.7	99.7	0.1	0.2	34	5

Regional Prevalence Rate W & SW

2018 : 4.1

2019 : 3.5

OVERWEIGHT & OBESE

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – WEIGHT FOR LENGTH/HEIGHT

Province	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	W & SW %	Overweight & Obese %	No. of OW & OB	Rank
Zamboanga del Sur	90,801	68,943	75.9	84.5	4.2	2.6	1803	1
Zamboanga del Norte	89,047	80,326	90.2	90.1	4.4	2.2	1803	2
Zamboanga Sibugay	71,977	61,260	85.1	94.5	4.0	1.5	948	3

Regional Prevalence Rate OW & OB

2018 : 1.8

2019 : 1.7

NUTRITIONAL STATUS OF 0-59 MONTHS PRESCHOOL CHILDREN

Region 9, 2019 – WEIGHT FOR LENGTH/HEIGHT

City	Estimated # of 0-59 months PS	Total No. of PS weighed	% Coverage	Normal %	W & SW %	Overweight & Obese %	No. of OW & OB	Rank
Pagadian	30,841	9,616	31.2	90.9	5.0	4.1	391	1
Isabela	13,432	11,964	89.1	93.3	3.8	2.8	333	2
Dapitan	9,194	9,001	97.9	95.8	2.6	1.6	145	3
Zamboanga	96,415	90,660	97.0	97.0	1.8	0.8	743	4
Dipolog	14,587	14,874	99.7	99.7	0.2	0.1	16	5

Regional Prevalence Rate OW & OB

2018 : 1.8

2019 : 1.7