



CITY/DISTRICT NUTRITION PROGRAM COORDINATORS OF METRO MANILA ASSOCIATION, INC.

SEC No. AN 93000297

c/o National Nutrition Council

NNC NCP Bldg. South Superhighway Western Bicutan, Taguig City

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Excerpts from the Minutes of the City/District Nutrition Program Coordinators of Metro Manila Association Inc. Board of Directors Virtual Meeting held on 07 April 2022 via Zoom.

Board Resolution No. 01

Series of 2022

RESOLUTION ADOPTING THE GUIDELINES ON ONLINE INFANT AND YOUNG CHILD FEEDING COUNSELING PROJECT

WHEREAS, the City/District Nutrition Program Coordinators (C/DNPC) of Metro Manila Association, Inc. is an organization that is service and people oriented, which upholds the goals of the Philippine Plan of Action for Nutrition (PPAN), and serves as an information and education arm of the National Nutrition Council – National Capital Region (NNC-NCR);

WHEREAS, the Association is composed of public health Nutritionist-Dietitians from seventeen (17) Local Government Units (LGUs) in Metro Manila;

WHEREAS, on March 8, 2020, the country was placed in a State of Public Health Emergency due to Covid-19 through the Presidential Proclamation No. 922;

WHEREAS, the Presidential Proclamation No. 929 declared the Philippines under a State of Calamity and imposed an Enhanced Community Quarantine (ECQ) throughout Luzon;

WHEREAS, the NNC-NCR through its Facebook Page received many queries on breastfeeding and a lot of online posts of mothers asking/requesting for formula milk and calls for milk donation was observed;

WHEREAS, in response to the alarming situation, the NNC-NCR mobilized the Association to conduct free IYCF counseling online since face-to-face counseling is difficult during the ECQ;

WHEREAS, Infant and Young Child Feeding (IYCF) is a set of well-known and common recommendations for proper nutrition of newborn and children under two (2) years old;

WHEREAS, the World Health Organization and UNICEF recommend: (1) early initiation of breastfeeding within one (1) hour of birth; (2) exclusive breastfeeding for the first six (6) months of life; and (3) introduction of nutritionally adequate and safe complementary (solid) foods at 6 months together with continued breastfeeding up to 2 years of age or beyond;

WHEREAS, as part of the campaign in promoting proper IYCF practices amidst the COVID-19 pandemic, the C/DNPC of Metro Manila Association with the assistance of NNC-NCR launched the Online IYCF Counseling Project on April 8, 2020 to help pregnant women and mothers/caregivers in their breastfeeding concerns as well as on complementary feeding practices for children 6 months and above.

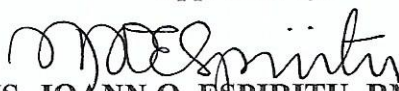
NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, by the City/District Nutrition Program Coordinators of Metro Manila Association through its Board of Directors in a meeting duly assembled, to adopt the Guidelines on Online IYCF Counseling Project.

RESOLVED FURTHER, for the Association to use the guidelines to contribute to the prevention of stunting among children 0-23 months old by providing correct information on proper IYCF practices through online counseling.

RESOLVED FURTHER, that the NNC-NCR Regional Office being the Secretariat of the Association to furnish all Officers and Board Members of the Association a copy of this resolution.

APPROVED UNANIMOUSLY AND ADOPTED this 7th day of April 2022 during the virtual meeting of the C/DNPC of Metro Manila Association, Inc. via zoom.

Approved by:



MS. JOANN O. ESPIRITU, RND, MPH

President, C/DNPCs of Metro Manila Association, Inc.

Attested by:



MS. MILAGROS ELISA V. FEDERIZO, RND, MPH

*Nutrition Program Coordinator, NNC-NCR and
Adviser, C/DNPCs of Metro Manila Association, Inc.*