



GUIDELINES ON LOCAL NUTRITION PLANNING 2022 EDITION

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BACKGROUND

01

NNC GB Resolution No. 3, S. 2014

Guidelines on
Local Nutrition
Planning

02

Policies issued to guide LGUs in formulating LNAPs and their integration to local development plans and budgets

- DILG MC 2018-42
- DILG-DOH-NNC JMC 2019-001
- DBM Local Budget Memo No. 77, 77a, 78, 80, 82, and 85

03

Enactment of Executive Order 138

The Full Devolution of Certain Functions of the Executive Branch to Local Government Units (LGUs), Creation of a Committee on Devolution and for Other Purposes

04

Updating of the Guidelines on Local Nutrition Planning

NNC
Secretariat

SUMMARY OF CHANGES/IMPROVEMENTS

01

SIMPLIFIED COMPONENTS OF THE LNAP

- a. Nutrition Situation
- b. Vision, Mission, Goals and Targets
- c. Implementation Plan including financial resources
- d. Monitoring
- e. Implementation/Coordination Arrangements

02

MONITORING AND EVALUATION

Submission of Standard LGU Nutrition Reports

03

IMPROVED IMPLEMENTATION PLAN TEMPLATE

04

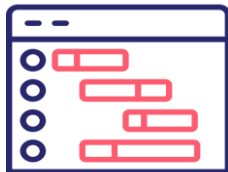
References inserted as hyperlinks in the document for ease of use

e.g. MOP, tools, annexes, and other relevant guidelines

SUMMARY OF CHANGES/IMPROVEMENTS

05

**Timeline of
planning
activities**



06

**Emphasis on
ensuring nutrition
budgets and
integrating the
LNAP in local
development plans**

07

**PPAN 2023-2028
indicators and list
of interventions
included as
reference**



Guidelines on Local Nutrition Planning

2022
EDITION

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LIST OF ACRONYMS AND ABBREVIATIONS

I. BACKGROUND

II. GUIDELINES OBJECTIVES

III. SCOPE OF APPLICATION

IV. COMPONENTS OF THE LOCAL NUTRITION ACTION PLAN

A. Situational Analysis

B. Vision, Mission, Goals, and Targets

C. Implementation Plan

D. Implementation Arrangements

E. Monitoring and Evaluation

V. ORGANIZATION AND PACKAGING OF THE LNAP

VI. ENSURING NUTRITION BUDGETS

VII. INTEGRATING THE LNAP INTO THE LOCAL DEVELOPMENT PLANS

VIII. ACTIVITIES FOR PLAN PREPARATION, FORMULATION, AND ADOPTION

Annex A. Indicators for the Philippine Plan of Action for Nutrition

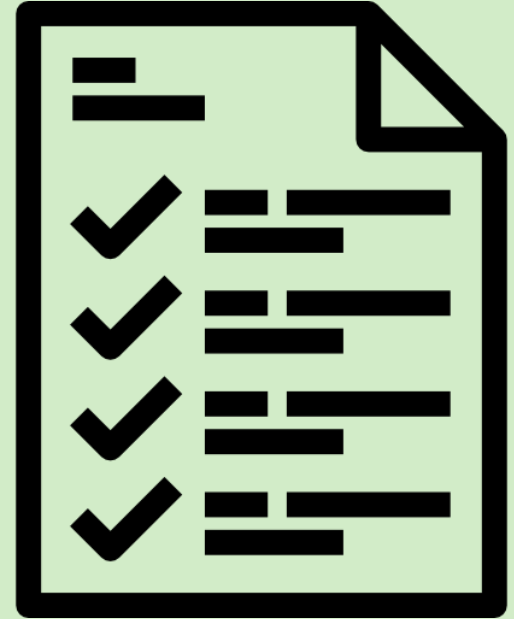
Annex B. List of Nutrition Interventions

Annex C. Sample Write-up of Implementation Arrangements

Annex D. Monitoring and Evaluation of the LNAP

SCOPE OF APPLICATION

- Main targets: **Local Government Units**
- Reference guidelines for:
 - all NNC Regional Offices
 - NNC Governing Board members
 - other National Government agencies
 - Development Partner Organizations
 - Non-government organizations
 - Scaling Up Nutrition (SUN) Networks



COMPONENTS OF THE LNAP



SECTION	DESCRIPTION/CONTENTS
SITUATIONAL ANALYSIS	Establish nutrition situation and interventions undertaken
VISION, MISSION, GOALS AND TARGETS	Develop vision, mission, goals and targets in terms of improving the LGU nutrition situation for the next three years
IMPLEMENTATION PLAN	List of interventions or PPAs, implementing units, target groups, annual targets, funding requirements
IMPLEMENTATION ARRANGEMENTS	Coordination mechanisms and roles of of the LNC
MONITORING AND EVALUATION	Activities to monitor and evaluate PPAs of the LNAP

COMPONENTS OF THE LNAP

01

1. What forms of malnutrition exist?
2. How many are malnourished?
3. Who are the malnourished?
4. Where are the malnourished?
5. What are the causes of malnutrition?
6. What have been done to address malnutrition? How effective have these been?
7. What resources are available to address malnutrition?
8. What constraints could affect the implementation of nutrition interventions?

02

VISION, MISSION, GOALS AND TARGETS

Indicators	Baseline	Targets		
		Year 1	Year 2	Year 3
e.g. prevalence of stunting	25% (2022 OPT)	23%	21%	19%

- Malnutrition reduction and nutrition improvement targets

LIST OF PPAN 2023-2028 INDICATORS

1. Undernutrition

- a. Prevalence of low birth weight (LBW) infants
- b. Prevalence of stunted children 6-23 months old
- c. Prevalence of stunted children 0-59 months old
- d. Prevalence of wasted children 0-59 months old
- e. Prevalence of wasted children 5-10 years old
- f. Prevalence of nutritionally at-risk (NAR) pregnant women
- g. Prevalence of chronic energy deficient older adults, 60 y/o and over

2. Overnutrition

- a. Prevalence of overweight children under five years old
- b. Prevalence of overweight/obese children 5-10 years old
- c. Prevalence of overweight/obese adolescents
- d. Prevalence of overweight/obese adults

3. Micronutrient Deficiencies

- a. Prevalence of anemia among pregnant women
- b. Prevalence of anemia among women of reproductive age
- c. Prevalence of children 6 months to 5 years old with vitamin A deficiency
- d. Median Urinary Iodine Concentration (UIC) (in $\mu\text{g/l}$) of pregnant women
- e. Median UIC (in $\mu\text{g/l}$) of lactating women
- f. Proportion of children 6-12 years old with urinary iodine levels below 50 $\mu\text{g/l}$
- g. Median UIC (in $\mu\text{g/l}$) of children 6-12 years old
- h. Percentage of households using adequately iodized salt

4. Infant and Young Child Feeding Practices

- a. Prevalence of exclusively breastfed infants at 5 months
- b. Prevalence of infants and young children with Minimum Acceptable Diet (MAD)
- c. Prevalence of children 6-23 months with Minimum Diet Diversity (MDD)

5. Food Insecurity

- a. Prevalence of households meeting 100% recommended energy intake
- b. Prevalence of moderately and severe food insecure households

03

To include:

- List of PPAs
- Department, organization, or units responsible for implementation
- Target population and annual target quantity (in actual number or percentage)
- Annual budget requirement
- Fund source

[illegible]

LIST OF NUTRITION INTERVENTIONS

A. Programs and Services by Life stage

1. PREGNANT AND LACTATING WOMEN
a. Micronutrient Supplementation (Iron Folic Acid, Vitamin A)
b. Counseling
c. Dietary Supplementation
d. Provision of pre-natal and post-natal care
e. Maternal mental health
2. INFANT AND YOUNG CHILDREN (0-23 MONTHS OLD)
a. Newborn screening
b. Appropriate feeding (Infant and Young Child Feeding)
c. Micronutrient Supplementation (Vitamin A, Iron)
d. Management of Acute Malnutrition
e. Dietary supplementation (complementary feeding for children >6 months old)
f. Routine immunization
g. Provision of baby-friendly space
h. Mother-Baby Friendly Hospital Initiatives (MBFHI)
i. Early Child Development (developmental milestones)
3. PRESCHOOL CHILDREN (<5 YEARS OLD)
a. Appropriate feeding (IYCF)
b. Dietary Supplementation
c. Management of Acute Malnutrition
d. Routine immunization
e. Child Protection
f. Early Child Development (CDCs, SPs, etc., developmental milestones)
g. Classroom education
4. SCHOOL-AGED CHILDREN (5-10 YEARS OLD)
a. Appropriate feeding/balanced diet
b. Dietary Supplementation
c. Management of Acute Malnutrition
d. Child Protection
e. Classroom education

5. ADOLESCENTS (10-19 YEARS OLD)
a. Nutrition Counseling
b. Adolescent health and preconception nutrition
c. Healthy and family planning services
d. Classroom education and Alternative Learning Modules
e. Adolescent programs (e.g., the establishment of teen centers)
f. Mental health programs
6. ADULTS (20-59 YEARS OLD)
a. Nutrition Counseling
b. Nutrition support to CED (e.g., iron supplement to WRA, food assistance)
c. Disease prevention and management
d. Livelihood
e. Gender and Development
f. Healthy and family planning services (WRA)
g. Social safety nets
h. Alternative Learning Modules
7. OLDER ADULTS (60 YEARS OLD AND ABOVE)
a. Nutrition support for older adults
b. Nutrition Counseling
c. Socioeconomic programs for older adults
8. ALL POPULATION GROUPS (FAMILIES, INDIVIDUALS)
a. Nutrition counseling/education
b. Individual nutrition assessment
c. Nutrition SBCC
d. Physical activity
e. Weight management
f. Food Fortification
g. Water, Sanitation, and Hygiene (WASH)
h. Agriculture and food security
i. Mental health

LIST OF NUTRITION INTERVENTIONS

B. Nutrition in Emergencies

PREPARATION
1. Training of Workers on NiE
2. Stockpiling of Goods
a. Vitamins and micronutrients
b. Food (List proposed foods for stockpiling)
3. Availability of weighing scales, height boards, MUAC tapes, IYCF Counseling Cards, PIMAM Commodities
4. Conduct Coordination Meetings
RESPONSE
5. Implementation of Emergency Response (transportation, operations, communication)
6. Provision of Minimum Service Package (depending on need):
a. Nutrition Assessment
b. Infant and Young Child Feeding in Emergencies (IYCF-E)
c. Management of Acute Malnutrition
d. Dietary Supplementation
e. Micronutrient Supplementation
RECOVERY (Inter-agency)
7. Planning coordination for recovery activities
8. Monitoring and Implementation of Recovery Activities

LIST OF NUTRITION INTERVENTIONS

C. Enabling Interventions

1.	LNC Coordination Meetings
2.	Policy Formulation
3.	Monitoring and Evaluation
a.	Conduct of OPT Plus
b.	Conduct of MELLPI
c.	Field Monitoring and Evaluation
d.	Program Implementation Review
e.	LNC Functionality Assessment
4.	Advocacy Activities and Nutrition Promotion
a.	Nutrition Month Activities
b.	Advocacy Fora
5.	Capacity Building for all stakeholders e.g. implementers, beneficiaries, and other partners
6.	Planning and Budgeting
a.	Updating of Implementation Plan
b.	Annual Preparation of AIP and Nutrition Budget

COMPONENTS OF THE LNAP

04

IMPLEMENTATION ARRANGEMENTS

- Coordination mechanisms and roles of different major players
- Integrated manner of implementation

05

MONITORING AND EVALUATION

- Provide information to make informed decisions on program design and adjustments to increase chances of achieving set objectives
- LGUs are requested to submit various nutrition reports as part of monitoring of LNAP implementation and PPAN monitoring by **regional** and **national** coordinating bodies

M&E: LGU NUTRITION REPORTS

Three-year
LNAP

Status of LNAP
formulation

Status of Nutrition
Programs ,
Physical, and
Financial
Accomplishments
(DILG MC 2018-42)

Report on the
functionality of
MNCs and
BNCs

MELLPI PRO
Summary report for
LGUs, outstanding
BNS, and Local
Nutrition Focal
Points

Documentation
of Program
Implementation
Review

ORGANIZATION AND PACKAGING OF THE LNAP

Provincial/City/Municipal Nutrition Action Plan

(Inclusive years)

Province/City/Municipality of _____

1. Cover Page with the logo of the LGU
2. Table of Contents
3. Acronyms
4. Message from the Provincial Governor/Mayor as Chairperson of the Provincial/Municipal/City Nutrition Committee (as applicable)
5. Message from the Vice-Chairperson of the Provincial/Municipal/City Nutrition Committee (as applicable)
6. Provincial/Municipal/City Nutrition Committee Resolution Adopting the LNAP 20__ - 20__

Chapters of the LNAP

- I. Introduction
- II. Nutrition Situation Analysis
- III. Vision, Mission, Goals and Targets
- IV. Implementation Plan
- V. Implementation and Coordination Arrangements
- VI. Monitoring and Evaluation

Annexes: Directory of Local Nutrition Committees

ACTIVITIES FOR PLAN PREPARATION, FORMULATION AND ADOPTION

Local Nutrition Planning Core Group

1. LGU departments or offices involved in delivering nutrition and related services
 - a. Nutrition
 - b. Agriculture
 - c. Health
 - d. Social Welfare and Development
 - e. Local Government Operations Office
2. Provincial/City/Municipal Planning and Development Office
3. Budget Office
4. National government agencies that have not been devolved like Department of Education
5. Indigenous people's representative in the provincial/city/municipal and barangay councils
6. Representative from non-government organizations (NGO)/Civil Society organizations

Suggested series of meetings to develop the plan

Activity	Outputs	
1. LNC planning meeting No.1	a.	Decisions and agreements on the planning process, i.e., activities to be done and by whom, timetable of activities, resources needed and source
	b.	Organization of local planning core group
	c.	Organization of planning secretariat
2. Situational analysis (may be done by a team organized for the purpose)	a.	Draft nutrition situational analysis to describe the nature and magnitude of nutritional problems, past performance of nutrition plan implementation, assessment of available resources
	b.	Recommendations for overall directions for the plan
	c.	Draft plan objectives

Suggested series of meetings to develop the plan

Activity	Outputs	
3. LNC planning meeting No.2	a.	Validation and approval of the results of the nutrition situation analysis
	b.	Agreement on priority problems, areas and target groups, specific strategies
	c.	Initial agreements on key programs and projects
	d.	Draw up details of the agreed programs and projects and the interface between the provincial, city or municipal level
	e.	Additional tasks to be done, if any

Suggested series of meetings to develop the plan

Activity	Outputs
4. Series of meetings of LNC/LPCG to be complemented by individual assignments or consultation with key personalities/actors	Draft plan (includes targets, scheme for monitoring and evaluation, budget, local agency or NGO in charge) for each of the programs and projects initially agreed upon by the LNC
4. LNC planning meeting Nos. 3 and 4	a. Approval of the draft plan b. Additional task to be done, if any

Suggested series of meetings to develop the plan

Activity	Outputs
6. Integration of all comments of P/C/MNC planning meetings, usually by the P/C/M Nutrition Action Officer	Finalized LNAP (write-up with supporting tables and figures, if needed)
7. LNC planning meeting No. 5	<ul style="list-style-type: none">a. Approval of the LNAP by way of LNC resolutionb. Plans for presentation to the P/C/M Development Council, and Sangguniang Panlalawigan or Panlungsod (SP) or Sangguniang Bayan (SB)

Suggested series of meetings to develop the plan

Activity	Outputs
7. Preparations for presentation to P/C/MDC and SP or SB which may include initial discussions with some members	<ul style="list-style-type: none">a. Visual aidsb. Handouts to be distributed
8. Presentation of LNAP to the SP or SB	Approval and allocation of budget needed for plan implementation

Suggested series of meetings to develop the plan

Activity	Outputs
9. Reproduction and distribution of approved LNAP	<ul style="list-style-type: none">a. Dissemination activitiesb. Copies of approved LNAP distributed to:<ul style="list-style-type: none">✓ all members of the LNC✓ all members of the P/C/MDC or Provincial Health Board✓ all members of the SP or SB✓ barangays targeted in the LNAP

PROPOSED GANTT CHART OF PLANNING ACTIVITIES

Activity	Month 1				Month 2			
	Wk1	Wk2	Wk3	Wk4	Wk1	Wk2	Wk3	Wk4
LNC planning meeting No.1	✓							
Situational analysis, vision, mission, goals and targets (may be done by a team organized for the purpose)	✓	✓						
LNC planning meeting No.2		✓						
Filling up and consolidation of implementation plan template by nutrition office		✓	✓					
LNC Planning meeting No. 3: Presentation and review of the consolidated implementation plan				✓				
Planning meeting No. 4				✓				
LNC planning meeting No 5: Plan presentation and approval					✓			
Integration of all comments/inputs of P/C/MNC planning meetings, usually by the P/C/M Nutrition Action Officer					✓	✓		
LNC planning meeting No. 6: Approval of the LNC resolution adopting the LNAP							✓	
Reproduction and distribution of approved LNAP								✓



THANK YOU!

Do you have any questions?

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