

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 1 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ____ City ____

Indigenous Group/s: _____ N/A

Total No. of Municipalities _____ Barangay _____

Total No. with OPT Plus Results: Mun _____ Brgy _____

Percent OPT Coverage Mun _____ Brgy _____

Year **2016**

Percent OPT Plus Coverage: 0-71 months old **85.37%**

Estimated No of PS: 0-71 months old: **2,138,285**

Actual No of PS measured: 0-59 months old **1,452,882** 0-71 months old **1,825,462**

Age Group (1)	Weight for Age Status																	Total, by age group									
	Normal (N)				Underweight (UW)				Severely Underweight (SUW)				Overweight (OW)				TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	69,360		65,699		536		349		197		160		1,593		1,482		71,686	67,690	139,376	135,059	96.90	885	0.63	357	0.26	3,075	2.21
6-11 months (R2)	64,533		60,913		851		518		306		157		533		519		66,223	62,107	128,330	125,446	97.75	1,369	1.07	463	0.36	1,052	0.82
12-23 months (R3)	136,244		129,823		1,958		1,412		691		572		1,293		1,179		140,186	132,986	273,172	266,067	97.40	3,370	1.23	1,263	0.46	2,472	0.90
24-35 months (R4)	143,129		136,696		2,230		1,871		605		594		989		952		146,953	140,113	287,066	279,825	97.48	4,101	1.43	1,199	0.42	1,941	0.68
36-47 months (R5)	154,543		150,202		2,350		2,240		680		666		954		791		158,527	153,899	312,426	304,745	97.54	4,590	1.47	1,346	0.43	1,745	0.56
48-59 months (R6)	172,878		168,862		2,434		2,311		671		649		1,124		772		177,107	172,594	349,701	341,740	97.72	4,745	1.36	1,320	0.38	1,896	0.54
60-71 months (R7)	165,603		163,074		2,037		1,836		601		584		1,013		643		169,254	166,137	335,391	328,677	98.00	3,873	1.15	1,185	0.35	1,656	0.49
Total (R8)																											
0-59 mos	740,687		712,195		10,359		8,701		3,150		2,798		6,486		5,695		760,682	729,389	1,490,071	1,452,882	97.50	19,060	1.28	5,948	0.40	12,181	0.82
0-71 mos	906,290		875,269		12,396		10,537		3,751		3,382		7,499		6,338		929,936	895,526	1,825,462	1,781,559	97.59	22,933	1.26	7,133	0.39	13,837	0.76
Prev (R9)																											
0-59 mos	97.37		97.64		1.36		1.19		0.41		0.38		0.85		0.78		51.05	48.95		97.50		1.28		0.40		0.82	
0-71 mos	97.46		97.74		1.33		1.18		0.40		0.38		0.81		0.71		50.94	49.06		97.59		1.26		0.39		0.76	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

OVERWEIGHT IS MORE CORRECTLY DETERMINED USING WEIGHT-FOR-LENGTH OR WEIGHT-FOR-HEIGHT.

(original signed)
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Regional Director, DOH-NCRO
Chairperson, Regional Nutrition Committee

Date: 12/07/2016

Date: 12/07/2016

Date: 12/09/2016

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Total No.with OPT Plus Results: City 16 Municipality 1

Year 2016

Indigenous Group/s: N/A

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

Please Check:



Normal Weight-for-Age



Normal Length/Height-for-Age



Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	96.11	8,182	8,210	10,484	10,151	17,002	16,472	15,732	15,332	15,876	15,632	17,190	16,923	17,638	17,839	202,663
Malabon	58,779	47,717	95.46	2,220	1,999	1,645	1,639	3,092	2,987	3,428	3,194	4,016	3,910	4,993	4,603	3,936	3,891	45,553
Navotas	42,387	39,864	97.41	1,559	1,370	1,671	1,546	2,484	2,397	2,832	2,783	3,271	3,476	3,677	3,764	3,900	4,100	38,830
Valenzuela	103,646	94,296	97.76	3,483	3,366	3,485	3,149	7,723	6,976	7,651	7,111	7,774	6,995	8,729	8,002	9,219	8,519	92,182
Quezon City	516,940	493,010	98.84	17,146	16,941	16,881	16,274	40,450	39,523	42,224	41,163	43,732	43,697	46,919	46,389	38,202	37,746	487,287
Marikina	72,430	45,840	97.95	3,197	3,219	2,424	2,332	3,546	3,142	2,966	2,727	2,867	2,763	3,292	3,120	4,772	4,534	44,901
Pasig	129,123	104,400	97.65	6,122	5,607	4,205	3,905	6,536	5,880	6,154	5,893	6,918	7,051	8,483	8,687	13,210	13,298	101,949
Taguig	126,942	125,023	98.84	5,142	4,685	4,145	4,011	10,361	10,019	11,047	10,661	11,487	11,177	13,698	13,694	6,809	6,641	123,577
Pateros	11,123	7,582	96.24	356	290	276	301	587	555	588	567	637	557	642	630	644	667	7,297
Makati	90,734	62,003	97.50	3,165	2,814	2,474	2,179	4,209	3,850	3,531	3,307	3,904	3,960	5,701	5,593	7,883	7,882	60,452
Manila	273,233	203,433	95.85	6,299	5,837	5,536	5,121	15,814	14,753	17,630	16,552	18,222	17,458	19,267	18,509	17,426	16,570	194,994
Mandaluyong	57,606	55,862	99.05	1,704	1,627	1,722	1,569	4,017	3,906	4,357	3,919	4,824	4,413	5,332	5,166	6,523	6,254	55,333
San Juan	19,969	18,760	98.32	650	584	511	545	1,207	1151	1070	1018	1237	1152	1982	1950	2,740	2,647	18,444
Pasay	0	0	#DIV/0!															0
Parañaque	112,166	98,738	97.92	3,143	2,884	3,179	2,995	7,796	7,092	9,109	8,556	8,886	8,217	9,324	8,877	8,464	8,159	96,681
Muntinlupa	77,998	65,040	97.27	4,584	4,090	3,543	3,001	4,254	4,354	4,491	4,292	4,450	4,489	4,678	4,844	6,159	6,034	63,263
Las Piñas	98,631	95,581	97.02	724	706	783	770	2875	2782	5694	5386	11446	10641	13424	12847	12294	12364	92,736
TOTAL	2,070,730	1,768,018	97.63	67,676	64,229	62,964	59,488	131,953	125,839	138,504	132,461	149,547	145,588	167,331	163,598	159,819	157,145	1,726,142

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2016

Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☒ **Underweight Weight-for-Age** ☐ **Stunted Length/Height-for-Age** ☐ **Wasted Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % 	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	2.12	146	118	197	157	390	275	370	347	396	388	387	381	468	452	4,472
Malabon	58,779	47,717	2.40	38	15	40	31	90	74	91	97	119	125	148	116	83	78	1,145
Navotas	42,387	39,864	1.55	1	1	21	22	59	41	59	47	62	59	69	64	48	64	617
Valenzuela	103,646	94,296	1.03	13	6	31	12	78	58	110	91	106	106	107	106	73	72	969
Quezon City	516,940	493,010	0.65	105	71	143	62	263	188	292	202	322	284	314	324	366	250	3,186
Marikina	72,430	45,840	0.78	19	10	26	15	32	26	34	25	32	28	27	30	27	28	359
Pasig	129,123	104,400	0.89	7	2	21	12	91	46	102	83	125	95	129	125	42	45	925
Taguig	126,942	125,023	0.35	5	1	9	5	36	34	44	46	55	41	47	59	25	27	434
Pateros	11,123	7,582	1.48	0	1	2	2	8	9	14	10	13	14	5	11	12	11	112
Makati	90,734	62,003	0.39	2	0	14	4	24	16	22	16	16	26	25	34	20	24	243
Manila	273,233	203,433	2.38	137	81	201	92	431	323	515	396	458	497	469	449	433	358	4,840
Mandaluyong	57,606	55,862	0.59	4	2	12	10	29	28	40	37	34	39	28	31	13	24	331
San Juan	19,969	18,760	0.82	3	0	4	3	13	8	9	7	15	11	14	14	32	21	154
Pasay	0	0	#DIV/0!															0
Parañaque	112,166	98,738	1.32	11	11	56	32	130	73	138	133	167	131	161	130	58	70	1,301
Muntinlupa	77,998	65,040	1.07	7	3	16	7	67	34	78	59	84	89	102	78	39	36	699
Las Piñas	98,631	95,581	2.17	14	13	35	21	135	112	235	191	209	202	239	236	218	212	2,072
TOTAL	2,070,730	1,768,018	1.24	512	335	828	487	1,876	1,345	2,153	1,787	2,213	2,135	2,271	2,188	1,957	1,772	21,859

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2016

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A



Sev. UW Weight-for-Age



Sev. Stunted Length/Height-for-Age



Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % 	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	0.59	43	41	66	24	104	103	90	86	94	79	94	75	191	162	1,252
Malabon	58,779	47,717	0.77	10	9	21	13	44	33	26	35	36	36	23	38	22	23	369
Navotas	42,387	39,864	0.44	0	0	7	5	18	17	18	9	19	23	13	19	15	14	177
Valenzuela	103,646	94,296	0.36	17	11	10	5	38	19	28	25	32	42	28	35	24	26	340
Quezon City	516,940	493,010	0.21	39	30	40	25	93	97	95	97	106	93	114	96	74	48	1,047
Marikina	72,430	45,840	0.24	7	1	11	7	6	17	8	13	10	4	4	5	6	11	110
Pasig	129,123	104,400	0.30	2	4	11	6	27	21	31	36	31	41	33	36	15	18	312
Taguig	126,942	125,023	0.10	3	1	7	3	14	10	7	10	9	10	20	20	9	6	129
Pateros	11,123	7,582	0.03	0	0	0	0	0	0	1	0	0	1	0	0	0	0	2
Makati	90,734	62,003	0.09	2	0	2	3	3	3	1	0	5	8	7	6	4	10	54
Manila	273,233	203,433	0.87	49	41	80	38	196	139	134	131	172	141	188	160	142	157	1,768
Mandaluyong	57,606	55,862	0.11	2	2	1	2	4	9	3	3	4	5	9	1	8	6	59
San Juan	19,969	18,760	0.08	0	1	0	0	0	0	1	3	2	3	1	0	0	4	15
Pasay	0	0	#DIV/0!															0
Parañaque	112,166	98,738	0.38	5	8	22	9	34	18	43	29	38	54	35	44	14	20	373
Muntinlupa	77,998	65,040	0.45	4	2	3	4	27	28	34	28	32	37	29	35	15	16	294
Las Piñas	98,631	95,581	0.56	7	2	14	3	52	30	55	66	58	57	49	61	38	40	532
TOTAL	2,070,730	1,768,018	0.39	190	153	295	147	660	544	575	571	648	634	647	631	577	561	6,833

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing: January to March 2016

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A



Overweight Weight-for-Age



Tall Length/Height-for-Age



Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	1.18	317	276	113	112	249	185	176	137	150	146	188	131	167	135	2,482
Malabon	58,779	47,717	1.36	112	86	25	23	65	56	35	39	37	27	46	21	44	34	650
Navotas	42,387	39,864	0.60	28	21	21	15	25	24	17	18	14	17	9	10	13	8	240
Valenzuela	103,646	94,296	0.85	68	54	26	24	87	68	66	59	81	77	69	63	47	16	805
Quezon City	516,940	493,010	0.30	196	187	64	75	193	187	120	125	84	53	91	44	47	24	1,490
Marikina	72,430	45,840	1.03	65	75	17	24	40	35	26	20	29	22	28	34	39	16	470
Pasig	129,123	104,400	1.16	98	109	38	32	86	82	79	85	118	85	118	107	97	80	1,214
Taguig	126,942	125,023	0.71	100	89	35	26	104	117	79	78	61	26	78	46	28	16	883
Pateros	11,123	7,582	2.26	8	13	9	11	10	13	12	16	19	18	18	5	11	8	171
Makati	90,734	62,003	2.02	92	100	37	29	84	54	69	69	73	71	135	95	213	133	1,254
Manila	273,233	203,433	0.90	245	253	81	75	164	186	131	130	104	94	132	96	86	54	1,831
Mandaluyong	57,606	55,862	0.25	18	17	0	1	6	10	6	6	16	11	15	3	19	11	139
San Juan	19,969	18,760	0.78	5	3	1	2	11	8	12	8	12	17	17	13	23	15	147
Pasay	0	0	#DIV/0!															0
Parañaque	112,166	98,738	0.39	58	45	15	4	24	28	34	21	24	21	48	18	21	22	383
Muntinlupa	77,998	65,040	1.21	107	78	14	25	46	35	42	43	55	43	79	54	113	50	784
Las Piñas	98,631	95,581	0.25	19	26	13	11	36	28	21	16	15	10	13	17	10	6	241
TOTAL	2,070,730	1,768,018	0.75	1,536	1,432	509	489	1,230	1,116	925	870	892	738	1,084	757	978	628	13,184

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 2 of 3

Region **National Capital Region**

Indigenous Group/s: _____ N/A _____ Year **2016**

Total No. of Municipality: **1** City **16**

Total No. of Municipalities _____ Barangay _____ Percent OPT Plus Coverage: 0-71 months old **85.37%**

Total No. with OPT Plus Results: Municipality **1** City **16**

Total No. with OPT Plus Results: Mun _____ Brgy _____ Estimated No of PS: 0-71 months old: **2,138,285**

Percent OPT Coverage Municipality _____ City _____

Percent OPT Coverage Mun _____ Brgy _____ Actual No of PS measured: 0-59 months old **1,452,882** 0-71 months old **1,825,462**

} based on
weight- for- age
data

Age Group	Length/Height for Age Status																	Total, by age group									
	Normal (N)				Stunted /Short (St)				Severely Stunted (SSt)				Tall (T)				TOTAL			Total N		Total St		Total SSt		Total T	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	64,718		61,185		1,722		1,084		714		504		4,532		4,921		71,686	67,694	139,380	125,903	90.33	2,806	2.01	1,218	0.87	9,453	6.78
6-11 months (R2)	60,804		57,530		1,915		1,306		928		551		2,587		2,722		66,234	62,109	128,343	118,334	92.20	3,221	2.51	1,479	1.15	5,309	4.14
12-23 months (R3)	127,037		122,283		5,719		3,758		2,663		1,919		4,762		5,026		140,181	132,986	273,167	249,320	91.27	9,477	3.47	4,582	1.68	9,788	3.58
24-35 months (R4)	135,860		130,610		5,556		4,205		2,308		1,863		3,218		3,437		146,942	140,115	287,057	266,470	92.83	9,761	3.40	4,171	1.45	6,655	2.32
36-47 months (R5)	148,318		144,877		6,328		5,354		2,196		1,934		1,681		1,723		158,523	153,888	312,411	293,195	93.85	11,682	3.74	4,130	1.32	3,404	1.09
48-59 months (R6)	167,646		163,851		6,315		5,753		2,331		2,059		865		765		177,157	172,428	349,585	331,497	94.83	12,068	3.45	4,390	1.26	1,630	0.47
60-71 months (R7)	160,441		158,274		6,533		5,839		1,842		1,504		514		521		169,330	166,138	335,468	318,715	95.01	12,372	3.69	3,346	1.00	1,035	0.31
Total (R8)																											
0-59 mos	704,383		680,336		27,555		21,460		11,140		8,830		17,645		18,594		760,723	729,220	1,489,943	1,384,719	92.94	49,015	3.29	19,970	1.34	36,239	2.43
0-71 mos	864,824		838,610		34,088		27,299		12,982		10,334		18,159		19,115		930,053	895,358	1,825,411	1,703,434	93.32	61,387	3.36	23,316	1.28	37,274	2.04
Prev (R9)																											
0-59 mos	92.59		93.30		3.62		2.94		1.46		1.21		2.32		2.55		51.06	48.94		92.94			3.29		1.34		2.43
0-71 mos	92.99		93.66		3.67		3.05		1.40		1.15		1.95		2.13		50.95	49.05		93.32			3.36		1.28		2.04

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region National Capital Region Total No.: City 16 Municipality 1 Year 2016
Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: N/A
Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

Please Check: ☐ Normal Weight-for-Age ☒ Normal Length/Height-for-Age ☐ Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	94.31	8,005	8,064	10,211	9,905	16,486	15,936	15,343	14,959	15,610	15,406	16,906	16,719	17,572	17,739	198,861
Malabon	58,779	47,717	88.69	2,054	1,811	1,514	1,499	2,730	2,708	3,098	2,935	3,738	3,658	4,779	4,367	3,709	3,718	42,318
Navotas	42,387	39,864	93.92	1,498	1,306	1,566	1,475	2,389	2,308	2,730	2,710	3,194	3,425	3,533	3,679	3,741	3,885	37,439
Valenzuela	103,646	94,296	86.20	2,948	2,880	3,088	2,822	6,347	5,963	6,694	6,282	6,852	6,215	7,967	7,282	8,259	7,686	81,285
Quezon City	516,940	493,010	96.63	16,662	16,455	16,424	15,783	39,110	38,317	41,113	40,177	42,831	42,853	46,248	45,841	37,477	37,103	476,394
Marikina	72,430	45,840	87.26	2,670	2,687	2,138	2,081	2,981	2,700	2,514	2,350	2,534	2,470	3,007	2,874	4,632	4,362	40,000
Pasig	129,123	104,400	88.68	5,372	4,825	3,669	3,445	5,485	5,057	5,337	5,249	6,262	6,393	7,976	8,144	12,596	12,773	92,583
Taguig	126,942	125,023	94.60	4,817	4,374	3,872	3,731	9,620	9,332	10,469	10,194	11,085	10,797	13,389	13,380	6,694	6,524	118,278
Pateros	11,123	7,582	88.30	319	266	256	267	522	510	535	529	576	533	592	580	593	617	6,695
Makati	90,734	61,952	94.78	2,958	2,604	2,359	2,093	3,869	3,653	3,389	3,191	3,809	3,836	5,696	5,538	7,883	7,839	58,717
Manila	273,233	203,433	91.58	5,688	5,240	5,052	4,675	14,777	13,878	16,778	15,847	17,499	16,907	18,719	17,995	16,998	16,246	186,299
Mandaluyong	57,606	55,862	97.85	1,665	1,593	1,690	1,534	3,947	3,860	4,306	3,898	4,758	4,357	5,303	5,119	6,449	6,184	54,663
San Juan	19,969	18,760	96.62	617	542	482	515	1,181	1,115	1,061	990	1,217	1,136	1,970	1,936	2,737	2,627	18,126
Pasay	67,555	57,444	93.35	1,570	1,380	1,495	1,378	4,099	3,799	4,439	4,089	4,911	4,519	5,407	4,947	5,772	5,820	53,625
Parañaque	112,166	98,738	94.86	3,037	2,808	3,078	2,902	7,404	6,853	8,752	8,320	8,501	7,966	9,074	8,635	8,286	8,043	93,659
Muntinlupa	77,998	65,040	89.94	4,215	3,720	3,211	2,729	3,606	3,836	4,115	3,954	4,141	4,242	4,451	4,592	5,906	5,779	58,497
Las Piñas	98,631	95,581	89.97	623	630	699	696	2,484	2,458	5,187	4,936	10,800	10,164	12,629	12,223	11,137	11,329	85,995
TOTAL	2,138,285	1,825,411	93.32	64,718	61,185	60,804	57,530	127,037	122,283	135,860	130,610	148,318	144,877	167,646	163,851	160,441	158,274	1,703,434

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2016

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☐ Underweight Weight-for-Age ☒ Stunted Length/Height-for-Age ☐ Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	2.72	171	129	222	194	578	463	457	449	487	476	530	498	559	533	5,746
Malabon	58,779	47,717	6.28	67	51	85	80	270	205	282	226	325	272	305	294	296	237	2,995
Navotas	42,387	39,864	3.02	24	23	75	38	97	66	104	65	95	84	121	94	129	189	1,204
Valenzuela	103,646	94,296	8.09	223	99	190	111	799	548	694	521	768	651	670	660	909	790	7,633
Quezon City	516,940	493,010	1.75	286	169	232	165	740	440	836	564	905	784	884	777	993	839	8,614
Marikina	72,430	45,840	4.28	105	73	117	75	235	151	200	140	208	159	175	136	93	95	1,962
Pasig	129,123	104,400	4.98	145	105	177	134	529	333	423	361	523	440	517	491	541	477	5,196
Taguig	126,942	125,023	2.06	71	33	70	33	246	139	303	183	341	290	319	287	139	123	2,577
Pateros	11,123	7,582	6.55	13	6	11	12	38	21	40	28	69	42	55	53	57	52	497
Makati	90,734	61,952	2.05	23	26	54	27	135	74	95	75	112	127	111	117	155	136	1,267
Manila	273,233	203,433	4.13	260	174	272	179	776	470	893	649	930	785	837	792	778	612	8,407
Mandaluyong	57,606	55,862	1.14	22	17	20	10	59	21	52	36	58	58	56	53	91	85	638
San Juan	19,969	18,760	1.20	4	2	7	3	21	12	12	11	19	21	20	14	43	36	225
Pasay	67,555	57,444	3.39	58	36	46	37	127	95	138	123	186	148	304	258	199	191	1,946
Parañaque	112,166	98,738	3.76	84	49	125	84	425	238	414	305	504	340	390	351	223	182	3,714
Muntinlupa	77,998	65,040	5.34	123	62	160	91	406	307	304	228	332	255	304	311	300	289	3,472
Las Piñas	98,631	95,581	5.54	43	30	52	33	238	175	309	241	466	422	717	567	1,028	973	5,294
TOTAL	2,138,285	1,825,411	3.36	1,722	1,084	1,915	1,306	5,719	3,758	5,556	4,205	6,328	5,354	6,315	5,753	6,533	5,839	61,387

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region National Capital Region Total No.: City 16 Municipality 1

Total No.with OPT Plus Results: City 16 Municipality 1

Period of Weighing January-March 2016

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☐ **Sev. UW Weight-for-Age** ☒ **Sev. Stunted Length/Height-for-Age** ☐ **Sev. Wasted Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	1.34	108	86	140	91	279	284	250	249	257	214	270	182	220	189	2,819
Malabon	58,779	47,717	2.25	26	14	39	28	164	99	102	101	84	95	104	89	69	58	1,072
Navotas	42,387	39,864	1.54	18	22	29	34	37	38	37	46	52	47	67	51	65	69	612
Valenzuela	103,646	94,296	2.62	59	49	99	49	361	231	233	164	245	214	244	216	168	140	2,472
Quezon City	516,940	493,010	0.44	76	50	94	60	235	193	228	168	195	150	226	183	194	97	2,149
Marikina	72,430	45,840	2.77	62	43	61	46	158	119	137	101	96	90	106	105	73	72	1,269
Pasig	129,123	104,400	1.81	59	37	88	38	240	161	222	158	185	165	158	178	115	90	1,894
Taguig	126,942	125,023	0.47	12	9	14	10	78	31	65	36	76	51	70	74	33	26	585
Pateros	11,123	7,582	1.56	0	2	1	4	8	5	15	6	11	8	13	12	17	16	118
Makati	90,734	61,952	0.41	4	2	8	3	33	19	19	18	21	35	32	20	27	16	257
Manila	273,233	203,433	2.05	171	110	171	74	453	323	406	349	400	362	425	380	292	260	4,176
Mandaluyong	57,606	55,862	0.36	5	1	3	5	17	14	14	11	20	12	24	27	22	26	201
San Juan	19,969	18,760	0.25	1	1	1	1	3	3	3	4	6	2	2	3	6	10	46
Pasay	67,555	57,444	0.84	18	21	21	13	62	52	40	44	48	43	47	38	15	19	481
Parañaque	112,166	98,738	0.85	19	12	39	24	104	62	115	70	85	74	84	69	37	41	835
Muntinlupa	77,998	65,040	2.25	53	30	82	54	239	167	146	125	107	111	110	89	95	56	1,464
Las Piñas	98,631	95,581	3.00	23	15	38	17	192	118	276	213	308	261	349	343	394	319	2,866
TOTAL	2,138,285	1,825,411	1.28	714	504	928	551	2,663	1,919	2,308	1,863	2,196	1,934	2,331	2,059	1,842	1,504	23,316

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2016

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☐ Overweight Weight-for-Age ☒ Tall Length/Height-for-Age ☐ Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	210,869	1.63	404	366	287	254	402	352	318	245	162	149	153	111	113	127	3,443
Malabon	58,779	47,717	2.79	233	233	93	99	127	138	98	103	61	73	22	28	11	13	1,332
Navotas	42,387	39,864	1.53	48	41	50	41	63	67	55	36	25	19	47	33	41	43	609
Valenzuela	103,646	94,296	3.08	351	409	175	208	419	379	234	319	128	140	52	48	27	17	2,906
Quezon City	516,940	493,010	1.19	462	555	378	428	914	1,045	554	678	313	340	80	52	25	29	5,853
Marikina	72,430	45,840	5.69	451	502	162	176	250	250	183	194	100	98	63	74	46	60	2,609
Pasig	129,123	104,400	4.53	653	755	341	338	486	478	384	331	222	272	112	142	112	101	4,727
Taguig	126,942	125,023	2.87	350	360	240	271	571	678	340	382	110	116	65	78	5	17	3,583
Pateros	11,123	7,582	3.59	32	30	19	31	37	41	25	30	13	7	5	1	0	1	272
Makati	90,734	61,952	2.76	271	276	105	94	278	176	122	104	51	67	37	33	55	42	1,711
Manila	273,233	203,433	2.24	611	688	403	398	599	730	333	364	127	136	75	47	19	21	4,551
Mandaluyong	57,606	55,862	0.64	36	37	22	33	33	58	34	20	42	41	1	2	1	0	360
San Juan	19,969	18,760	1.93	36	43	26	31	26	37	16	31	24	24	22	24	9	14	363
Pasay	67,555	57,444	2.42	131	114	77	68	179	197	166	172	83	85	58	31	13	18	1,392
Parañaque	112,166	98,738	0.54	77	79	30	30	51	58	43	44	25	43	20	14	11	5	530
Muntinlupa	77,998	65,040	2.47	311	361	123	163	143	141	80	115	41	50	23	19	25	12	1,607
Las Piñas	98,631	95,581	1.49	75	72	56	59	184	201	233	269	154	63	30	28	1	1	1,426
TOTAL	2,138,285	1,825,411	2.04	4,532	4,921	2,587	2,722	4,762	5,026	3,218	3,437	1,681	1,723	865	765	514	521	37,274

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 3 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ____ City ____

Indigenous Group/s: _____ N/A _____

Total No. of Municipalities _____ Barangay _____

Total No. with OPT Plus Results: Mun _____ Brgy _____

Percent OPT Coverage Mun _____ Brgy _____

Year **2016**

Percent OPT Plus Coverage: 0-71 months old **85.37%**

Estimated No of PS: 0-71 months old: **2,102,288**

Actual No of PS measured: 0-59 months old **1,452,882** 0-71 months old **1,825,462**

based on
weight- for- age
data

Age Group (1)	Weight for Length/Height Status																	Total, by age group																	
	Normal (N)				Wasted (W)				Severely Wasted (SW)				Overweight (OW)				Obese (Ob)				TOTAL			Total N		Total W		Total SW		Total OW		Total Ob			
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Total	No	Prev	No	Prev	No	Prev	No	Prev	No	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)		
0-5 months (R1)	65,698		62,903		1,585		1,207		1,328		1,079		1,770		1,498		1,313		1,022		71,694		67,709		139,403	128,601	92.25	2,792	2.00	2,407	1.73	3,268	2.34	2,335	1.67
6-11 months (R2)	62,661		59,333		1,195		972		867		501		1,015		876		502		433		66,240		62,115		128,355	121,994	95.04	2,167	1.69	1,368	1.07	1,891	1.47	935	0.73
12-23 months (R3)	133,523		127,297		2,097		1,789		1,548		1,008		1,932		1,973		1,023		891		140,123		132,958		273,081	260,820	95.51	3,886	1.42	2,556	0.94	3,905	1.43	1,914	0.70
24-35 months (R4)	140,378		134,616		2,055		1,924		1,427		868		1,967		1,775		1,085		934		146,912		140,117		287,029	274,994	95.81	3,979	1.39	2,295	0.80	3,742	1.30	2,019	0.70
36-47 months (R5)	152,093		148,392		1,905		2,108		1,419		741		1,830		1,749		1,284		907		158,531		153,897		312,428	300,485	96.18	4,013	1.28	2,160	0.69	3,579	1.15	2,191	0.70
48-59 months (R6)	170,039		166,799		2,202		2,288		1,310		715		2,078		1,964		1,470		840		177,099		172,606		349,705	336,838	96.32	4,490	1.28	2,025	0.58	4,042	1.16	2,310	0.66
60-71 months (R7)	104,644		102,981		589		675		369		202		546		524		379		164		106,527		104,546		211,073	207,625	98.37	1,264	0.60	571	0.27	1,070	0.51	543	0.26
Total (R8)																																			
0-59 mos	724,392		699,340		11,039		10,288		7,899		4,912		10,592		9,835		6,677		5,027		760,599		729,402		1,490,001	1,423,732	95.55	21,327	1.43	12,811	0.86	20,427	1.37	11,704	0.79
0-71 mos	829,036		802,321		11,628		10,963		8,268		5,114		11,138		10,359		7,056		5,191		867,126		833,948		1,701,074	1,631,357	95.90	22,591	1.33	13,382	0.79	21,497	1.26	12,247	0.72
Prev (R9)																																			
0-59 mos	95.24		95.88		1.45		1.41		1.04		0.67		1.39		1.35		0.88		0.69		51.05		48.95			95.55		1.43		0.86		1.37		0.79	
0-71 mos	95.61		96.21		1.34		1.31		0.95		0.61		1.28		1.24		0.81		0.62		50.98		49.02			95.90		1.33		0.79		1.26		0.72	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 5

Region National Capital Region Total No.: City 16 Municipality 1 Year 2016
Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: N/A
Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

Please Check: ☐ Normal Weight-for-Age ☐ Normal Length/Height-for-Age ☒ Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	173,817	95.20	8,096	8,146	10,335	10,010	16,897	16,236	15,520	15,211	15,697	15,523	17,003	16,803			165,477
Malabon	58,779	40,294	93.41	2,073	1,903	1,589	1,577	3,010	2,924	3,374	3,176	3,956	3,920	4,925	4,577	304	331	37,639
Navotas	42,387	39,864	96.38	1,521	1,346	1,632	1,527	2,458	2,364	2,779	2,758	3,237	3,457	3,621	3,755	3,861	4,103	38,419
Valenzuela	103,646	77,719	89.25	2,951	2,893	3,182	2,915	7,106	6,459	6,968	6,618	7,133	6,508	7,914	7,458	668	588	69,361
Quezon City	516,940	493,010	98.40	16,779	16,653	16,649	16,078	40,162	39,269	42,050	40,950	43,627	43,632	46,883	46,382	38,269	37,742	485,125
Marikina	72,430	36,954	88.44	2,794	2,879	2,227	2,160	3,214	2,852	2,676	2,475	2,569	2,536	2,983	2,833	226	259	32,683
Pasig	129,123	104,400	94.92	5,649	5,296	4,007	3,728	6,323	5,674	5,924	5,673	6,703	6,842	8,256	8,471	13,228	13,326	99,100
Taguig	126,942	113,277	94.95	4,718	4,364	3,951	3,831	9,901	9,663	10,576	10,281	11,079	10,820	13,237	13,372	877	890	107,560
Pateros	11,123	6,407	90.28	307	259	265	285	549	528	560	535	597	531	600	607	100	61	5,784
Makati	90,734	50,485	96.04	3,050	2,759	2,436	2,142	4,146	3,817	3,477	3,260	3,848	3,898	5,597	5,506	2,202	2,347	48,485
Manila	273,233	203,433	94.84	5,882	5,478	5,335	4,964	15,593	14,583	17,434	16,398	18,119	17,393	19,097	18,426	17,547	16,679	192,928
Mandaluyong	57,606	55,862	98.79	1,695	1,616	1,720	1,564	4,011	3,905	4,362	3,930	4,823	4,409	5,298	5,145	6,481	6,225	55,184
San Juan	19,969	18,760	95.86	617	554	495	539	1,188	1,121	1,037	998	1,204	1,122	1,880	1,838	2,743	2,647	17,983
Pasay	67,555	57,444	94.57	1,610	1,436	1,541	1,413	4,175	3,883	4,501	4,181	4,840	4,491	5,444	5,159	5,788	5,863	54,325
Parañaque	112,166	98,738	97.41	2,915	2,714	3,132	2,947	7,771	7,026	9,053	8,530	8,861	8,240	9,321	8,872	8,542	8,253	96,177
Muntinlupa	77,998	53,405	95.43	4,400	3,956	3,417	2,928	4,187	4,271	4,437	4,269	4,428	4,471	4,615	4,794	409	385	50,967
Las Piñas	98,631	77,205	96.06	641	651	748	725	2,832	2,722	5,650	5,373	11,372	10,599	13,365	12,801	3,399	3,282	74,160
TOTAL	2,138,285	1,701,074	95.90	65,698	62,903	62,661	59,333	133,523	127,297	140,378	134,616	152,093	148,392	170,039	166,799	104,644	102,981	1,631,357

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2016

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☐ Underweight Weight-for-Age ☐ Stunted Length/Height-for-Age ☒ Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	279,023	173,817	1.61	146	136	171	143	297	301	272	265	268	273	268	262			2,802
Malabon	58,779	40,294	1.81	78	63	42	43	66	67	35	67	47	72	32	94	4	19	729
Navotas	42,387	39,864	1.23	4	5	22	20	58	44	51	43	41	40	55	32	41	34	490
Valenzuela	103,646	77,719	4.41	160	112	123	72	304	219	402	258	404	301	559	417	57	39	3,427
Quezon City	516,940	493,010	0.49	174	171	139	146	211	225	143	241	139	241	114	246	69	161	2,420
Marikina	72,430	36,954	3.14	165	109	76	86	108	88	74	79	84	74	108	90	11	10	1,162
Pasig	129,123	104,400	1.57	210	140	101	97	136	108	129	133	127	114	134	149	32	33	1,643
Taguig	126,942	113,277	1.23	104	51	61	52	179	123	130	151	116	152	113	145	11	9	1,397
Pateros	11,123	6,407	1.87	11	9	1	8	8	19	7	17	6	19	3	11	1	0	120
Makati	90,734	50,485	0.96	85	67	45	31	37	21	32	15	19	32	50	37	9	3	483
Manila	273,233	203,433	2.15	252	186	238	144	419	297	433	327	366	363	433	374	293	258	4,383
Mandaluyong	57,606	55,862	0.39	7	7	6	8	17	19	21	12	19	29	28	20	10	17	220
San Juan	19,969	18,760	0.65	3	6	5	3	7	11	11	9	17	5	11	11	15	8	122
Pasay	67,555	57,444	1.05	30	26	18	24	32	73	36	68	42	115	28	80	13	21	606
Parañaque	112,166	98,738	0.95	66	39	66	37	83	51	119	79	110	91	101	84	6	9	941
Muntinlupa	77,998	53,405	1.24	63	57	48	32	56	40	62	40	45	51	87	68	6	5	660
Las Piñas	98,631	77,205	1.28	27	23	33	26	79	83	98	120	55	136	78	168	11	49	986
TOTAL	2,138,285	1,701,074	1.33	1,585	1,207	1,195	972	2,097	1,789	2,055	1,924	1,905	2,108	2,202	2,288	589	675	22,591

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2016

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☐

Sev. UW Weight-for-Age

☐

Sev. Stunted Length/Height-for-Age

☒

Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	173,817	1.01	131	117	131	101	202	153	208	130	182	130	163	112			1,760
Malabon	58,779	40,294	1.92	98	47	54	36	96	57	66	29	106	29	115	28	11	3	775
Navotas	42,387	39,864	0.58	1	2	11	5	18	19	21	24	24	20	22	24	26	13	230
Valenzuela	103,646	77,719	2.00	185	163	73	48	192	136	158	146	141	99	119	76	11	10	1,557
Quezon City	516,940	493,010	0.42	197	116	181	55	263	126	227	99	239	81	200	70	158	38	2,050
Marikina	72,430	36,954	2.41	137	136	57	35	75	81	86	59	61	50	54	50	5	5	891
Pasig	129,123	104,400	0.54	85	82	38	22	57	55	41	35	37	21	39	41	5	6	564
Taguig	126,942	113,277	0.79	73	49	54	26	126	44	146	44	122	33	133	37	5	7	899
Pateros	11,123	6,407	2.68	23	18	12	8	16	10	18	9	27	5	14	8	3	1	172
Makati	90,734	50,485	0.23	32	21	2	4	16	6	5	5	3	7	4	13	0	0	118
Manila	273,233	203,433	1.07	226	206	162	100	234	177	180	152	142	138	140	124	97	89	2,167
Mandaluyong	57,606	55,862	0.16	5	4	4	3	9	8	11	5	8	9	10	6	5	4	91
San Juan	19,969	18,760	0.27	7	5	1	1	2	2	1	2	3	2	5	4	9	7	51
Pasay	67,555	57,444	1.04	34	24	31	13	88	21	83	28	110	23	95	16	15	15	596
Parañaque	112,166	98,738	0.29	28	23	15	7	29	23	29	22	35	19	31	27	1	2	291
Muntinlupa	77,998	53,405	0.54	25	38	15	11	29	27	27	17	30	19	25	25	1	0	289
Las Piñas	98,631	77,205	1.14	41	28	26	26	96	63	120	62	149	56	141	54	17	2	881
TOTAL	2,138,285	1,701,074	0.79	1,328	1,079	867	501	1,548	1,008	1,427	868	1,419	741	1,310	715	369	202	13,382

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 5

Region National Capital Region Total No.: City 16 Municipality 1
 Total No.with OPT Plus Results: City 16 Municipality 1

Period of Weighing January-March 2016

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

		☐ Overweight	Weight-for-Age	☐ Tall	Length/Height-for-Age	☒ Overweight	Weight-for-Length/Height											
City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)			
Caloocan	279,023	173,817	1.31	182	151	148	114	211	225	220	179	208	178	245	218			2,279
Malabon	58,779	40,294	1.77	71	54	27	34	71	66	77	50	52	54	78	70	5	6	715
Navotas	42,387	39,864	1.23	35	26	36	24	38	37	53	20	36	37	52	28	39	28	489
Valenzuela	103,646	77,719	2.61	122	140	112	99	206	210	199	176	183	186	191	176	11	14	2,025
Quezon City	516,940	493,010	0.45	185	156	94	99	237	248	207	197	150	121	148	132	124	112	2,210
Marikina	72,430	36,954	3.65	98	97	75	57	141	139	130	99	123	107	114	152	9	8	1,349
Pasig	129,123	104,400	1.94	173	127	100	79	154	146	186	175	190	200	198	194	50	56	2,028
Taguig	126,942	113,277	2.25	232	217	107	110	244	257	234	231	210	208	241	241	9	10	2,551
Pateros	11,123	6,407	3.01	12	9	6	10	26	12	12	17	22	22	24	13	4	4	193
Makati	90,734	50,485	1.62	71	56	28	32	83	60	56	68	61	80	89	100	19	17	820
Manila	273,233	203,433	1.10	182	183	96	78	209	216	214	200	168	166	208	157	81	70	2,228
Mandaluyong	57,606	55,862	0.40	12	14	5	7	12	14	4	12	12	10	30	25	32	34	223
San Juan	19,969	18,760	2.08	25	19	11	5	22	25	26	14	25	40	76	69	16	17	390
Pasay	67,555	57,444	2.61	74	50	45	31	80	107	109	126	182	147	145	156	121	126	1,499
Parañaque	112,166	98,738	0.93	133	100	42	41	70	83	82	86	73	53	61	81	4	7	916
Muntinlupa	77,998	53,405	1.70	136	73	62	42	82	79	74	65	55	73	94	64	5	5	909
Las Piñas	98,631	77,205	0.87	27	26	21	14	46	49	84	60	80	67	84	88	17	10	673
TOTAL	2,138,285	1,701,074	1.26	1,770	1,498	1,015	876	1,932	1,973	1,967	1,775	1,830	1,749	2,078	1,964	546	524	21,497

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 5 of 5

Region National Capital Region Total No.: City 16 Municipality 1

Total No.with OPT Plus Results: City 16 Municipality 1

Period of Weighing January-March 2016

Indigenous group & No of PS: N/A

Please Check:

Number of Indigenous PS measured: 0-59 mos old N/A 0-71 mos old N/A

☐ Overweight Weight-for-Age ☐ Tall Length/Height-for-Age ☒ Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	279,023	173,817	0.86	133	95	75	76	138	120	148	117	161	141	180	115			1,499
Malabon	58,779	40,294	1.08	60	42	19	16	48	36	28	43	47	23	60	9	5	0	436
Navotas	42,387	39,864	0.59	27	13	19	12	14	15	22	12	28	21	18	18	9	8	236
Valenzuela	103,646	77,719	1.74	163	129	62	56	118	97	128	88	132	126	150	79	13	8	1,349
Quezon City	516,940	493,010	0.24	151	133	65	58	126	127	104	100	89	52	93	23	69	15	1,205
Marikina	72,430	36,954	2.35	94	84	43	40	86	60	67	73	101	50	91	62	11	7	869
Pasig	129,123	104,400	1.02	112	77	29	29	70	46	86	82	135	94	136	100	49	20	1,065
Taguig	126,942	113,277	0.77	123	95	23	26	65	93	89	86	85	39	117	20	8	1	870
Pateros	11,123	6,407	2.15	11	9	3	3	6	8	18	15	17	13	24	7	2	2	138
Makati	90,734	50,485	1.15	26	18	14	8	36	19	45	40	66	48	124	84	28	23	579
Manila	273,233	203,433	0.85	188	159	67	40	150	128	149	132	161	130	178	133	69	43	1,727
Mandaluyong	57,606	55,862	0.26	9	7	0	0	7	7	8	6	16	11	18	5	35	15	144
San Juan	19,969	18,760	1.14	6	4	4	2	12	8	17	13	17	14	42	55	12	8	214
Pasay	67,555	57,444	0.73	29	17	11	21	31	30	37	30	58	29	61	15	44	5	418
Parañaque	112,166	98,738	0.42	75	72	17	8	31	28	41	22	36	20	54	5	4	0	413
Muntinlupa	77,998	53,405	1.09	78	49	34	24	40	34	45	31	63	44	67	60	9	2	580
Las Piñas	98,631	77,205	0.65	28	19	17	14	45	35	53	44	72	52	57	50	12	7	505
TOTAL	2,138,285	1,701,074	0.72	1,313	1,022	502	433	1,023	891	1,085	934	1,284	907	1,470	840	379	164	12,247

OPT Plus Form 4B. **Report on Regional Coverage of Operation Timbang Plus**

Series 2012

Region: NATIONAL CAPITAL REGION

Period of OPT: January to Mar 2016

City/Municipality (1)	Total Number of Barangays (4)	Number of Barangays with OPT Results (5)	Estimated Number of Preschoolers Aged 0-71 months (6)	Actual Number of Preschoolers Measured (Weighed) (7)	Actual Number of Indigenous Preschoolers Measured (8)
Caloocan	188	186	279,023	210,869	0
Malabon	21	21	58,779	47,717	0
Navotas	14	14	42,387	39,864	0
Valenzuela	33	33	103,646	94,296	0
Quezon City	142	137	516,940	493,010	0
Marikina City	16	16	72,430	45,840	0
Pasig City	30	30	129,123	104,400	0
Taguig	28	28	126,942	125,023	0
Pateros	10	10	11,123	7,582	0
Makati City*	33	25	90,734	62,003	0
Manila	897	897	273,233	203,433	0
Mandaluyong	27	27	57,606	55,862	0
San Juan	21	21	19,969	18,760	0
Pasay	201	201	67,555	57,444	0
Parañaque	16	16	112,166	98,738	0
Muntinlupa	9	9	77,998	65,040	0
Las Pinas	20	20	98,631	95,581	0
TOTAL	1,706	1,691	2,138,285	1,825,462	0

* with eight (8) disputed and elite barangays

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

A. Ranking of LGUs according to Weighing Coverage

City/Municipality	Total Number of Barangays	No. of Barangays with OPT Results	Percent Coverage of Bgys.	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Weighed	Percent Weighing Coverage	Ranking
Caloocan	188	186	98.94%	279,023	210,869	75.57%	13
Malabon	21	21	100.00%	58,779	47,717	81.18%	11
Navotas	14	14	100.00%	42,387	39,864	94.05%	5
Valenzuela	33	33	100.00%	103,646	94,296	90.98%	7
Quezon City	142	142	100.00%	516,940	493,010	95.37%	4
Marikina City	16	16	100.00%	72,430	45,840	63.29%	17
Pasig City	30	30	100.00%	129,123	104,400	80.85%	12
Taguig	28	28	100.00%	126,942	125,023	98.49%	1
Pateros	10	10	100.00%	11,123	7,582	68.17%	16
Makati City	33	25	75.76%	90,734	62,003	68.33%	15
Manila	897	897	100.00%	273,233	203,433	74.45%	14
Mandaluyong	27	27	100.00%	57,606	55,862	96.97%	2
San Juan	21	21	100.00%	19,969	18,760	93.95%	6
Pasay	201	201	100.00%	67,555	57,444	85.03%	9
Parañaque	16	16	100.00%	112,166	98,738	88.03%	8
Muntinlupa	9	9	100.00%	77,998	65,040	83.39%	10
Las Pinas	20	20	100.00%	98,631	95,581	96.91%	3
TOTAL	1,706	1,696	99.41%	2,138,285	1,825,462	85.37%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

B. Ranking of LGUs according to Percent of Children Measured

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Length/Height-for-Age			Weight-for-Length/Height		
		No. of Children Measured	Percent Coverage	Rank	No. of Children Measured	Percent Coverage	Rank
Caloocan	279,023	210,869	75.57%	13	173,817	62.29%	14
Malabon	58,779	47,717	81.18%	11	40,294	68.55%	12
Navotas	42,387	39,864	94.05%	5	39,864	94.05%	3
Valenzuela	103,646	94,296	90.98%	7	77,719	74.99%	10
Quezon City	516,940	493,010	95.37%	4	493,010	95.37%	2
Marikina City	72,430	45,840	63.29%	17	36,954	51.02%	17
Pasig City	129,123	104,400	80.85%	12	104,400	80.85%	8
Taguig	126,942	125,023	98.49%	1	113,277	89.24%	5
Pateros	11,123	7,582	68.17%	16	6,407	57.60%	15
Makati City	90,734	61,952	68.28%	15	50,485	55.64%	16
Manila	273,233	203,433	74.45%	14	203,433	74.45%	11
Mandaluyong	57,606	55,862	96.97%	2	55,862	96.97%	1
San Juan	19,969	18,760	93.95%	6	18,760	93.95%	4
Pasay	67,555	57,444	85.03%	9	57,444	85.03%	7
Parañaque	112,166	98,738	88.03%	8	98,738	88.03%	6
Muntinlupa	77,998	65,040	83.39%	10	53,405	68.47%	13
Las Pinas	98,631	95,581	96.91%	3	77,205	78.28%	9
TOTAL	2,138,285	1,825,411	85.37%		1,701,074	79.55%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

C. Ranking of LGUs according to Prevalence of Undernutrition (Underweight and Severely Underweight)

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Weighed	Underweight (UW)		Severely Underweight (SUW)		Total No. of Underweight and Severely Underweight PS		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	279,023	210,869	4,472	2.12%	1,252	0.59%	5,724	2.71%	4
Malabon	58,779	47,717	1,145	2.40%	369	0.77%	1,514	3.17%	2
Navotas	42,387	39,864	617	1.55%	177	0.44%	794	1.99%	6
Valenzuela	103,646	94,296	969	1.03%	340	0.36%	1,309	1.39%	10
Quezon City	516,940	493,010	3,186	0.65%	1,047	0.21%	4,233	0.86%	14
Marikina City	72,430	45,840	359	0.78%	110	0.24%	469	1.02%	12
Pasig City	129,123	104,400	925	0.89%	312	0.30%	1,237	1.18%	11
Taguig	126,942	125,023	434	0.35%	129	0.10%	563	0.45%	17
Pateros	11,123	7,582	112	1.48%	2	0.03%	114	1.50%	9
Makati City*	90,734	62,003	243	0.39%	54	0.09%	297	0.48%	16
Manila	273,233	203,433	4,840	2.38%	1,768	0.87%	6,608	3.25%	1
Mandaluyong	57,606	55,862	331	0.59%	59	0.11%	390	0.70%	15
San Juan	19,969	18,760	154	0.82%	15	0.08%	169	0.90%	13
Pasay	67,555	57,444	1,074	1.87%	300	0.52%	1,374	2.39%	5
Parañaque	112,166	98,738	1,301	1.32%	373	0.38%	1,674	1.70%	7
Muntinlupa	77,998	65,040	699	1.07%	294	0.45%	993	1.53%	8
Las Pinas	98,631	95,581	2,072	2.17%	532	0.56%	2,604	2.72%	3
TOTAL	2,138,285	1,825,462	22,933	1.26%	7,133	0.39%	30,066	1.65%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

D. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Weighed	Overweight (OW) (Weight-for-Age)		Ranking of LGUs
			No.	%	
Caloocan	279,023	210,869	2,482	1.18%	5
Malabon	58,779	47,717	650	1.36%	3
Navotas	42,387	39,864	240	0.60%	13
Valenzuela	103,646	94,296	805	0.85%	10
Quezon City	516,940	493,010	1,490	0.30%	15
Marikina City	72,430	45,840	470	1.03%	8
Pasig City	129,123	104,400	1,214	1.16%	6
Taguig	126,942	125,023	883	0.71%	12
Pateros	11,123	7,582	171	2.26%	1
Makati City*	90,734	62,003	1,254	2.02%	2
Manila	273,233	203,433	1,831	0.90%	9
Mandaluyong	57,606	55,862	139	0.25%	16
San Juan	19,969	18,760	147	0.78%	11
Pasay	67,555	57,444	653	1.14%	7
Parañaque	112,166	98,738	383	0.39%	14
Muntinlupa	77,998	65,040	784	1.21%	4
Las Pinas	98,631	95,581	241	0.25%	16
TOTAL	2,138,285	1,825,462	13,837	0.76%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

E. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Measured for Ht.	Overweight (OW) (Weight-for-Length/Height)		Ranking of LGUs
			No.	%	
Caloocan	279,023	173,817	2,279	1.31%	10
Malabon	58,779	40,294	715	1.77%	7
Navotas	42,387	39,864	489	1.23%	11
Valenzuela	103,646	77,719	2,025	2.61%	3
Quezon City	516,940	493,010	2,210	0.45%	15
Marikina City	72,430	36,954	1,349	3.65%	1
Pasig City	129,123	104,400	2,028	1.94%	6
Taguig	126,942	113,277	2,551	2.25%	4
Pateros	11,123	6,407	193	3.01%	2
Makati City*	90,734	50,485	820	1.62%	9
Manila	273,233	203,433	2,228	1.10%	12
Mandaluyong	57,606	55,862	223	0.40%	16
San Juan	19,969	18,760	390	2.08%	5
Pasay	67,555	57,444	1,499	2.61%	3
Parañaque	112,166	98,738	916	0.93%	13
Muntinlupa	77,998	53,405	909	1.70%	8
Las Pinas	98,631	77,205	673	0.87%	14
TOTAL	2,138,285	1,701,074	21,497	1.26%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

F. Ranking of LGUs according to Prevalence of Obesity (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Measured for Ht.	Obese (Ob) (Weight-for-Length/Height)		Ranking of LGUs
			No.	%	
Caloocan	279,023	173,817	1,499	0.86%	9
Malabon	58,779	40,294	436	1.08%	7
Navotas	42,387	39,864	236	0.59%	14
Valenzuela	103,646	77,719	1,349	1.74%	3
Quezon City	516,940	493,010	1,205	0.24%	17
Marikina City	72,430	36,954	869	2.35%	1
Pasig City	129,123	104,400	1,065	1.02%	8
Taguig	126,942	113,277	870	0.77%	11
Pateros	11,123	6,407	138	2.15%	2
Makati City*	90,734	50,485	579	1.15%	4
Manila	273,233	203,433	1,727	0.85%	10
Mandaluyong	57,606	55,862	144	0.26%	16
San Juan	19,969	18,760	214	1.14%	5
Pasay	67,555	57,444	418	0.73%	12
Parañaque	112,166	98,738	413	0.42%	15
Muntinlupa	77,998	53,405	580	1.09%	6
Las Pinas	98,631	77,205	505	0.65%	13
TOTAL	2,138,285	1,701,074	12,247	0.72%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

G. Ranking of LGUs according to Prevalence of Wasting/Thinness (Wasted and Severely Wasted)

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Measured for Ht.	Wasted (Weight-for-L/H)		Severely Wasted (Weight-for-L/H)		Total No. of Wasted and Severely Wasted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	279,023	173,817	2,802	1.61%	1,760	1.01%	4,562	2.62%	6
Malabon	58,779	40,294	729	1.81%	775	1.92%	1,504	3.73%	4
Navotas	42,387	39,864	490	1.23%	230	0.58%	720	1.81%	11
Valenzuela	103,646	77,719	3,427	4.41%	1,557	2.00%	4,984	6.41%	1
Quezon City	516,940	493,010	2,420	0.49%	2,050	0.42%	4,470	0.91%	16
Marikina City	72,430	36,954	1,162	3.14%	891	2.41%	2,053	5.56%	2
Pasig City	129,123	104,400	1,643	1.57%	564	0.54%	2,207	2.11%	8
Taguig	126,942	113,277	1,397	1.23%	899	0.79%	2,296	2.03%	10
Pateros	11,123	6,407	120	1.87%	172	2.68%	292	4.56%	3
Makati City*	90,734	50,485	483	0.96%	118	0.23%	601	1.19%	14
Manila	273,233	203,433	4,383	2.15%	2,167	1.07%	6,550	3.22%	5
Mandaluyong	57,606	55,862	220	0.39%	91	0.16%	311	0.56%	17
San Juan	19,969	18,760	122	0.65%	51	0.27%	173	0.92%	15
Pasay	67,555	57,444	606	1.05%	596	1.04%	1,202	2.09%	9
Parañaque	112,166	98,738	941	0.95%	291	0.29%	1,232	1.25%	13
Muntinlupa	77,998	53,405	660	1.24%	289	0.54%	949	1.78%	12
Las Pinas	98,631	77,205	986	1.28%	881	1.14%	1,867	2.42%	7
TOTAL	2,138,285	1,701,074	22,591	1.33%	13,382	0.79%	35,973	2.11%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2016 Operation Timbang Plus Results

H. Ranking of LGUs according to Prevalence of Stunting and Severely Stunting (Length/Height-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-71 months	Actual Number of Preschoolers Measured for Ht.	Stunted (L/H-for-Age)		Severely Stunted (L/H-for-Age)		Total No. of Stunted and Severely Stunted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	279,023	210,869	5,746	2.72%	2,819	1.34%	8,565	4.06%	12
Malabon	58,779	47,717	2,995	6.28%	1,072	2.25%	4,067	8.52%	3
Navotas	42,387	39,864	1,204	3.02%	612	1.54%	1,816	4.56%	10
Valenzuela	103,646	94,296	7,633	8.09%	2,472	2.62%	10,105	10.72%	1
Quezon City	516,940	493,010	8,614	1.75%	2,149	0.44%	10,763	2.18%	15
Marikina City	72,430	45,840	1,962	4.28%	1,269	2.77%	3,231	7.05%	6
Pasig City	129,123	104,400	5,196	4.98%	1,894	1.81%	7,090	6.79%	7
Taguig	126,942	125,023	2,577	2.06%	585	0.47%	3,162	2.53%	13
Pateros	11,123	7,582	497	6.55%	118	1.56%	615	8.11%	4
Makati City*	90,734	61,952	1,267	2.05%	257	0.41%	1,524	2.46%	14
Manila	273,233	203,433	8,407	4.13%	4,176	2.05%	12,583	6.19%	8
Mandaluyong	57,606	55,862	638	1.14%	201	0.36%	839	1.50%	16
San Juan	19,969	18,760	225	1.20%	46	0.25%	271	1.44%	17
Pasay	67,555	57,444	1,946	3.39%	481	0.84%	2,427	4.22%	11
Parañaque	112,166	98,738	3,714	3.76%	835	0.85%	4,549	4.61%	9
Muntinlupa	77,998	65,040	3,472	5.34%	1,464	2.25%	4,936	7.59%	5
Las Pinas	98,631	95,581	5,294	5.54%	2,866	3.00%	8,160	8.54%	2
TOTAL	2,138,285	1,825,411	61,387	3.36%	23,316	1.28%	84,703	4.64%	