



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting
held on February 15, 2013 at the CHD-NCR Conference Room, Mandaluyong City

RNC-NCR RESOLUTION NO. 02
Series of 2013

**RESOLUTION ENJOINING ALL LOCAL GOVERNMENT UNITS TO SET UP AND
MAINTAIN LACTATION STATION, HUMAN MILK BANKS/STORAGE FACILITIES**

WHEREAS, breastmilk is the best food for infants since it contains essential nutrients completely suitable for the infant's needs. It is also nature's first immunization, enabling the infant to fight potential serious infection. It contains growth factors that enhance the maturation of an infant's organ systems.

WHEREAS, breastfeeding has distinct advantages which benefit the infant and the mother, including the hospital and the country that adopt its practice. The practice of breastfeeding could save the country valuable foreign exchange that may otherwise be used for milk importation;

WHEREAS, the promotion, protection and support to breastfeeding and appropriate infant and young child feeding is the primary responsibility of health workers;

WHEREAS, Republic Act No. 10028 mandates all health and non-health facilities, establishments or institutions to establish lactation stations. The lactation stations shall be adequately provided with the necessary equipment and facilities, such as: lavatory for hand-washing, unless there is an easily-accessible lavatory nearby; refrigeration or appropriate cooling facilities for storing expressed breastmilk; electrical outlets for breast pumps; a small table; comfortable seats; and other items. The lactation station shall not be located in the toilet.

WHEREAS, Republic Act No. 7600 states that health institution adopting rooming in and breastfeeding shall provide equipment, facilities, and supplies for breastmilk collection, storage and utilization, and standards; and are likewise encouraged to set up milk banks for storage of breastmilk donated by mothers;

WHEREAS, the collected breastmilk may be given to children in the neonatal intensive care unit whose own mothers are seriously ill and during emergency situation where mother's milk output is affected;



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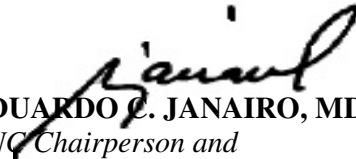


NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, to enjoin all Local Government Units to set up and maintain lactation station, human milk banks/storage facilities in all their health and non-health facilities such as city/municipal and barangay halls, health centers, schools, markets/establishments, etc.

RESOLVED LASTLY, that the NNC-NCR Regional Office being the Secretariat of the RNC to furnish the NNC Central Office, all regional members of the RNC and all LGUs in the region a copy of this resolution.

APPROVED UNANIMOUSLY AND ADOPTED, this 15th day of February 2013 during the first quarter meeting of the Regional Nutrition Committee of NCR at the Center for Health Development-NCR, Mandaluyong City.

Approved:



EDUARDO C. JANAIRO, MD, MPH, CESO III
*RNC Chairperson and
Director IV, Center for Health Development – Metro
Manila*

Attested by:



MS. MILAGROS ELISA V. FEDERIZO, RND, MPH
*Regional Nutrition Program Coordinator, NNC-NCR
and Secretary, RNC*