



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
PAMBANSANG SANGGUNIAN SA NUTRISYON
(NATIONAL NUTRITION COUNCIL)
NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting
held on July 9, 2013 at the CHD-NCR Conference Room, Mandaluyong City

RNC-NCR RESOLUTION NO. 06
Series of 2013

**RESOLUTION ENJOINING ALL LOCAL GOVERNMENT UNITS (LGUS)
TO PURCHASE ADEQUATE SUPPLY OF IRON SUPPLEMENTS
AND INTENSIFY ACTIVITIES FOR THE CONTROL AND PREVENTION
OF IRON-DEFICIENCY ANEMIA**

WHEREAS, iron is an essential trace mineral that is needed for hemoglobin formation. Hemoglobin gives blood its red color and carries oxygen from the lungs to the tissues. Oxygen is needed by the body to produce energy to do work;

WHEREAS, Iron Deficiency Anemia (IDA) is a disorder resulting from the decrease in red blood cells due to lack of iron;

WHEREAS, based on the 7th National Nutrition Survey conducted by the Food and Nutrition Research Institute-Department of Science and Technology, the prevalence of IDA in NCR is considered moderate (23.7%) and high (42.5%) among children aged six months to five years old and pregnant women, respectively;

WHEREAS, iron/folic supplementation prevents neural tube defects when the supplement is given to women of reproductive age starting from one (1) month prior to conception, improves the cognitive and motor development of anemic preschool children and increases work productivity as it prevents IDA;

WHEREAS, the PPAN 2011-2016 priority measures to reduce IDA include iron supplementation (for infants, preschool, schoolchildren, pregnant, lactating and female adolescents) and promotion of production and consumption of animal foods and vegetable rich in iron;

NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, to enjoin all LGUs to purchase adequate supply of iron supplements and intensify activities for the control and prevention of IDA;



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RESOLVED LASTLY, that the NNC-NCR Regional Office being the Secretariat of the RNC to furnish the NNC Central Office, all regional members of the RNC and all Local Government Units in the region a copy of this resolution.

APPROVED UNANIMOUSLY AND ADOPTED, this 9th day of July 2013 during the second regular meeting of the Regional Nutrition Committee of NCR at the Center for Health Development-NCR, Mandaluyong City.

Approved:



EDUARDO C. JANAIRO, MD, MPH, CESO III
*RNC Chairperson and
Director IV, Center for Health Development – Metro
Manila*

Attested by:



MS. MILAGROS ELISA V. FEDERIZO, RND, MPH
*Regional Nutrition Program Coordinator, NNC-NCR
and Secretary, RNC*