

Republika ng Pilipinas KAGAWARAN NG KALUSUGAN PAMBANSANG SANGGUNIAN SA NUTRISYON (NATIONAL NUTRITION COUNCIL) NATIONAL CAPITAL REGION



Excerpts from the Minutes of the Regional Nutrition Committee Meeting held on September 29, 2015 at the New Horizon Hotel, Mandaluyong City

RNC-NCR RESOLUTION NO. 06 Series of 2015

ENJOINING ALL SCHOOLS (PUBLIC AND PRIVATE ELEMENTARY AND SECONDARY) TO STRICTLY ENFORCE THE SCHOOL POLICY ON HEALTHY FOODS IN SCHOOL CANTEENS

WHEREAS, based on the 2014 report on baseline weighing of the Department of Education – NCR, 12.65% and 4.64% of schoolchildren are: wasted and severely wasted; and overweight and obese, respectively;

WHEREAS, school canteens have an important impact on developing eating habits of schoolchildren which affect their nutritional status;

WHEREAS, based on the Department of Education (DepEd) Department Order # 14, Series 2005, all schools must have a school canteen, no matter how small the school and how modest the canteen and it must be set up to ensure consumption of nutritious and safe food in schools;

WHEREAS, Department of Education (DepEd) Memorandum No.136, S.2015 entitled "Promotion of Good Eating Habits Among Schoolchildren and Healthy School Canteens" instructed all Schools Division Superintendents and Heads of Public Elementary and Secondary Schools to intensify the implementation of the following DepEd policies:

- a. DepEd Order No.8, S. 2007 "Revised Implementing Guidelines on the Operation and Management of School Canteens in Public Elementary and Secondary Schools" to rationalize the operation and management of school canteens in the public school system; and
- b. DepEd Unnumbered Memorandum dated September 9, 2013 "Reiteration of DepEd Order No.8 S.2007" for school canteens: to serve ONLY cooked nutritious foods at reasonable price; teacher advisers are prohibited to sell food stuffs inside the classroom, especially junk foods, fortified or otherwise; and to ensure food are safe, suppliers of
- c. ready to eat foods should be required to furnish the canteen a copy of their Sanitary Permits
- d. Unnumbered Memorandum dated May 12, 2014 reiterating that high fat foods, high sugar containing foods and high sodium containing noodles and junk foods which are high in calories but low in nutritional content must be avoided.

WHEREAS, in the abovementioned memorandum, School Health and Nutrition personnel, Nutrition Coordinators and Division Supervisors are directed to conduct intensive monitoring of school canteens using the prescribed canteen monitoring and evaluation forms;



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NOW, THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED by the Regional Nutrition Committee of the National Capital Region in a meeting duly assembled, enjoins all schools (public and private elementary and secondary) to strictly enforce the school policy on healthy and safe foods in school canteens;

RESOLVED FURTHER, that the NNC-NCR Regional Office being the Secretariat of the RNC shall furnish the NNC Central Office, all regional members of the RNC, all local government units and all Department of Education Schools Division Offices in the region a copy of this resolution.

APPROVED UNANIMOUSLY AND ADOPTED, this 29th day of September 2015 during the third meeting for the year of the Regional Nutrition Committee held at the New Horizon Hotel, Mandaluyong City.

Approved by:

DR. ARIEL I. VALENCIA Regional Director, Department of Health-NCRO and Chair, Regional Nutrition Committee

Attested by:

MS. MILAGROS ELISA Regional Nutrition Program Coordinator, NNC-NCR and Secretary, RNC