



**Regional Development
Council – Ilocos Region**

c/o NEDA Regional Office 1

**RDC – EXECUTIVE COMMITTEE
Resolution No. 59, s. 2013**

**ENJOINING ALL LOCAL GOVERNMENT UNITS OF REGION 1 TO PROCURE/ FABRICATE
HEIGHTBOARDS FOR USE IN THE MEASUREMENT AND ASSESSMENT OF THE
NUTRITIONAL STATUS OF CHILDREN**

WHEREAS, growth monitoring is a strategy in promoting health and quality of life through measurement and assessment of physical growth and development of individuals and groups in a community;

WHEREAS, the reference growth standards are values for weight and height at different ages used as reference point for the assessment of the nutritional status of individuals;

WHEREAS, the country adopted the World Health Organization-Child Growth Standards (WHO-CGS) in determining the weights and heights of 0-71 months old children as per DOH Administrative Order No. 88, s. 2012;

WHEREAS, triggered by the adoption of WHO-CGS, the annual weighing of all preschool children or Operation Timbang (OPT) has been expanded to include the measurement of height for children 2 years old and length for children less than 2 years old, or what is now called OPT Plus;

WHEREAS, the growth and measurement of children 0-5 years (0-71 months) shall be assessed by measuring their weights and heights/lengths regularly;

- a) For children 0 to less than 2 years (0-23 months) old, their weights and lengths shall be measured once a month
- b) For children 2-5 years (24-71 months) old, their weights and heights shall be measured twice a year
- c) The weight and height of a child shall also be measured every time they come in contact with health care system, e.g. when the child is sick and brought to the health center for consultation
- d) The weights of children 0-71 months old taken during Operation Timbang (OPT) shall be done once a year (January to March) and will cover at least 16.2% of the total population.

WHEREAS, the World Health Organization has recommended the use of wooden heightboards and has drawn up technical specifications for the procurement / fabrication or calibrated and verified heightboards;

WHEREAS, as of January 29, 2013, the inventory made by the Regional Nutrition Committee (RNC) revealed that only 24.0% of the total barangays in the region have procured/fabricated heightboards;

WHEREFORE, upon the recommendation of the Regional Social Development Committee (RSDC) through RSDC Resolution No.8, s. 2013 dated June 21, 2013 and on motion duly seconded;

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BE IT RESOLVED, as it is HEREBY RESOLVED to enjoin all Local Government Units to procure/fabricate heightboards for all barangays for use in the measurement and assessment of the nutritional status of children;


RESOLVED FURTHER, to request the Department of Health and National Nutrition Council to oversee the implementation of the program and provide technical assistance to the Local Government Units in the procurement and fabrication of correct heightboards as per WHO specifications;

RESOLVED FURTHER, to furnish all concerned LGUs copies of this resolution for their guidance and appropriate action;

RESOLVED FINALLY, to request the Department of the Interior and Local Government (DILG) in cooperation with the National Nutrition Council to monitor LGUs' action on the said resolution;

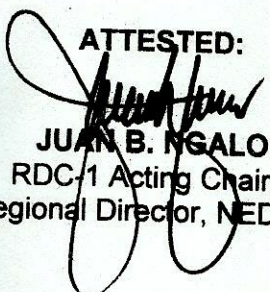
APPROVED, this 26th day of June 2013 at the City of San Fernando, La Union, Philippines.

CERTIFIED TRUE AND CORRECT:


NESTOR G. RILLON
RDC-1 Secretary

(Asst. Regional Director, NEDA RO 1)

ATTESTED:


JUAN B. NGALOB
RDC-1 Acting Chairman
(Regional Director, NEDA RO 1)