



Republic of the Philippines
REGIONAL NUTRITION COMMITTEE
MIMAROPA



EXCERPTS FROM THE MINUTES OF THE
REGIONAL NUTRITION COMMITTEE MEETING
HELD ON 05 SEPTEMBER 2016 AT THE ICON HOTEL, QUEZON CITY

RNC Resolution No. 2, Series 2016

A RESOLUTION ENJOINING ALL LOCAL GOVERNMENT UNITS TO ORGANIZE AND ENSURE FUNCTIONALITY OF BREASTFEEDING SUPPORT GROUPS IN ALL BARANGAYS

WHEREAS, the Updated Philippine Plan of Action for Nutrition (PPAN) 2011-2016 identified priority actions to achieve nutrition goals;

WHEREAS, the Sustainable Development Agenda upheld targets on hunger and malnutrition particularly Goal 2 – by 2030 the goal is to “end hunger, achieve food security and improved nutrition and promote sustainable agriculture”, and one of its targets is “by 2030, end all forms of malnutrition, including achieving, by 2025, the internationally agreed targets on stunting and wasting in children under 5 years of age, and address nutritional needs of adolescent girls, pregnant and lactating women and older persons.”

WHEREAS, malnutrition has been responsible, directly or indirectly for 54% of the 10.9 million deaths annually among children under five according to WHO and that more than 2/3 of the said deaths are often associated with inappropriate feeding practices that occur during the first year of life;

WHEREAS, the FNRI-DOST 8th National Nutrition Survey results showed that in MIMAROPA, infants 0-5 months were exclusively breastfed only for the duration of 3.9 months which is lower than the national average and is 3rd shortest among other regions;

WHEREAS, a global strategy for IYCF was jointly developed by World Health Organization (WHO) and United Nations Children’s Fund (UNICEF) to revitalize the world’s attention to the impact that feeding practices on the nutritional status, growth, development and health, and the survival of infants and children;

WHEREAS, the NNC have conducted a package of trainings to address malnutrition which includes Infant and Young Child Feeding (IYCF) courses since 2007 onwards which aims to promote exclusive breastfeeding from birth up to six (6) months and at six (6) completed months, the provision of appropriate complementary food while continuing breastfeeding;

WHEREAS, to address these challenges, one strategy to ensure the continuous promotion and dissemination of exclusive breastfeeding and complementary feeding is the creation of a breastfeeding support group composed of successful breastfeeding mothers having similar background with the mothers to be counseled, can allocate and commit time and respected by the community;

WHEREAS, the Breastfeeding Support Group shall be organized, functional and performing all actions as follows:

- a) Counsel mothers on breastfeeding and complementary feeding;
- b) Conduct home visits;
- c) Report mothers who have sustained and were converted to practicing exclusive breastfeeding;
- d) Coordinate with health facilities to identify mothers who have given birth and who will sustain breastfeeding after discharge from the hospital or other health facility
- e) Observe enforcement of the Milk Code by reporting the violators/violations thru **Hotline+63.917.583.1271** and through the website, www.milkcodephilippines.org
- f) Recruitment of other volunteers;
- g) Referral of mothers/, infant and young children needing clinical management/treatment
- h) Attendance to meetings of the breastfeeding support group; and

- i) Support and involvement to IYCF advocacy activities.

WHEREAS, the Barangay Nutrition Scholars (BNS) as the focal persons in nutrition at the barangay level and secretariat of the barangay nutrition committee, shall serve as the lead in organizing the breastfeeding support groups and spearhead the recruitment of possible members of the group, and provide the necessary reports of accomplishments;

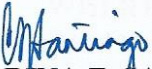
WHEREAS, logistics and other resources such as traveling expenses for counselling and household visits shall be provided by the barangay nutrition committee.

WHEREAS, the Municipal Nutrition Action Officer (MNAO), being the focal person for nutrition at the municipal level, shall monitor the activities and accomplishments of the breastfeeding support groups in each barangay, and provide technical assistance whenever needed.


NOW THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, the Regional Nutrition Committee as a policy making body on nutrition, to enjoin all local government units to organize and ensure functionality of breastfeeding support groups in all barangays.

Unanimously approved, **05 September 2016**.

Attested by:


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Approved:


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