Republic of the Philippines Department of Health NATIONAL NUTRITION COUNCIL REGION VII

PLEDGE OF COMMITMENT Nutrition Month 2011

We, representing the ______ and citizens of the Republic of (Name of company/organization) the Philippines, hereby declare our love of the country and uphold the right of every Filipino child to be healthy.

Together, we do solemnly swear to:

Improve the nutritional status of children through the promotion of exclusive breastfeeding for the first six months of child's life and appropriate complementary feeding after six completed months while continuing breastfeeding up to two years and beyond;

Nurture the lives of children by providing good caring practices such bringing the child for immunization, early health seeking behavior in time of illness and mental feeding;

F ind the means to help monitor the implementation RA 10028 or "Expanded Breastfeeding Promotion Act of 2009" and Executive Order No. 51 or Milk Code and report violations;

Advocate for the organization of breastfeeding support groups to provide peer-to-peer counseling to pregnant women and mothers with 0-2 years old;

Note the need to conduct complementary activities such as micronutrient supplementation; food fortification; home, school, community food production; and nutrition education and counseling to mothers and caregivers to ensure good nutrition and health among children and prevent childhood malnutrition; and

 \mathbf{T} ake upon ourselves a sense of responsibility to support nutrition and health for our children as nutrition advocates, as parents and as a citizen of our country.

So help us God.